



# Colorado Disability Resources

## Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state for health insurance.

## Aging Resources

### Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>

<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS)( <http://www.cms.hhs.gov/>) . ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling

and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

### **Colorado Department of Human Services: Older Adults**

<https://www.colorado.gov/pacific/cdhs/older-adults>

1575 Sherman St.

Denver, CO 80203

Phone: 303-866-5700, 720-737-4909

### **Colorado State Unit on Aging**

<https://www.colorado.gov/pacific/cdhs/state-unit-aging>

Phone: 303-866-2800

### **Colorado Area Agencies on Aging**

[http://www.carecolorado.net/list10\\_co\\_Aging\\_Services\\_senior\\_centers.htm](http://www.carecolorado.net/list10_co_Aging_Services_senior_centers.htm)

### **National Center on Elder Abuse (NCEA)**

<https://ncea.acl.gov/>

Address:

c/o University of Southern California Keck School of Medicine

Department of Family Medicine and Geriatrics

1000 South Fremont Avenue, Unit 22, Building A-6

Alhambra, CA 91803

Phone: 855-500-3537

Email: [ncea-info@aoa.hhs.gov](mailto:ncea-info@aoa.hhs.gov)

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

### **Teller Senior Coalition**

<http://www.tellerseniorcoalition.org/>

Physical Address:

11115 W. Hwy 24

Divide, CO 80814

Mailing Address:

P.O. Box 845

Divide, CO 80814

Phone: 719-687-3330

Email: [ed@tellerseniorcoalition.org](mailto:ed@tellerseniorcoalition.org)

The Teller Senior Coalition is a small nonprofit that assists senior citizens living in Teller County, Colorado. Unlike any other organization in Teller County, we offer free transportation and respite care to those aged sixty and over. Over the last 20 years we have also assisted seniors by providing shelf stable meals to those that are homebound, help with utility payments, and home safety repairs --- all these services are provided without a fee as most of our clients are low income. We request a donation but no one is ever denied any service.

## **Arts And Creativity**

### **Access Gallery**

<https://accessgallery.org/>

909 Santa Fe Dr.

Denver, CO 80204

Phone: 303-777-0797

Email: [info@accessgallery.org](mailto:info@accessgallery.org)

## **Assistive Technology**

### **University of Colorado Denver: The Anschutz Medical Campus**

<https://www1.ucdenver.edu/centers/center-for-inclusive-design-and-engineering>

Center for Inclusive Design and Engineering (CIDE)

College of Engineering, Design and Computing

1224 5<sup>th</sup> Street

Suite 130

Denver, CO 80204

Phone: 303-315-1280

Email: [cide@ucdenver.edu](mailto:cide@ucdenver.edu)

### **Rocky Mountain ADA Center**

<https://rockymountainada.org>

Mailing Address:

Gunter Hall 1170, Campus Box 155

Greely, CO 80639

Phone: 800-949-4232 (TTY), 719-358-2460 (ASL/Deaf/HoH)

## **Caregivers Resources**

### **Caregiver.com**

<https://caregiver.com/>

1871 West Oakland Park Blvd., Suite E

Oakland Park, FL 33311

Phone: 954-893-0550, 800-829-2734

Email: [info@caregiver.com](mailto:info@caregiver.com)

### **Well Spouse Association**

[www.wellspouse.org](http://www.wellspouse.org)

63 West Main Street, Suite H

Freehold, NJ 07728

Phone: 732-577-8899

Email: [info@wellspouse.org](mailto:info@wellspouse.org)

No support groups are currently listed for Colorado, please check with WSA for more Info

### **Colorado Respite Coalition**

[www.coloradospitecoalition.org](http://www.coloradospitecoalition.org)

393 S. Harlan St. #250

Lakewood, CO 80226

Phone: 303-233-1666 x8

As an allied network of community partners, family caregivers and other stakeholders, the CRC strives to provide respite resources and information. They offer an online respite locator, financial support to family caregivers and agencies, training, regional coalitions and more.

## **Community-Based Fitness Programs**

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to [www.ChristopherReeve.org/NRN](http://www.ChristopherReeve.org/NRN)

## **Community Health Centers**

### **Colorado Community Health Network**

[www.cchn.org](http://www.cchn.org)

600 Grant Street, Suite 800

Denver, CO 80203

Phone: 303-861-5165, ext 100

Email: [info@cchn.org](mailto:info@cchn.org)

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

### **Health Resources and Services Administration (HRSA): Find a Health Center**

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

## **Crime Victim Assistance**

### **Colorado Crime Victim Compensation**

<https://dcj.colorado.gov/dcj-offices/victims-programs/crime-victim-compensation>  
<https://dcj.colorado.gov/>

Phone: 303-239-4442, 720-672-2166

Email: [kate.horn-murphy@state.co.us](mailto:kate.horn-murphy@state.co.us)

