



Veterans and Military Benefits

www.ChristopherReeve.org/Military

Christopher & Dana Reeve Foundation

Email: Military@ChristopherReeve.org

Toll-free Phone: 866-962-8387

Government Resources

<http://www.myhealth.va.gov/>

Dept of Veterans Affairs --My HealthVet

<http://www.vba.va.gov/>

Dept. of Veterans Affairs-- Benefits Administration

<http://www.vba.va.gov/VBA/benefits/factsheets/> (English and Tagalog)

<http://www.vba.va.gov/VBA/espanol/factsheets/> (Spanish)

Dept. of Veterans Affairs—Benefits Fact Sheets in English, Spanish and Tagalog

www.polytrauma.va.gov

Dept of Veterans Affairs: Polytrauma System of Care

Polytrauma care is for Veterans and returning Service members with injuries to more than one physical region or organ system, one of which may be life threatening, and which results in physical, cognitive, psychological, or psychosocial impairments and functional disability. See FAQs at <http://www.polytrauma.va.gov/faq.asp?FAQ> and locations of Polytrauma Centers at

http://www.polytrauma.va.gov/facility_locations.asp?isFlash=1

http://www1.va.gov/opa/publications/factsheets/fs_spinal_cord_injury.pdf

Dept of Veterans Affairs: VA and Spinal Cord Injury Fact Sheet

<http://www1.va.gov/directory/guide/home.asp?isFlash=1>

Dept of Veterans Affairs: VA Facilities Locator

Locate one of the 1,600 VA centers and facilities in the U.S.

<http://www1.va.gov/opa/pressrel/pressrelease.cfm?id=1499>

Dept of Veterans Affairs: Federal Recovery Coordinator Program

The program is designed to cut across bureaucratic lines and reach into the private sector as necessary to identify services needed for seriously wounded and ill service members, veterans and their families.

<http://www1.va.gov/opa/pressrel/pressrelease.cfm?id=1542>

Dept of Veterans Affairs: VA Nursing Academy

To provide compassionate, highly-trained nurses to serve the health care needs of the nation's veterans, the Department of Veterans Affairs (VA) is establishing new partnerships with seven of the country's finest nursing schools. The partnerships will bring to 10 the number of collaborations between the Department and nursing schools under the VA Nursing Academy.

<http://www.oefoif.va.gov/>

Dept of Veterans Affairs: Returning Service Members (OEF/OIF)

web site for returning Active Duty, National Guard and Reserve service members of Operations Enduring Freedom and Iraqi Freedom (OEF/OIF)

<http://www.gibill.va.gov/>

http://www.gibill.va.gov/GI_Bill_Info/CH33/Post-911.htm

Dept of Veterans Affairs: GI Bill

President Bush has signed into law the Post-9/11 Veterans Educational Assistance Act of 2008.

<http://www.csp.research.med.va.gov/studies.cfm>

Department of Veterans Affairs: Cooperative Studies Program Clinical Trials

810 Vermont Avenue, N.W.

Washington, D.C. 20420

Phone: 202-254-0192

Email: CSP@va.gov

<http://www1.va.gov/HOMELESS/NationalCallCenter.asp>

Department of Veterans Affairs: National Call Center for Homeless Veterans

Call 1-877-4AID VET (1-877-424-3838)

<http://www.ourmilitary.mil/index.aspx>

<http://www.ourmilitary.mil/redirect.shtml>

Dept. of Defense: Community Relations program "America Supports You"

A nationwide program developed by the Department of Defense to show civilian support of America's Armed Forces.

<http://www.militaryonesource.com>

Military One Source

Army/Marine Corps/Navy/Air Force

Education, relocation, parenting, stress - you name it - Military OneSource is here to help you with just about any need. Available by phone or online, our free service is provided

by the Department of Defense for active-duty, Guard, and Reserve service members and their families. Service is available 24/7/365

- Stateside: CONUS: 1-800-342-9647
- Overseas: *OCONUS Universal Free Phone: 800-3429-6477
- Collect from Overseas: OCONUS Collect: 484-530-5908
- En español llame al: 1-877-888-0727
- TTY/TDD: 1-800-346-9188
- Korea DSN: 550-ARMY (2769)

*Use applicable access code before dialing toll free number.

