



## Special Needs Planning or Life Care Planning Resources

**Please note that a listing here does not constitute endorsement or recommendation. These sites are provided for information purposes only.**

[www.metlife.com](http://www.metlife.com) MetLife Home Page

<http://www.metlife.com/business/benefit-products/voluntary-benefits/planning-for-children-with-special-needs/index.html?SCOPE=Metlife&MSHiC=65001&L=10&W=needs%20special%20trust%20&Pre=%3CFONT%20STYLE%3D%22background%3A%23fff00%22%3E&Post=%3C/FONT%3E> Special Needs

### **MetLife**

Phone: 877-METDESK (877-638-3375)

MetDesk, Division of Estate Planning for Special Kids has information about Planning for Children (or dependents) with Special Needs.

<http://www.plan.ca>

**PLAN** (Planned Lifetime Advocacy Network)

Suite 260 – 3665 Kingsway

Vancouver, B.C. V5R 5W2 Canada

Phone: 604-439-9566

Email: [inquiries@plan.ca](mailto:inquiries@plan.ca)

<http://www.specialneedsanswers.com/>

**Academy of Special Needs Planners: Special Needs Answers**

[www.specialneedsalliance.com](http://www.specialneedsalliance.com)

**Special Needs Alliance: A National Alliance of Disability Lawyers**

Phone: 877-572-8472

Email: [info@specialneedsalliance.com](mailto:info@specialneedsalliance.com)

A network of lawyers in 36 states who are experienced in special needs trusts and planning.

[www.disabledandalone.org](http://www.disabledandalone.org)

**Disabled and Alone/Life Services for the Handicapped Inc.**

61 Broadway Suite 510

New York, NY 10006

Phone: 212-532-6740

1-800-995-0066

Email: [info@disabledandalone.org](mailto:info@disabledandalone.org)

A national non-profit organization who helps families plan for the time they will no longer be able to provide care to a disabled family member. Produces a newsletter called Lifelines.

[www.aanlcp.org](http://www.aanlcp.org)

**American Association of Nurse Life Care Planners**

3267 East 3300 South #309

Salt Lake City, UT 84109

Phone: 888-575-4047

Promotes the qualities the registered nurse delivers to the Life Care Planning process. They support education, research and standards related to the practice of Nurse Life Care Planning.

[www.CLLP.org](http://www.CLLP.org)

**Center for LifeLong Planning for individuals with cognitive disabilities**

[www.protectedtomorrows.com](http://www.protectedtomorrows.com)

**Protected Tomorrows**

103 Schelter Road

Lincolnshire, IL 60069

Phone: 846-522-8086

A nationwide network of independent financial advisors specifically trained to guide families with special needs children with their planning.

<http://www.midwestspecialneedstrust.org/aboutMSNT/default.htm>

**Midwest Special Needs Trust**

provides trust services for persons with disabilities. The organization was established as a result of advocacy by parents and professionals who realized that many obstacles hinder planning for the financial future of individuals with disabilities. The organization was created by statute ([RSMo 402.199 - 402.220](#)) in 1989. MSNT is a 501(c)(3) general non-profit organization established for the purpose of administering special needs trusts. MSNT accepts trusts for individuals with disabilities residing in *Missouri, Arkansas, Illinois, Iowa, Kansas, Kentucky, Nebraska, Oklahoma and Tennessee.*

[www.FinancialPlanningForSpecialNeeds.com](http://www.FinancialPlanningForSpecialNeeds.com)

**Gifted Learning Project** sells a DVD called Financial Planning for Special Needs

**Articles**

Kitchen, Julie A. Interview and Data Collection Process for the Life Care Plan. Topics in Spinal Cord Injury Rehabilitation Spring 2002. pp. 69-87. Includes a sample life care plan with types of rehab services and equipment and costs for these services.

