



Special Needs Planning or Life Care Planning Resources

Please note that a listing here does not constitute endorsement or recommendation. These sites are provided for information purposes only.

Websites

<http://www.specialneedsanswers.com/>

Academy of Special Needs Planners: Special Needs Answers

150 Chestnut Street

4th Floor

Providence, RI 02903

Tel: 866-296-5509

Special Needs Answers is the consumer Web site of the Academy of Special Needs Planners, a network of qualified attorneys who have demonstrated a commitment to assisting those with special needs and their families. Through this web site and its free monthly e-newsletter, the Academy provides consumers the best Internet information available on planning for people with special needs.

<http://www.aanlcp.org>

American Association of Nurse Life Care Planners (AANLCP)

3267 East 3300 South #309

Salt Lake City, UT 84109

Phone: 801-274-1184, 888-575-4047

Nurse life care planners are registered nurses who integrate their nursing experience into developing client-centered life care plans. AANLCP is a membership organization that promotes nurse life care planning as a professional practice. The site includes a searchable database of nurse life care planners.

<http://centersweb.com/SNT/>

The Center for Special Needs Trust Administration, Inc.

4912 Creekside Drive

Clearwater, FL 33760

Phone: 727-894-4489, 877-766-5331

Email: info@centersmail.com

The Center for Special Needs Trust Administration is a not-for-profit corporation that is exclusively focused on the administration of Special Needs Trusts with the sole mission of providing comprehensive services to the entire community of people with disabilities.

<http://www.disabledandalone.org>

Disabled and Alone/Life Services for the Handicapped Inc.

61 Broadway, Suite 510

New York, NY 10006

Phone: 212-532-6740, 800-995-0066

Email: info@disabledandalone.org

A national non-profit organization which helps families plan for the care of a loved one with a disability after they are no longer able and provides direct services to disabled people whose families have left assets for their care.

<http://www.FinancialPlanningForSpecialNeeds.com>

The Gifted Learning Project

10E 135TH ST #481551

Kansas City, MO 64148-1551

Phone: 816-200-0457

Email: theglp@yahoo.com

The Gifted Learning Project sells a DVD called Financial Planning for Special Needs

<http://www.helpopelive.org/services/catastrophic-injury-patients/>

HelpHOPELive (formerly NTAF)

150 N. Radnor Chester Road, Suite F-120

Radnor, PA 19087

Phone: 800-642-8399

HelpHOPELive is a nonprofit organization that helps patients and families fundraise for uninsured medically related expenses related to transplantation or catastrophic injury.

<http://www.metlife.com>

MetLife

http://www.metlife.com/individual/planning/special-needs/index.html?WT.ac=GN_individual_planning_special-needs#resources

MetLife: Special Needs Planning

Phone: 877-METDESK (877-638-3375)

The MetLife Center for Special Needs PlanningSM provides information and resources to assist families with dependents with special needs in planning for the future.

<http://www.midwestspecialneedstrust.org/>

Midwest Special Needs Trust (MSNT)

1500 Vandiver, Suite 100

Columbia, MO 65202

Phone: 573-882-3388, 888-671-1069 (Toll-Free)

E-mail: mftbt@midwestspecialneedstrust.org

MSNT provides trust services for individuals with disabilities who live in Missouri, Arkansas, Illinois, Kansas, Kentucky, Nebraska, Oklahoma and Tennessee.

<http://www.plan.ca>

PLAN (Planned Lifetime Advocacy Network)

Suite 260 – 3665 Kingsway

Vancouver, B.C. V5R 5W2 Canada

Phone: 604-439-9566

Email: inquiries@plan.ca PLAN helps families secure the future for their relative with a disability, in part by helping them cultivate supportive social networks.

<http://www.protectedtomorrows.com>

Protected Tomorrows

103 Schelter Road

Lincolnshire, IL 60069

Phone: 847-522-8086, 866-544-NEED

Protected Tomorrows offers comprehensive life planning process for the benefit of people with special needs. The site includes discussion forums for caregivers and an Articles & Tools library.

<http://www.specialneedsalliance.com>

Special Needs Alliance

Phone: 877-572-8472

Email: info@specialneedsalliance.com

The Special Needs Alliance is a membership organization of attorneys who specialize in the practice of disability and public benefits law. The site includes listings of attorneys by state.

<http://www.irs.gov/publications/p502/ar02.html>

IRS: Publication 502 (2010), Medical and Dental Expenses

Information on tax deductions for medical and dental expenses.

