



## **Veterans and Military Benefits**

<http://www.ChristopherReeve.org/Military>

**Christopher & Dana Reeve Foundation**

Phone: 866-962-8387(Toll-free)

Email: [Military@ChristopherReeve.org](mailto:Military@ChristopherReeve.org)

### **Government Resources**

<http://www.va.gov/>

**U.S. Department of Veterans Affairs (VA)**

810 Vermont Avenue, NW

Washington, D.C. 20420

<http://www.myhealth.va.gov/>

**VA: My Health Vet**

<http://www.vba.va.gov/>

**VA: Veterans Benefits**

Phone: 800-827-1000 (Toll-free)

<http://www.vba.va.gov/VBA/benefits/factsheets/>

**VA: Benefits Fact Sheets (English, Tagalog)**

These fact sheets provide basic information on VA benefit programs related to service-connected disabilities, veterans with limited income, education and training, home loans, dependents and survivors' benefits, burial and memorial benefits, and insurance. Most fact sheets are only available in English, but two related to Filipino veterans are also available in Tagalog.

<http://www.vba.va.gov/VBA/espanol/factsheets/>

**VA: Benefits Fact Sheets (Spanish)**

These fact sheets provide basic information on VA benefit programs related to service-connected disabilities, veterans with limited income, education and training, home loans, dependents and survivors' benefits, burial and memorial benefits, and insurance.

<http://www.polytrauma.va.gov>

**VA: Polytrauma/TBI System of Care**

Polytrauma care is for Veterans and returning Service members with injuries to more than one physical region or organ system, one of which may be life threatening, and which results in physical, cognitive, psychological, or psychosocial impairments and functional disability.

<http://www.polytrauma.va.gov/faq.asp?FAQ>

**VA: Polytrauma/TBI System of Care – FAQs**

[http://www.polytrauma.va.gov/facility\\_locations.asp?isFlash=1](http://www.polytrauma.va.gov/facility_locations.asp?isFlash=1)

**VA: Polytrauma/TBI System of Care – Facility Locations**

[http://www1.va.gov/opa/publications/factsheets/fs\\_spinal\\_cord\\_injury.pdf](http://www1.va.gov/opa/publications/factsheets/fs_spinal_cord_injury.pdf)

**VA: VA and Spinal Cord Injury Fact Sheet**

This January 2009 fact sheet covers issues related to veterans with SCI including disability compensation, health care, research and treatment, recreational events, and continuing education. VA regional SCI centers are listed.

<http://www1.va.gov/directory/guide/home.asp?isFlash=1>

**VA: VA Facilities Locator**

This site allows people to search for 1714 VA facilities in the U.S., Puerto Rico, Philippines, American Samoa, Guam, and the Virgin Islands.

<http://www.oefoif.va.gov/>

**VA: Returning Service Members (OEF/OIF)**

This site offers information on health, education, housing, employment and other benefits for veterans who served in Operations Enduring Freedom and Iraqi Freedom (OEF/OIF).

<http://www.oefoif.va.gov/fedrecovery.asp>

**VA: Federal Recovery Coordination Teams**

This page has information on the Federal Recovery Coordination Program (FRCP), which provides support for the recovery, rehabilitation and reintegration of severely injured, ill or wounded service members and Veterans.

<http://www.gibill.va.gov/>

**VA: GI Bill**

This site provides information on all educational benefits offered by the VA.

[http://www.gibill.va.gov/benefits/post\\_911\\_gibill/index.html](http://www.gibill.va.gov/benefits/post_911_gibill/index.html)

**VA: Post-9/11 GI Bill**

The Post-9/11 GI Bill provides financial support for education and housing to individuals with at least 90 days of aggregate service on or after September 11, 2001, or individuals discharged with a service-connected disability after 30 days.

<http://www.csp.research.med.va.gov/studies.cfm>

**VA: Cooperative Studies Program**

Phone: 202-461-1700

Email: [CSP@va.gov](mailto:CSP@va.gov)

The VA Cooperative Studies Program is responsible for the planning and conduct of large multicenter clinical trials and epidemiological studies in the VA. Its mission is to advance the health and care of Veterans through collaborative research studies that produce innovative and effective solutions to national healthcare problems.

<http://www1.va.gov/HOMELESS/NationalCallCenter.asp>

**VA: National Call Center for Homeless Veterans**

Phone: 877-424-3838 (Toll-free)

The National Call Center for Homeless Veterans hotline provides homeless Veterans and Veterans at-risk for homelessness with free, 24/7 access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community.

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=2148](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=2148)

**Veterans Health Administration: Driver Rehabilitation for Veterans with Disabilities Program**

This January 2010 handbook, which can be downloaded as a PDF, provides information on the Department of Veterans Affairs' (VA) comprehensive driver rehabilitation program for veterans with disabilities.

<http://www.blogs.va.gov>

**VA: Vantage Point**

Blog from VA staff

<http://www.ourmilitary.mil/>

**Department of Defense Community Relations**

This page has information on the military for service members and civilians.

<http://www.ourmilitary.mil/resources/community-support-for-our-military/>

**DOD Community Relations: Community Support for Our Military**

This page has links to community-based organizations that support service members, veterans and their families with various services.

<http://www.militaryonesource.com>

**Military One Source**

Military One Source is a free 24/7/365 service provided by the Department of Defense for active-duty, Guard, and Reserve service members and their families to help with education, relocation, parenting, stress and other needs. Veterans who have retired within the past 180 days can also use the service.

- Stateside: CONUS: 800-342-9647 (Toll-free)
- Overseas: \*OCONUS Universal Free Phone: 800-3429-6477 (Toll-free)
- Collect from Overseas: OCONUS Collect: 484-530-5908
- En español llame al: 877-888-0727 (Toll-free)
- TTY/TDD: 800-346-9188 (Toll-free)
- Korea DSN: 550-ARMY (2769)

\*Use applicable access code before dialing toll-free number.

<http://www.archives.gov/st-louis/military-personnel>

**National Archives at St. Louis: Military Personnel Records**

Phone: 314-801-0800

E-mail: [MPR.center@nara.gov](mailto:MPR.center@nara.gov)

The National Personnel Records Center, Military Personnel Records (NPRC-MPR) is the repository of millions of military personnel, health, and medical records of discharged and deceased veterans of all services during the 20th century (except pre-WWI records).

<https://www.nationalresourcedirectory.gov/>

**National Resource Directory**

This website connects wounded warriors, service members, veterans, and their families with those who support them. It provides access to services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration. Visitors can find information on a variety of topics including benefits & compensation, education & training, employment, family & caregiver support, health, homeless assistance, housing, transportation & travel, volunteer opportunities and other services & resources.

**Wounded Warrior Resource Center**

Phone: 800-342-9647 (Toll-free)

<http://www.veteranscrisisline.net/>

**Veterans Crisis Line**

Phone: 800-273-8255, press '1' (Toll-free)

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text. Confidential support is available 24 hours a day, 7 days a week, 365 days a year.

<http://www.tricare.mil/>

**TRICARE**

TRICARE is the health care program serving Uniformed Service members, retirees and their families worldwide, offering comprehensive, affordable health coverage with several health plan options, a robust pharmacy benefit, dental options, special programs and demonstrations.

<http://www.TRICAREdentalprogram.com>

**TRICARE Dental Program**

Phone: 800-866-8499 (CONUS), 888-418-0466 (OCONUS)

<http://cap.mil/>

**Computer/Electronic Accommodations Program**

5111 Leesburg Pike, Suite 810

Falls Church, VA 22041

Phone: 703-681-8813

E-mail: [cap@tma.osd.mil](mailto:cap@tma.osd.mil)

CAP provides accommodations for people with disabilities and wounded service members, increasing federal employment and retention of employees with disabilities. The program is dedicated to ensuring resources and assistive devices are available to assist service members in their rehabilitation process and employment search.

Accommodations are available for service members with injuries that have caused dexterity impairments, vision loss, hearing loss, cognitive injuries, including traumatic brain injuries (TBI).

<http://www.airforce.com/>

**U.S. Air Force**

<http://www.woundedwarrior.af.mil/>

**Air Force Wounded Warrior (AFW2)**

Phone: 800-581-9437 (Toll-free)

E-mail: [afwounded.warrior@randolph.af.mil](mailto:afwounded.warrior@randolph.af.mil)

The AFW2 program works hand-in-hand with the Air Force Survivor Assistance Program and [Airman & Family Readiness Centers](#) to ensure Airmen receive professional support and care from the point of injury, through separation or retirement, for life.

<http://www.army.mil>

**U.S. Army**

<http://wtc.army.mil/aw2/>

**Army Wounded Warrior Program**

Phone: 877-393-9058 (Toll-free)

Overseas DSN: 312-221-9113

Email: [AW2@conus.army.mil](mailto:AW2@conus.army.mil)

The official U.S. Army program that assists and advocates for severely wounded, ill, and injured soldiers, veterans, and their families, wherever they are located, regardless of military status.

**Wounded Soldier and Family Hotline**

Phone: 800-984-8523 (Toll-free)

Overseas DSN: 312-421-3700

Email: [WSFSupport@conus.army.mil](mailto:WSFSupport@conus.army.mil)

<http://www.uscg.mil>

**U.S. Coast Guard**

[http://www.public.navy.mil/bupers-npc/support/safe\\_harbor/Pages/default.aspx](http://www.public.navy.mil/bupers-npc/support/safe_harbor/Pages/default.aspx)

**Navy Safe Harbor**

Phone: 877-746-8563 (Toll-free)

Email: [safeharbor@navy.mil](mailto:safeharbor@navy.mil)

Navy Safe Harbor is the Navy's organization for coordinating the non-medical care of seriously wounded, ill, and injured Sailors, Coast Guardsmen, and their families. The program provides a lifetime of individually tailored assistance designed to optimize the success of shipmates' recovery, rehabilitation, and reintegration activities.

