



Personal Accounts of People living with SCI

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- Arneson, Erik. **Darrell Gwynn At Full Throttle: Triumphs and Tragedies from a Life Lived at Speed.** Phoenix, AZ: David Bull Publishing, 2003.
Gwynn was a top drag-racer when his car crashed when he was 28. His left arm was amputated and he had a spinal cord injury which left him a wheelchair user. He has married and had a child. He formed the Darrell Gwynn foundation to help those with SCI.
- Baker, Vickie. **Surprised by Hope: From Circus Girl to Quadriplegic—A Journey Through Tragedy to a Promise for Tomorrow.** Camp Hill, PA: Horizon Books, 2000.
Baker suffered a spinal cord injury when she hit the net while working as a trapeze artist. After a few suicide attempts and a divorce, she has found comfort in her religious beliefs.
- Bardwell, Bob “Bart”. **The Marathons of Life: Tragedy Faith Courage.** Stewartville, MN: Bob and Jode Bardwell, 1999.
A heavy construction accident in 1973 left Bob paralyzed from the waist down. He has finished 70 marathons, earned two masters degrees and is founder of Ironwood Springs Christian Ranch and is a motivational speaker. He and his wife have four children.
- Berg, Art. **The Impossible Just Takes a Little Longer: Living with Purpose and Passion.** New York: Harper Collins, 2002.
Quadriplegic Berg was injured in a car accident and passed away in 2002.

- Bird, Randy and Ron Westmoreland. **I'm Not Dead Yet: The Incredible Story of Randy Bird, Paraplegic and Professional Rodeo Cowboy.** Waco, TX: WRS Publishing, 1992.
- Blythe, Sandy. **Blythe Spirit.** Sydney: Macmillan Australia, 2000.
A former Australian Rules footballer who was spinal cord injured at 19. He co-captained Australia's wheelchair basketball team at the Atlanta Paralympics.
- Bondi, Renee. **The Last Dance But Not the Last Song.** Grand Rapids, Mich.: Fleming H. Revell, 2002.
Bondi is a Christian music recording artist and a quadriplegic. Her sister later became a paraplegic.
- Boyles, Carolyn. **A Complete Guide Plain-English Guide to Living with a Spinal Cord Injury.** New York: iUniverse, 2007.
Part autobiography, part guidebook.
- Brewster, Dan. **Only Paralyzed from the Neck Down: The Life and Ministry of Tom Brewster.** Pasadena, CA: William Carey Library, 1997.
Tom Brewster was a quadriplegic missionary who visited remote parts of the world with his wife Betty Sue and their son. Written by his brother.
- Brickner, Richard P. **My Second Twenty Years: An Unexpected Life.** New York: Basic Books Inc., 1976.
Brickner was spinal cord injured at the age of twenty in an auto accident.
- Broderick, Jacqui. **The Shane Broderick Story.** Dublin, Ireland: Wolfhound Press, 1999.
Shane Broderick was an Irish jockey left quadriplegic after a fall from a horse.
- Brown, Scott and Sam Carchidi. **Miracle in the Making: The Adam Taliaferro Story.** Chicago: Triumph Books, 2001.

Adam Taliaferro was injured in a college football game and has regained the ability to walk.

- Bryant, Rob. **Walking Through Adversity: 7 Steps to Overcoming Life's Challenges.** Deerfield Beach, FL: Health Communications Inc., 2001.
Bryant was injured at work when he fell 55 feet. He has set world records for walking with crutches and braces. He made a 119 day trip in a rowing machine on wheels. He discusses his religious faith. He is vice-president of an aerospace company.
- Burke, Jim. **Wheels of Fortune.** Elkhart, IN: Bound to Excel, 2003.
Burke was left quadriplegic at the age of 41 due to a skiing accident.
- Burley, Eddie. **Handicap and Loving It.** 1stBooks, 2001.
Burley became quadriplegic in an accident.
- Burns, Peter. **Curtis Mayfield: People Never Give Up.** London: Sanctuary Publishing, 2003.
This biography of late R&B singer/songwriter Curtis Mayfield is focused heavily on his music. He became a quad in 1990 when a windstorm knocked over a lighting tower onstage. He died in 1999.
- Burrell, Ray. **Gerry: Breaking Par.** Ottawa, Ontario, Canada: Fairways Publications, 1991.
Canadian Gerry Thompson was a young pro golfer who became quadriplegic after an accident.
- Byrd, Dennis and Michael D'Orso. **Rise and Walk: The Trial & Triumph of Dennis Byrd.** New York: HarperCollins, 1993.
Pro football player Byrd was temporarily paralyzed in a football game. He has since regained the ability to walk.
- Callahan, John. **Don't Worry, He Won't Get Far on Foot.** New York: Vintage Books, 1989.
Cartoonist John Callahan was injured in a car accident.
- Camp, Fred V. **Two Wheelchairs and a Family of Three.** Wheaton, IL: Tyndale House Publishers, 1973.

