



Alternative Medicine

<http://www.healingtherapies.info/Alternative%20Medicine%20Primer.htm>

Alternative Medicine Primer for Spinal Cord Dysfunction

<http://www.spinalcord.uab.edu/show.asp?durki=25896&site=1021&return=21745>

University of Alabama at Birmingham's Spinal Cord Dysfunction: Alternative and Complementary Medicine

<http://nccam.nih.gov/>

National Center for Complementary and Alternative Medicine

<http://www.nlm.nih.gov/medlineplus/complementaryandalternativemedicine.html>

Medline Plus: Complementary and Alternative Medicine

www.healingtherapies.info

Alternative Therapies for Physical Disability

<http://www.nationalmssociety.org/about-multiple-sclerosis/what-we-know-about-ms/treatments/complementary--alternative-medicine/index.aspx>

National Multiple Sclerosis Society: Complementary and Alternative Medicine

The following books and videos are available for free loan from the PRC library. For more information, please see www.paralysis.org and click the Lending Library tab.

Books

Bowling, Allen C. **Alternative Medicine and Multiple Sclerosis**. New York: Demos Medical Publishing, 2001.

Bowling, Allen C. **Complementary and Alternative Medicine and Multiple Sclerosis**. New York, NY: Demos Medical Publishing Inc., 2007. 2nd ed.

Clear Thinking About Alternative Therapies. Booklet can be viewed at National Multiple Sclerosis Society's website:

<http://www.nationalmssociety.org/download.aspx?id=72>

Johnston, Laurance. **Alternative Medicine and Spinal Cord Injury: Beyond the Banks of the Mainstream**. New York: Demos Medical Publishing, 2006.

Lycke, Ruth E. **Out of the Darkness & Into the Light: Answers for Stroke Using Traditional Chinese Medicine and Glyconutrients**. Bloomington, Ind.: AuthorHouse, 2005.

Mayo Clinic Book of Alternative Medicine. New York: Time Inc., 2007.

Vitamins, Minerals and Herbs in MS. Booklet can be viewed at National Multiple Sclerosis Society's website:

<http://www.nationalmssociety.org/multimedia-library/brochures/staying-well/download.aspx?id=154>

Wainapel, Stanley and Avital Fast. **Alternative Medicine and Rehabilitation: A Guide for Practitioners**. New York, NY: Demos Medical Publications, 2003.

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