<http://www.marines.mil>

**U.S. Marine Corps**

<http://www.woundedwarriorregiment.org>

**Marine Wounded Warrior Regiment**

Phone: 877-487-6299 (Toll-free)

The Wounded Warrior Regiment provides and facilitates assistance to wounded, ill, and injured Marines, sailors, attached to or in support of Marines units, and their family members, throughout the phases of recovery.

<http://www.navy.mil>

**U.S. Navy**

[http://www.public.navy.mil/bupers-npc/support/safe\\_harbor/Pages/default.aspx](http://www.public.navy.mil/bupers-npc/support/safe_harbor/Pages/default.aspx)

**Navy Safe Harbor**

Phone: 877-746-8563 (Toll-free)

Email: [safeharbor@navy.mil](mailto:safeharbor@navy.mil)

Navy Safe Harbor is the Navy's organization for coordinating the non-medical care of seriously wounded, ill, and injured Sailors, Coast Guardsmen, and their families. The program provides a lifetime of individually tailored assistance designed to optimize the success of shipmates' recovery, rehabilitation, and reintegration activities.

<http://www.socom.mil>

**U.S. Special Operations Command**

<http://www.socom.mil/Care%20Coalition/Default.aspx>

**US Special Operations Command's Care Coalition**

Phone: 877-672-3039 (Toll-free)

The USSOCOM Care Coalition's mission is to provide Special Operations warriors and their families a model advocacy program in order to enhance their quality of life and increase special operations readiness.

## **Other Organizations**

<http://www.afterdeployment.org>

### **After Deployment**

This site offers behavioral health resources to help service members, their families, and veterans with common post-deployment challenges such as post-traumatic stress and depression. It includes a peer to peer online forum, online library books and blogs.

<http://www.afas.org/>

### **Air Force Aid Society**

National Headquarters

241 18th Street, Suite 202

Arlington, VA 22202

Phone: 800-769-8951 (Toll-free)

The official charity of the United States Air Force, incorporated in 1942 as a private, non-profit organization. The Society supports the Air Force mission by providing worldwide emergency assistance, sponsoring education assistance programs and offering an array of base community enhancement programs that improve quality of life for Airmen and their families.

<http://www.axpow.org>

### **American Ex-Prisoners of War**

3201 East Pioneer Parkway #40

Arlington, TX 76010-5396

Phone: 817-649-2979

E-mail: [hq@axpow.org](mailto:hq@axpow.org)

AXPOW is a membership organization open to all former prisoners of war (POWs), military and civilian, are eligible along with their family members, e.g. spouse, children, parents, siblings and grandchildren over the age 18. The organization assists former POWs (members or not) in applying for special veterans benefits.

<http://www.legion.org>

### **The American Legion**

Phone: 800-433-3318 (Toll-free)

The nation's largest veterans service organization, committed to mentoring youth and sponsorship of wholesome programs in our communities, advocating patriotism and honor, promoting strong national security, and continued devotion to fellow service members and veterans.

<http://www.americanveteranscenter.org>

### **American Veterans Center**

1100 North Glebe Road, Suite 910

Arlington, VA 22201

Phone: 703-302-1012, 800-704-2484 (Toll-free)

The American Veterans Center's mission is to preserve and promote the stories, experiences, and lessons of American military men and women of every generation, from WWII to the present. The organization sponsors the annual National Memorial Day Parade in Washington, D.C.

<http://www.amvets.org>

**AMVETS**

4647 Forbes Boulevard

Lanham, MD 20706-4380

Phone: 301-459-9600, 877-726-8387 (Toll-free)

E-mail: [amvets@amvets.org](mailto:amvets@amvets.org)

AMVETS is a veterans service and advocacy organization. Services include free claims assistance to veterans, their dependents and survivors as well as other charitable activities. The organization publishes the magazine *American Veteran*. Membership is open to anyone who is currently serving, or has honorably served, in the U.S. Armed Forces from World War II to present, including those in the National Guard and Reserves. Membership benefits include discounts on services like car rentals and insurance.

<http://www.afcrossroads.com>

**Armed Forces Crossroads**

E-mail: [info@afcrossroads.com](mailto:info@afcrossroads.com)

This website has information on a variety of topics, including health, education, employment, relocation, elder care, and parenting.

<http://www.afhsc.mil/home>

**Armed Forces Health Surveillance Center (AFHSC)**

11800 Tech Road, Suite 220

Silver Spring, MD 20904

Phone: 301-319-3240 (DSN: 285)

E-mail: [AFHSC.Web@amedd.army.mil](mailto:AFHSC.Web@amedd.army.mil)

AFHSC performs comprehensive medical surveillance and reporting of rates of diseases and injuries among Department of Defense service members.

<http://www.asymca.org/>

**Armed Services YMCA**

National Headquarters

6359 Walker Lane, Suite 200

Alexandria, VA 22310

The Armed Services YMCA provides programs for military families at branches and affiliates throughout the United States and Puerto Rico.

<http://remind.org/>

**Bob Woodruff Foundation/ReMIND**

P.O. Box 955

Bristow, VA 20136

E-mail: [info@ReMIND.org](mailto:info@ReMIND.org)

The Bob Woodruff Foundation provides resources and support to injured service members, veterans and their families and programs that serve them. Special emphasis is placed on the "hidden signature injuries" of the wars in Iraq and Afghanistan – traumatic brain injury (TBI) and combat stress injuries including post-traumatic stress disorder (PTSD).

<http://booksforsoldiers.com/>

**Books for Soldiers**

E-mail: [info@booksforsoldiers.com](mailto:info@booksforsoldiers.com)

Books for Soldiers facilitates care packages of books, DVDs, CDs, games and relief supplies to military service members deployed overseas.

<http://www.cwv.org>

**Catholic War Veterans of the United States of America**

441 North Lee Street  
Alexandria VA 22314  
Phone: 703-549-3622

The CWV provides charitable programs and services within communities and is focused on promoting the social welfare of all military veterans and their families without discrimination. Membership is made up of military veterans who individually adhere to the Catholic faith. The organization has 18 state chapters.

<http://www.coalitionforveterans.org>

**Coalition for Iraq and Afghanistan Veterans (CIAV)**

E-mail: [info@coalitionforveterans.org](mailto:info@coalitionforveterans.org)

CIAV is a national non-partisan partnership of organizations committed to working with and on behalf of all military, veterans, families, survivors and providers to strengthen the existing system of care and support for all those affected by the wars in Iraq and Afghanistan.

<http://www.arapmi.org/>

**Defense & Veterans Center for Integrative Pain Management (DVCIPM)**

11300 Rockville Pike, Suite 709  
Rockville, MD 20852  
Phone: 301-816-4723

DVCIPM seeks to improve the management of pain in military and civilian medicine. It is a collaborative research partnership among Walter Reed National Military Medical Center, Bethesda, MD; the Philadelphia VA Medical Center and Philadelphia Research and Education Foundation, Philadelphia; and the Conemaugh Health System, Johnstown, PA.

<http://www.dav.org>

**Disabled American Veterans (DAV)**

P.O. Box 14301  
Cincinnati, OH 45250-0301

Phone: 877-426-2838 (Toll-free)

DAV is a nonprofit organization dedicated to building better lives for America's disabled veterans and their families. Free services include benefits assistance, information seminars, counseling and community outreach.

<http://www.easterseals.com>

**Easter Seals**

233 South Wacker Drive, Suite 2400

Chicago, IL 60606

Phone: 312-726-6200, 800-221-6827 (Toll-free)

Easter Seals provides services, education, outreach, and advocacy for people living with autism and other disabilities.

[http://www.easterseals.com/site/PageServer?pagename=ntl\\_military\\_veterans](http://www.easterseals.com/site/PageServer?pagename=ntl_military_veterans)

**Easter Seals: Military and Veterans Initiative**

This page provides information on resources for service members and veterans with disabilities, including caregiver training. <http://www.easterseals.com>

[http://www.easterseals.com/site/PageServer?pagename=ntl\\_military\\_veterans\\_services](http://www.easterseals.com/site/PageServer?pagename=ntl_military_veterans_services)

**Easter Seals: Services for Military and Veteran Communities**

Easter Seals affiliates have a variety of assistance programs for service members and veterans including employment services, adult day care, child care, camping, assistive technology assessments and training, respite for caregivers, and initiatives to connect veterans and their families to other services meeting their medical, social, emotional and financial needs.

<http://www.fallenpatriotfund.org/>

**Fallen Patriot Fund**

Fallen Patriot Fund

c/o Bank of America Private Bank

TX1-492-19-09

P.O. Box 832409

Dallas, TX 75283-2409

Phone: 214-658-7125

E-mail: [info@fallenpatriotfund.org](mailto:info@fallenpatriotfund.org)

The Fallen Patriot Fund of The Mark Cuban Foundation was established to help families of U.S. military personnel who were killed or seriously injured during Operation Iraqi Freedom.

<http://www.usaforgottenheroes.com/>

**Forgotten Heroes**

P.O. Box 5067

Woodridge, IL 60517

E-mail: [USA4GotttenHeroes@aol.com](mailto:USA4GotttenHeroes@aol.com)

Forgotten Heroes recognizes those long term hospitalized veterans that are typically either bed-ridden, mobility challenged, or otherwise socially disadvantaged. Services include visiting and providing entertainment on a regular basis, often one-on-one in the patient's room, and improving the veterans' quality of life by way of upgrading their rooms with paintings, wall treatments, flowers, etc.

<http://www.giveanhour.org>

**Give an Hour**

Barbara Van Dahlen, Ph.D

Founder and President

c/o Give an Hour

P.O. Box 5918

Bethesda, MD 20824-5918

E-mail: [info@giveanhour.org](mailto:info@giveanhour.org)

A non-profit organization that gives free mental health care to US military personnel who served or are serving in Iraq and Afghanistan as well as their families.

