



Spinal Cord Injury Videos

The following books and videos are available for free loan from the PRC library. For more information, please see www.paralysis.org and click the Lending Library tab.

Drama

- **Aaltra.** Fair Lawn, NJ: Film Movement, 2006. 90 minutes DVD
Dark comedy from Belgium. Two rural neighbors get in a fight and a tractor falls on them, paralyzing both of them. They decide to travel across Europe to seek revenge against the tractor's manufacturer. French with English subtitles.
- **Above Suspicion.** New York, NY: HBO Video, 1994. 95 minutes
Dempsey Cain is an honored cop, a loving husband and father, and mentor to his handsome younger brother. But when a drug dealer's bullet paralyzes him for life, Dempsey's world turns upside down. Starring Christopher Reeve, Joe Mantegna, and Kim Cattrell. Available in VHS and DVD.
- **Avatar.** Beverly Hills, Calif.: Twentieth Century Fox, 2010. DVD 162 minutes.
When his twin brother dies in an accident, paraplegic ex-Marine Jake Sully takes his place on a mission to the human outpost on Pandora.
- **Bad News Bears.** Paramount, 2005. 113 minutes DVD
This remake stars Billy Bob Thornton as a Little League coach. One of his players is a boy who is a paraplegic wheelchair user.
- **Beeswax.** The Cinema Guild, 2010. 92 minutes DVD.
The film revolves around the lives of twin sisters in the retail business, one of whom is paraplegic.
- **Bone Collector.** Universal, 2000. 118 minutes.
Denzel Washington stars as a quadriplegic homicide investigator.

- **Born on the Fourth of July.** Universal City, CA: Universal, 1989. 2 hours, 25 minutes. VHS and DVD
Based on the true story of Ron Kovic, a Vietnam War Veteran. Starring Tom Cruise as Kovic.
- **Breaking the Waves.** Evergreen International, 1996. 159 minutes.
Emily Watson stars as a naïve young woman who marries Jan an oil-rig worker. Jan is paralyzed in an accident.
- **Coach of the Year.** Miracle Pictures. 2002 DVD from 1980 film. 90 min.
Robert Conrad stars as a former pro football player who is paralyzed during the Vietnam War. He returns and coaches a football team in a youth prison.
- **Closer and Closer.** Power Pictures, 1995. DVD 93 min.
Kim Delaney stars as a paraplegic author.
- **Coming Home.** Santa Monica, CA: MGM/UA Home Video, 1978. 2 hours 8 minutes.
Voight plays a paraplegic dealing with the shattering aftermath of the Vietnam War. Starring Jane Fonda, Jon Voight, and Bruce Dern.
- **Danielle Steel's Palomino.** Troy, MI: Anchor Bay Entertainment, 1997.
Distributed by NBC Home Video. 95 minutes.
Sam visits the horse ranch of a friend and is paralyzed in a riding accident.
- **Dark Angel.** Beverly Hills, Calif.: Twentieth Century Fox, 2003. Season 1. Set of 6 DVDs of the TV series featuring Jessica Alba. One of the main male characters is paraplegic from a gunshot wound.
- **Everything That Rises.** Burbank, CA: Warner Home Video, 1998. 95 Minutes.
- **The Ex.** 2929 Productions, 2006. DVD
Jason Bateman plays a paraplegic in this comedy.
- **Extreme Measures.** Castle Rock Entertainment, 1996. 118 minutes. Stars Hugh Grant and Gene Hackman. A physician unethically uses the homeless for operations to find a cure for paralysis.
- **Fireworks.** New Yorker Video, 1998. 103 minutes. In Japanese with English subtitles.
An ex-cop is haunted by the shooting of his partner which left him a wheelchair user.
- **Friday Night Lights: The First Season.** Universal City, Calif.: Universal, 2007.
NBC show. 5 DVDs.

One of the high school football players is paralyzed and uses a wheelchair. Shows him doing some rehab and playing wheelchair rugby.