Camp and his wife Bea were both paralyzed as teens. They married, raised their daughter Julie and ran a sporting goods store.

- Campanella, Roy. **It's Good to Be Alive**. Lincoln, Neb.: University of Nebraska Press, 1995.
Campanella was a top baseball player who was paralyzed in a car accident.
- Campbell, Bebe Moore. **Sweet Summer: Growing Up With and Without My Dad**. New York: Berkeley Books, 2000.
Her memoir of growing up with a paraplegic father.
- Carchidi, Sam. **Standing Tall: The Kevin Everett Story**. Chicago: Triumph Books, 2008.
Buffalo Bills player Everett was injured in a pro football game. Three months later he regained the use of his limbs.
- Chapman, Erania. **T-3: Just Me and the Sunset**. 1stBooks, 2002.
Chapman writes about her substance abuse and her near fatal accident that left her paraplegic.
- Clark, Francesco. **Walking Papers: The Accident that Changed My Life, and the Business that Got Me Back on My Feet**. New York: Hyperion, 2010.
Clark started his successful Clark's Botanicals skin-care line after a diving accident left him quadriplegic.
- Cole, Jonathan. **Still Lives: Narratives of Spinal Cord Injury**. Cambridge, MA: MIT Press, 2004.
Cole is a physician who interviews 12 spinal cord injured people.
- Curran, John. **Just My Luck!** Dun Chaoin, Ireland: Inne Teo, 1993.
Curran, a native of Ireland, was injured at the age of 36 in a fall from scaffolding and is now quadriplegic.
- D'Agostino, Gilda T. **Praying for a Miracle: A Mother's Story of Tragedy, Hope and Triumph**. Worcester, Mass.: Ambassador Books, 2005.

Eighteen-year-old Rick D'Agostino dove into a swimming pool and became a quadriplegic.

- Darke, Karen. **If You Fall...It's a New Beginning**. Winchester, UK: O Books, 2006.
Darke became a paraplegic from a rock-climbing accident at the age of 21. The Scotland native recalls how she made a new life for herself.
- Dew, Joan and David Fox. **Terry Follow Your Heart: The True Story of Terry Wilks**. Boise, Idaho: Pacific Press Publishing, 1987.
Terry Wilks became a quadriplegic at the age of 18 in a gymnastics accident.
- Dhanjal, Meena. **A Moment in Time**. Bloomington, IN: AuthorHouse, 2005.
Paraplegic from a fall from her balcony. Dhanjal is an Indian American who is mother to two children.
- Ellison, Brooke and Jean Ellison. **Miracles Happen: One Mother, One Daughter, One Journey**. New York: Hyperion, 2001.
Brooke Ellison was paralyzed in a car accident when she was eleven. Her mother Jean attended college with her so that she could graduate from Harvard.
- Epstein, Marcy & Travar Pettway. **Deep: Real Life with Spinal Cord Injury**. Ann Arbor, Mich.: University of Michigan Press, 2007.
Ten essays by different women and men who are living with spinal cord injuries.
- Epstein, June. **Mermaid on Wheels: The Story of Margaret Lester**. New York: Taplinger Publishing, 1967.
Australian Lester was paralyzed in a car accident. She went on to marry and raise three children, completed a degree and competed in the Australian Paraplegic Games.
- Fiffer, Steve. **Three Quarters, Two Dimes and a Nickel: A Memoir of Becoming Whole**. New York, NY: Free Press, 1999.
Fiffer was diagnosed a quadriplegic after a wrestling accident. He is now able to walk with a cane.