<http://www.istl.org/07-fall/internet2.html>

**A Guide to Resources for Severely Wounded Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF) Veterans**

This Fall 2007 article identifies helpful resources for healthcare professionals, veterans, and their families to help with issues such as post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), amputation, spinal cord injuries, burns, and blindness and eye injuries.

<http://www.gulfweb.org>

**Gulf War Veteran Resource Pages**

This site has information and resources for Gulf War veterans, including discussion forums.

<http://www.hhv.org/>

**Help Hospitalized Veterans**

36585 Penfield Lane

Winchester, CA 92596

Phone: 951-926-4500

Email: [hhv@hhv.org](mailto:hhv@hhv.org)

Help Hospitalized Veterans' primary mission is to provide patients receiving care at Department of Veterans Affairs (VA) medical centers, military hospitals and state veterans homes with therapeutic arts & crafts activities.

<http://honorvet.org/>

**HonorVet.org**

Honor Vet's mission is to create a safe and trusted environment for veterans, service members and their loved ones by making available an array of services dedicated to enhancing their overall well-being. Services include an innovative job board and career center; instant mental health counseling through video chat, instant message, and private

phone call; spiritual counseling provided virtually from retired and reservist chaplains nationwide; a social networking community; and a friend locator.

<http://iava.org/>

**Iraq and Afghanistan Veterans of America**

IAVA, the country's first and largest nonprofit, nonpartisan organization for veterans of the wars in Iraq and Afghanistan, works on advocacy, awareness, and assistance. Programs include Smart Job Fairs, a GI Bill calculator and a veterans only social network.

<http://www.IraqStar.org>

**Iraq Star, Inc.**

P.O. Box 1931

Rancho Mirage, CA 92270

Phone: 760-568-4039

E-mail: [IraqStarInfo@aol.com](mailto:IraqStarInfo@aol.com)

A non-profit organization that provides reconstructive surgery to veterans returning from Iraq or Afghanistan.

<http://www.jwv.org>

**Jewish War Veterans of the U.S.A.**

1811 R Street NW

Washington, DC 20009

Phone: 202-265-6280

Email: [jwv@jwv.org](mailto:jwv@jwv.org)

The JWV is a membership organization which works on behalf of veterans and their families. Part of the organization's mission is to foster the education of ex-servicemen and ex-servicewomen.

<http://www.kwva.org/>

**Korean War Veterans Association**

P.O. Box 407

Charleston, IL 61920-0407

E-mail: [info@kwva.org](mailto:info@kwva.org)

The KWVA/USA states that their mission is to “defend our nation, care for our veterans, perpetuate our legacy, remember our missing and fallen, maintain our Memorial, and support a free Korea.”

<http://www.nlm.nih.gov/medlineplus/veteransandmilitaryhealth.html>

**MedlinePlus: Military and Veterans Health**

This page provides information on physical and mental health problems often faced by veterans, tutorials on specific conditions, as well as links to other resources.

<http://www.military.com/>

**Military.com**

This site has information and resources for members of all service branches, their families, and veterans.

<http://www.military.com/benefits/military-pay/special-pay/combat-related-special-compensation#4>

**Military.com: Combat Related Special Compensation**

This page has information on eligibility and the application process for combat-related special compensation, a monthly entitlement that allows eligible military retirees to recover some or all of their retired pay that was offset by their Department of Veterans Affairs (VA) disability compensation.

<http://www.military.com/benefits/military-pay/retired-pay/combat-related-special-compensation-faqs>

**Military.com: Combat Related Special Compensation - Frequently Asked Questions**

This page has answers to frequently asked questions about combat-related special compensation.

<http://www.emilitary.org/>

**The Military Family Network**

This site provides information on programs, services, and resources for members of the military community, including service members, veterans, and their families.

<http://www.emilitary.org/usvet.php>

**The Military Family Network: Veterans**

This page has information on resources for veterans as well as forums and chat features.

<http://www.militaryhandbooks.com/>

**Military Handbooks**

7200 NW 86<sup>th</sup> Street

Kansas City, MO 64153

Phone: 800-955-2527 (Toll-free)

E-mail: [info@militaryhandbooks.com](mailto:info@militaryhandbooks.com)

Military Handbooks gives active and retired military personnel free handbooks with information on pay, benefits, retirement planning, education benefits, career decisions, and much more.

<http://www.purpleheart.org/>

**Military Order of the Purple Heart of the USA**

Phone: 703-354-2140

E-mail: [memberships@purpleheart.org](mailto:memberships@purpleheart.org)

The mission of the Military Order of the Purple Heart is to foster an environment of goodwill and camaraderie among combat wounded veterans, promote patriotism, support necessary legislative initiatives, and to provide service to all veterans and their families.

<http://www.missioncontinues.org>

**The Mission Continues**

1141 South 7th Street

St. Louis, MO 63104

Phone: 314-588-8805

Email: [info@missioncontinues.org](mailto:info@missioncontinues.org)

The Mission Continues awards community service fellowships to post-9/11 veterans, empowering them to transform their own lives by serving others and directly impact their communities. Mission Continues Fellows serve for six months at a local nonprofit organization addressing key educational, environmental or social issues.

<http://www.naavets.org>

**National Association of American Veterans (NAAV)**

P.O. Box 6865

Washington, DC 20020-9994

The NAAV is a provider of health care information, emergency assistance and advocacy, counseling, housing coordination, and educational programs for all service members, with an emphasis on the severely wounded and single parent service members, military caregivers, veterans, and their families at risk of not returning to normalcy after serving in a war, and residing in underserved areas nationwide.

<http://www.naus.org/>

**National Association for Uniformed Services (NAUS)**

5535 Hempstead Way

Springfield, VA 22151

Phone: 703-750-1342

NAUS was founded in 1968 to protect and enhance the earned benefits of uniformed service members, retirees, veterans, and their families and survivors.

<http://www.militaryfamily.org/>

**National Military Family Association**

2500 North Van Dorn Street, Suite 102

Alexandria, VA 22302-1601

Phone: 703-931-6632

Email: [info@militaryfamily.org](mailto:info@militaryfamily.org)

This site has information on deployment, disaster preparedness, mental health care, spouse education, supporting children and families. There are also links to articles and resources organized by relation to service member (i.e. spouses, children, survivors, etc.).

<http://www.militaryfamily.org/resources/for-you/veterans.html>

**National Military Family Association: Veterans**

This page has links to articles and resources targeted to veterans.

<http://www.nmcrrs.org/>

**Navy-Marine Corps Relief Society**

The Navy-Marine Corps Relief Society provides, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need. The Society has 73 locations in 23 states and Washington, DC.

<http://www.safeharborfoundation.org/>

**Navy Safe Harbor Foundation**

3631 Ransom Place

Alexandria, VA 22306

E-mail: [info@safeharborfoundation.org](mailto:info@safeharborfoundation.org)

The Navy Safe Harbor Foundation is dedicated to supporting the recovery of seriously wounded, ill, and injured Sailors, Coast Guardsmen, and their families by assisting them with resources not currently provided by government or community resources. The Foundation is a non-profit organization not affiliated with the United States Navy, Coast Guard or Department of Defense.

<http://nswfoundation.org/>

**Navy SEAL Foundation**

1619 D Street, BLDG. 5326

Virginia Beach, VA 23459

Phone: 757-363-7490

E-mail: [info@navysealfoundation.org](mailto:info@navysealfoundation.org)

The Navy SEAL Foundation's mission is to provide immediate and ongoing support and assistance to active-duty Naval Special Warfare personnel, their families, and the families of the fallen. The foundation provides health and welfare programs, educational scholarships, among other programs.

<http://www.opgratitude.com/>

**Operation Gratitude**

16444 Refugio Road

Encino, CA 91436

Phone: 262-OPGRAT-1

E-mail: [OpGrat@gmail.com](mailto:OpGrat@gmail.com)

Operation Gratitude sends care packages containing food, hygiene products, entertainment items and personal letters of appreciation to deployed service members, to their children, and to Wounded Warriors recuperating in Transition Units.

<http://www.pva.org>

**Paralyzed Veterans of America (PVA)**

PVA National Headquarters

801 Eighteenth Street NW

Washington, DC 20006-3517

Phone: 800-424-8200 (Toll-free)

Benefits Help Line: 866-734-0857 (Toll-free), 800-795-4327 (TTY)

E-mail: [info@pva.org](mailto:info@pva.org)

The PVA is dedicated to veterans service, medical research and civil rights for people with disabilities. Its national offices and 34 chapters represent thousands of veterans in all 50 states, the District of Columbia and Puerto Rico.

The Veterans Benefits Department provides free, comprehensive benefits assistance and advocacy. The Legislation Program advocates for benefits and quality health care for veterans, their dependents and survivors. The Veterans Resources page has links to resources for spinal cord injury, multiple sclerosis, ALS, spina bifida, caregivers and more.

<http://semperfifund.org/>

**Semper Fi Fund**

P.O. Box 555193

Camp Pendleton, CA 92055-5193

Phone: 760-725-5421

The Injured Marine Semper Fi Fund is a non-profit organization that provides immediate financial support for injured and critically ill members of the U.S. Armed Forces and their families. The Semper Fi Fund (SFF) provides relief for financial needs that arise during hospitalization and recovery as well as assistance for those with perpetuating needs.