**Severely Injured Joint Support Operation Center
(a program of MilitaryOneSource)**

1-877-201-4463 or 1-800-342-9647 Assistance is available 24/7

For soldiers injured in Iraq & Afghanistan. Program will follow service member to get them find resources.

www.archives.gov/st-louis/military-personnel

National Personnel Records Center in St. Louis

Phone: 314-801-0800

is the repository of millions of military personnel, health, and medical records of discharged and deceased veterans of all services during the 20th century.

<https://www.nationalresourcedirectory.org/nrd/public/DisplayPage.do?parentFolderId=6006>

National Resource Directory: An Online Partnership for Wounded, Ill and Injured Service Members, Veterans, Their Families and Those Who Support Them. The NRD was produced by a partnership between the Departments of Defense, Labor, and Veterans Affairs.

<http://suicidepreventionlifeline.org/Veterans/Default.aspx>

National Suicide Prevention Hotline funded by the U.S. Dept of Veterans Affairs

Call 1-800-273-8255, Veterans Press 1

TriCare –Health care for the Military

<http://www.tricare.osd.mil/>

Phone: 1-888-647-6676

TriCare Dental Program

www.TRICAREdentalprogram.com

Phone: 1-800-866-8499

TriCare: Computer/Electronic Accommodations Program

<http://tricare.mil/cap/>

5111 Leesburg Pike, Suite 810
Falls Church, VA 22041-3206
703-681-8813

www.army.mil

US Army

<http://www.aw2.army.mil/>

Army Wounded Warrior Program

www.navy.mil

US Navy

www.npc.navy.mil/CommandSupport/SafeHarbor

Navy/Coast Guard Safe Harbor

www.marines.mil

US Marine Corps

www.woundedwarriorregiment.org

Marine Wounded Warrior Regiment

www.af.mil

US Air Force

<http://www.woundedwarrior.af.mil/>

Air Force Wounded Warrior

www.uscg.mil

US Coast Guard

www.npc.navy.mil/CommandSupport/SafeHarbor

Navy/Coast Guard Safe Harbor

www.socom.mil

US Special Operations Command

www.socom.mil/carecoalition

US Special Operations Command's Care Coalition

Other Organizations

<http://www.afas.org/>

Air Force Aid Society

is the official charity of the United States Air Force, incorporated in 1942 as a private, non-profit organization.

www.legion.org

American Legion

www.amvets.org

AMVets

Membership provides discounts on various services such as car rentals.

<http://afhsc.army.mil/index.asp>

Armed Forces Health Surveillance Center

AFHSC performs comprehensive medical surveillance and reporting of rates of diseases and injuries among DoD service members.

<http://www.asymca.org/>

Armed Services YMCA

The Department of Defense has contracted with the Armed Services YMCA to fund memberships at participating YMCAs throughout the United States and Puerto Rico for various Title 10 DoD Military Groups. Operation Kid Comfort creates custom-made quilts for children of deployed military personnel who experience grief from missing their mom or dad. Through ASYMCA's Operation Outdoors, military children attend camps across the United States.

<http://www.armywell-being.org/>

Army Well Being

content on the site focuses on five life domains: Standard of Living, Health, Career, Community Life and Personal/Family Life.

<http://remind.org/>

Bob Woodruff Foundation/ReMIND

Fund assists service members injured while serving in the United States Armed Forces. Special emphasis is placed on the "hidden signature injuries" of the wars in Iraq and Afghanistan – traumatic brain injury (TBI) and combat stress injuries including post-traumatic stress disorder (PTSD).

<http://www.booksforsoldiers.com/>

Books for Soldiers

Sends books overseas to deployed military servicemen.

<http://www.military.com/benefits/military-pay/retired-pay/combat-related-special-compensation-faqs>

Combat-Related Special Compensation: Frequently Asked Questions

www.military.com/benefits/military-pay/special-pay/combat-related-special-compensation#4

Combat-Related Special Compensation Info

<http://www.connectandjoin.com/>

Connect and Join

An online site that families and friends create for their serviceman to keep him or her aware of happenings at home.

<http://www.arapmi.org/>

Defense & Veterans Pain Management Initiative

The organizational objective is expanded to ensure that pain management services are available at all military treatment facilities, those in-theatre, in Germany and throughout the continental United States. DVPMI is a collaborative research partnership between Walter Reed Army Medical Center, Washington D.C. and the [Conemaugh Health System](#), Johnstown, Pa.