- **Friday Night Lights: The Second Season.** Universal City, Calif.: Universal, 2008. NBC show. 4 DVDs.
The former high school football player is paralyzed and uses a wheelchair. He is now a football coach and travels to Mexico to see if he wants to participate in alternative therapies.
- **Friday Night Lights: The Third Season.** Universal City, Calif.: Universal, 2009. NBC show. 4 DVDs.
The former high school football player is paralyzed and uses a wheelchair. He must support a baby now and tries to adjust to his new responsibilities.
- **Gattaca.** Columbia Pictures, 2005. 106 minutes
Sci-fi movie stars Uma Thurman, Ethan Hawke and Jude Law. Jude Law plays a paraplegic.
- **Good Luck.** A-Pix Entertainment, 1996. 92 minutes
Stars Gregory Hines as a paraplegic.
- **Inside Man.** Universal, 2006. 129 minutes
Daryl “Chill” Mitchell, a paraplegic, portrays a NYC policeman.
- **Ironside—Season One.** Los Angeles: Shout! Factory, 2007. 8 DVDs
Raymond Burr stars as a chief of detectives playing a character who uses a wheelchair after a shooting paralyzed him.
- **It’s Good to Be Alive.** United American 1991. VHS 99 minutes. The story of baseball player Roy Campanella. Features Paul Winfield and Lou Gossett Jr.
- **Joan of Arcadia: The First Season.** Hollywood, CA: Paramount, 2005. 6 DVD set. 17 hours, 8 minutes.
The lead character’s brother is paraplegic from a car accident.
- **Joni.** World Wide Pictures Home Video, 1979. 110 minutes DVD and VHS
A dramatic interpretation of Joni Earekson Tada’s life as a quadriplegic starring Tada as herself.
- **Live Flesh.** MGM. 1997 101 min. Spanish with English subtitles. DVD and VHS.
Javier Bardem portrays a cop who is left paraplegic in a shooting.
- **Million Dollar Baby.** Burbank, CA: Warner Bros. Entertainment Inc. 2004 132 min. DVD
Female boxer becomes a quadriplegic.

- **Monkey Shines: An Experiment in Fear.** Orion, 1998. 113 min.
A quadriplegic's service monkey reads his mind and carries out the man's dark thoughts.
- **The Men.** Los Angeles, CA: Republic Pictures Corporation, 1997. 85 minutes
Marlon Brando stars as a paraplegic veteran. 1950 original release. VHS and DVD
- **Notting Hill.** Universal City, Calif.: Universal Studios, 1999. DVD 2 hours 4 minutes. Stars Julia Roberts and Hugh Grant. A female character is a paraplegic from a fall.
- **The Other Side of the Mountain.** Universal City, CA: MCA Universal Home Video, 1986. 1 hour 42 minutes
True story of Olympic hopeful Jill Kinmont who is left paralyzed after a pre-Olympic competition. Starring Marilyn Hassett, Beau Bridges, and Dabney Coleman.
- **The Other Side of the Mountain: Part 2.** Universal City, CA: MCA/Universal Home Video, 1986. 1 hour 39 minutes.
Kinmont becomes a schoolteacher. Marilyn Hassett and Timothy Bottoms star.
- **Outside Providence.** Miramax, 96 minutes. DVD
The lead character's younger brother is a wheelchair user due to a spinal cord injury. Comedy starring Alec Baldwin as the father of the family.
- **Passion Fish.** Burbank, CA: Columbia Tristar, 1993. 135 minutes
Two women are brought together by fate and united with an unlikely friendship. Starring Mary McDonnell and Alfe Woodard. Available in VHS and DVD format.
- **The Price of the American Dream.** Van Nuys, Calif.: Amigo Films, 2002. DVD
This Mexican American family has an adult daughter who is spinal cord injured in a car accident and becomes a paraplegic.
- **Quid Pro Quo.** Los Angeles: Magnolia, 2008 DVD 82 minutes.
The main character is a man with a spinal cord injury. He investigates a group of people who are able bodied but want to be wheelchair users, vent users, etc.
- **Ready Willing & Able.** Gold Pictures.
A female CIA agent is determined to continue her career after a spinal cord injury leaves her a wheelchair user.
- **Rear Window.** Artisan Entertainment, 1999. 89 minutes

A remake of Hitchcock's classic. Stars Christopher Reeve as Jason Kemp, a quadriplegic after a car accident. He is consumed with the lives of the people he can see from his window. He tries to find the answer to why a woman goes missing, but only ends up trapped alone in a room with a view...to terror. Shows assistive technology and a vent mishap.