Articles

- Kitchen, Julie A. “**Interview and Data Collection Process for the Life Care Plan**”. *Topics in Spinal Cord Injury Rehabilitation*. Spring 2002, pp. 69-87. Includes a sample life care plan with types of rehab services and equipment and costs for these services.
- <http://www.kidsource.com/kidsource/content4/estate.dis.all.3.3.html>
Fee, Richard W. “**The Special Needs Trust**”. KidSource Online
- http://www.caregiver.com/articles/children/planning_for_disabled_child.htm
Mondschein, Philip H. “**Planning for the Financial Independence and Security of a Disabled Child.**” *Today’s Caregiver*.

- <http://www.life123.com/career-money/wealth-management/trusts/setting-up-a-special-needs-trust.shtml>
Hagen, Kevin. “**Creating a Special Needs Trust.**” *Life 123*.

The following books are available for free loan from the PRC library. For more information, please see www.paralysis.org and click *Borrow from Our Lending Library* under PRC Quick Links.

Books

- Blackwell, Terry. **Spinal Cord Injury Desk Reference: Guidelines for Life Care Planning and Case Management.** New York: Demos Medical Publishing, 2001.
- Deutsch, Paul M. **Life Care Planning for the Spinal Cord Injured: A Step by Step Guide.** St. Lucie Press, 1989.
- Elias, Stephen and Kevin Urbatsch. **Special Needs Trusts: Protect Your Child’s Financial Future.** 4th edition. Berkeley, CA: Nolo, 2011.
- Etmanski, Al. **A Good Life For You and Your Relative with a Disability.** Burnaby, BC, Canada: Planned Lifetime Advocacy Network (PLAN), 2000.
- Etmanski, Al. **Safe and Secure: Six Steps to Creating a Personal Future Plan for People with Disabilities.** Burnaby, BC, Canada: Planned Lifetime Advocacy Network (PLAN), 2002.
- Hoyt, Peggy R., J.D. and Candace M. Pollock, J.D. **Special People, Special Planning: Creating a Safe Legal Haven for Families with Special Needs.** Oviedo, FL: Legacy Planning Partners, 2003.
<http://www.specialpeoplespecialplanning.com/>
- Kitchen, Julie A. et al. **Life Care Planning for the Ventilator Dependent Patient: A Step by Step Guide.** Orlando, FL: Paul M. Deutsch Press, 1990.
- Kruse, Clifton B. Jr. **Third-Party and Self-Created Trusts: Planning for the Elderly and Disabled Client.** Chicago: American Bar Association, 2002.
- Jackins, Barbara D. **Legal Planning for Special Needs in Massachusetts.** Brookline, Mass.: DisAbilitiesBooks, Inc., 2006.
- Jackins, Barbara D., Richard S. Blank, Ken W. Shulman, et al. **Managing a Special Needs Trust: A Guide for Trustees.** Brookline, Mass.: DisAbilitiesBooks, 2010.

- Jackins, Barbara D., Richard S. Blank, Ken W. Shulman, et al. **Special Needs Trust Administration Manual: A Guide For Trustees**. New York, NY: iUniverse, Inc., 2005.
- Landay, David S. **Be Prepared: The Complete Financial, Legal, and Practical Guide to Living with Cancer, HIV, and Other Life-Challenging Conditions**. New York: St. Martin's Press, 1998.
- Morgan, Peggy Lou. **Parenting an Adult with Disabilities or Special Needs: Everything You Need to Know to Plan for and Protect Your Child's Future**. New York: AMACOM, 2009.
- Nadworny, John W. and Cynthia R. Haddad. **The Special Needs Planning Guide: How to Prepare for Every Stage of Your Child's Life**. Baltimore: Paul H. Brookes Publishing, 2007.
- Riddick-Grisham, Susan and Laura M. Deming, editors. **Pediatric Life Care Planning and Case Management**. Boca Raton, FL: CRC Press, 2011. 2nd ed.
- Russell, L. Mark and Arnold E. Grant. **Planning for the Future: Providing a Meaningful Life for a Child with a Disability After Your Death**. Palantine, IL: Planning for the Future, Inc., 2005. 5th ed.
- Shenkman, Martin M. **Estate Planning for People with a Chronic Condition or Disability**. New York: Demos Health, 2009.
- Stengle, Linda J. **Laying Community Foundations for Your Child with a Disability: How to Establish Relationships That Will Support Your Child after You're Gone**. Bethesda, MD: Woodbine House, 1996.
- Stevens, Bart. **The ABC's of Special Needs Planning...Made Easy**. Phoenix, Arizona: The Stevens Group, LLC, 2002.
- Weed, Roger O. and Debra E. Berens, editors. **Life Care Planning and Case Management Handbook**. Boca Raton, FL: CRC Press, 2009. 3rd ed.

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