



Gardening for People with Disabilities

Websites

<http://www.ahta.org/>

American Horticultural Therapy Association

<http://www.dowlingcommunitygarden.org/pages/projects.htm>

Dowling Community Garden: Building Accessible Raised-Bed Gardens

http://www.ehow.com/how_4541523_wheelchairscooter-accessible-raised-bed-garden.html

eHow: How to Make a Wheelchair/Scooter Accessible Raised Garden Bed

<http://www.enasco.com/product/Z19765CQ>

E Nasco: CelluGro™ Wheelchair Accessible Green Thumb Therapy Garden

http://www.flaghouse.com/search.asp?PageNo=1&SKW=CAT1_WE&sortkey=&Category=Activities+for+Life.Nature

Flaghouse: Gardening Products

<http://www.friendshospitalonline.org/adaptivegardening.htm>

Friends Hospital: Adaptive Gardening to Meet Your Changing Needs

<http://www.gardeners.com/Adaptive-Gardening/8142.default.pg.html>

Gardener's Supply Co.

<http://www.infinitec.org/play/gardening/enablinggardening.htm>

Infinitec: Enabling Gardens

<http://forums.gardenweb.com/forums/accessible/>

iVillage Garden Web: Accessible Gardening

<http://www.mobility-advisor.com/wheelchair-gardening.html>

Mobility Advisor: Wheelchair Gardening

<http://www.mda.org/publications/Quest/q31garden.html>

Muscular Dystrophy Association: Accessible Gardening

<http://www.nolimitgardening.com/blog/category/adaptive-gardening/>

No Limit Gardening: Adaptive Gardening

<http://www.unitedspinal.org/publications/action/2008/03/11/accessible-home-gardening-from-a-wheelchair/>

United Spinal Association: Accessible Home—Gardening From a Wheelchair

<http://extension.missouri.edu/gkcmg/resources.html>

University of Missouri Extension: Resources for Garden Tools for Easier Gardening

<http://agrability.missouri.edu/gardenweb/Wheelchair.html>

University of Missouri-Columbia: Tips for Gardeners Who Use Wheelchairs

<http://pss.uvm.edu/ppp/articles/access.html>

University of Vermont: Accessible Gardening for the Physically Challenged

<http://www.ext.vt.edu/departments/envirohort/factsheets2/landsnurs/aug93pr5.html>

Virginia Tech: Adaptive Gardening

Books

Adil, Janeen R. **Accessible Gardening for People with Disabilities: A Guide to Methods, Tools, and Plants**. Bethesda, Md.: Woodbine House, 1994.

Gardening: An Equipment Guide. Oxford: Disability Information Trust, 1997.

Rothert, Gene. **The Enabling Garden: Creating Barrier-Free Gardens**. Dallas, Texas : Taylor Pub. Co., 1994.

Woy, Joann. **Accessible Gardening: Tips & Techniques for Seniors & the Disabled**. Mechanicsburg, Penn: Stackpole Books, 1997.

Videos

Our Garden Club. Brooklyn, N.Y.: Brooklyn Public Library, 2002.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see

your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.