



The following excerpt has been taken from the Christopher & Dana Reeve Foundation Paralysis Resource Center website.

<http://www.paralysis.org/site/c.erJMJUOxFmH/b.1337897/k.CDBC/Travel.htm>

Please note that a listing of services and companies are provided for information purposes only.

Travel

Get out of town: the world awaits you. The Big Sur coast in California, the grandeur of the Grand Canyon, the nightlife of Las Vegas. Or, how about the beautiful cities of Europe, the great peaks of Peru, the soothing beaches of the Caribbean?

For many people there is nothing so invigorating as travel. It renews the spirit, recharges the imagination.

Away from the controlled environment of home, of course, most of the planet is not paved. Even in modern urban settings, things are not always accessible.

Travel can be a challenge no matter your level of comfort with uncertainty. Outside of the U.S., bathrooms are going to be a problem. Curbs may not be cut. Airlines have been known to mangle wheelchairs and scooters. But the hassles and even the horror stories supply the contrast to make the good parts all the more special.

But when you're ready to hit the road or the high seas, it's best to be well informed. Know what you're getting into, and what you might expect once you get there.

Some tourists like to have it pretty much laid out for them – if it's Friday this must be Frankfurt. But others, the travelers, embrace the uncertainty and the true adventure of the experience.

You might have heard that the most important piece of luggage is a joyful heart. Or that the heaviest baggage is the empty purse. The best advice is to take all advice with a grain of salt, to be prepared as best you can and be open to the adventure.

Web Sites

www.AAA.com/TravelerReviews

AAA Traveler Review

Travelers may comment on the accessibility of hotels, restaurants, etc. in a particular city.

www.abletotravel.org

Able to Travel (a United Spinal Association program)

A travel agency for United Spinal's members. Membership is free www.unitedspinal.org

Specializes in wheelchair user travel needs.

Phone: 888-211-3635

www.access-able.com/

The Access-Able Travel Source

Information and referral for travelers with disabilities, including detail on cruises, domestic and global destinations, accessible accommodations, van rentals, etc.

<http://www.accessibleescapes.com/>

Accessible Escapes offers tours for those with accessibility need

<http://www.accessibleurope.com/>

Accessible Europe: Tourism 4 All

A pool of European travel agents expert in accessible tourism services for people with special needs: people with disability, slow walkers, and all tourists needing special care.

www.disabilitytravel.com/

Accessible Journeys

Designs accessible holidays and escorts groups on accessible vacations; for slow walkers, wheelchair travelers, their families and their friends, with a fondness for continued learning, naturalism, and cultural intrigue.

www.accessible.travel

Accessible Travel

Site allows people with disabilities to book accessible hotel rooms. It also gives info on airport transfers, mobility equipment, and accessible guided tours.

<http://www.amtrak.com/servlet/ContentServer/Page/1241210579564/1237405732517>

Amtrak: Special Needs & Accessibility

Amtrak enjoys a good reputation among travelers with disabilities, offers information on reservations, accessible coaches and sleeping accommodations, boarding, use of oxygen, etc. It also offers disabled travelers a discount.

<http://jfactivist.typepad.com/jfactivist/2009/03/amtrack-reports-on-accessibility-and-ada-compliance.html>

AAPD: Accessibility report on Amtrak

www.travelinstruction.org

Association of Travel Instruction

P.O. Box 2042

New York, NY 10159

Email: MSL3938@aol.com (Millie Santiago-Liebmann, Board of Directors member)

A non-profit organization that supports providers of travel instruction for the purpose of teaching people with disabilities (other than blindness) and seniors to travel safely and independently.

<http://www.makoa.org/travel.htm>

Disability Travel and Recreation Resources

Portal website to travel planning, destinations, air travel, etc.