<http://www.dav.org>

Disabled American Veterans

PO Box 14301

Cincinnati, OH 45250-0301

Phone: 1-877-426-2838

Made up exclusively of men and women disabled in our nation's defense, the Disabled American Veterans is dedicated to one, single purpose — building better lives for the nation's disabled veterans and their families.

http://www.easterseals.com/site/PageServer?pagename=ntl_military_veterans_services

Easter Seals' Services for Military and Veteran Communities

http://www.easterseals.com/site/PageServer?pagename=ntl_military_veterans

Easter Seals' Military and Veterans Initiative

<http://www.fallenpatriotfund.org/>

Fallen Patriot Fund

Part of the Mark Cuban Foundation, it was established to help families of U.S. soldiers killed or severely wounded in Operation Iraqi Freedom.

<http://www.usaforgottenheroes.com/>

Forgotten Heroes

Provides assistance for Kansas soldiers, veterans, reserves and their families. Includes a support network for women with family in the armed forces.

www.istl.org/07-fall/internet2.html

A Guide to Resources for Severely Wounded Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF) Veterans

www.gulfweb.org

Gulf War Veteran Resource Pages

<http://www.hhv.org/>

Help Hospitalized Veterans

HHV's primary mission is to provide materials, both rehabilitative and therapeutic, directly to the veteran patient community.

<http://www.narha.org/resources-education/resources/narha-horses-for-heroes>

Horses for Heroes (a program of NARHA)

Phone: 800-369-7433 or (303) 452-1212

Call them to find a therapeutic riding program that offers a Horses for Heroes program near you.

<http://iava.org/>

Iraq and Afghanistan Veterans of America

<http://www.kwva.org/>

Korean War Veterans Association

<http://www.nlm.nih.gov/medlineplus/veteransandmilitaryhealth.html>

MedlinePlus: Military and Veterans Health

<http://www.purpleheart.org/>

Military Order of the Purple Heart of the USA

<http://www.military.com/>

Military.com: All the Benefits of Service

www.missioncontinues.org

The Mission Continues

Awards fellowships empower wounded and disabled veterans to serve in their communities by working on or leading projects.

www.naavets.org

National Association of American Veterans

<http://www.naus.org/>

National Association for Uniformed Services (NAUS)

5535 Hempstead Way

Springfield, VA 22151

Phone: 703-750-1342

NAUS was founded in 1968 to protect and enhance the earned benefits of uniformed service members, retirees, veterans, and their families and survivors.

<http://www.nmcrs.org/>

Navy-Marine Corps Relief Society

The mission of the Navy-Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs.

<http://www.neuropathy.org/>

The Neuropathy Association

60 E. 42nd St., Suite 942

New York, NY 10165-0930

Phone: 212-692-0380

<http://www.opgratitude.com/>

Operation Gratitude

Sends care packages to the U.S. military deployed overseas

<http://www.pva.org>

Paralyzed Veterans of America

PVA National Headquarters
801 Eighteenth Street NW
Washington, DC 20006-3517
Phone: 1-800-424-8200
Emails: info@pva.org

PVA: Veterans Benefits Department

http://www.pva.org/site/PageServer?pagename=benefits_main

Voice: 1-800-424-8200

TTY: 1-800-795-4327

PVA: Veterans Issues

http://www.pva.org/site/PageServer?pagename=rights_govrelations

<http://www.unitedspinal.org/>

United Spinal Association

75-20 Astoria Blvd
Jackson Heights NY 11370
718-803-3782

Offers brochures, travel agency and other services to veterans.

<http://usacares.org/>

USA Cares

P.O. Box 759
Radcliff, KY 40159
Phone: 1-800-773-0387
Email: info@usacares.us

USA Cares provides significant levels of financial support for those wounded in combat. This includes the “invisibly wounded” PTSD and TBI veterans through their Warrior Treatment Today program.

www.vacationsforveterans.org

Vacations for Veterans

A non-profit organization that offers vacation accommodations for those vets who received a Purple Heart while serving in Afghanistan or Iraq.

<http://www.veteransairlift.com>

Veterans Airlift Command

5775 Wayzata Boulevard, Suite 700

St. Louis Park, MN 55416

Phone: 952-582-2911

Email: info@veteransairlift.org

Helps military families visit their wounded family members while they receive medical care. Priority is given to those serving in Iraq and Afghanistan.