- Flynt, Larry. **An Unseemly Man: My Life as a Pornographer, Pundit, and Social Outcast.** Los Angeles: Dove Books, 1996.
Flynt, the creator and publisher of Hustler magazine, was shot by an unknown assailant and left paraplegic.
- Frey, Garret Lee and Dr. Karen Hutchins Pirnot. **As I Am: A True Story of Adaptation to Physical Disability.** Sarasota, Fla.: Peppertree Press, 2008. Frey was injured as a 4-year old and is a quadriplegic. Frey appeared before the Supreme Court in a case about education for people with disabilities.
- Galli, Richard. **Rescuing Jeffrey.** Chapel Hill, NC: Algonquin Books of Chapel Hill, 2000.
Richard Galli's son Jeffrey was paralyzed in a swimming pool accident that left him quadriplegic.
- Gipson, Greta. **An Undying Will: To Encourage Strength Within Yourself.** Bloomington, IN: 1stBooks, 2002.
Gipson became a partial quadriplegic as a teenager due to a car accident.
- Goodman, Morris with Pat Garnett. **The Miracle Man: An Inspiring Story of Motivation and Courage.** Englewood Cliffs, NJ: Prentice-Hall, 1985.
Goodman was an insurance agent who was paralyzed in a small plane accident. He later learned to walk again.
- Gottlieb, Daniel. **Letters to Sam: A Grandfather's Lessons on Love, Loss, and the Gifts of Life.** New York: Sterling Publishing, 2006. Part autobiography, part letters to his grandson. Gottlieb has quadriplegia.
- Grenier, Laurent. **A Reason for Living.** Nardis Press, 2004.
Grenier is a quadriplegic injured in a diving accident.
- Hakala, Joann. **A Matter of Courage.** Edina, MN: Beaver's Pond Press, 2004.
Hakala's son Gerry was paralyzed at 18 in a wrestling accident.

- Hansen, Rick and Jim Taylor. **Rick Hansen: Man in Motion.** Vancouver, Canada: Douglas & McIntyre, 1999.
 Canadian Rick Hansen was paralyzed in a car accident at age 15. The book covers his Man in Motion wheelchair tour of the world to raise money for spinal cord injury research. He founded the Rick Hansen Institute.
- Harrison, Clark. **Long Way Home: A Journey from Despair to Triumph.** Decatur, GA: Barefoot Press, 1985.
 Harrison was shot in 1944 while serving his country in Germany. He graduated from law school and became a businessman. Clark and his wife raised two sons. He obtained a pilot's license while he was in his fifties.
- Heagy, Ron with Donita Dyer. **Life is an Attitude: A Tragedy Turns to Triumph.** Sisters, Oregon: Multnomah Publishers, 1997.
 Ron Heagy was paralyzed by a surfing accident when he was 17. He married and received a master's degree.
- Heagy, Ron with Donita Dyer. **Never Give Up! How Tragedy Taught Me That Life is an Attitude.** Eugene, OR: Harvest House, 2002.
 This is a more up to date version of Ron Heagy's life. See his previous autobiography *Life is an Attitude*. He has founded a ministry and a camp for the disabled.
- Heller, Bill with Ron Turcotte. **The Will to Win: Ron Turcotte's Ride to Glory.** Saskatoon, Saskatchewan: Fifth House Publishers, 1992.
 Canadian Turcotte was the jockey on Triple Crown winner Secretariat. He became a paraplegic five years later in a racing fall.
- Helms, Tom. **Against All Odds.** New York: Warner Books, 1979.
 Helms was paralyzed in a car accident.
- Hitchcock, Kevin. **Walk With Me.** Milson's Point, NSW, Australia: Random House, 1998.

Australian TV executive Hitchcock suffered a spinal cord injury after he fell from a rope swing into water. He was a quadriplegic and can walk short distances.

- Hockenberry, John. **Moving Violations: A Memoir**. New York: Hyperion, 1995.
News reporter John Hockenberry relays experiences as a correspondent.
- Holicky, Richard. **Roll Models: People Who Live Successfully Following Spinal Cord Injury and How They Do It**. Victoria, BC: Trafford, 2004.
Profiles of people who have had a spinal cord injury.
- Hulet, Renon Klossner. **Don't You Dare Give Up!** Salt Lake City, Utah: Finanswers Publishing, 1997.
Champion gymnast Diane Ellingson Smith was injured at a gymnastics meet. She married and became an elementary school teacher.
- Hunt, Eddie W. **A Slide Through Time**. Sistersville, WV: Prospect Press, 1998.
Hunt was injured in a softball game sliding into third base. Following the accident, Hunt earned degrees in Public Safety and Psychology, became a peer counselor in an independent living facility, coached his son's Little League team, and began writing.
- Jacobs, Chip. **Wheeler-Dealer: The Rip-Roaring Adventures of My Uncle Gordon, a Quadriplegic in Hollywood**. Los Angeles: First Person Press, 2006.
- Jacobs, Chip. **Wheeling the Deal: The Outrageous Legend of Gordon Zahler, Hollywood's Flashiest Quadriplegic**. Lake Forest, Calif.: Behler Publications, 2008. Paperback version of above book.
- Jones, Lisa. **Broken: A Love Story: Horses, Humans and Redemption on the Wind River Indian Reservation**. New York: Scribner, 2009. Stanford Addison is a Native American horse trainer who is a quadriplegic.