<http://www.disabledtravelers.com/>

Disabled Travelers

Provides comprehensive listing of businesses from around the world that specialize in travel for the disabled.

www.flyingwheelstravel.com

Flying Wheels Travel

Owatonna, MN

Phone: 507-451-5005

A full service travel agency specializing in the physically challenged since 1970.

www.isla-aguada.com

Freedom Shores

Email: isla_aguada@msn.com

Accessible resort in Isla Aguada, Campeche, Mexico. People who need Personal Care Attendants don't need to bring their own. PCAs can be reserved through a nursing school near the resort.

www.gimponthego.com/

Gimp on the Go

Gimp on the Go bills itself as the Internet's Premier Disabilities Travel Publication.

Sections included are: Travel Reviews, Tips & Shorts, Survey Page, Resource Area and many others.

<http://www.globalaccessnews.com/>

Global Access Disabled Travel Network

An international travel resource with facts on accessibility and laws in various countries.

This is a place where disabled travelers can share their experiences. See their E-Zine

Nov. 2001 for U.S. Airline Security Measures for Disabled Travelers:

<http://www.globalaccessnews.com/nov01.htm>

www.google.com/Top/Society/Disabled/Travel

Google's Disabled Travel sites

Search by categories: airlines, cruises, specific disabilities, specific places.

www.miusa.org/

Mobility International USA

The National Clearinghouse on Disability and Exchange has programs to increase the participation of people with disabilities in international exchange programs.

<http://mossresourcenet.org/travel.htm>

MossRehab ResourceNet Accessible Travel

An information service for the disabled traveler.

www.patienttravel.org/

National Patient Travel Center

PatientTravel.org is a continuation of the original National Patient Air Travel HELPLINE (NPATH) site that has been serving patients since 1998. NPATH provides information about all forms of charitable, long-distance medical air transportation and provides referrals to all appropriate sources of help available in the national charitable medical air transportation network. The web site is a service of the National Patient Travel Center - the facility housing all the programs of Mercy Medical Airlift - a national charity. The Center is in Virginia Beach, Virginia and provides a variety of services to those seeking a way to travel long-distances for specialized medical evaluation, diagnosis and treatment.

http://projection.easterseals.com/cgi-bin/traveler_search.cgi

Project Action Accessible Traveler's Database

Offers information on accessible airport shuttles, paratransit services, tours and tour companies, and taxi services in the United States.

<http://www.ricksteves.com/plan/tips/easyaccess.htm>

Rick Steves' Disabled Traveler Resources

A complete, fully up-to-date list of resources and tips for people with limited mobility, excerpted from *Easy Access Europe* (2nd edition, 2006), authored by Rick Steves and Ken Plattner.

<http://www.scia.org.au/News/scia/?a=7288>

RollAwayz

Spinal Cord Injuries Australia shows the location of wheelchair accessible accommodation in hotels, resorts, motels, backpacker hostels and bed and breakfasts across Australia.

www.rollingrains.com

Rolling Rains Report

Precipitating dialogue on travel, disability, and universal design.

www.scootaround.com/

ScootAround Inc

Offers scooter and wheelchair rentals in dozens of North America destinations.

www.sath.org/

The Society for Accessible Travel & Hospitality (SATH)

A clearinghouse for accessible tourism information, dedicated to a barrier-free environment throughout the travel and tourism industry.

www.specialneedsatsea.com

Special Needs at Sea

1-800-513-4515

Special Needs at Sea, a Special Needs Group, Inc. company, is the leading global provider of wheelchair rentals, scooter rentals, oxygen rentals and other special needs equipment rentals. SNS offer a broad range of special needs equipment for purchase. Recommended by the world's major cruise lines for superior service and value, Special Needs Group also services guests visiting hotels, resorts, theme parks and convention centers. SNS provides scooters, wheelchairs, oxygen, patient lifts, hospital beds, etc. to travelers on cruises, at hotels, convention centers and other specialty locations.

www.tranquillityhill.biz

Tranquillity Hills

Email: info@tranquillityhill.biz

Accessible resort in Palmares-Alajela, Costa Rica.