<http://www.shepherd.org/patient-care/care-for-us-service-members>

**Shepherd Center: Care for U.S. Service Members**

Nancy Phillips

SHARE Military Initiative Admissions Liaison

Phone: 404-350-7509

E-mail: [nancy\\_phillips@shepherd.org](mailto:nancy_phillips@shepherd.org)

Shepherd Center specializes in medical treatment, research and rehabilitation for people with spinal cord injury and brain injury. Its SHARE Military Initiative is a comprehensive rehabilitation program that focuses on assessment and treatment for service men and women who have sustained a mild to moderate traumatic brain injury and PTSD from the Afghanistan and Iraqi conflicts. The Initiative provides assistance, support, and education to service members and their families during their recovery treatment and beyond.

<http://www.soldiersangels.org/>

**Soldiers' Angels**

1792 East Washington Boulevard

Pasadena, CA 91104

Phone: 626-529-5114, 615-676-0239

Soldiers' Angels volunteers provide aid and comfort to service members, veterans and their families.

<http://usacares.org/>

**USA Cares**

P.O. Box 759  
Radcliff, KY 40159  
Phone: 800-773-0387 (Toll-free)  
Email: [info@usacares.us](mailto:info@usacares.us)

USA Cares provides free financial and advocacy assistance to post 9/11 active duty US military service personnel, veterans and their families. Services include help with employment and housing, basic needs, and the Warrior Treatment Today program, which removes financial barriers to treatment for service members suffering from post-traumatic stress disorder (PTSD) and/or traumatic brain injury (TBI).

<http://www.uso.org>

**United Service Organizations (USO)**

P.O. Box 96322  
Washington, DC 20090-6322  
Phone: 888-484-3876 (Toll-free)

The USO provides entertainment to servicemen overseas as well as many other programs to help them and their families.

<http://www.vacationsforveterans.org>

**Vacations for Veterans**

9435 Lorton Market Street # 105  
Lorton, VA 22079  
Phone: 800-831-8803 (Toll-free)

This non-profit organization offers vacation accommodations for those vets who received a Purple Heart while serving in Afghanistan or Iraq.

<http://www.veteransairlift.com>

**Veterans Airlift Command (VAC)**

5775 Wayzata Boulevard, Suite 700  
St. Louis Park, MN 55416  
Phone: 952-582-2911

Email: [info@veteransairlift.org](mailto:info@veteransairlift.org)

The VAC helps military families visit their wounded family members while they receive medical care. Priority is given to those serving in Iraq and Afghanistan.

<http://www.vfw.org>

**Veterans of Foreign Wars**

National Headquarters  
406 West 34th Street  
Kansas City, MO 64111  
Phone: 816-756-3390

The VFW's mission is to foster camaraderie among United States veterans of overseas conflicts; to serve veterans, the military, and communities; and to advocate on behalf of all veterans.

<http://www.vsf-usa.org/>

**Veterans Support Foundation (VSF)**

8719 Colesville Road, Suite 100  
Silver Spring, MD 20910  
Phone: 800-882-1316 x126 (Toll-free)

The VSF (formerly the Vietnam Veterans Assistance Fund) is committed to serving today's needy veterans and their families in part by funding non-profit organizations in support of veteran-related projects; assisting disabled veterans and their qualifying dependents; and assisting and providing transitional and permanent housing for homeless and at-risk veterans.

<http://www.Vets-Help.org>

**Vets-Help**

255 Main Street, Suite 2R  
Huntington, NY 11743  
Phone: 631-271-9000

Vets-Help provides for the well-being of military veterans by providing social services, investing in employment opportunities, and coordinating medical research in underserved areas.

<http://www.vetsfirst.org>

**VetsFirst**

A non-profit organization established by United Spinal Association. In addition to providing individual support and counseling services, United Spinal's VetsFirst program offers timely news and information across the spectrum of issues presently impacting veterans, including guides on self-help, state benefits, separating from the military; exclusive feature stories on military health care, and VA funding and compensation.

<http://www.vva.org>

**Vietnam Veterans of America**

8719 Colesville Road, Suite 100  
Silver Spring, MD 20910  
Phone: 800-882-1316 (Toll-free)

The VVA's goals are to promote and support the full range of issues important to Vietnam veterans, to create a new identity for this generation of veterans, and to change public perception of Vietnam veterans.

<http://ww2.vet.org/>

**World War II U.S. Veterans**

This site is a collective effort dedicated to preserving the memory of World War II veterans. There is a discussion forum and opportunities for people to share stories and memorabilia.

<http://www.woundedheroesfund.net/>

**Wounded Heroes Foundation (WHF)**

161 North Clark Street, Suite 4200  
Chicago, IL 60601  
Phone: 708-212-2272

The WHF assists the severely injured men and women of the Armed Forces serving in Iraq, Afghanistan and around the world through physical, emotional and financial support.

<http://www.woundedwarriorproject.org/>

**The Wounded Warrior Project (WWP)**

4899 Belfort Road, Suite 300  
Jacksonville, FL 32256

Phone: 904-296-7350, 877-832-6997 (Toll-free)

The WWP provides free programs uniquely structured to nurture the mind and body, and encourage economic empowerment and engagement, to veterans with service-connected wounds, injuries, or illnesses incurred on or after September 11, 2001. The organization has offices in 8 cities.

<http://www.yellowribbonfund.com/>

**Yellow Ribbon Fund**

4905 Del Ray Avenue, Suite 500  
Bethesda, MD 20814

Phone: 240-223-1180

E-mail: [email@yellowribbonfund.org](mailto:email@yellowribbonfund.org)

The Yellow Ribbon Fund assists injured service members and their families while they recuperate at the Walter Reed Army Medical Center and the National Naval Medical Center by providing free lodging and transportation for service members and their families, as well as free tickets to sporting and cultural events. There is a job mentoring program and a family caregiver program.

## **ALS**

<http://www.alsa.org/als-care/veterans/>

**ALS Association: Military Veterans**

Phone: 800-782-4747 (Toll-free)

E-mail: [alsinfo@alsa-national.org](mailto:alsinfo@alsa-national.org)

This site is designed specifically for veterans with ALS, their families and survivors. It has information on available VA benefits, applying for benefits, and links to resources and tools veterans can use to take part in advocacy efforts.

<http://www.durham.hsr.d.research.va.gov/alsregistry.asp>

**Department of Veterans Affairs: National Registry of Veterans with ALS**

ALS Registry (152)  
VA Medical Center  
508 Fulton Street  
Durham, NC 27705

This nationwide registry was compiled to follow the health status of living veterans who have ALS and to collect data for approved studies examining the causes of ALS. Enrollment in the registry ended on September 30, 2007.

## **Brain Injury**

<http://www.dvbic.org>

### **Defense and Veterans Brain Injury Center (DVBIC)**

Defense and Veterans Brain Injury Center

National Headquarters

11300 Rockville Pike, Suite 1100

Rockville, MD 20852

Phone: 866-966-1020 (Toll-free 24/7 information & referral)

DVBIC provides active duty military, their beneficiaries, and veterans with traumatic brain injuries (TBIs) with state-of-the-art clinical care, innovative clinical research initiatives and educational programs through ongoing collaboration with military, VA and civilian health partners, local communities, families and individuals with TBI. There are 15 DVBIC locations at military medical centers, VA hospitals and civilian partners in 11 states and one in Germany.

<http://www.dcoe.health.mil/>

### **Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury (DCoE)**

2345 Crystal Drive

Crystal Park 4, Suite 120

Arlington, VA 22202

Phone: 800-510-7897 (Toll-free)

E-mail: [resources@DCoEOutreach.org](mailto:resources@DCoEOutreach.org)

1335 East West Highway

9<sup>th</sup> Floor, Suite 640

Silver Spring, MD 20910

Phone: 310-295-3257

DCoE works across the entire continuum of care to promote resilience, rehabilitation and reintegration for warriors, families and veterans with psychological health concerns and traumatic brain injuries. Its Real Warriors Campaign is working to encourage help-seeking behavior for warriors with post-traumatic stress or mTBI.

## **Caregiving**

<http://www.veterancaregiver.com/>

### **Veteran CareGiver**

c/o WiseHealth, Inc.

515 Benfield Road, Suite 201

Severna Park, MD 21146

Phone: 410-777-5214

E-mail: [info@wisehealth.com](mailto:info@wisehealth.com)

VeteranCaregiver provides peer-to-peer support and nationwide networking and resources for caregivers of veterans.

<http://www.govtrack.us/congress/bill.xpd?bill=s111-1963>

**Caregivers and Veterans Omnibus Health Services Act of 2010**

This site provides information on S. 1963, signed into law May 5, 2010, including the full text and summary of the bill. The law provides support services to family and other caregivers of veterans including: education sessions for improved caregiving, counseling and mental health services, respite care, healthcare and a stipend for caregivers living with severely wounded veterans of Iraq and Afghanistan.

**Employment**

<http://www.americasheroesatwork.gov>

**America's Heroes at Work**

America's Heroes at Work is a U.S. Department of Labor project designed to help employers and the workforce development system addresses the employment challenges of returning service members and veterans living with Traumatic Brain Injury (TBI) and/or Post-Traumatic Stress Disorder (PTSD).

<http://www.CivilianMedicalJobs.com>

**Civilian Corps USA**

The Civilian Corps provides world-class health care at more than 70 military facilities across the United States, Europe and Asia. This may be a source of employment for military spouses.

<http://www.esgr.org>

**Employer Support of the Guard and Reserve (ESGR)**

1555 Wilson Boulevard, Suite 200

Arlington, VA 22209-2405

Phone: 800-336-4590 (Toll-free)

E-mail: [USERRA@osd.mil](mailto:USERRA@osd.mil)

ESGR promotes cooperation and understanding between Reserve component members and their civilian employers and assists in the resolution of conflicts arising from an employee's military commitment.

<http://www.farmvetco.org/>

**Farmer Veteran Coalition**

508 2nd Street, Suite 206

Davis, CA 95616

Phone: 530-756-1395

E-mail: [info@farmvetco.org](mailto:info@farmvetco.org)

This organization provides vocational training in the agricultural and farming industry to servicemen and women returning from the Iraq and Afghanistan wars.

