



Post-Traumatic Stress Disorder

Dept of Veterans' Affairs: National Center for PTSD

<http://www.ncptsd.va.gov/ncmain/information/>

1-802-296-6300

Military Veterans PTSD Reference Manual

<http://www.ptsdmanual.com/>

Iraq War Veterans Organization Inc.: PTSD Resources

<http://www.headaches.org/warveterans/resources/iraqi-war-vet-organization.html>

Military.com: PTSD Overview

<http://www.military.com/benefits/resources/ptsd-overview>

WebMD: PTSD—Military Concerns

<http://www.webmd.com/anxiety-panic/tc/post-traumatic-stress-disorder-military-concerns>

National Institute of Mental Health: PTSD page

<http://www.nimh.nih.gov/health/topics/post-traumatic-stress-disorder-ptsd/index.shtml>

Medline Plus: PTSD

www.nlm.nih.gov/medlineplus/posttraumaticstressdisorder.html

American Academy of Children & Adolescent Psychiatry

www.aacap.org/publications/factsfam/ptsd70.htm

National Mental Health Association's FactSheet: PTSD

www.nmha.org/reassurance/ptsd.cfm

Why is it so hard for us to recover from being suicidal?

www.metanoia.org/suicide/ptsd.htm

Expert Consensus Treatment Guidelines for PTSD

<http://www.psychguides.com/ptsdhe.pdf>

Expert Consensus Guideline Series: Treatment of PTSD

<http://www.psychguides.com/ptsdgl.pdf>

www.ptsd.va.gov/professional/pilots-database/pilots-db.asp

Dept. of Veterans Affairs: Published International Literature on Traumatic Stress (PILOTS)

Kids Health: PostTraumatic Stress Disorder

<http://kidshealth.org/parent/emotions/feelings/ptsd.html>

Written for children.

Chat Room

<http://www.patientslikeme.com/>

Patients Like Me

See PTSD community

The following books and videos are available for free loan from the PRC library. For more information, please see www.paralysis.org and click the Lending Library tab.

Books

Driscoll, Patricia P. and Celia Straus. **Hidden Battles on Unseen Fronts: Stories of American Soldiers with Traumatic Brain Injury and PTSD**. Philadelphia: CaseMate, 2009.

Handbook of PTSD: Science and Practice. New York: Guilford Press, 2007.

Neuropsychology of PTSD: Biological, Cognitive, and Clinical Perspectives. New York: Guilford Press, 2005.

Paulson, Daryl S. and Stanley Krippner. **Haunted by Combat: Understanding PTSD in War Veterans—including Women, Reservists, and Those Coming Back from Iraq**. Westport, Conn.: Praeger Security International, 2007.

Phillips, Suzanne B. and Dianne Kane. **Healing Together: A Couple's Guide to Coping with Trauma & Post-Traumatic Stress**. Oakland, Calif.: New Harbinger Publications, 2008.

PTSD Compensation and Military Service. Washington, DC: National Academies Press, 2007.

Rosen, Marvin. **Understanding Post-Traumatic Stress Disorder**. Philadelphia: Chelsea House Publishers, 2003. for children

Schiraldi, Glenn R. Ph.D. **The Post-Traumatic Stress Disorder Sourcebook: A Guide To Healing, Recovery, and Growth.** Los Angeles: Lowell House, 2000.

Sherman, Michelle D. and DeAnne M. Sherman. **Finding My Way: A Teen's Guide to Living with a Parent Who Has Experienced Trauma.** Edina, Minn.: Seeds of Hope Books, 2009.

Videos

Hidden Wounds. Boston: Fanlight Productions, 2006. DVD 57 minutes. Documentary of soldiers returning from the Iraq War who have PTSD.

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