- Jones, Tom. **The Real Tom Jones: Handicapped? Not Me.** New York: iUniverse, Inc., 2003.
 Jones has used a wheelchair for 60 of his 66 years after being shot in the back in 1943. He earned two degrees from the University of Illinois and has worked in television, public relations and rehab services. He has been married to the same woman (also a wheelchair user) for 44 years.
- Joy, Breda. **Brian Crowley: Against the Odds.** Dingle, Kerry, Ireland: Brandon Book Publishers, 1996.
 Irishman Crowley was injured by a fall at the age of 16. He became a politician.
- Juette, Melvin and Ronald J. Berger. **Wheelchair Warrior: Gangs, Disability and Basketball.** Philadelphia: Temple University Press, 2008. Shot at 16, Juette turned his life around by attending college and becoming a wheelchair basketball player for the US national team.
- Karp, Gary and Stanley D. Klein, Ph.D. **From There to Here: Stories of Adjustment to Spinal Cord Injury.** Horsham, PA: No Limits Communications, 2004.
 Forty-five personal accounts of adjusting to SCI and making a meaningful life.
- Kelker, DeJuan. **Uncovered by the Word of God.** 1st Books, 2003.
 Kelker became paraplegic due to a gun-shot wound. Most of the book is about his religious beliefs.
- Kidd, Eddie and Derek Shuff. **Crawling From the Wreckage.** London: John Blake Publishing, 2001.
 Kidd was a daredevil motorbike stuntman until a crash left him paralyzed.
- King, Mike. **The Mike King Story.** Intercourse, Pa: Good Books, 1985.
 King became a paraplegic at 20 after a motorcycle accident. He traveled across the U.S. from Alaska to Washington, D.C. in a manual wheelchair.

- Kovic, Ron. **Born on the Fourth of July**. New York: Pocket Books, 1976.
Vietnam veteran Kovic became an antiwar activist. He was paralyzed in Vietnam.
- Krull, John. **Emily's Walk: The Indiana Amusement Park Tragedy and a Family's Quest for Justice**. Zionsville, IN: Guild Press Emmis Publishing, 2002.
Emily was four years old when a miniature train ride derailed and left her quadriplegic. Her grandmother was killed in the same accident. Emily's father tries to battle both the state and the amusement park to accept responsibility.
- Kumin, Maxine. **Inside the Halo and Beyond: The Anatomy of a Recovery**. New York: W.W. Norton and Co., 2000.
Kumin's account of her recovery from a spinal cord injury sustained in a carriage-driving accident.
- Launius, Carl Judson. **It Seemed Like a Good Idea at the Time**. Fayetteville, Ark.:University of Arkansas Press, 1995.
Launius was injured in a high school football game.
- Lawson, Carlana Stone. **Never Give In, Never Give Up**. Naperville, IL: Sourcebooks, Inc., 2005.
At 17 a car accident left Lawson a paraplegic. She became the first on-air reporter in Miami.
- Lethbridge, Christopher. **By Accident: A Quadriplegic Faces Life**. London: Hodder and Stoughton, 1974.
New Zealander Lethbridge was injured by diving into a shallow body of water.
- Lewin, Rod. **Steel Spine, Iron Will**. Dallas, TX: Boomerang Books, 1991.
Australian pilot Lewin became a paraplegic due to a plane crash.

- **Link To Life: Spinal Cord Injury.** London: Boxtree Limited, 1994.
A collection of personal stories from people with SCI.
- Linton, Simi. **My Body Politic: A Memoir.** Ann Arbor, Mich.: University of Michigan, 2006. Paraplegic from a car accident.
- Mack, Douglass John. **The Walking Quadriplegic: Defeating Paralysis.** Xlibris, 2005.
Mack was able to walk again ten months after his accident.
- Mackenzie, Catherine. **Swimming Against the Tide.** Scotland, UK: Christian Focus Publications, 2003.
A retelling of the life story of Joni Eareckson Tada.
- Malarkey, Kevin and Alex. **The Boy Who Came Back From Heaven.** Carol Stream, Ill.: Tyndale House Publishers, 2010. Six-year old Alex was injured in a car accident. He and his father tell his version of his injury and recovery while angels and Jesus took care of him.
- Masham, Sue. **The World Walks By.** London: William Collins Sons & Co., 1986.
Scotland-born Masham became a paraplegic shortly after her engagement to Lord Masham. Her injury was caused by a horseback riding accident. She was made a life peer in 1970 and took her seat in the House of Lords as Baroness Masham of Ilton.
- May, Janet G. **Return to Chewelah: A Story of Innocence and Loss.** Seattle, Washington: Storm Peak Press, 1997.
May became a quadriplegic as a young adult as a result of an equestrian accident. She put her life back on track after a battle with drugs and despondency. She has been a health care worker for more than 15 years.
- McAdam, Terry. **Very Much Alive: The Story of a Paraplegic.** Boston: Houghton Mifflin, 1955.
Paralyzed in a car accident at the age of 26.