- **Remember the Titans.** Walt Disney, 2001. 114 minutes DVD. Denzel Washington stars as a high school football coach. One of his players becomes a paraplegic in a car crash.
- **Resurrection.** Universal City, CA: MCA Universal. 1980, 1990 release. Ellen Burstyn and Sam Shepard star. A woman experiences a car accident that leaves her paralyzed. After returning to life from a clinical death, she is able to heal others.
- **The Sea Inside/Mar Adentro.** New Line Home Entertainment, 2005. 125 minutes. Oscar winner for Best Foreign Film. In Spanish with English subtitles. Spaniard Ramón Sampedro (played by Javier Bardem) is a quadriplegic who fights a 30-year campaign to win the right to end his life.
- **The Sweet Hereafter.** New Line Home Video Inc., 1998. 112 minutes. Following a tragic school bus accident, a high profile lawyer descends upon a small town. One of the children is left paraplegic as a result of the accident.
- **Tyler Perry's Diary of a Mad Black Woman.** Santa Monica, CA: Lion's Gate Films, 2005. DVD 116 minutes. One of the lead characters is paralyzed in a shooting.
- **The Waterdance.** Culver City, CA: Columbia Tristar Home Entertainment, 2001. 106 minutes. Three unlikely friends, all newly paralyzed, learn to live and love again. Set in a rehab facility. Starring Eric Stoltz, Wesley Snipes, William Forsythe, and Helen Hunt. Available in VHS and DVD format.
- **Welcome to Collinwood.** Warner Brothers, 2003. DVD. 86 minutes. George Clooney portrays a safecracker in a wheelchair.
- **What Ever Happened to Baby Jane?** Warner Brothers, 1990. VHS of the 1962 film. 134 minutes. Bette Davis and Joan Crawford star as sisters, one of whom is a wheelchair user.
- **Whose Life is it Anyway?** MGM/UA, 1982. 119 minutes. VHS Richard Dreyfuss stars as a young sculptor who survives an auto accident only to be permanently paralyzed from the neck down. A judge renders a decision on his right to die.

- **Whose Life is it Anyway?** Warner Brothers, 2007. 118 minutes. DVD
Richard Dreyfuss stars as a young sculptor who survives an auto accident only to be permanently paralyzed from the neck down. A judge renders a decision on his right to die.
- **Wild Bill.** MGM, 1995.115 minutes DVD
Bruce Dern portrays a paraplegic gunslinger in a small role. The story of Wild Bill Hickok.
- **Wind Dancer.** Sunset Hill Video, 1998. 90 minutes.
When a riding accident leaves a young girl unable to walk, her widowed father seeks help from a renowned and beautiful therapist who uses animals to help her patients.
- **Wings of Eagles.** Burbank, Calif.: Warner Brothers, 2007. 110 minutes DVD
Stars John Wayne as an injured veteran. DVD of the 1957 film.
- **Wired to Kill.** Lightning Video, 1986. 96 minutes. VHS
Set in a futuristic 1998, the lead character is a wheelchair user due to an assault. He gets revenge by building robotic devices that can kill.