The Special Needs Trust

by Richard W. Fee, M.A., M.Ed

National Institute on Life Planning for Persons with Disabilities

<http://www.kidsource.com/kidsource/content4/estate.dis.all.3.3.html>

[http://www.caregiver.com/articles/children/planning\\_for\\_disabled\\_child.htm](http://www.caregiver.com/articles/children/planning_for_disabled_child.htm)

Today's Caregiver article on Planning for Disabled Children

The following books and videos are available for free loan from the PRC library. For more information, please see [www.paralysis.org](http://www.paralysis.org) and click the Lending Library tab.

### Books

-Blackwell, Terry. **Spinal Cord Injury Desk Reference: Guidelines for Life Care Planning and Case Management**. New York: Demos Medical Publishing, 2001.

-Deutsch, Paul M. **Life Care Planning for the Spinal Cord Injured: A Step by Step Guide**. St. Lucie Press, 1989.

-Elias, Stephen. **Special Needs Trusts: Protect Your Child's Financial Future** 3rd edition. Berkeley, CA: Nolo, 2009.

-Etmanski, Al. **A Good Life For You and Your Relative with a Disability**. Burnaby, BC, Canada: Planned Lifetime Advocacy Network (PLAN), 2000.

-Etmanski, Al. **Safe and Secure: Six Steps to Creating a Personal Future Plan for People with Disabilities**. Burnaby, BC, Canada: Planned Lifetime Advocacy Network (PLAN), 2002.

-Hoyt, Peggy R., J.D. and Candace M. Pollock, J.D. **Special People, Special Planning: Creating a Safe Legal Haven for Families with Special Needs**. Oviedo, FL: Legacy Planning Partners, 2003. [www.specialpeoplespecialplanning.com](http://www.specialpeoplespecialplanning.com)

-Kitchen, Julie A. et al. **Life Care Planning for the Ventilator Dependent Patient: A Step by Step Guide**. Orlando, FL: Paul M. Deutsch Press, 1990.

-Kruse, Clifton B. Jr. **Third-Party and Self-Created Trusts: Planning for the Elderly and Disabled Client**. Chicago: American Bar Association, 2002.

- Jackins, Barbara D. **Legal Planning for Special Needs in Massachusetts**. Brookline, Mass.: DisabilitiesBooks, Inc., 2006.
- Jackins, Barbara D., Richard S. Blank, Ken W. Shulman, et al. **Special Needs Trust Administration Manual: A Guide For Trustees**. New York, NY: iUniverse, Inc., 2005.
- Landay, David S. **Be Prepared: The Complete Financial, Legal, and Practical Guide to Living with Cancer, HIV, and Other Life-Challenging Conditions**. New York: St. Martin's Press, 1998.
- Nadworny, John W. and Cynthia R. Haddad. **The Special Needs Planning Guide: How to Prepare for Every Stage of Your Child's Life**. Baltimore: Paul H. Brookes Publishing, 2007.
- Riddick-Grisham, Susan. editor **Pediatric Life Care Planning and Case Management**. Boca Raton, FL: CRC Press, 2004.
- Russell, L. Mark and Arnold E. Grant. **Planning for the Future: Providing a Meaningful Life for a Child with a Disability After Your Death**. Palantine, IL: Planning for the Future, Inc., 2005. 5<sup>th</sup> ed.
- Shenkman, Martin M. **Estate Planning for People with a Chronic Condition or Disability**. New York: Demos Health, 2009.
- Stengle, Linda J. **Laying Community Foundations for Your Child with a Disability: How to Establish Relationships That Will Support Your Child after You're Gone**. Bethesda, MD: Woodbine House, 1996.
- Stevens, Bart. **The ABC's of Special Needs Planning...Made Easy**. Phoenix, Arizona: The Stevens Group, LLC, 2002.
- Weed, Roger O. and Debra E. Berens, editors. **Life Care Planning and Case Management Handbook**. Boca Raton, FL: CRC Press, 2009. 3rd ed.

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