



Gardening for People with Disabilities

Websites

<http://www.ahta.org/>

American Horticultural Therapy Association

<http://www.dowlingcommunitygarden.org/pages/projects.htm>

Dowling Community Garden: Building Accessible Raised-Bed Gardens

http://www.ehow.com/how_4541523_wheelchairscooter-accessible-raised-bed-garden.html

eHow: How to Make a Wheelchair/Scooter Accessible Raised Bed Garden

<http://www.enasco.com/product/Z19765CQ>

eNasco: CelluGro™ Wheelchair Accessible Green Thumb Therapy Garden

<http://www.gardeners.com/Adaptive-Gardening/8142,default.pg.html>

Gardener's Supply Company: Disability Opens New Doors for a Lifelong Gardener

<http://www.infinitec.org/play/gardening/enablinggardening.htm>

Infinitec: Enabling Gardens

<http://forums.gardenweb.com/forums/accessible/>

iVillage Garden Web: Accessible Gardening Forum

<http://www.mobility-advisor.com/wheelchair-gardening.html>

Mobility Advisor: Wheelchair Gardening

<http://www.Thrive.org.uk>

Thrive: Using Gardening to Change Lives

<http://extension.missouri.edu/gkcmg/resources.html>

University of Missouri Extension: Resources for Garden Tools for Easier Gardening

<http://agrability.missouri.edu/gardenweb/Wheelchair.html>

University of Missouri-Columbia: Tips for Gardeners Who Use Wheelchairs

Articles

<http://www.mda.org/publications/Quest/q31garden.html>

Hungate, Lori. "Accessible Gardening: Bring Mother Earth Within Reach". *Quest*. Volume 3, Number 1. Winter 1996.

<http://pss.uvm.edu/ppp/articles/access.html>

Perry, Leonard. "Accessible Gardening for the Physically Challenged". *The Green Mountain Gardener*.

<http://www.unitedspinal.org/publications/action/2008/03/11/accessible-home-gardening-from-a-wheelchair/>

Rossetti, Rosemarie. "Accessible Home: Gardening from a Wheelchair". *Action Online*.

The following books and videos are available for free loan from the PRC library. For more information, please see www.paralysis.org and click *Borrow from Our Lending Library* under PRC Quick Links.

Books

- Adil, Janeen R. **Accessible Gardening for People with Disabilities: A Guide to Methods, Tools, and Plants**. Bethesda, Md.: Woodbine House, 1994.
- **Gardening: An Equipment Guide**. Oxford: Disability Information Trust, 1997.
- Rothert, Gene. **The Enabling Garden: Creating Barrier-Free Gardens**. Dallas, Texas: Taylor Pub. Co., 1994.
- Woy, Joann. **Accessible Gardening: Tips & Techniques for Seniors & the Disabled**. Mechanicsburg, Penn: Stackpole Books, 1997.

Videos

- **Our Garden Club**. Brooklyn, N.Y.: Brooklyn Public Library, 2002.

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new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.