Documentaries, Clinical

- **After Spinal Cord Injury: The Return to Yourself.** Ft. Wayne, IN: The Paralysis Care Network, 1995. 28 minutes
- **Breaking the Rules.** Worcester, Penn.: Vision Video, 2002. DVD 26 minutes
True but dramatized version of Mark van Rensburg's C2 injury, his turning toward God, and his ability to walk again after rehab.
- **Can't Keep Me Down: The Bobby DuCharme Story.** Carlsbad, Calif.: Walking on Water, 2006. DVD
Bobby was injured while surfing and now produces movies on surfing.
- **Christopher Reeve: Hope in Motion.** Arts Alliance America, 2007. DVD 102 minutes. Documentary by Reeve's son Matthew. Features interviews with Brooke Ellison, Jesse Billauer, Jim MacLaren and a feature on the Christopher and Dana Reeve Paralysis Resource Center. For purchase info:
www.artsallianceamerica.com
- **Citizen Sam.** National Film Board of Canada, 2006. DVD www.nfb.ca
Profile of Vancouver mayor Sam Sullivan who has quadriplegia.

- **Clinical Kinesiology Applied to Persons With Quadriplegia Part I: Maximizing Movement Potential.** Washington DC: Paralyzed Veterans of America, 2001. 1 hour 30 minutes
- **Clinical Kinesiology Applied to Persons With Quadriplegia Part II: Enhancing Function.** Washington DC: Paralyzed Veterans of America, 2001. 53 minutes
- **Concussions and Spinal Cord Injury.** Princeton, NJ: Films for the Humanities & Sciences, 1992. 19 minutes
- **Exercise Program for Individuals with Spinal Cord Injuries: Paraplegia.** Chicago, Ill.: NCPAD, 2004. VHS and DVD, 85 minutes.
- **Exercise Program for Individuals with Spinal Cord Injuries: Tetraplegia.** Chicago, Ill.: NCPAD, 2006. VHS and DVD.
- **From the Bench to the Body: Translational Research & Spinal Cord Injury Avoiding Potential Pitfalls.** Miami, FL: University of Miami School of Medicine, 2003. 4 volume set (1 hour 30 minutes each)
Covers the issues involved in moving SCI research from the lab to human trials.
- **Go the Distance.** Westminster, MA: Westminster Film, 2002. 57 minutes
A documentary of a quad and his personal assistant going on a cross-country trip.
- **The Goal: An Inspirational Story.** Deerfield Beach, Fla.: Maverick, 2006. 99 minutes
A documentary focusing on two athletes who play quad rugby.
- **Life is an Attitude: The Journey to Camp Attitude.** Latitude 34 Productions, 2000. 80 minutes
A documentary of Ron Heagy's life as a quad. He went on to marry, adopt a child, and get a college degree. He also founded Camp Attitude for disabled children.
- **Life Rolls On.** 2005. 55 min. Jessie Billauer started the Life Rolls On Foundation after he was paralyzed. He is shown surfing while lying down on the board. Top surfers are shown surfing and are interviewed about what life rolls on means to them.
- **Living with Spinal Cord Injury series. 3 videos entitled Changes, Survivors, and Outside.**
- **Mister Spazzman.** Boston: Fanlight Productions, 2006. DVD 47 minutes.
At the age of 40, Robert fell out of a tree and broke his neck becoming quadriplegic. Robert is a professional musician.

