



Complex Regional Pain Syndrome (CRPS)

Also known as: Reflex Sympathetic Dystrophy Syndrome (RSDS) or Causalgia

National Institute of Neurological Disorders and Stroke (NINDS):

Complex Regional Pain Syndrome Fact Sheet

NINDS provides information about CRPS: symptoms, causes, diagnoses, prognosis, treatments, links to studies, and research literature.

http://www.ninds.nih.gov/disorders/reflex_sympathetic_dystrophy/detail_reflex_sympathetic_dystrophy.htm

National Institute of Neurological Disorders and Stroke (NINDS):

Complex Regional Pain Syndrome Information Page

Condensed version of Fact Sheet

http://www.ninds.nih.gov/disorders/reflex_sympathetic_dystrophy/reflex_sympathetic_dystrophy.htm

National Institute of Neurological Disorders and Stroke (NINDS):

Reflex Sympathetic Dystrophy/ Complex Regional Pain Syndromes (CRPS):

State-of-the-Science. Summary of meeting held December 15, 2001

http://www.ninds.nih.gov/news_and_events/proceedings/reflex_sympathetic_dystrophy_2001.htm

Merck Manual— Online Home Edition

Complex Regional Pain Syndrome/RSDS

The Merck Manual provides information about neuropathic pain and CRPS.

<http://www.merck.com/mmpe/sec16/ch209/ch209c.html#sec16-ch209-ch209c-285>

National Organization for Rare Diseases (NORD)

PO Box 1968

Danbury, CT 06813-19638

Phone: 203-744-0100

www.rarediseases.org

From NORD's homepage you may view the Index of Rare Disease topics covered in their database and some associated abstracts. Full reports are available to database subscribers. Some public libraries, hospitals, and universities subscribe to NORD's Rare Disease Database for patients and families.

The **abstract** of the Reflex Sympathetic Dystrophy Syndrome report is available at http://www.rarediseases.org/search/rdbdetail_abstract.html?disname=Reflex%20Sympathetic%20Dystrophy%20Syndrome

Reflexive Sympathetic Dystrophy Syndrome Association (RSDSA)

<http://www.rlds.org/>

P.O. Box 502

Milford, CT 06460; Tel: 203-877-3790

Toll Free: 877-662-7737

Fax: 203-882-8362

Email: info@rlds.org

RSDSA provides information about syndrome, treatments, support groups, and research,. Website also offers: patient stories, newsletters, youth section.

International Research Foundation for RSD/CRPS

www.rsdfoundation.org

c/o Anthony F. Kirkpatrick, M.D., Ph.D.

University of South Florida Medical Clinics

12901 Bruce B. Downs Blvd., MDC 59

Tampa, Florida 33612 USA

Phone: 813-907-2312

e-mail: info@rsdfoundation.org

Provides clinical practice guidelines, study reports, and educational videos and dvds. Information is available in the following languages: English, Spanish, French, German, Italian, Japanese, Chinese.

WebMD: RSD

http://www.webmd.com/hw/brain_nervous_system/nord184.asp

WebMD link provides an abstract of the NORD report (See NORD listing)

RSD Hope

<http://www.rsdhope.org/>

RSD Hope provides information about CRPS: description, symptoms, stages, causes, treatments, you and your doctor, mentor programs, support groups, on-line support groups, humor. Information is available in the following languages: English, Spanish, German, French.

Family Village RSD

http://www.familyvillage.wisc.edu/lib_rlds.htm

Provides general information from RSDSA - Reflex Sympathetic Dystrophy Syndrome Association of America website and supplies additional links.

In the Face of Pain: RSDS and CRPS from Purdue Pharma

<http://www.inthefaceofpain.com/advocacydoc.aspx?name=541&nav=sub%3d17%26grp%3dAAAtZUDb0FJx%252bBg6%252fhOR8Lw%253d%253d>

Arthritis Foundation info on RSDS

http://www.arthritis.org/disease-center.php?disease_id=36

Toll Free: 800-238-7800

For Grace

<http://www.forgrace.org/>

A non-profit organization dedicated to educating the public on RSDS.

MedFriendly: Causalgia

<http://www.medfriendly.com/causalgia.php5>

University of California Regents – UCLA Neurosurgery

Pain Diseases & Disorders: Causalgia

<http://neurosurgery.ucla.edu/body.cfm?id=122>

American Academy of Pain Management

<http://www.aapainmanage.org>

13947 Mono Way #A

Sonora, CA 95370

Phone: (209) 533-9744

To select a pain management specialist near you, please visit the American Academy of Pain Management (AAPM). Once there, click on “Find a Pain Professional:”. Their website is located at: <http://www.aapainmanage.org/info/Patients.php>

Chat Rooms

NeuroTalk Communities—Reflex Sympathetic Dystrophy

<http://neurotalk.psychcentral.com>

The following books and videos are available for free loan from the PRC library. For more information, please see www.paralysis.org and click the Lending Library tab.

Books

CRPS: Current Diagnosis and Therapy. Progress in Pain Research and Management. Volume 32. Peter R. Wilson, Michael Stanton-Hicks, R. Norman Harden, editors. Seattle: IASP Press, 2005. for clinicians

Elster, Elizabeth. **Power Through Pain: Living with Reflex Neurovascular Dystrophy**. New York: iUniverse, 2007.

Frame, Kathy. **Reflex Sympathetic Dystrophy**. Bloomington, Ind.: Xlibris, 2008.

Hemmenway, Nicole. **No, It is Not in My Head: The Journey of a Chronic Pain Survivor from Wheelchair to Marathon**. Garden City, NY: Morgan James Publishing, 2010.

Hooshmand, Hooshang. **Chronic Pain: Reflex Sympathetic Dystrophy Prevention and Management**. New York, NY: CRC Press, 1993.

Ingle, Barby. **RSD in Me! A Patient and Caregiver Guide to Reflex Sympathetic Dystrophy and Other Chronic Pain Conditions**. c2006, 2009.

Juris, Elena. **Positive Options for Reflex Sympathetic Dystrophy: Self-Help and Treatment**. Alameda, CA: Hunter House Inc., Publishers, 2005.

Lang, Linda and Peter Moskovitz. **Living with RSDS**. Oakland, CA: New Harbinger Publications, 2003.

Miller, Ruth L. S. **Lessons From the Washing Machine: Living with Reflex Sympathetic Dystrophy (RSD) – Chronic Pain**. Enumclaw, WA: Pleasant Word, 2004.

The Official Patient's Sourcebook on: Reflex Sympathetic Dystrophy Syndrome. Parker, James. N. and Philip M. Parker, editors, San Diego, CA: ICON Health Publications, 2002.

Reflex Sympathetic Dystrophy: A 3 – in – 1 Medical Reference. Parker, James. N. and Philip M. Parker, Editors, San Diego, CA: ICON Group International, Inc., 2004.

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