<http://www.vetscommission.org/>

Veterans Disability Benefits Commission

Established by Congress in 2005, the Commission was charged with performing an in-depth analysis of VA benefits and services provided to veterans and their survivors for deaths and disabilities. See their report at: <http://www.vetscommission.org/reports.asp>

www.vfw.org

Veterans of Foreign Wars

www.vetsfirst.org

VetsFirst

A non profit organization established by United Spinal Association. In addition to providing individual support and counseling services, United Spinal's VetsFirst program offers timely news and information across the spectrum of issues presently impacting veterans, including guides on self-help, state benefits, separating from the military; exclusive feature stories on military health care, and VA funding and compensation.

www.vva.org

Vietnam Veterans of America

<http://www.warriorlegacyfoundation.org/>

Warrior Legacy Foundation

contact@warriorlegacyfoundation.org

The Warrior Legacy Foundation protects and promotes the reputation and dignity of every American veteran. They offer a Wounded Heroes program that will help our troops who have been injured to transition from active duty to civilian life.

<http://ww2.vet.org/>

World War II U.S. Veterans

<http://www.woundedheroesfund.net/>

Wounded Heroes Foundation

provides immediate financial assistance to our Heroes and their families. Planes tickets, hotel rooms and other basic needs make certain they have their families with them during their long road to recovery. WHF has provided over 4,000 Survival Care Packages to Walter Reed, Brooke Army Medical Center, National Naval Medical Centers in Bethesda and San Diego and to the US medical units in Iraq, Afghanistan and Germany.

http://www.rules.house.gov/110/text/110th_hr1538.pdf

Wounded Warrior Assistance Act of 2007

The Wounded Warrior Assistance Act is the first legislative action taken to address a host of problems encountered by outpatients at Walter Reed Army Medical Center.

<http://www.woundedwarriorproject.org/>

The Wounded Warrior Project

Toll Free Phone: Phone: 1-877-832-6997

Jacksonville, Fla. Headquarters: 904-296-7350

New York Office: 212-629-8881

The Wounded Warrior Project seeks to assist those men and women of our armed forces who have been severely injured during the conflicts in Iraq, Afghanistan, and elsewhere around the world.

<http://www.yellowribbonfund.com/>

Yellow Ribbon Fund

7200 Wisconsin Avenue, Suite 310

Bethesda, Maryland 20814

Phone: 240-223-1180

Fax: 301-654-7674

email@yellowribbonfund.org

Assists injured service members and their families while they recuperate at the Walter Reed Army Medical Center and the National Naval Medical Center.

ALS

<http://www.alsa.org/patient/military.cfm?CFID=6036789&CFTOKEN=33df0ac-48d90dfa-1fe3-4e44-be07-fed0c78534c0>

ALS Association's ALS in the Military

<http://fdsys.gpo.gov/fdsys/pkg/FR-2009-11-04/html/E9-26580.htm>

Presumption of Service Connection for Amyotrophic Lateral Sclerosis from the Federal Register

<http://www.durham.hsrd.research.va.gov/alsregistry.asp>

Department of Veterans Affairs National registry of veterans with ALS

VA Medical Center

508 Fulton Street

Durham, NC 27705

Phone: 877-342-5257

Email: ALS@med.va.gov

Brain Injury

www.dvbic.org

Defense and Veterans Brain Injury Center (DVBIC)

Defense & Veterans Brain Injury Center
Building 1, Room B209
Walter Reed Army Medical Center
6900 Georgia Avenue NW
Phone: 1-800-870-9244
Email: info@dvbic.org

<http://www.dcoe.health.mil/>

Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury

Caregiving

<http://www.veterancaregiver.com/>

Veteran CareGiver

Veteran CareGiver was developed squarely in response to expressed challenges by Wounded Warrior and Veteran families, and Veterans Affairs leadership.

<http://veterans.house.gov/legislation/111th/S1963summaryforfloor.pdf>

Caregivers and Veterans Omnibus Health Services Act of 2010 signed into law May 5, 2010. The law provides support services to family and other caregivers of veterans including: education sessions for improved caregiving, counseling and mental health services, respite care, healthcare and a stipend for caregivers living with severely wounded veterans of Iraq and Afghanistan.

Employment

www.americasheroesatwork.gov

America's Heroes At Work

Supporting the Employment Success of Returning Service Members with TBI & PTSD

www.dol.gov/vets

Department of Labor's Veterans' Employment & Training Service

www.va.gov/jobs

Dept. of Veterans Affairs: Jobs

For applying to work for the Department of Veterans Affairs

<http://www.vetsuccess.gov/>

Dept. of Veterans Affairs: Vet Success

1-800-827-1000

The purpose of this web site is to present information about the services that the Vocational Rehabilitation and Employment (VR&E) program provides to veterans with service-connected disabilities.

