



Parenting with a Disability

Websites

Parents with Disabilities Online

www.disabledparents.net/index.html

Provides information, support and resources to parents with disabilities.

Through the Looking Glass

<http://www.lookingglass.org/index.php>

Is a nationally recognized center that has pioneered research, training, and services for families in which a child, parent or grandparent has a disability or medical issue.

1-800-644-2666

1-800-804-1616 TTY

TLG@lookingglass.org

2198 Sixth Street, Suite 100

Berkeley, CA 94710-2204

Colorado Cross-Disability Coalition's Center for Rights of Parents with Disabilities

303-839-1775

<http://www.ccdonline.org/>

Parents On Wheels

www.parentsonwheels.com

Disaboom: Parents with Disabilities

<http://www.disaboom.com/parents-with-disabilities>

WheelchairNet's Parenting and Using a Wheelchair section

http://www.wheelchairnet.org/WCN_Living/parenting.html

Family Village: Parents with Disabilities

<http://www.familyvillage.wisc.edu/general/parentswwdis.html>

Provides an extensive list of resources and websites for parents with a disability.

Abledata: Parents with Disabilities Resource Center

<http://www.abledata.com/abledata.cfm?pageid=113573&top=16046§ionid=19326>

Spinal Cord Injury Information Network: Parenting

University of Alabama

<http://www.spinalcord.uab.edu/show.asp?durki=21699&site=1021&return=21874>

Chat Rooms

NeuroTalk Communities—Parents Living with a Disability

<http://neurotalk.psychcentral.com>

Just Mommies Forum-- Parents with a Disability

<http://www.justmommies.com/boards/index.php?showforum=145>

This forum is for moms that are facing special challenges to parenting.

Through the Looking Glass's National Parent-to-Parent Blog

<http://parenting-with-a-disability.blogspot.com/>

The purpose of the National Parent-to-Parent Network at Through the Looking Glass is to connect parents, as well as those who are considering becoming parents, with others who may have shared similar experiences or faced common barriers as parents with disabilities.

The following books and videos are available for free loan from the PRC library. For more information, please see www.paralysis.org and click the Lending Library tab.

Books

- Bernstein, Joanne E. and Bryna J. Fireside. **Special Parents, Special Children.** Morton Grove, IL: Albert Whitman and Co., 1991.
A book for children. Features four families where the parent has a disability and the children are able bodied. (blindness, dwarfism, wheelchair user/paralysis from a viral infection, and deafness are the disabilities).
- Burns, Kay. **Our Mom.** New York: Franklin Watts, 1989.
The author became a paraplegic after a car accident. The book features photos of her and her children. It is written for children from the perspective of her children.
- Daugherty, Tonya. **The Disabled Mom: A Supplemental Guide for Mothers Who Are Ill, Disabled, or Have a Chronic Condition.** Bloomington, Ind.: AuthorHouse, 2005.
- Finger, Anne. **Past Due: A Story of Disability, Pregnancy and Birth.** Seattle, WA: Seal Press, 1990.

Finger had a baby while she had post-polio syndrome. She is told her son Max may have brain damage from the difficult birth.

- Graham, Judy. **Multiple Sclerosis and Having a Baby**. Rochester, VT: Healing Arts Press, 1999.
- Jacobson, Denise Sherer. **The Question of David: A Disabled Mother's Journey Through Adoption, Family, and Life**. Berkeley, CA: Creative Arts Book Co., 1999.
Jacobson has cerebral palsy and recounts the societal prejudice she and her husband faced upon adopting a baby with cerebral palsy.
- Mathews, Jay. **A Mother's Touch: The Tiffany Callo Story**. New York: Henry Holt and Co., 1992. The true story of a physically disabled mother's fight for the right to keep her children. Callo has cerebral palsy.
- Olsen, Richard and Harriet Clarke. **Parenting and Disability: Disabled Parents' Experiences of Raising Children**. Bristol: The Policy Press, 2003.
- Prilleltensky, Ora. **Motherhood and Disability: Children and Choices**. New York: Palgrave Macmillan, 2004.
- Rogers, Judith and Molleen Matsumua. **Mother to Be: A Guide to Pregnancy and Birth for Women with Disabilities**. New York: Demos Medical Publications, 1991.
- **Spinal Network: The Total Wheelchair Resource Book**. Horsham, PA: Leonard Media Group, 2002 (3rd ed)
Has a few chapters on parenting with a spinal cord injury. Including "Past Due: Quad Moms Talk About Pregnancy", "Who Says Who's Fit for Parenthood?".
- Wates, Michele and Rowen Jade (editors). **Bigger Than the Sky: Disabled Women on Parenting**. London: The Women's Press, 1999.
Features the accounts of numerous women.
- Wates, Michele. **Disabled Parents: Dispelling the Myths**. Cambridge, UK: National Childbirth Trust, 1997.
Disabled parents share their experiences of the issues surrounding their decision to have and raise children.

Videos

Disability and Motherhood. Princeton, NJ: Films for the Humanities and Sciences, 1995. (25 minutes)

Features 3 women with disabilities raising able bodied children. (wheelchair user, cerebral palsy, and blindness are the disabilities). They discuss their experiences and the public's attitudes toward disabled women raising children.

Family Challenges: Parenting with a Disability. Sherborn, MA: Aquarius Healthcare Videos, 1998. (25 minutes)

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.