- McDonald, Steven and Patti Ann McDonald. **The Steven McDonald Story**. New York: Donald I. Fine, 1989.
New York City Police officer McDonald became a quadriplegic when he was shot in the line of duty.
- McGowan, James A. **Walking On Air: The Memoirs of a Paraplegic Sky Diver**. Xlibris Corp., 2006.
- McIntosh, Linda. **What Do You Do If You Don't Die: The Steven Fletcher Story**. Winnepeg, Canada: Heartland Associates, 2008.
Fletcher has C4 quadriplegia and is a member of Canadian Parliament.
- McKee, Lavonne and Ted Schwarz. **Get Ready to Say Goodbye**. Far Hills, NJ: New Horizon Press, 1994.
McKee's fourteen year old son was shot by a neighbor's son. He was left quadriplegic. The McKees received a \$8.5 million award in trial. After nine years of physical therapy, Dwayne took his first steps.
- Mercer, Glen "Pee Wee" and Patrick D. Smith. **The Last Ride**. Melbourne, FL: Sea Bird Publishing, 2000.
Mercer, a former bull riding champion, became quadriplegic when he was thrown from a bull.
- Metrano, Art with Cynthia Lee. **Twice Blessed: Art Metrano Laughs the Darkness Away**. Waco, Texas: WRS Publishing, 1995.
An actor who took a fall from a ladder that left him paralyzed from the neck down. He eventually was able to walk again.
- Mitchell, W. **"It's Not What Happens to You, It's What You Do About It."** Arvada, CO: Phoenix Press, 1997.
Injured in a plane crash, Mitchell became the mayor of Crested Butte, Colorado and a congressional nominee.
- Miller, Sandra. **When Mountains Move**. East Bend, NC: Lovesake Publishing, 2004.
Miller became a quadriplegic from a car accident. She believes her faith allowed her to regain her limbs.

- Molsberry, Robert F. **Blindsided by Grace: Entering the World of Disability**. Minneapolis, MN: Augsburg Books, 2004.
Molsberry is a pastor who became paraplegic after a near-fatal hit and run accident in 1997.
- Montgomery, Amy. **Just an Accident**. Bloomington, Indiana: Author House, 2004.
Scott Remington was a logger who was injured by a tree that fell on him.
- Mulvaney, Duane. **From Legs to Wheels: The Memoirs of Duane Mulvaney**. Booklocker.com, 2007.
Mulvaney recounts 30 years of living with quadriplegia from a car accident.
- Nasaw, Jonathan Lewis. **Easy Walking**. Philadelphia: J.B. Lippincott, 1975.
This is Nasaw's account of his rehabilitation after a car accident left him a paraplegic at the age of 21.
- Neal, Tommy with Robert J. Walker. **Through the Eyes of a Wheelchair: The Tommy Neal Story**. Huntsville, AL: In His Name Publishing, 1996.
Tommy Neal became a quad after his wife shot him in the neck.
- Neumayer, Bob. **Drinking Helps You Drive Straight**. Waco, TX: WRS Publishing, 1995.
Neumayer became a paraplegic as a result of a car accident while drunk. He became a 3-time winner of the New York City Marathon's wheelchair division and established drunk-driving awareness programs.
- Nichols, Bill. **20% Off: The Rest is Okay: A Quadriplegic's Search for Meaning**. Oklahoma City: ND Press, 1998.
Semi-autobiographical account.
- Noell, Marilyn. **Another Path to My Garden: My Life as a Quadriplegic**. Toronto: Dundurn Press, 1992.

