



Chat Rooms and Email Discussion Lists for Spinal Cord Injury

The following are some links to chat rooms or forums for people living with spinal cord injuries.

Care Cure Community

<http://sci.rutgers.edu>

The online home of neuroscientist Wise Young, Ph.D., M.D., Professor II and Director at the W. M. Keck Center for Collaborative Neuroscience at Rutgers University. This site offers lively Internet forums with news and comment on spinal cord injury care, care giving, cure, funding, active living, pain treatment, sexuality, biomedical research, clinical trials and more.

The Reeve Foundation Paralysis Community

<http://communities.kintera.org/reeve/Default.aspx>

Is an online community and social networking website from the Christopher & Dana Reeve Foundation Paralysis Resource Center. The Paralysis Community is a place for dialogue about spinal cord injury or disease, and about all issues related to paralysis. Members of The Paralysis Community will be able to connect with other members who have spinal cord injuries and/or paralysis or care for those who do. You may participate in discussion groups, post personal profiles with an optional photo, invite members to be friends, and build your own online support network.

Canadian Paraplegic Association

<http://canparaplegic.org/talk/> Click on "Message Boards" tab

Aaron's Tracheostomy Message Boards

<http://www.tracheostomy.com/>

Click on Networking tab to see message boards and list serv
Specializes in vent and trach use info in children as well as trach use in adults.

New Mobility

<http://www.newmobility.com/> Click on Message Board

<http://www.newmobility.com/bb/ubbthreads.php>

Dangerwood—The Magazine: The Site to Survive Spinal Cord Injury and Paralysis

<http://www.survivingparalysis.com/>

Jim Lubin's Quadriplegics Bulletin Board

<http://www.makoa.org/quadlist.htm>

A Bulletin Board has been setup as an alternative for those who can't or don't want to receive large amounts of e-mails, but who still would like to discuss topics with others. Review postings to QUAD-LIST.

National Spinal Cord Injury Association's Discussion Group for People with Disabilities includes many topics like employment, sexuality, etc.

<http://www.spinalcord.org/forum>

Yahoo's Forum for People with Spinal Cord Injury

<http://health.groups.yahoo.com/group/Spinalcordinjury/>

Yahoo's Forum for Caregivers of Spinal Cord Injured People

<http://health.groups.yahoo.com/group/scic/>

Yahoo's Forum for Women with Spinal Cord Injury

<http://health.groups.yahoo.com/group/womenwithsci/>

Yahoo's Forum for People with Spinal Cord Injury—International

<http://groups.yahoo.com/group/SCI-International/>

Conducted in English.

Spinal Cord Injury Resource Center's Chat Room

<http://spinalinjury.net/chat/>

Step Now

<http://www.stepnow.org/>

Stepnow aims to bring about global actions that will raise awareness and encourage support for a cure for paralysis. Includes a global forum or chat room.

Email Discussion Lists:

Jim Lubin's Quad-List Discussion Group

<http://www.makoa.org/quadlist.htm>

All topics of interest to quadriplegics. Quadriplegia can be from any cause not just spinal cord injury.

Jim Lubin's Vent Users' Support Page

<http://www.makoa.org/vent/index.html>

For ventilator users.

Trachties Listserv

<http://www.tracheostomy.com/networking/listserv.htm>

For those with tracheostomies, their caregivers, or anyone interested in tracheostomy information.

American Association of Spinal Cord Injury Nurses Listserv

www.aascin.org

Click on Our Message Board. Only open to their members.

American Association of Spinal Cord Injury Psychologists and Social Workers

<http://www.aascipsw.org/>

Click on Our Message Board. Only open to their members.

American Paraplegia Society

<http://www.apssci.org/>

Click on Our Message Board. Only open to their members (physicians and researchers interested in SCI).

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.