<http://www.vba.va.gov/bln/vre/>

Dept. of Veterans Affairs: Vocational Rehabilitation & Employment Program

<http://www.hireamericasheroes.org/>

Hire America's Heroes

PO Box 407

Redmond, WA 98073-0407

Phone: 425-702-9000

Email: info@hireamericasheroes.org

Seeks to connect corporate America with the rich skills and abilities of military veterans. Our purpose is to promote best practices and success strategies by which America's military service members, upon their exit from active duty, are welcomed into America's corporate workforce.

<http://www.military.com/spouse>

Military Spouse Career Center

www.military.com/Careers

Military.com's Veteran Careers

http://www.pva.org/site/PageServer?pagename=rights_employment

http://www.pva.org/site/PageServer?pagename=benefits_vocrehab

Paralyzed Veterans of America's Vocational Employment Counseling Center for veterans with spinal-cord injuries. For more information, call the PVA Veterans Benefits Department at 800-424-8200. PVA also has an employment page.

www.return2work.org

Return to Work

Phone: 877-212-3310

Provides voc rehab and employment services for Americans with disabilities.

<http://www.fedshirevets.gov/>

<http://www.opm.gov/staffingPortal/Vetguide.asp> (VetGuide)

U.S. Office of Personnel Management

1900 E St. NW

Washington, DC 20415

Phone: 202-606-1800

TTY: 202-606-2582

<http://www.vetbiz.gov/>

Vet Biz

Vet Biz is a Veteran Resource Information web site designed to assist veteran entrepreneurs who want to start and expand their businesses in the *Federal* and *private* marketplace.

<http://www.vambo.org/>

Veteran and Military Business Owners Association (VAMBOA)

VAMBOA is your non-profit veteran business trade association that promotes and assists Veteran Business Owners, Service Disabled Veteran Owned Businesses (SDVOB) and Military Business Owners.

www.veteranemployment.com

Veteran Employment

A partnership with Monster.com

www.vetjobs.com

VetJobs

Family Assistance

<http://www.arfp.org/skins/ARFP/home.aspx?mode=user>

Army Reserve Family Programs

<http://corporalnich.org/>

Corporal Nich Dieruf Memorial Fund

Phone: 1.859.489.9876

Email: info@corporalnich.org

Helps military service members and their families across the United States by providing financial assistance and/or resources to those families in distress.

www.polytrauma.va.gov/family_support.asp

Dept of Veterans Affairs: Polytrauma System of Care: Family Support

<http://www.fisherhouse.org/>

Fisher House

1401 Rockville Pike, Suite 600

Rockville, MD 20852

Phone: 1-888-294-8560

Email: info@fisherhouse.org

Donates "comfort homes," built on the grounds of major military and VA medical centers. These homes enable family members to be close to a loved one at the most stressful times - during the hospitalization for an unexpected illness, disease, or injury. Includes a house in Landstuhl, Germany.

www.HaleyHouseFund.com

Haley House

P.O.Box 701

Brandon, FL 33509-0701

This program enables family of wounded vets to stay near their loved ones while they are rehabilitating from spinal cord injuries, brain injuries or blast injuries. Financial need must be shown.

<http://www.emilitary.org/article.php?aid=14114>

Military Family Network

<http://www.military.com/spouse>

Military Spouse Career Center

<http://www.nmfa.org/site/PageServer>

National Military Family Association

2500 North Van Dorn Street Suite 102

Alexandria, VA 22302-1601

Phone: 1-800-260-0218

Email: families@nmfa.org

Provides resources for deployed servicemen and their families such as educational grants for military spouses.

www.specialops.org

Special Operations Warrior Foundation

P.O. Box 13483

Tampa, FL 33681

Phone: 813-805-9400

Steven L. McLeary, Major, U.S. Air Force (Ret.)

Executive Director

A non-profit organization devoted to providing a college education to every child who has lost a parent while serving in Army, Navy, Air Force and Marine Corps Special Operations during an operational or training mission.

www.stompproject.org

STOMP (Specialized Training of Military Parents)

6316 South 12th Street

Tacoma, WA 98465

Phone/TTY: 1-800-5-PARENT

E-mail: stomp@washingtonpave.com

Provides information and resources to military parents who have a child with special needs.

<http://www.taps.org/>

Tragedy Assistance Program for Survivors (TAPS)

A resource for those grieving the death of a loved one who served in the military.

<http://www.veteransfamiliesunited.org/>

Veterans' Families United Foundation

Supports families with military relatives who are recovering from Post-Traumatic Stress Disorder.