http://www.ucp.org/ucp_channel.cfm/1/18

UCP: website on accessible travel

http://www.ucp.org/ucp_channel.cfm/1/19

UCP: website on accessible public transportation

http://www.pueblo.gsa.gov/cic_text/travel/tips-travel-disabilities/tips-travel-disabilities.htm

U.S. State Department Bureau of Consular Affairs: Tips for Travelers with Disabilities

http://travel.state.gov/travel/tips/tips_1232.html#disability

U.S. Department of State's Traveling with Disabilities

http://www.dot.gov/citizen_services/disability/disability.html

U.S. Department of Transportation: Equal Access to Transportation

For the 54 million Americans with disabilities, access means simply being able to use, enjoy and participate in the many aspects of society, including work, commerce and leisure activities. Transportation is a vital link that allows full participation. The Department is committed to building a transportation system that provides equal access for all Americans. With the advent of accessibility standards for electronic and information technology under Section 508 of the Rehabilitation Act of 1973, DOT is endeavoring to be at the forefront in ensuring accessibility to technology used by the Department to accomplish its vital mission.

Air Travel:

http://www.pva.org/site/PageServer?pagename=rights_aircarrier

Paralyzed Veterans Association: Air Carrier Access Act

The Department of Transportation (DOT) issued regulations to enforce the ACAA. These regulations set out certain requirements for the airlines. While some of these regulations require the design of aircraft to be more accessible, most require airlines to modify their practices to ensure that passengers with disabilities do not encounter discrimination.

http://www.unitedspinal.org/pdf/accessible_air_travel.pdf

United Spinal Association's booklet on Accessible Air Travel

<http://www.tsa.gov/>

<http://www.tsa.gov/travelers/airtravel/specialneeds/index.shtm>

Transportation Security Administration's Screening of Persons with Disabilities Program (air travel)

TSA has established a program for screening of persons with disabilities and their associated equipment, mobility aids, and devices. The program covers all categories of disabilities (mobility, hearing, visual, and hidden). More than 60 disability-related groups and organizations input information regarding the concerns of persons with disabilities and medical conditions. These groups have assisted TSA with integrating the unique needs of persons with disabilities into airport operations.

<http://www.flying-with-disability.org>

Flying with Disability

Provides impartial information and advice to all disabled people around the world who travel by air.

<http://airconsumer.dot.gov/publications/HorizonsPrintable.doc>

U.S. Dept. of Transportation's New Horizons for the Air Traveler with a Disability and Plane Talk: Facts for Passengers with Disabilities Feb. 2004

www.jetblue.com

[http://help.jetblue.com/SRVS/CGI-](http://help.jetblue.com/SRVS/CGI-BIN/webisapi.dll/?St=481,E=0000000000008377180,K=2130,Sxi=8,case=obj(2319))

[BIN/webisapi.dll/?St=481,E=0000000000008377180,K=2130,Sxi=8,case=obj\(2319\)](http://help.jetblue.com/SRVS/CGI-BIN/webisapi.dll/?St=481,E=0000000000008377180,K=2130,Sxi=8,case=obj(2319))

JetBlue: Accommodations for customers using wheelchairs

www.aa.com

<http://www.aa.com/i18n/travelInformation/specialAssistance/customersWithDisabilities.jsp>

American Airlines: Accessibility and Assistance for Customers With Disabilities

<http://www.southwest.com>

http://www.southwest.com/travel_center/disability.html

South West Airlines: Traveling Tips for Customers with Disabilities

<http://www.united.com/page/article/0,6722,1040,00.html>

United Airlines—Wheelchairs

Info on using United Airlines wheelchair service or flying with your own wheelchair.

www.delta.com

http://www.delta.com/planning_reservations/special_travel_needs/services_travelers_disabilities/wheelchair_services/index.jsp

Delta: Wheelchair Services

www.continental.com

<http://www.continental.com/web/en-US/content/travel/specialneeds/disabilities/custwheelchair.aspx>

Continental Airlines: Customer Wheelchair Equipment

http://www.lufthansa.com/online/portal/lh/de/info_and_services/travel_preparation?l=en&nodeid=1770719

Lufthansa's Traveling without Barriers

Some important advice especially for passengers with limited mobility.

