

Wheelchair Transfers



The information below pertains to how to safely transfer a person out of or into a wheelchair. Proper technique is important for the safety of both the person being transferred and the caregiver or health care professional.

Websites

MedlinePlus: Moving a Patient from Bed to Wheelchair

<https://medlineplus.gov/ency/patientinstructions/000428.htm>

Model Systems Knowledge Translation Center (MSKTC): Safe Transfer Technique

<http://www.msktc.org/sci/factsheets/Safe-Transfer-Technique>

MSKTC is a national center that works to put research into practice to serve the needs of people with traumatic brain injuries, spinal cord injuries, and burn injuries. The Safe Transfer Technique fact sheet provides information on conducting safe transfers to preserve function and avoid injury.

National Institute of Dental and Craniofacial Research (NIDCR): Wheelchair Transfer: A Healthcare Provider's Guide

https://www.nidcr.nih.gov/sites/default/files/2017-09/wheelchair-transfer-provider-guide.pdf?_ga=2.72001235.1107903647.1554312356-1743149653.1507148963

Northwest Regional Spinal Cord Injury System (University of Washington)

<http://sci.washington.edu/empowerment/videos.asp#wc>

Offers a series of videos on transfer techniques:

Video 17: Introduction to Wheelchair Transfers (<https://youtu.be/S547kQSPZH8>)

Video 18: Bed, Chair and Couch Transfers (<https://youtu.be/CfvLWeoytdw>)

Video 19: Bathroom Transfers (https://youtu.be/NWqQ_gC-Trw)

Video 20: Car Transfers (<https://youtu.be/hRrxmC9NcKU>)

Video 21: Floor Transfers (<https://youtu.be/fBuRe3qrA68>)

Shepherd Center: Pivot Transfer: Wheelchair to Bed

<http://www.myshepherdconnection.org/sci/transfers/pivot-bed>

Shepherd Center: Pivot Transfer: Wheelchair to Toilet

<http://www.myshepherdconnection.org/sci/transfers/pivot-toilet>

Shepherd Center: Pivot Transfer: Wheelchair to Tub

<http://www.myshepherdconnection.org/sci/transfers/pivot-tub>

Shepherd Center: Pivot Transfer: Wheelchair to Car

<http://www.myshepherdconnection.org/sci/transfers/pivot-car>

Shepherd Center: Lift Transfer Equipment and Positioning

<http://www.myshepherdconnection.org/sci/transfers/lift-transfer>

Shepherd Center: Lift Transfer: Bed to Wheelchair

<http://www.myshepherdconnection.org/sci/transfers/lift-bed-wheelchair>

Shepherd Center: Lift Transfer: Wheelchair to Car

<http://www.myshepherdconnection.org/sci/transfers/wheelchair-car>

Shepherd Center: Lift Transfer: To and From Floor

<http://www.myshepherdconnection.org/sci/transfers/lift-floor>

Shepherd Center: Sliding Board Transfer

<http://www.myshepherdconnection.org/sci/transfers/sliding-board>

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