- Ornoff, Anita Bloom. **Beyond Dancing: A Veteran's Struggle, A Woman's Triumph.** Silver Spring, MD: Bartleby Press, 2003.
Ornoff was serving in the women's auxiliary army corp in WWII when an infection in her spine caused her to become paraplegic. She fought Congress to recognize her as a service-injured vet and won her benefits.
- Owuor, Esther. **My Life as a Paraplegic.** Nairobi: East Africa Educational Publishers, 1995.
Esther is a schoolteacher in Nairobi. She became a paraplegic in a bus accident. She is married and the mother of five children.
- Parker, Susan. **Tumbling After: Pedaling Like Crazy After Life Goes Downhill.** New York: Crown Publishers, 2002.
Parker's husband was left quadriplegic after a bicycle accident. Various neighbors and friends help her care for her husband and become part of their new family.
- Pavia, Marcelo Rubens. **Happy Old Year: An Autobiography.** Pittsburgh, PA: Latin American Literary Review Press. 1991.
Translated from Portuguese. Brazilian Pavia is paralyzed in a diving accident.
- Pendergrass, Teddy and Patricia Romanowski. **Truly Blessed.** New York: Berkley Boulevard Books, 1999.
Soul/R&B singer Teddy Pendergrass was left quadriplegic from a car accident at the peak of his career. He has continued his recording and performing career.
- Pepple, Ted. **Expect a Miracle: The Story of Matt Young.** St. Louis, Mo.: Acme Press, 1991.
Young was left quadriplegic from a motorcycle accident.
- Prondzinski, Robert. **Another Fine Mess You've Gotten Us Into: The Life and Adventures of a Quad.** Bloomington, Minn.: Nasus Publishing, 2008.
- Reeve, Becky. **The Spirit Knows No Handicap.** Salt Lake City, Utah: Bookcraft, 1980.

Reeve was injured in an auto accident when she was a missionary.

- Reeve, Christopher. **Nothing is Impossible: Reflections on a New Life**. New York: Random House, 2002.
This book covers some of the changes in Reeve's life since his accident. It includes his improvement in function years after his injury.
- Reeve, Christopher. **Still Me**. New York: Random House, 1998.
Actor Christopher Reeve was paralyzed in 1995 in an equestrian accident. He has become an advocate for curing paralysis.
- Reid, Jan. **The Bullet Meant for Me**. New York: Broadway Books, 2002.
Reid became a paraplegic from a gunshot wound when the taxi he was in was carjacked. Reid was a boxer who befriended Jesus Chavez.
- Rennebohm, Peter. **Be Not Afraid: Ben Peyton's Story**. St. Cloud, Minn.: North Star Press, 2004.
Injured at C4/C5 in a hockey game at 17, Ben can now walk with a cane.
- Rossetti, Rosemarie. **Take Back Your Life! Regaining Your Footing After Life Throw You a Curve**. Columbus, OH: Fortuna Press, 2003.
Rossetti became paraplegic after a tree fell on her while bike riding. This is a collection of syndicated articles.
- Roy, Travis with E.M. Swift. **Eleven Seconds: A Story of Tragedy, Courage, & Triumph**. New York: Warner Books, 1998.
Travis Roy was paralyzed 11 seconds into his first college hockey game. He founded the Travis Roy Foundation to help those with spinal cord injuries.
- Rushby-Smith, Tim. **Looking Up: A Humorous and Unflinching Account of Learning to Live Again with Sudden Disability**. London: Virgin Books, 2008.

Rushby-Smith worked as a landscape gardener before his accident. He now works as an artist and writer and lives in London with his wife and daughter.

- Sanford, Matthew. **Waking: A Memoir of Trauma and Transcendence.** Rodale, 2006.
Sanford became paraplegic in a car accident at the age of thirteen. He teaches yoga.
- Saunders, Kevin. **There's Always A Way.** Waco, TX: WRS Publishing, 1993.
Saunders became a paraplegic as a result of a grain elevator explosion. He later became a Paralympian and champion pentathlete.
- Schwass, Michael and Clarence Trausch. **Don't Blame The Game: The Compelling Account of a Quadriplegic Who Took On the World and Won. And How You Can Too!** Des Plaines, IL: MSA Publications, 2005.
Schwass was paralyzed in a high school hockey game.
- Segal, Patrick. **The Man Who Walked in His Head.** New York: William Morrow and Co., 1977.
Translated from the French. Segal was left a paraplegic at the age of 24 from a gun-shot wound.
- Self, Eva Whittington. **May Bell's Daughter.** Nashville, TN: Thomas Nelson Publishers, 1999.
Paralyzed in a car accident at 17, Eva Whittington Self is now a wife, mother, and homemaker. She credits her ability to overcome tragedy to God's strength and her mother's love.
- Shepherd, Janine. **Never Tell Me Never.** Sydney, Australia: Pan Macmillan, 1994.
Shepherd was an Olympic hopeful in skiing when she was struck by a car and suffered a spinal cord injury. She regained the ability to walk, married and had two children. She also got her pilot's license to fly planes.