<http://www.jet-smart.com/>

Jet Smart

Private chartered jet travel. See Assisted Travel section for disabled services. Company based in UK.

U.S. Dept. of Transportation's Toll Free Hotline for Air Travelers with Disabilities

Available 7 days a week, 7 am to 11 pm EST

800-778-4383 or 800-455-9889 (TTY)

Buses:

<http://www.greyhound.com/home.asp>

http://www.greyhound.com/deals/personal_attendant.shtml

Greyhound Bus

800-752-4841

Greyhound lets your Personal Care Attendant (PCA) accompany you for a 50% discounted ticket as long as the PCA travels with you the entire way.

Rental Cars:

https://www.hertz.com/rentacar/byr/index.jsp?targetPage=PhysicallyChallengedUS.jsp?leftNavUserSelection=globNav_3_5_1&selectedRegion=United%20States

Hertz : Services for the Physically Challenged

Can add hand controls to many of its rental cars.

http://www.avis.com/car-rental/content/display.ac?contentId=avis-access-US_en-001311

Avis Rent A Car: Services for the Physically Challenged Customer

Launched Avis Access which provides hand controls, swivel seats, transfer boards, and spinner knobs to those with disabilities.

Hotels:

https://marriott.com/suggest/faqs_request.mi

Marriott

Marriott guests can reserve accessible rooms online at all Marriott websites.

<http://www.hamptoninn.com/en/hp/index.jhtml>

Hampton Inn

Each has a limited number of roll-in showers.

http://www.microtelinn.com/MicrotelInn/control/trav_special_needs?variant

Microtel Inns & Suites: Travelers with Special Needs and Disabilities

Reservations 1-888-771-7171

Professional Travel Companions:

www.medicaltravel.org/all/companions.htm

Medical Travel, Inc.

5184 Majorca Club Dr., Boca Raton, FL 33486

1-800-778-7953

E-Mail: ada@medicaltravel.org

www.nursetransport.com

Nurse Transport

1-800-484-8682, PIN#1058

900 41st St. West, Bradenton, FL 34205

Blogs

<http://www.accessible.travel/blog/about/>

Accessible Travel Blog

<http://www.disabledtravelers.com/blog/>

Disabled Travelers Blog

<http://accessiblecities.ning.com/>

Accessible Travel Community

Magazines

<http://www.emerginghorizons.com/>

Emerging Horizons Accessible Travel News

www.venturetrav.com

Venture: Your Guide to Accessible Travel

The following books and videos are available for free loan from the PRC library. For more information, please see www.paralysis.org and click the Lending Library tab.

Books

AAA Barrier-Free Travel: California. Heathrow, FL: AAA Publishing, 2002.

AAA Barrier-Free Travel: Central Florida. Heathrow, FL: AAA Publishing, 2002.

AAA Barrier-Free Travel: Hawaii. Heathrow, FL: AAA Publishing, 2002.

AAA Barrier-Free Travel: Las Vegas. Heathrow, FL: AAA Publishing, 2002.

AAA Barrier-Free Travel: New York City. Heathrow, FL: AAA Publishing, 2002.

AAA Barrier-Free Travel: Washington, D.C. Heathrow, FL: AAA Publishing, 2002.

Abbott, Susan and Mary Ann Tyrrell. **The World Wheelchair Traveler.** London: The Spinal Injuries Association, 1990.

Access New York: A Guide to Accessible Travel in NYC. Daniel Howard, Gary Tripmacher and Robert Piccolo, R.A., Editors. New York, NY: The City of New York: Mayor's Office for People with Disabilities, 2001.

Accessible Trails in Washington's Backcountry: A Guide to 85 Outings. Dan A. Nelson, Editor. Seattle, WA: Washington Trails Association, 1995.

Ashley, Stephen. **Walt Disney World with Disabilities.** Ball Media Innovations, 2008.