<http://www.fedshirevets.gov/>

**Feds Hire Vets**

Feds Hire Vets is a one-stop resource for Federal employment information for veterans, transitioning military service members, their families, and Federal hiring officials.

<http://www.helmetstohardhats.org>

**Helmets to Hardhats**

Phone: 866-741-6210 (Toll-free)

Helmets to Hardhats connects veterans to careers in the construction industry.

<http://www.hireamericasheroes.org/>

**Hire America's Heroes**

P.O. Box 407

Redmond, WA 98073

Phone: 425-301-5445

Email: [info@hireamericasheroes.org](mailto:info@hireamericasheroes.org)

This organization connects veterans to corporations dedicated to hiring transitioning service members, their family members and caregivers, and military veterans.

<http://www.hireheroesusa.org>

**Hire Heroes USA (HHUSA)**

100 North Point Center East, Suite 200

Alpharetta, GA 30022

Phone: 866-915-4376 (Toll-free)

HHUSA offers free transition assistance, job search assistance, and job placement services to veterans and their spouses, prioritizing those statistically most likely to be unemployed: OEF/OIF veterans and veterans that are wounded or disabled.

<http://www.military.com/spouse/career-advancement>

**Military.com: Spouse – Career Advancement**

This page has career resources including information on state licensing and certification requirements for a variety of professions, self-employment, and job search tips.

<http://www.military.com/veteran-jobs>

**Military.com: Veteran Jobs**

This site offers employment resources including a job search engine, military skills translator, and networking with other veterans.

<http://www.military.com/support>

**Military.com: Career Center for Wounded Warriors and Disabled Veterans**

This site offers employment resources including a job search engine and military skills translator, as well as links to other resources for veterans.

<http://www.pva.org/>

**Paralyzed Veterans of America: Vocational Rehabilitation**

Phone: 866-424-8200 (Toll-free)

E-mail: [info@pva.org](mailto:info@pva.org)

PVA's Veterans Benefits Department's (VBD) Vocational Rehabilitation Services offers vocationally oriented services to veterans with disabilities, especially those veterans with spinal cord dysfunction.

<http://www.return2work.org>

**Project: Return to Work**

P.O. Box 19381

Boulder, CO 80308

Phone: 720-359-1541, 855-729-9675 (Toll-free)

Project: Return to Work, Inc. provides career counseling services to Americans with disabilities interested in returning to the workforce.

<http://www.dol.gov/VETS/index.htm>

**U.S. Department of Labor: Veterans' Employment and Training Service (VETS)**

VETS provides resources and expertise to assist and prepare veterans and service members to obtain meaningful careers, maximize their employment opportunities, and protect their employment rights.

<http://www.va.gov/jobs>

**U.S. Department of Veterans Affairs: Jobs**

The VA's recruitment website has information on VA jobs, job benefits, and the hiring process.

<http://www.vetbiz.gov/>

**U.S. Department of Veterans Affairs: Vet Biz**

Phone: 202-303-3260

E-mail [verificationfollowup@va.gov](mailto:verificationfollowup@va.gov)

The principal purposes of this site are to provide information about the VIP verification process; to assist veteran business owners in registering their business in the Secretary's Database of veteran-owned small businesses (VOSBs) and to enable VA contracting officers to easily identify service-disabled veteran-owned small businesses (SDVOSBs) and VOSBs eligible for procurement opportunities.

<http://www.vetsuccess.gov/>

**U.S. Department of Veterans Affairs: Vet Success**

This site offers employment resources including a job search engine and military skills translator, as well as information on the Vocational Rehabilitation and Employment (VR&E) program for veterans with service-connected disabilities and links to other resources.

<http://www.vba.va.gov/bln/vre/>

**U.S. Department of Veterans Affairs: Vocational Rehabilitation & Employment Program (VR&E)**

This site presents information about the services that the VR&E program provides to veterans with service-connected disabilities.

<http://www.opm.gov/staffingPortal/Vetguide.asp> (VetGuide)

**U.S. Office of Personnel Management**

1900 E Street NW

Washington, DC 20415

Phone: 202-606-1800, 202-606-2532 (TTY)

This Guide has information on the preference given to veterans in Federal hiring.

<http://www.vambo.org/>

**Veteran and Military Business Owners Association (VAMBOA)**

VAMBOA is a non-profit veteran business trade association that promotes and assists veteran business owners, service disabled veteran owned businesses (SDVOB) and military business owners.

<http://www.veteranemployment.com>

**Veteran Job Search**

This partnership with Monster.com offers veterans, active duty troops, and Guard and Reserve members a place to search for thousands of jobs for veterans from employers who value military experience. It includes a special section for security clearance jobs.

<http://www.veteransgreenjobs.org>

**Veterans Green Jobs**

2627 West 6th Avenue

Denver, CO 80204

Phone: 720-236-1300, 866-984-8452 (Toll-free)

Veterans Green Jobs helps military veterans transition into their communities and find career opportunities across all environmental sustainability sectors of the economy. The organization offers training and hands-on experience, direct employment of veterans, and entrepreneurial opportunities.

<http://vetjobs.com/>

**VetJobs**

VetJobs is a niche job board for transitioning military personnel, National Guard and Reserve members, and their family members. The site has a newsletter, the Veteran Eagle

**Family Assistance**

<http://www.arfp.org/>

**Army Reserve Family Programs**

This site has information on programs for Army Reserve members and their families during deployment and community reintegration.

<http://www.careeronestop.org/militaryspouse/>

**Career One Stop: Military Spouse Resources**

This site has information on resources for military spouses, including information on employment, education and training, and relocation.

<http://www.cfsrf.org>

**Children of Fallen Soldiers Relief Fund (CFSRF)**

P.O. Box 3698

Gaithersburg, MD 20885-3968

Phone: 301-685-3421, 866-962-3773 (Toll-free)

CFSRF provides college grants and financial assistance to children and spouses of U.S. servicemen and women who lost their lives in the Iraq or Afghanistan wars.

<http://corporalnich.org/>

**Corporal Nich Dieruf Memorial Fund**

c/o Republic Bank

651 Perimeter Drive

Lexington, KY 40517

Phone: 859-489-9876

E-mail: [info@corporalnich.org](mailto:info@corporalnich.org)

This fund helps military service members and their families across the United States by providing financial assistance and/or resources to those families in distress.

<http://www.fisherhouse.org/>

**Fisher House**

111 Rockville Pike, Suite 420

Rockville, MD 20850

Phone: 301-294-8560, 888-294-8560 (Toll-free)

Email: [info@fisherhouse.org](mailto:info@fisherhouse.org)

Fisher House donates "comfort homes," built on the grounds of major military and VA medical centers, to enable hospitalized military members to have family close by. The organization also provides free air transportation for the families of wounded soldiers who must travel between home and the hospital.

<http://www.goldstarwives.org/>

**Gold Star Wives of America**

P.O. Box 361986

Birmingham, AL 35236

Phone: 888-751-6350 (Toll-free)

E-mail: [info@goldstarwives.org](mailto:info@goldstarwives.org)

GSW is a non-profit organization composed of widows and widowers whose spouses died while on active duty in the military service or a connected cause. Members provide service, support and friendship to other military widows and widowers.

<http://www.HaleyHouseFund.com>

**Haley House**

P.O. Box 701

Brandon, FL 33509-0701

Phone: 813-926-1100

E-mail: [info@HaleyHouseFund.com](mailto:info@HaleyHouseFund.com)

This program enables family of wounded veterans to stay near their loved ones while they are rehabilitating at the James A. Haley Veterans Hospital in Tampa. Financial need must be shown.

<http://www.military.com/spouse>

**Military.com: Spouse**

This page has many resources for military spouses related to such topics as relocation, relationships, benefits, careers and education.

<http://www.militaryfamily.org/>

**National Military Family Association (NMFA)**

2500 North Van Dorn Street, Suite 102

Alexandria, VA 22302-1601

Phone: 703-931-6632

Email: [info@militaryfamily.org](mailto:info@militaryfamily.org)

NMFA provides resources for deployed servicemen and their families such as educational grants for military spouses.

<http://www.militarywidows.org>

**Society of Military Widows (SMW)**

Phone: 800-842-3451 x1005 (Toll-free)

The SMW benefits widows of members of all branches of the uniformed services of the United States through moral support, advice, a referral service and other help.

<http://www.specialops.org>

**Special Operations Warrior Foundation**

P.O. Box 13483

Tampa, FL 33681

Phone: 813-805-9400

The Special Operations Warrior Foundation provides full scholarship grants and educational and family counseling to the surviving children of special operations personnel who die in operational or training missions and immediate financial assistance to severely wounded special operations personnel and their families.

<http://www.stompproject.org>

**STOMP (Specialized Training of Military Parents)**

6316 South 12<sup>th</sup> Street

Tacoma, WA 98465

Phone/TTY: 800-5-PARENT (Toll-free)

E-mail: [stomp@wapave.org](mailto:stomp@wapave.org)

STOMP provides information and resources to military parents who have a child with special education or health needs.

<http://www.taps.org/>

**Tragedy Assistance Program for Survivors (TAPS)**

National Headquarters  
1777 F Street NW, Suite 600  
Washington, DC 20006  
Phone: 202-588-8277, 800-959-8277 (Toll-free)

TAPS is a 24/7 tragedy assistance resource for anyone who has suffered the loss of a military loved one, regardless of the relationship to the deceased or the circumstance of the death. The program provides comfort and care through comprehensive services and programs including peer-based emotional support, case work assistance, crisis intervention, and grief and trauma resources.