Grants/Financial Assistance

www.fallenpatriotfund.org

Fallen Patriot Fund

Phone: 214-658-7125

Was established to help families of U.S. military personnel who were killed or seriously injured during Operation Iraqi Freedom.

<http://www.ntafund.org/services/catastrophic-injury-patients/>

NTAF's Spinal Cord Injury Program

1-800-642-8399

National Transplant Assistance Fund works with the families and friends of spinal cord injured people to help them fundraise for future medical expenses. Funds raised are sent to NTAF and held for that SCI patient. Bills are then paid directly to vendors for things like adapted vans, home modifications, home care and medical bills. The person with SCI must have a social network that is willing to do the fundraising for them.

<http://www.oeffamilyfund.org/>

Operation Family Fund

Phone: 760-793-0053

Gives grants to families of injured or killed veterans of the Global War on Terrorism.

<http://www.operationhomefront.net/default.aspx>

Operation Homefront

8930 Fourwinds Drive, Suite 340

San Antonio, Texas 78239

Phone: 210-659-7756

provides emergency financial and other assistance to the families of our service members and wounded warriors.

<http://www.semperfund.org/>

Injured Marine Semper Fi Fund

Phone: 760-725-3680

Provides financial assistance and quality of life solutions to marines and sailors injured in combat, training, or with life threatening illness. Can help with associate expenses including purchasing of special equipment, adaptive vans or vehicles, and handicap home purchases and modification.

<http://www.soldiersangels.org/>

Soldiers' Angels

Phone: 615-676-0239

Provides financial assistance to OEF OIF service members and veterans for financial assistance to pay mortgages and utilities.

<http://www.independencefund.org/>

The Independence Fund

Phone: 434-409-0506

Email: lukerval@me.com

The Independence Fund was founded in August 2007 with a mission statement of providing our veterans injured in the Global War on Terror with the tools, therapies, and guidance that they otherwise may not be receiving.

Home Modifications/Housing Help

<http://www.buildinghomesforheroes.com/about.htm>

Building Homes for Heroes

516-684-9220

<http://www.saluteheroes.org/programs.html>

Coalition to Salute America's Heroes: Homes for Wounded Heroes

Phone: 914-432-5400

Email: info@saluteheroes.org

This program assist veterans in adapting their homes for a disability that occurred serving in Iraq or Afghanistan at little or no cost for the veteran.

<http://www.homeloans.va.gov/sah.htm>

Dept of Veterans Affairs: Specially Adapted Housing Program

Grants for adapting houses for vets.

<http://www.vba.va.gov/ro/Roanoke/rlc/SAHQQA.html>

Dept. of Veterans Affairs: Specially Adapted Housing for Veterans—Q&As

Phone: 1-800-827-1000

<http://www.searsholdings.com/communityrelations/hero/>

http://www.rebuildingtogether.org/section/initiatives/veteran_housing/programs/heroes

Heroes at Home

Rebuilding Together

1536 16th Street NW

Washington DC 20036

1-800-473-4229

a program Sears Holdings has created in partnership with Rebuilding Together in response to an urgent need to assist military families facing hardship. Rebuilding Together, the nation's largest all volunteer home rehabilitation organization, is committed to bringing warmth, safety and accessibility to homeowners who do not have the financial or physical resources to complete home repairs and other necessary improvements.

<http://www.homesfourtroops.org/>

Homes for Our Troops

37 Main Street

Taunton, MA 02780

Phone: 1-866-7-TROOPS

Their mission is to build specially adapted homes for our severely disabled soldiers and their families.

<http://www.vhda.com/Programs/Pages/GrantingFreedom.aspx>

Granting Freedom: Virginia's Military Home Modification Grant Program

Phone: 877-VHDA-123

Virginia Housing Development Authority is making grants for home modifications available to Virginia servicemen and women injured while serving the country.

www.pva.org

Paralyzed Veterans of America—Home Modification Help

1-800-424-8200

Please note that PVA helps disabled veterans with funding for housing modifications. You must call them before doing any modifications. They pick the contractor and pay the contractor directly. They will not reimburse you if you choose your own contractor and then try to submit a bill to them.

<http://usacares.org/>

USA Cares

P.O. Box 759

Radcliff, KY 40159

Phone: 1-800-773-0387

Email: info@usacares.us

USA Cares works with the **Homeownership Preservation Foundation** to prevent military families from losing their homes.

