



## Central Cord Syndrome

### **What is Central Cord Syndrome?**

Central cord syndrome is a form of incomplete spinal cord injury (in which some of the signals from the brain to the body are not received), characterized by impairment in the arms and hands and, to a lesser extent, in the legs.

Although CCS has been reported to occur more frequently among older persons with cervical spondylosis who sustain hyperextension injury, it may occur in persons of any age and can be associated with various etiologies, injury mechanisms, and predisposing factors. CCS is the most common incomplete spinal cord injury syndrome.

### **Web Sites**

[http://www.ninds.nih.gov/health\\_and\\_medical/disorders/central\\_cord.htm](http://www.ninds.nih.gov/health_and_medical/disorders/central_cord.htm)

**NINDS Central Cord Syndrome Information Page**

<http://www.centralpain.org/>

**Central Pain Syndrome Alliance**

<http://www.emedicine.com/pmr/topic22.htm>

**eMedicine: Central Cord Syndrome**

[http://www.spineuniverse.com/pdf/aans/p7\\_12aans\\_chapter.pdf](http://www.spineuniverse.com/pdf/aans/p7_12aans_chapter.pdf)

**SpineUniverse: Clinical Manifestations of Acute Spinal Cord Injury**

<http://catalog.nucleusinc.com/displaymonograph.php?MID=20>

**Nucleus Medical Media: Central Cord Syndrome**

**The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.**