- **Miya of the Quiet Strength: The Lone Survivor of the University of Iowa Shooting.** Swift Productions, 2008. DVD (57 min.)
Following the 1991 shooting, Miya became a quadriplegic.
- **Molly and Jeramy: Relationships, Sexuality and Spinal Cord Injury.** Sherborn, MA: Aquarius Health Care Videos, 2004. 25 minutes.
Available in VHS or DVD Format.
Molly is a paraplegic from a car accident.
- **Moment by Moment.** Medfield, MA: Aquarius Health Care Videos, 2002. 56 minutes
A documentary of a woman who is quadriplegic and her quest for rehab and improved movement.
- **Never Give Up! Success in Life is an Attitude.** Documentary of Ron Heagy.
<http://www.ronheagy.com/page/page/1410348.htm>
- **Not Just Surviving...Women Living a Full Life With a Spinal Cord Injury.** 40 minutes
- **On My Feet Again: Electronic Implants and Paralysis.** Princeton, NJ: Films for the Humanities & Sciences, 1996. 48 minutes
- **Passage: A Disabled Dancer Dances Again.** Sherborn, MA: Aquarius Healthcare Videos, 2004. 40 minutes.
- **The Seeker.** Standing Tall Productions, 2005. DVD 91 minutes.
Evan Somers is a 45-year old quadriplegic who does a road trip in his adapted motorcycle.
- **Silent Thunder.** MidThunder Productions, 2006. DVD (26.55 minutes)
Distributed by VisionMaker Video www.visionmaker.org
Story of Stanford Addison, a Native American elder, horse tamer and quadriplegic.
- **Smoking's Effects on Secondary Complications of Spinal Cord Injury.** Birmingham, Ala.: UAB Physical Medicine and Rehabilitation, 2009 (11 min.) DVD.
- **The Spinal Cord Injury Handbook.** HealthSouth Press, 2000. 85 minutes
- **Spinal Impact.** Princeton, NJ: Films for the Humanities & Sciences, 2000. 51 minutes. DVD and VHS.
Explores the promising scientific breakthroughs in treatment including nerve regeneration and electrical stimulation devices.

- **Spinal Injury.** Princeton, NJ: Films for the Humanities & Sciences, 1987. 19 minutes
- **Spinal Injury Management Video: Prehospital Care of the Injured Athlete.** Champaign, IL: Human Kinetics, 2001. 25 minutes
- **Spinal Injuries: Recovery of Function.** Princeton, NJ: Films for the Humanities & Sciences, 1995. 24 minutes
- **Spinal Surgery.** Princeton, NJ: Films for the Humanities & Sciences, 2001. Discovery Channel production. VHS and DVD 46 minutes. Includes surgery on an elderly woman with spinal stenosis, a woman who needs a bone transplant after her neck was broken, a man who needs disc surgery to relieve his pain, and a man with multiple spinal fractures.
- **The Spine: The Body's Central Highway.** Lawrenceville, NJ: Cambridge Educational, 2005. DVD and VHS 13 minutes. Looks at the design and function of the spinal cord, how damage to the cord affects body movement, and medical advances used in treating spinal cord injuries.
- **Team Everest: A Himalayan Journey.** Danger Dog Films, 2008. www.teameverestthemovie.com
14 people with disabilities (including 5 who are wheelchair users) try to reach Mt. Everest.
- **To Have Courage: An Inspiring Story of a Woman's Recovery from a Serious Spinal Cord Injury.** Sherborn, Mass.: Aquarius Healthcare Videos, 2005. DVD 52 minutes
Jen French was injured while snowboarding and became a C6/7 quadriplegic. She came across the Cleveland FES Center and became the first woman implanted with the FES system which allows her to stand and walk.
- **The Toughest Break.** Princeton, NJ: Films for the Humanities & Sciences, 2000. Narrated by Christopher Reeve. Reenacts a spinal cord injury from accident to rehab. Interviews some scientists on progress in the field.
- **Untold Dreams: The Cheryl Angelelli Story.** Troy, Mich.: Burke Video Co., 2006. DVD and VHS 44 minutes. Documentary about 2-time Paralympian and national swimming champion, Cheryl Angelelli. She was injured in a diving accident that left her quadriplegic.

Prevention

- **Don't Worry, It Won't Happen to Me: Spinal Cord Injury Prevention Video & Guide.** Louisville, KY: Frazier Rehab Center, 1994. 13 minutes
- **On the Edge.** Rolling Meadows, IL: Think First Foundation, 1994. 15 minutes
SCI/TBI prevention for teens. Also available in Spanish.
- **Project Wipe Out.** Hoag Hospital, 1998. 27 minutes
Preventing SCI from surf and beach injuries.
- **Think First for Kids Video.** Rolling Meadows, IL: Think First Foundation, 1996. 12 minutes
SCI/TBI prevention for young children. Also available in Spanish.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.