Homeownership Preservation Foundation

<http://www.995hope.org/>

Phone: 1-888-995-HOPE

Multiple Sclerosis

<http://www4.va.gov/ms/>

The Department of Veterans Affairs **Multiple Sclerosis Centers of Excellence** are committed to serving the health care needs of approximately 28,000 veterans with MS. The Centers of Excellence are located in Seattle and Portland (MSCoE, West) and Baltimore (MSCoE, East).

Post Traumatic Stress Disorder (PTSD)

<http://www.ptsd.va.gov/>

Department of Veterans Affairs: National Center for PTSD

<http://www.womenvetsptsd.va.gov>

Dept. of Veterans Affairs: Women's Trauma Recovery Program

The WTRP, designed to treat women veterans with post traumatic stress disorder (PTSD), is the first residential program of its kind and is open to women across the country.

Service Dogs

<http://www.vetdogs.org/>

Guide Dog Foundation's Vet Dogs program

c/o Guide Dog Foundation for the Blind, Inc

371 East Jericho Turnpike

Smithtown, New York 11787-2976

Phone: 1-866 VETDOGS

E-mail info@vetdogs.org

<http://www.puppiesbehindbars.com/index.asp>

Puppies Behind Bars: Dog Tags: Service Dogs for Those Who've Served Us

Puppies Behind Bars trains inmates to raise puppies to become service dogs for the disabled and explosive detection canines. The Dog Tags: Service Dogs for Those Who've Served Us program was established by Puppies Behind Bars to provide service dogs to veterans returning home from Iraq (OIF) and Afghanistan (OEF) who have suffered a physical injury, traumatic brain injury (TBI) or exhibit Post Traumatic Stress Disorder (PTSD).

10 East 40th Street, 19th Floor

New York, NY 10016

212.680.9562

Fax 212.689.9330

programs@puppiesbehindbars.com

Transportation

www.angelflightveterans.org

Angel Flight for Veterans

Phone: 1-800-296-1217

Veterans Angel Flight (VAF) facilitates no-cost or reduced-rate patient travel services for needy veterans and their families.

<http://www.aircompassionforveterans.org/>

Air Compassion for Veterans

Phone: 888-662-6794

The mission and purpose of Air Compassion For Veterans is to ensure that no financially-stressed wounded warrior / veteran / active duty military person or their family member(s) is denied access to distant specialized medical evaluation, diagnosis, treatment, or rehabilitation for lack of a means of long-distance medical air transportation.

Women

<http://www1.va.gov/womenvet/>

Dept of Veterans Affairs: Center for Women Veterans

<http://www.womenvetsptsd.va.gov>

Dept. of Veterans Affairs: Women's Trauma Recovery Program

The WTRP, designed to treat women veterans with post traumatic stress disorder (PTSD), is the first residential program of its kind and is open to women across the country.

<http://www.militarywoman.org/>

Military Women

This website was established for military women to discuss their unique military experiences and issues. Website offered article and information for women who service in numerous eras

Abbreviations

<http://www.va.gov/budget/report/2006/PartIV/AbbreviationsandAcronyms.pdf>

<http://www.research.va.gov/programs/pride/resources/Acronyms.pdf>

AW2- Wounded Warrior

BDD: Benefits Delivery at Discharge

CAP: Combined Assessment Program

CBOC: Community Based Outpatient Clinic

CIO: Chief Information Officer

DOD: Department of Defense

GWOT- Global War on Terror

MTF: Military Treatment Facility

OEF: Operation Enduring Freedom (Afghanistan)

OIF: Operation Iraqi Freedom (Iraq)

PTSD: Post Traumatic Stress Disorder

SFAC- Soldier Family Assistance Center

SFMS - AW2 Soldier Family Management Specialists

VAMC: VA Medical Center

VARO: VA Regional Office

VBA: Veterans Benefits Administration

VETSNET: Veterans Services Network

VHA: Veterans Health Administration

VISN: Veterans Integrated Service Network

WTU- Warrior Transition Unit

Magazines

PN: Paraplegia News is a monthly publication from the Paralyzed Veterans of America. Please see www.pn-magazine.com for more details.

The following books and videos are available for free loan from the PRC library. For more information, please see www.paralysis.org and click the Lending Library tab.

Books

Amyotrophic Lateral Sclerosis in Veterans: Review of the Scientific Literature. Washington, DC: National Academies Press, 2006.

Budahn, P.J. **Veteran's Guide to Benefits.** Mechanicsburg, Pa.: Stackpole Books, 2005. 4th ed.