[http://www.polytrauma.va.gov/family\\_support.asp](http://www.polytrauma.va.gov/family_support.asp)

**VA: Polytrauma System of Care – Family Support**

This page has information on the logistical, clinical, and emotional support the VA provides to families and friends of polytrauma patients.

<http://www.veteransfamiliesunited.org/>

**Veterans' Families United Foundation (VFU)**

P.O. Box 14355  
Oklahoma City, OK 73113  
Phone: 405-535-1925

VFU provides support and resources to families with military relatives who are recovering from post-traumatic stress disorder.

<http://www.woundedwarriorwives.org/>

**Wounded Warrior Wives**

8930 Fourwinds Drive, Suite 340  
San Antonio, TX 78239  
Phone: 210-659-7756, 800-722-6098 (Toll-free)

Wounded Warrior Wives, a program of Operation Homefront, cares for caregivers of wounded, ill and injured warriors by providing a variety of resources including retreats, support groups and an online community.

**Grants/Financial Assistance**

<http://www.saluteheroes.org/>

**Coalition to Salute America's Heroes**

12 Godfrey Place  
Wilton, CT 06897  
Phone: 914-432-5400

Email: [info@saluteheroes.org](mailto:info@saluteheroes.org)

The Coalition to Salute America's Heroes provides direct financial relief and support services to disabled American veterans from the wars in Iraq and Afghanistan.

<http://www.fallenpatriotfund.org/>

**Fallen Patriot Fund**

c/o Bank of America Private Bank  
TX1-492-19-09  
P.O. Box 832409  
Dallas, TX 75283-2409  
Phone: 214-658-7125  
E-mail: [info@fallenpatriotfund.org](mailto:info@fallenpatriotfund.org)

The Fallen Patriot Fund of The Mark Cuban Foundation was established to help families of U.S. military personnel who were killed or seriously injured during Operation Iraqi Freedom.

<http://www.helphopelive.org/services/catastrophic-injury-patients/>

**HelpHOPELive: Catastrophic Injury Patients**

150 North Radnor Chester Road, Suite F-120  
Radnor, PA 19087

Phone: 610-727-0612, 800-642-8399 (Toll-free)

HelpHOPELive (formerly the National Transplant Assistance Fund) empowers patient families to mobilize their communities to fundraise for uninsured expenses related to catastrophic injury, including, but not limited to, home and vehicle modifications, rehabilitation therapy and home health care.

<http://www.independencefund.org/>

**The Independence Fund**

Phone: 434-409-0506

Email: [lukerval@me.com](mailto:lukerval@me.com)

The Independence Fund was founded in August 2007 with a mission statement of providing veterans injured in the Global War on Terror with the tools, therapies, and guidance that they otherwise may not be receiving.

<http://www.oeffamilyfund.org/>

**Operation Family Fund (OFF)**

P.O. Box 837

Ridgecrest, CA 93556

Phone: 760-793-0053

E-mail: [support@oeffamilyfund.org](mailto:support@oeffamilyfund.org)

OFF assists the injured and families of those who have been injured or killed as a part of the Global War on Terrorism, whether domestic or abroad, military or civilian, with financial grants for transitioning to their new circumstances and achieving financial self-sufficiency.

<http://www.operationhomefront.net/>

**Operation Homefront**

8930 Fourwinds Drive, Suite 340

San Antonio, TX 78239

Phone: 210-659-7756, 800-722-6098 (Toll-free)

Operation Homefront offers a variety of financial assistance services to families of deployed service members and injured veterans.

<http://semperfifund.org/>

**Semper Fi Fund**

P.O. Box 555193

Camp Pendleton, CA 92055-5193

Phone: 760-725-5421

The Injured Marine Semper Fi Fund is a non-profit organization that provides immediate financial support for injured and critically ill members of the U.S. Armed Forces and their families. The Semper Fi Fund (SFF) provides relief for financial needs that arise during hospitalization and recovery as well as assistance for those with ongoing needs such as adaptive equipment, housing, and transportation.

**Home Modifications/Housing Help/Homelessness**

<http://www.buildinghomesforheroes.com/>

**Building Homes for Heroes**

65 Roosevelt Avenue, Suite 105

Valley Stream, NY 11581

Phone: 516-684-9220

E-mail: [info@buildinghomesforheroes.org](mailto:info@buildinghomesforheroes.org)

Building Homes for Heroes provides mortgage-free homes to those who have returned home from the wars in Iraq or Afghanistan with severe wounds and disabilities, building homes from the ground up or modifying existing homes.

<http://www.searsholdings.com/communityrelations/hero/>

[http://www.rebuildingtogether.org/section/initiatives/veteran\\_housing/programs/heroes](http://www.rebuildingtogether.org/section/initiatives/veteran_housing/programs/heroes)

**Heroes at Home**

Rebuilding Together

1899 L Street NW, Suite 1000

Washington DC 20036

Phone: 800-473-4229 (Toll-free)

This partnership between Sears Holdings Corporation and the non-profit Rebuilding Together provides home repairs and adaptations to military families.

<http://www.homelessvetprovidertac.net>

**Homeless Veterans Provider Technical Assistance Center (VET TAC)**

Phone: 877-VET-TACI (Toll-free)

VET TAC helps non-profit organizations and faith-based agencies in all states and territories to create programs that assist homeless veterans in the transition from homelessness to independent living.

<http://www.homesforourtroops.org/>

**Homes for Our Troops**

6 Main Street

Taunton, MA 02780

Phone: 508-823-3300, 866-787-6677 (Toll-free)

Homes for Our Troops builds specially adapted homes for severely disabled soldiers and their families.

<http://www.vhda.com/Programs/Pages/GrantingFreedom.aspx>

**Granting Freedom: Virginia's Military Home Modification Grant Program**

Phone: 804-782-1986, 877-843-2123 (Toll-free)

This page has information on the Virginia Housing Development Authority's grants for home modifications available to Virginia veterans injured during service.

<http://www.nchv.org>

**National Coalition for Homeless Veterans**

333 ½ Pennsylvania Avenue, SE

Washington, DC 20003-1148

Phone: 202-546-1969, 800-838-4357 (Toll-free)

E-mail: [info@nchv.org](mailto:info@nchv.org)

The NCHV is the resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans each year.

<http://www.pva.org>

**Paralyzed Veterans of America – Architecture Program**

Phone: 800-424-8200

Paralyzed Veterans of America is the only veterans organization with on-staff architects that provide design assistance to veterans. Paralyzed Veterans' architects are specialized in accessible design and have extensive experience. With their unique design knowledge many public buildings, stadiums, courthouses, memorials, and other structures are made more accessible and enjoyable by the public.

PVA Architecture does not provide private home architectural services at this time. However, for more information regarding home alterations, people can purchase their *Accessible Home Design: Architectural Solutions for the Wheelchair User* book at [www.pva.org/architecture](http://www.pva.org/architecture). This book contains a comprehensive discussion of accessible homes as well as methods for designing, financing, and constructing residential projects. The scope of projects ranges from small homeowner additions to large multi-family communities.

<http://www.renovatinghope.org>

**RenovatingHope**

P.O. Box 438

Westtown, PA 19395-0438

Phone: 888-366-2116 (Toll-free)

E-mail: [insight@renovatinghope.org](mailto:insight@renovatinghope.org)

RenovatingHope provides professional, sustainable, home needs and services to the families of men and women presently serving in the armed forces, as well as to veterans.

<http://www1.va.gov/HOMELESS/NationalCallCenter.asp>

**U.S. Department of Veterans Affairs: National Call Center for Homeless Veterans**

Phone: 877-424-3838 (Toll-free)

The National Call Center for Homeless Veterans hotline provides homeless Veterans and Veterans at-risk for homelessness with free, 24/7 access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community.

<http://www.homeloans.va.gov/sah.htm>

**U.S. Department of Veterans Affairs: Specially Adapted Housing Program**

Phone: 571-272-0091

This page has information on VA grants to veterans or service members with specific service-connected disabilities for the purpose of constructing an adapted home or modifying an existing home to meet their adaptive needs.

<http://usacares.org/>

**USA Cares**

P.O. Box 759

Radcliff, KY 40159

Phone: 800-773-0387 (Toll-free)

Email: [info@usacares.us](mailto:info@usacares.us)

USA Cares works with Fannie Mae and the Homeownership Preservation Foundation to prevent military families from losing their homes through eviction and/or foreclosure. The Homeownership Preservation Foundation's website is <http://www.995hope.org/>; their toll-free phone number is 888-995-4673.

## **Multiple Sclerosis**

<http://www.va.gov/ms/>

**VA: Multiple Sclerosis Center of Excellence**

The MS Centers of Excellence are dedicated to furthering understanding of the disease, its impact on veterans, and effective treatments to help manage MS symptoms. This site has general information on MS, diagnosis, symptom management and treatments, as well as VA benefits and services and provider directories.

## **Peripheral Neuropathy**

<http://www.neuropathy.org/>

**The Neuropathy Association**

60 East 42<sup>nd</sup> Street, Suite 942

New York, NY 10165

Phone: 212-692-0662

E-mail: [info@neuropathy.org](mailto:info@neuropathy.org)

The Neuropathy Association focuses on helping and healing people with peripheral neuropathy through awareness, education, support, advocacy and research.

## **Post-Traumatic Stress Disorder (PTSD)**

<http://www.ptsd.va.gov/>

### **VA: National Center for PTSD**

Phone: 800-827-1000 (Toll-free)

The National Center for PTSD is the center of excellence for research and education on the prevention, understanding, and treatment of PTSD. The Center does not provide direct clinical care, but conducts research to improve the well-being and understanding of veterans.

<http://www.womenvetsptsd.va.gov>

### **VA: Women's Trauma Recovery Program (WTRP)**

The WTRP is an intensive 60-day residential program in Menlo Park, CA, designed to treat women veterans, active duty service members, National Guard, and Reservists with PTSD.

