



Cauda Equina Syndrome Resources

The collection of nerves at the end of the spinal cord is thought to resemble a horse's tail or cauda equina. In CES, the nerves become compressed which may lead to pain, weakness and loss of feeling in the legs. CES may be considered a type of spinal cord injury.

eMedicine: Cauda Equina and Conus Medullaris Syndromes

<http://emedicine.medscape.com/article/1148690-overview>

Cauda Equine Syndrome Resource Center

<http://www.caudaequina.org>

American Association of Neurological Surgeons: Cauda Equina Syndrome

<http://www.aans.org/Patient%20Information/Conditions%20and%20Treatments/Cauda%20Equina%20Syndrome.aspx>

Merck Manual Home Health Handbook: Spinal Cord

http://www.merckmanuals.com/home/brain_spinal_cord_and_nerve_disorders/biology_of_the_nervous_system/spinal_cord.html?qt=&sc=&alt=

Merck Manual Home Health Handbook: Compression of the Spinal Cord

http://www.merckmanuals.com/home/brain_spinal_cord_and_nerve_disorders/spinal_cord_disorders/compression_of_the_spinal_cord.html?qt=&sc=&alt=

Online Orthopaedics: Cauda Equina Syndrome

<http://www.orthopodsurgeon.com/cauda.html>

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with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.