- Siegle, Judy with Cindy Fahy. **Living Without Limits: 10 Keys to Unlocking the Champion in You.** Fargo, ND: Life Venture Publishing Co., 2005.
Siegle was injured at 18 in an auto accident. She became a two-time Paralympian in wheelchair racing as a quadriplegic.
- Skinner, Chris. **The Ultimate Learning Experience: A Young Man's Journey Through the Choices of Life.** Radford, Va.: Chris Skinner Organization, 2004. www.chrisskinner.org
Skinner was injured in an auto accident. He is a quadriplegic who does motivational speaking.
- Smith, Ed. **From the Ashes of My Dreams.** St. John's, Newfoundland, Canada: Flanker Press Ltd., 2002.
Canadian newspaper columnist and author Smith was injured in a motor vehicle accident. Smith describes his seventeen months in rehab centers and his struggle to come to grips with his quadriplegia. His daughters and wife also contribute parts of the book.
- Smith, Mark E. **Too Fast: Selected True Tales From the Madman of WheelchairJunkie.com.** New York: iUniverse, 2004.
- Snow, Bill. **Pearls of Wisdom from the Storm.** 1st Books, 2002.
Snow was shot in the back of the neck while at work and became a quadriplegic.
- Snow, Randy. **Pushing Forward: A Memoir of Motivation.** Dubuque, Iowa: Kendall/Hunt Publishing, 2001.
Snow has won 10 national wheelchair tennis titles, held past national track records and competed in 3 summer Paralympic Games in three different sports.
- Stingley, Darryl with Mark Mulvoy. **Darryl Stingley: Happy to Be Alive.** New York: Beaufort Books, 1983.
Pro football player Stingley was injured while playing in 1978. He is a quadriplegic.

- Swander, Mary. **The Desert Pilgrim: En Route to Mysticism and Miracles**. New York, NY: Viking Compass, 2003.
Struck by a drunk driver, Swander was left paralyzed and in chronic pain. She journeys to find help in New Mexico from a Russian Orthodox monk and an herbal healer.
- Tada, Joni Eareckson. **Joni Eareckson Tada: Her Story**. New York: Inspirational Press, 1994. A compilation of 3 autobiographies in one volume: Joni, A Step Further, Choices...
- Tada, Joni Eareckson. **The God I Love: A Lifetime of Walking with Jesus**. Grand Rapids, MI: Zondervan, 2003.
Tada is a quadriplegic who founded her own ministry and paints with her mouth. This title also available on Audio CD and Cassette
- Taylor, Kelvin D. **What Now? An Incredible True Story About Overcoming Challenges**. Springville, UT: Bonneville Books, 2003.
Taylor was injured as a teen in an auto accident. He was able to finish high school and become a special education teacher. His Mormon faith helped him overcome many challenges including the death of one of his children to anencephaly.
- Thompson, Stephen. **Genesis: A Portrait of a Spinal Cord Injury**. Santa Fe, NM: Sunstone Press, 2001.
Thompson was paralyzed after his bike was hit by a car at the age of 20.
- Thorson, Pamela. **Song in the Night: One Family's Journey from Darkness to Dawn**. Moscow, Idaho: Luminary Media Group, 2008.
Thorson writes about her son Kevin's C2 spinal cord injury at age 19 and how the family's religious beliefs help them through.
- Tomihiro, Hoshino. **Here So Close But I Didn't Know**. Tokyo, Japan: Kaisei-Sha Publishing, 1988.
A former Japanese gymnast becomes a mouth painter.
- Topliff, Caren. **Wrestling Back: A Family's Trial with Paralyzing Injury**. Salem, Ore.: Dimi Press, 1996.

A mother's account of her son Larry's struggle with spinal cord injury. Larry was a college wrestler injured in a bus accident.