## **Service Dogs**

[http://www.caninesforservice.org/CFS\\_Home.html](http://www.caninesforservice.org/CFS_Home.html)

### **Canines for Service/Canines for Veterans program**

P.O. Box 12643

Wilmington, NC

Phone: 910-362-8181, 866-910-3647 (Toll-free)

Canines for Service provides veterans with disabilities with quality trained service dogs for mobility, TBI and PTSD and teaches military prisoners how to train service dogs.

<http://www.vetdogs.org/>

### **America's VetDogs**

371 East Jericho Turnpike

Smithtown, New York 11787-2976

Phone: 866-838-3647 (Toll-free)

E-mail [info@vetdogs.org](mailto:info@vetdogs.org)

America's VetDogs provides assistance dogs and training to disabled veterans and active service members at no cost.

<http://www.puppiesbehindbars.com/index.asp>

### **Puppies Behind Bars**

10 East 40th Street, 19th Floor

New York, NY 10016

Phone: 212-680-9562

E-mail: [programs@puppiesbehindbars.com](mailto:programs@puppiesbehindbars.com)

Puppies Behind Bars trains inmates to raise puppies to become service dogs for the disabled and explosive detection canines. The Dog Tags: Service Dogs for Those Who've Served Us program provides service dogs to veterans returning home from Iraq (OIF) and Afghanistan (OEF) who have suffered a physical injury, traumatic brain injury (TBI) or exhibit post-traumatic stress disorder (PTSD).

## **Spinal Cord Injury**

<http://www.unitedspinal.org/>

### **United Spinal Association**

75-20 Astoria Boulevard

East Elmhurst, NY 11370

Phone: 718-803-3782

United Spinal Association's mission is to improve the quality of life of all people living with spinal cord injuries and disorders (SCI/D). The organization is committed to providing active-lifestyle information, peer support and advocacy that empower individuals to achieve their highest potential in all facets of life.

## **Sports and Recreation**

<http://adaptiveadventures.org/program/adaptive-adventures-military-operations-aamo>

### **Adaptive Adventures' Military Operations (AAMO)**

4840 Pearl East Circle - 201W

Boulder, CO 80301-2486

Phone: 303-396-1339

Phone: 877-679-2770 (Toll-free)

2616 Wilmette Avenue

Wilmette, IL 60091

Phone: 847-251-8445

Phone: 866-679-2770 (Toll-free)

E-mail: [info@adaptiveadventures.org](mailto:info@adaptiveadventures.org)

The AAMO program provides support and mentoring to American servicemen and women who've sustained permanent physical and cognitive injuries. Veterans are introduced to a broad range of outdoor sports opportunities and adaptive technology and techniques through all-season clinics, camps, and adventure trips.

<http://www.bowmanlodge.org>

### **Bowman Lodge (funded by the Talley Bowman Foundation)**

3155 East 86<sup>th</sup> Street

Tulsa, OK 74137-2535

Phone: 918-619-5113

The Bowman Lodge at Lone Tree Ranch offers all-inclusive hunts free of charge to veterans. The lodge is wheelchair-friendly and ADA-compliant and adaptive hunting measures such as

<http://www.challengeaspen.org/veterans-programs.cfm>

**C.A.M.O. (Challenge Aspen Military Opportunities)**

Sarah W. Volf, Director of C.A.M.O. Programs

PO Box 6639

Snowmass Village, CO 81615

Phone: 970-923-0578 x207

E-mail: [sarah@challengeaspen.com](mailto:sarah@challengeaspen.com)

C.A.M.O. provides recreational and cultural experiences for wounded warriors with cognitive or physical disabilities. The program encourages family and friends to share in these experiences.

<http://www.campmobilityproject.org/cyclingproject.html>

**Children & Adult Mobility Project (CAMP)**

14 Echo Lane

Simsbury, CT 06070

Phone: 860-543-5381

E-mail: [info@campmobilityproject.org](mailto:info@campmobilityproject.org)

CAMP's Recumbents for Troops Connecticut Adaptive Cycling Club provides adaptive cycling opportunities across the country to help wounded warriors restore their physical and emotional well-being.

<http://disabledveteransscubaproject.org/>

**Disabled Veterans SCUBA Project**

P.O. Box 782

Los Alamitos, CA 90720

Phone: 562-421-3094

The Disabled Veterans SCUBA Project serves disabled veterans (paraplegic, quadriplegic, PTSD, TBI, poly-trauma, blind, or amputee) by helping them experience the camaraderie of SCUBA diving and the wonders of the underwater world.

<http://www.hgvets.org>

**Higher Ground**

P.O. Box 6791

Ketchum, ID 83340

Phone: 208-726-9298

Higher Ground is a veteran rehabilitation program that combines sports, family and coping therapies to restore and rehabilitate servicemen and women who have been severely wounded in Iraq and Afghanistan.

<http://www.pathintl.org/resources-education/resources/path-intl-horses-for-heroes>

**Horses for Heroes (a program of PATH International)**

PATH International Horses for Heroes

P.O. Box 33150

Denver, CO 80233

Phone: 303-452-1212, 800-369-7433 (Toll-free)

Horses for Heroes assists military veterans through services provided by members of PATH (the Professional Association of Therapeutic Horsemanship) and by providing leadership and guidance for equine assisted activities and therapies.

<http://jimmymillerfoundation.org/ocean-therapy/wounded-warriors-program/>

**Jimmy Miller Memorial Foundation: Wounded Warriors Program**

524 14<sup>th</sup> Street

Manhattan Beach, CA 90266

Phone: 310-721-3806

E-mail: [info@jimmymillerfoundation.org](mailto:info@jimmymillerfoundation.org)

The Foundation currently serves Marines of the Wounded Warrior Battalions at Camp Pendleton and 29 Palms with unique, year-round ocean therapy sessions. The adaptive surfing sessions are held on base at Camp Pendleton.

<http://www.projecthealingwaters.org/>

**Project Healing Waters Fly Fishing**

P.O. Box 695

LaPlata, MD 20646

E-mail: [admin@projecthealingwaters.org](mailto:admin@projecthealingwaters.org)

This organization assists in the physical and emotional rehabilitation of disabled active military service personnel and veterans through fly fishing and fly tying education and outings.

<http://ride2recovery.com>

**Ride 2 Recovery**

23679 Calabasas Road #420

Calabasas, CA 91032

Phone: 818-888-7091

Ride 2 Recovery is a fundraiser produced by the Fitness Challenge Foundation to benefit Spinning® Recovery Labs and outdoor cycling programs for wounded veterans at military and VA locations.

<http://www.sr.woundedwarriorproject.org/>

**Soldier Ride**

Wounded Warrior Project

4899 Belfort Road, Suite 300

Jacksonville, FL 32256

Phone: 904-296-7350, 877-832-6997 (Toll-free)

Soldier Ride is a Wounded Warrior Project initiative that provides adaptive cycling opportunities across the country to help wounded warriors restore their physical and emotional well-being. Wounded Warrior Project provides free equipment and support to participating injured service members.

<http://usparalympics.org/military-and-veteran-programs>

**U.S. Paralympic Team: Military and Veteran Programs**

The U.S. Olympic Committee (USOC) Paralympic Military & Veteran Programs provide post-rehabilitation support and mentoring to American servicemen and women who've sustained physical injuries such as traumatic brain injury, spinal cord injury, amputation, visual impairment/blindness and stroke. Veterans are introduced to adaptive sport techniques and opportunities through clinics and camps and are also connected with ongoing Paralympic sport programs in their hometowns.

<http://www.kipsboat.org/index.html>

**WAVES (Wheelchairs and Veterans Enjoying Summer) Inc.**

754 Shore Walk

Lindenhurst, NY 11757

Phone: 631-957-1838

WAVES offers free fishing and boating to children and adults with physical and mental challenges, including all disabled veterans. They operate in Long Island, NY from May to November and in Stuart, FL from November to May.

## **Transportation**

<http://www.angelflightveterans.org>

**Angel Flight for Veterans**

Phone: 800-296-1217 (Toll-free)

Angel Flight for Veterans facilitates no-cost or reduced-rate patient travel services for needy veterans and their families.

<http://www.aircompassionforveterans.org/>

**Air Compassion for Veterans**

Phone: 888-662-6794 (Toll-free)

E-mail: [ops@aircompassionforveterans.org](mailto:ops@aircompassionforveterans.org)

The mission and purpose of Air Compassion For Veterans is to ensure that no financially-stressed wounded warrior / veteran / active duty military person or their family member(s) is denied access to distant specialized medical evaluation, diagnosis, treatment, or rehabilitation for lack of a means of long-distance medical air transportation.

<http://www.veteransairlift.org/>

**Veterans Airlift Command (VAC)**

5775 Wayzata Boulevard, Suite 700

St. Louis Park, MN 55416

Phone: 952-582-2911

E-mail: [info@veteransairlift.org](mailto:info@veteransairlift.org)

The VAC provides free air transportation to wounded veterans and their families for medical and other purposes through a national network of volunteer aircraft owners and pilots. Priority is given to veterans of the wars in Iraq and Afghanistan.

## **Women**

<http://www.militarywoman.org/>

### **Military Woman**

Phone: 561-948-2950, 877-MIL-WOMAN (Toll-free)

This site offers a space for current, former and future military women to discuss their unique military experiences and issues through forums, blogs, and more.

<http://www.va.gov/womenvet/>

### **VA: Center for Women Veterans**

The Center for Women Veterans monitors and coordinates VA's administration of health care and benefits services, and programs for women veterans.

<http://www.womenvetsptsd.va.gov>

### **VA: Women's Trauma Recovery Program (WTRP)**

The WTRP is an intensive 60-day residential program in Menlo Park, CA, designed to treat women veterans, active duty service members, National Guard, and Reservists with PTSD.