Buddin, Richard and Kanika Kapur. **An Analysis of Military Disability Compensation.** Santa Monica, Calif.: RAND Corp., 2005.

Driscoll, Patricia P. and Celia Straus. **Hidden Battles on Unseen Fronts: Stories of American Soldiers with Traumatic Brain Injury and PTSD**. Philadelphia: CaseMate, 2009.

Federal Benefits for Veterans and Dependents. 2nd ed. Indianapolis, IN: JIST Publishing, 2003.

Federal Benefits for Veterans and Dependents. Washington, DC: Department of Veterans Affairs, 2008. View 2008 online at:
http://www1.va.gov/OPA/vadocs/current_benefits.asp

Fox, William F. Jr. **The Law of Veterans Benefits: Judicial Interpretation**. Washington, DC: Paralyzed Veterans of America, 2002.

Gaytan, Peter S. and Marian Edelman Borden. **For Service to Your Country: The Insider's Guide to Veteran's Benefits**. New York: Citadel Press, 2008.

Howell, Terry. **The Military Advantage: The Military.com Guide to Military and Veterans Benefits**. Annapolis, Md.: Naval Institute Press, 2010.

Improving the Presumptive Disability Decision-Making Process for Veterans. Washington, DC: Institute of Medicine/ National Academies Press, 2008.

Lovett, Tommy Lee. **Doors Wired Shut: The Truth About Discrimination and Disabled Veterans**. Mustang, Okla.: Tate Publishing, 2005.

The Military Advantage: A Comprehensive Guide To Your Military And Veteran Benefits. Christopher P. Michel and Terry Howell. Annapolis, MD: Naval Institute Press, 2009.

Paulson, Daryl S. and Stanley Krippner. **Haunted by Combat: Understanding PTSD in War Veterans—including Women, Reservists, and Those Coming Back from Iraq**. Westport, Conn.: Praeger Security International, 2007.

Philpott, Don and Janelle Hill. **The Wounded Warrior Handbook: A Resource Guide for Returning Veterans**. Lanham, Md.: Government Institutes, 2009.

Placing a Value on the Health Care Benefit for Active-Duty Personnel. James Hosek, et al, editors. Santa Monica, Calif.: RAND, 2005.

Powers, Rod. **Veterans Benefits for Dummies**. Hoboken, NJ: Wiley Publishing, 2009.

PTSD Compensation and Military Service. Washington, DC: National Academies Press, 2007.

PVA Guide to Federal Health Programs. Washington, DC: Paralyzed Veterans of America. Covers Medicare, Medicaid, VA, Tricare/Champus. Booklet is only available in electronic format (PDF).

http://www.pva.org/site/PageServer?pagename=pubs_generalpubs

Returning Wars' Wounded, Injured and Ill: A Reference Handbook. Westport, Conn.: Praeger Security International. 2008.

Roche, John D. **The Veteran's PTSD Handbook: How to File and Collect on Claims for Post-Traumatic Stress Disorder.** Washington, DC: Potomac Books Inc., 2007.

Roche, John D. **The Veteran's Survival Guide: How to File and Collect on VA Claims.** Washington, DC: Potomac Books, 2006.

Trudeau, G.B. **The Long Road Home: One Step at a Time.** Kansas City, Mo.: Andrews McMeel Publishing, 2006. A Doonesbury Book. A collection of comic strips about an Iraq veteran who is an amputee, follows his rehab and his family's stay at Fisher House.

A 21st Century System for Evaluating Veterans for Disability Benefits. Washington DC: National Academies Press, 2007.

Webber, Lawrence J. and Katrina L. Webber. **The Complete Idiot's Guide to Your Military and Veterans Benefits.** New York: Alpha Books, 2008.

Wheelchairs—Your Options & Rights: A Guide to Department of Veterans Affairs Eligibility. 2nd ed. Washington, DC: Paralyzed Veterans of America, 1997.

http://www.pva.org/site/PageServer?pagename=pubs_generalpubs

Booklet is only available in electronic format (PDF).

Videos

Alive Day Memories: Home From Iraq. HBO, 2007. DVD 57 minutes.

Actor James Gandolfini interviews 10 soldiers and Marines who share their feelings on their future, their severe disabilities and their devotion to America.

Hidden Wounds. Boston: Fanlight Productions, 2006. DVD 57 minutes. Documentary of soldiers returning from the Iraq War who have PTSD.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a

new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.