Balenovich, Walt. **Travels in a Blue Chair: Alask to Zambia, Ushuaia to Uluru—A Series of Short Stories.** New York: iUniverse, 2007.

Blum, Ethel. **The Total Traveler Guide To Worldwide Cruising: The Encyclopedia of Vacations at Sea.** Mansfield, OH: BookMasters, 2002/2003.

Danielson, Cornelia. **The Accessible Guide to Florence**. USA: Xlibiris Corporation, 2004.

Fodor's Great American Vacations for Travelers with Disabilities. New York: Fodor's Travel Publications, Inc., 1996.

Fuller, Sarah. **Hong Kong: Where Disabled Travelers Discover Our World of Opportunities...** Hong Kong: Wheel Away Disabled Travel, 2009.

Groce, Nora Ellen, Kaplan, Lawrence C., M.D. and Kaplan, Josiah David. **Accessible Connecticut: A Guide to Recreation for Children with Disabilities and Their Families**. New Haven, CT: Yale University Press, 2002.

Hansen, Ed and Gordon, Bruce. **Exotic Destinations for Wheelchair Travelers: Hotel Guide to the Orient (Hong Kong, Macau, Singapore, Taiwan, Thailand)**. San Francisco, CA: Full Data Limited, 1994.

Harrington, Candy. **101 Accessible Vacations: Travel Ideas for Wheelers and Slow Walkers**. New York: Demos, 2007.

Harrington, Candy B. **Barrier-Free Travel: A Nuts and Bolts Guide for Wheelers and Slow Walkers**. 3rd ed. New York: Demos, 2009.

Harrington, Candy. **There is Room at the Inn: Inns and B&Bs for Wheelers and Slow Walkers**. New York: Demos Medical Publishing, 2006.

Long, Ed. **India, Wheelchair Journey**. San Diego: Ed Long Publications, 1995.

Mikiten, Erick and Mikiten, Elisa. **A Wheelchair Rider's Guide: Los Angeles and Orange County Coast**. Oakland, CA: Coastal Conservancy Publications, 2001.

Mikiten, Erick. **A Wheelchair Rider's Guide: San Francisco Bay and Nearby Shorelines**. California State Coastal Conservancy, 1990.

New Horizons: Information for the Air Traveler with a Disability. U.S. Department of Transportation, July 1995. 40–page booklet

Open Britain 2010. Derby, UK: Tourism for All, 2010.

Rattray, Gordon. **Access Africa: Safaris for People with Limited Mobility**. Bucks, England: Brandt Travel Guides Ltd., 2009.

Rick Steves' Easy Access Europe: A Guide for Travelers with Limited Mobility. Emeryville, CA: Avalon Travel Publishing, 2004.

Rosen, Fred. **How to Travel to and in Britain and Northern Ireland: A Guidebook for a Visitor with a Disability.** Chesterfield, MO: Science & Humanities Press, 2003.

Roth, Wendy and Tompane, Michael. **Easy Access to National Parks.** San Francisco, CA: Sierra Club Books, 1992.

Simpson, Patrick and Simpson, Anne. **Wheelchair: Down Under.** Raleigh, NC: Pentlant Press, Inc., 1999.

Smith, Peter. **Handicapped in Walt Disney World: A Guide for Everyone.** Dallas, TX: SouthPark Publishing Group, Inc., 1993.

Stigleman, Michelle and Van Brunt, Deborah. **Wheelchairs on the Go: Accessible Fun in Florida.** Clearwater, FL: Access Travel Guide Publishing, Inc., 2002.

Wills, Deb and Debra Martin Koma. **PassPorter's Walt Disney World For Your Special Needs: The Take Along Travel Guide And Planner.** Ann Arbor, MI: PassPorter Travel Press, 2005.

Wills, Deb and Debra Martin Koma. **PassPorter's Open Mouse for Walt Disney World and the Disney Cruise Line: Easy Access Vacations for Travelers with Extra Challenges.** Ann Arbor, MI: PassPorter Travel Press, 2007. 2nd ed.

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