- Treat, David A. **Going Through the Fire: Developing a Faith that Perseveres**. 1stBooks, 2003.
Treat became a quadriplegic who uses a vent due to a car accident. The book focuses on his faith.
- Turnbull, Barbara. **Looking in the Mirror**. Toronto: The Toronto Star, 1997.
Canadian Barbara Turnbull was shot in a robbery while working in a convenience store as an 18-year-old. She became a reporter for the Toronto Star.
- Vaughn, Ruth. **Accept Me As I Am: The Story of Burrell Leatherwood, Quadriplegic Student at Bethany Nazarene College**. Bethany, OK: Bethany Nazarene College, 1981.
Quadriplegic from a diving accident at the age of 15.
- Vermeulen, Victor and Jonathan Ancer. **The Victor Within**. Norwood, South Africa: Tenacity Publications, 2001.
Victor Vermeulen was a world-class cricketer in South Africa when he was paralyzed in a diving accident.
- Von Beltz, Heidi with Peter Copeland. **My Soul Purpose**. New York: St. Martin's Press, 1996.
Heidi von Beltz was paralyzed while doing stunt work for the movie Cannonball Run.
- Waldrep, Kent and Susan Mary Malone. **Fourth and Long: The Kent Waldrep Story**. New York: Crossroad, 1996.
Kent Waldrep was injured in a college football game. He went on to found the Kent Waldrep National Paralysis Foundation.
- Walker, Briana. **Dance Anyway: The Briana Walker Story**. Briana Walker publisher, 2006. www.BrianaWalker.com
Left paraplegic from a car crash, she has become a model and wheelchair hip hop dancer.

- Wall, Marshall. **From Where I Sit, From Where You Stand: A Roll Through Life.** Bloomington, Ind.: AuthorHouse, 2007.
Readers will get a rare glimpse of a man's journey of more than fifty years in a wheelchair; a person with a disability's life and his relationships with the environment and the people around him. The author's journey of life is one of hope, challenges (physical, mental, and spiritual), and dreams coming true. A lovely wife, two beautiful adopted babies, enjoyable work, friendships, health, and joy have become his great successes.
- Walters, Dennis and James Achenbach. **In My Dreams, I Walk with You.** Chelsea, Mich.: Sleeping Bear Press, 2002.
Dennis Walters was left paraplegic by a golf cart accident as a 24-year-old.
- Watson, Brent. **Come Take a Walk with Me.** Bloomington, IN: 1st Books, 2003.
Paralyzed in a car crash that took the life of his brother, Watson went on to obtain a journalism degree from the University of Mississippi.
- Weimer, Joan. **Back Talk: Teaching Lost Selves to Speak.** Chicago, IL: The University of Chicago Press, 1994.
- Wellman, Mark and John Flinn. **Climbing Back.** Truckee, CA: No Limits, 1992.
Mark Wellman was paralyzed by a mountain climbing fall. He has worked as a park ranger and climbed Yosemite's El Capitan and Half Dome as a paraplegic.
- White, Kathleen. **Joni Eareckson Tada. (Women of Faith Series).** Bloomington, MN: Bethany House, 1993.
Tada has been a quadriplegic since a diving accident as a teenager. She has founded her own ministry, authored several books, and married.
- Wilkins, Skip and Joseph Dunn. **The Real Race: Skip Wilkins' Story.** Wheaton, IL: Tyndale House, 1985.

- Wilkins became a quadriplegic in a water skiing injury. He won more than 100 medals in wheelchair sports. He got a college education and married.
- Willette, Kate. **Some Things are Unbreakable**. Seattle: Coal Creek Press, 2006.
Willette's husband Bruce Hanson became a quadriplegic from a ski accident.
 - Williams, Margie. **Journey to Well: Learning to Live After Spinal Cord Injury**. Newcastle, CA: Altarfire Publishing, 1997.
Margie Williams was paralyzed in an airplane accident. Book includes resources list.
 - Willis, Jack and Mary. **"...But There Are Always Miracles"**. Greenwich, CT: Fawcett Crest, 1974.
Jack Willis was paralyzed in a surfing accident. The book covers his rehab until he can walk on crutches. He married his fiancé Mary and they had a daughter.
 - Wilson, Dorothy Clarke. **Take My Hands: The Remarkable Story of Dr. Mary Verghese**. New York: McGraw-Hill, 1963.
Verghese became a surgeon in India. Shortly after that she became paraplegic from a car accident and became a rehab physician.
 - York, Phyllis and David York. **Getting Strong in All the Hurting Places**. New York: Rawson Associates, 1989.
Phyllis York was left quadriplegic from a fall down her stairs. The book alternates between her point of view and her husband's.
 - Zulu, Musa E. **The Language of Me**. Scottsville, South Africa: University of KwaZulu-Natal Press, 2004.
A car accident at the age of 23 left Zulu with a T6 SCI.
 - Zupan, Mark and Tim Swanson. **GIMP: When Life Deals You a Crappy Hand, You Can Fold or You Can Play**.
The story behind the star of Murderball (quad rugby documentary). Left quadriplegic from a car accident, Zupan went on to become a Paralympian. Also available on audio CD.

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