



Gastroparesis Resources

Gastroparesis, also called delayed gastric emptying, is a disorder in which the stomach takes too long to empty its contents. Normally, the stomach contracts to move food down into the small intestine for digestion. The vagus nerve controls the movement of food from the stomach through the digestive tract. Gastroparesis occurs when the vagus nerve is damaged and the muscles of the stomach and intestines do not work normally. Food then moves slowly or stops moving through the digestive tract.

Source: NIDDK's Gastroparesis and Diabetes

<http://www.niddk.nih.gov/health/digest/pubs/gastro/gastro.htm>

Websites

<http://www.digestivedistress.com/>

Gastroparesis & Dysmotilities Association

<http://www.g-pact.org/>

Gastroparesis Patient Association for Cures and Treatments

<http://gicare.com/Diseases/Gastroparesis.aspx>

Jackson Siegelbaum Gastroenterology: Gastroparesis

<http://pennstatehershey.adam.com/content.aspx?productId=117&pid=1&gid=000297>

Penn State Hershey Medical Center: Gastroparesis

<http://healthguide.howstuffworks.com/gastroparesis-dictionary.htm>

Discovery Health: Gastroparesis

<http://www.medtronic.com/neuro/enterra/>

Medtronic: Gastroparesis

Web Forums and Chat Rooms

<http://health.groups.yahoo.com/group/gastroparesis/>

Yahoo Gastroparesis Support Group

The following book is available for free loan from the PRC library. For more information, please see www.paralysis.org and click *Borrow from Our Lending Library* under PRC Quick Links.

Book

- **The Official Patient's Sourcebook on Gastroparesis.** San Diego, CA: Icon Health Publications, 2002.

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