[http://www.womenvetsptsd.va.gov/Womens\\_Outpatient\\_Program.asp](http://www.womenvetsptsd.va.gov/Womens_Outpatient_Program.asp)

### **VA: Women's Outpatient Program**

Phone: 650-617-2770

The Women's Mental Health Center in Palo Alto, CA, aims to serve women veterans through compassionate, innovative, and quality patient care in a safe and supportive environment.

<http://www.wvanational.org>

### **Women Veterans of America (WVA)**

P.O. Box 330368

Nashville, TN 37203-7503

Email: [nationalcommander@womenveteransofamerica.org](mailto:nationalcommander@womenveteransofamerica.org)

The WVA was formed in 1990 to bring to the VA's attention issues related to women veterans. The organization has 7 chapters throughout the U.S.

## **Abbreviations**

<http://www.research.va.gov/programs/pride/resources/Acronyms.pdf>

AW2- Wounded Warrior

BDD: Benefits Delivery at Discharge

CAP: Combined Assessment Program

CBOC: Community Based Outpatient Clinic  
CIO: Chief Information Officer  
DOD: Department of Defense  
GWOT- Global War on Terror  
MTF: Military Treatment Facility  
OEF: Operation Enduring Freedom (Afghanistan)  
OIF: Operation Iraqi Freedom (Iraq)  
PTSD: Post Traumatic Stress Disorder  
SFAC- Soldier Family Assistance Center  
SFMS - AW2 Soldier Family Management Specialists  
VAMC: VA Medical Center  
VARO: VA Regional Office  
VBA: Veterans Benefits Administration  
VETSNET: Veterans Services Network  
VHA: Veterans Health Administration  
VISN: Veterans Integrated Service Network  
WTU- Warrior Transition Unit

### **Magazines**

<http://pvamag.com/pn/>

**PN: Paraplegia News**

A monthly publication from the Paralyzed Veterans of America.

### **Electronic Books**

The following booklets are available for free download from PVA. Go to [www.pva.org](http://www.pva.org), click on *Publications* at the top, then click on *Guidelines and Publications* on the left, then click *Download CPGs and Consumer Guides*, and then click *For Your Health* (for

PVA Guide to Federal Health Programs) or *Advocacy & Accessibility Publications* (for Wheelchairs – Your Options & Rights).

- **PVA Guide to Federal Health Programs.** Washington, DC: Paralyzed Veterans of America.  
Covers Medicare, Medicaid, VA, TRICARE/Champus.
- **Wheelchairs – Your Options & Rights: A Guide to Department of Veterans Affairs Eligibility.** Washington, DC: Paralyzed Veterans of America, 1997. 2<sup>nd</sup> edition.

The following books and videos are available for free loan from the PRC library. For more information, please see [www.paralysis.org](http://www.paralysis.org) and click *Borrow from Our Lending Library* under PRC Quick Links.

### Books

- **ADA: Know Your Rights—Returning Service Members with Disabilities.** Washington, DC: U.S. Department of Justice, Jan. 2010.  
28 page booklet.
- **Amyotrophic Lateral Sclerosis in Veterans: Review of the Scientific Literature.** Washington, DC: National Academies Press, 2006.
- Budahn, P.J. **Veteran’s Guide to Benefits.** Mechanicsburg, PA: Stackpole Books, 2005. 4<sup>th</sup> edition.
- Buddin, Richard and Kanika Kapur. **An Analysis of Military Disability Compensation.** Santa Monica, CA: RAND Corp., 2005.
- Collier, Victoria L. **47 Secret Veterans’ Benefits for Seniors.** Scottsdale, GA: Collier Communications, 2010.
- Driscoll, Patricia P. and Celia Straus. **Hidden Battles on Unseen Fronts: Stories of American Soldiers with Traumatic Brain Injury and PTSD.** Philadelphia: CaseMate, 2009.
- **Federal Benefits for Veterans and Dependents.** Indianapolis, IN: JIST Publishing, 2003. 2<sup>nd</sup> edition.
- **Federal Benefits for Veterans and Dependents.** Washington, DC: Department of Veterans Affairs, 2010. View 2010 edition online at:  
[http://www1.va.gov/opa/publications/benefits\\_book/federal\\_benefits.pdf](http://www1.va.gov/opa/publications/benefits_book/federal_benefits.pdf)

- Fox, William F. Jr. **The Law of Veterans Benefits: Judicial Interpretation.** Washington, DC: Paralyzed Veterans of America, 2002.
- Gaytan, Peter S. and Marian Edelman Borden. **For Service to Your Country: The Essential Guide to Getting the Veteran's Benefits You've Earned.** New York: Citadel Press, 2011.
- **A Handbook for Family & Friends of Service Members: Before, During and After Deployment.** Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury, 2010.
- Hill, Janelle. **Special Needs Families in the Military: a Resource Guide.** Lanham, MD: Government Institutes, 2010.
- Howell, Terry. **The Military Advantage: The Military.com Guide to Military and Veterans Benefits.** Annapolis, MD: Naval Institute Press, 2011.
- **Improving the Presumptive Disability Decision-Making Process for Veterans.** Washington, DC: Institute of Medicine/ National Academies Press, 2008.
- Johnson, James D. **Combat Trauma: A Personal Look at Long-Term Consequences.** Lanham, MD: Rowman & Littlefield, 2010.  
PTSD and other issues.
- Lawhorne, Cheryl and Don Philpott. **Combat-Related Traumatic Brain Injury and PTSD: A Resource and Recovery Guide.** Lanham, MD: Government Institutes, 2010.
- Longman, Phillip. **Best Care Anywhere: Why VA Health Care is Better Than Yours.** Sausalito, CA: PoliPointPress, 2007.
- Lovett, Tommy Lee. **Doors Wired Shut: The Truth About Discrimination and Disabled Veterans.** Mustang, OK: Tate Publishing, 2005.
- Maxwell, Shannon. **Our Daddy is Invincible!** Bowie, MD: E L Kurdyla Publishing LLC, 2010.  
Children's book. Told by a young girl whose father serves in the military and is injured. The book gives children hope that if their parent is injured, there are people who are ready to help them relearn functions so they can have a good life again, even if it is different.
- **The Military Advantage: A Comprehensive Guide to Your Military and Veteran Benefits.** Christopher P. Michel and Terry Howell. Annapolis, MD: Naval Institute Press, 2009.

- Montalvan, Luis Carlos. **Until Tuesday: A Wounded Warrior and the Golden Retriever Who Saved Him.** New York: Hyperion, 2011.  
Montalvan is a former U.S. Army captain in the Iraq War.
- Paulson, Daryl S. and Stanley Krippner. **Haunted by Combat: Understanding PTSD in War Veterans—including Women, Reservists, and Those Coming Back from Iraq.** Westport, CT: Praeger Security International, 2007.
- Philpott, Don and Janelle Hill. **The Wounded Warrior Handbook: A Resource Guide for Returning Veterans.** Lanham, MD: Government Institutes, 2009.
- **Placing a Value on the Health Care Benefit for Active-Duty Personnel.** James Hosek, et al, editors. Santa Monica, CA: RAND, 2005.
- Powers, Rod. **Veterans Benefits for Dummies.** Hoboken, NJ: Wiley Publishing, 2009.
- **PTSD Compensation and Military Service.** Washington, DC: National Academies Press, 2007.
- **Returning Wars' Wounded, Injured and Ill: A Reference Handbook.** Westport, CT: Praeger Security International. 2008.
- Roche, John D. **The Veteran's PTSD Handbook: How to File and Collect on Claims for Post-Traumatic Stress Disorder.** Washington, DC: Potomac Books Inc., 2007.
- Roche, John D. **The Veteran's Survival Guide: How to File and Collect on VA Claims.** Washington, DC: Potomac Books, 2006.
- Trudeau, G.B. **The Long Road Home: One Step at a Time.** Kansas City, MO: Andrews McMeel Publishing, 2006.  
A Doonesbury Book. A collection of comic strips about an Iraq veteran who is an amputee, follows his rehab and his family's stay at Fisher House.
- **A 21<sup>st</sup> Century System for Evaluating Veterans for Disability Benefits.** Washington DC: National Academies Press, 2007.
- **Veterans' Benefits and Care.** Mathew H. Bradley, editor. New York: Nova Science Publishers, 2010. Defense, Security and Strategy series.
- Webber, Lawrence J. and Katrina L. Webber. **The Complete Idiot's Guide to Your Military and Veterans Benefits.** New York: Alpha Books, 2008.
- Zajac, Kristen K. **Ebenezer's Cousin.** St. Louis, MO.: Guardian Angel Publishing, 2010.

Maria's dad is a soldier who is injured in Afghanistan. The family gets a service monkey for him. Ebenezer is Maria's toy monkey. Children's fiction.

### Videos

- **Alive Day Memories: Home From Iraq.** HBO, 2007. DVD (57 minutes)  
Actor James Gandolfini interviews 10 soldiers and Marines who share their feelings on their future, their severe disabilities and their devotion to America.
- **Body of War: The True Story of an Anti-War Hero.** Docurama Films, 2008. DVD. (87 minutes)  
Paralyzed from the chest down after serving in Iraq for just one week, 25-year old Tomas Young is forced to deal with the realities of war each and every day.
- **Hidden Wounds.** Boston: Fanlight Productions, 2006. DVD. (57 minutes)  
Documentary of soldiers returning from the Iraq War who have PTSD.
- **Military Youth Coping with Separation: When Family Members Deploy.** Elk Grove, IL: American Academy of Pediatrics. DVD.
- **Mr. Poe & Friends: Discuss Family Reunion After Deployment.** United States Army.  
A kit for elementary school age children. DVD.

**The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.**