### **Colorado Office for Victims Programs**

<https://dcj.colorado.gov/dcj-offices/office-for-victims-programs>

Phone: 303-239-5719

## **Domestic Violence Help**

### **National Domestic Violence Hotline**

<https://www.thehotline.org/>

Phone: 800-799-7233, 800-787-3224 (TTY)

### **National Resource Center on Domestic Violence**

<https://www.nrcdv.org/>

Phone: 800-537-2238

### **Violence Free Colorado**

<https://www.violencefreecolorado.org/>

1330 Fox St., Suite 3

P.O. Box 40328

Denver, CO 80204

Phone: 303-831-9632, 888-778-7091 (Toll-free statewide hotline)

Email: [info@violencefreeco.org](mailto:info@violencefreeco.org)

Violence Free Colorado is the statewide voice for domestic violence public policy.

### **The Initiative**

<https://theinitiativecolorado.org/>

6825 E. Tennessee Ave. Ste. #475

Denver, CO 80224

Phone/text line: 303-839-5510

Email: [info@theinitiativeco.org](mailto:info@theinitiativeco.org)

Founded in 1984, The Initiative (formerly known as The Domestic Violence Initiative for Women with Disabilities) is the only Colorado non-profit that focuses their services on the

intersection of cross disabilities and advocacy for survivors of abuse. The Initiative is dedicated to the survival and safety of Colorado's people with disabilities and their children who are victims of domestic violence, sexual assault, caregiver abuse, elder abuse and other crimes. The organization provides advocacy, information, support and safety planning. While it does not offer shelter, it can refer people to shelters in Colorado.

### **SafeHouse Denver**

<https://safehouse-denver.org/>

Mailing Address:

1649 Downing Street

Denver, CO 80218

Phone: 303-318-9989

Email: [info@safehouse-denver.org](mailto:info@safehouse-denver.org)

SafeHouse Denver assists adults, children, and youth in reclaiming their right to a life free from domestic violence. SafeHouse Denver works to eliminate domestic violence in our communities by providing shelter and counseling to survivors of abuse, working with public and community agencies to improve the way our systems respond to domestic violence and by offering educational programming to prevent future violence.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire those certain needs can be met.

### **The Crisis Center**

<http://thecrisiscenter.org/>

PO Box 631302

Littleton, CO 80163

Phone: 303-688-1094, 888-247-7472 (Toll-free crisis line), 303-688-8484 (Crisis line)

Email: [info@thecrisiscenter.org](mailto:info@thecrisiscenter.org)

The Crisis Center exists to end domestic violence through advocacy, education, and prevention; while helping communities live free of violence.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

## **Easter Seals Offices**

### **Colorado Easterseals Offices**

<http://www.easterseals.com/co>

393 South Harlan Street, Suite 250

Lakewood, CO 80226

Phone: 303-233-1666

Easterseals offers services to children and adults with disabilities and special needs. The programs Easterseals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

## **Government Offices**

**Colorado State Website**

<http://www.colorado.gov/>

**Colorado Department of Human Services**

<http://www.colorado.gov/CDHS>

1575 Sherman Street

Denver, CO 80203

Phone: 303-866-5700

**Colorado Cross-Disability Coalition**

<http://www.ccdconline.org/>

The Empire Building

1385 S. Colorado Blvd, Suite 610-A

Denver, CO 80222

Phone: 303-839-1775

**Colorado Division of Vocational Rehabilitation**

<https://dvr.colorado.gov/>

Mailing Address:

633 17<sup>th</sup> St. Suite 500

Denver, CO 80202

Phone: 303-318-8571

Email: [CDLE\\_voc.rehab@state.co.us](mailto:CDLE_voc.rehab@state.co.us)

**Centers for Medicare & Medicaid Services (CMS)**

[www.cms.hhs.gov](http://www.cms.hhs.gov)

Email: [RODENORA@cms.hhs.gov](mailto:RODENORA@cms.hhs.gov)

Region VIII covers CO.

**Health First Colorado (Medicaid Program)**

<https://www.healthfirstcolorado.com/>

Colorado Department of Health Care Policy and Financing

1570 Grant Street

Denver, CO 80203-1818

Phone: 303-866-2993, 800-221-3943 (Toll-free), 711 (Relay)

**Colorado Child Health Plan Plus (CHP+)**

<http://www.cchp.org/>

Mailing Address:

Department of Health Care Policy & Financing

P.O. Box 17548

Denver CO 80217

Phone: 800-359-1991

**Colorado SHIP Program (State Health Insurance Assistance Program for Seniors)**

[www.colorado.gov/pacific/dora/senior-healthcare-medicare](http://www.colorado.gov/pacific/dora/senior-healthcare-medicare)

Colorado Division of Insurance

1560 Broadway, Suite 850  
Denver, CO 80202  
Phone: 888-696-7213

### **Colorado Insurance Commissioner**

<https://doi.colorado.gov/colorado-insurance-commissioner>

Colorado Division of Insurance  
1560 Broadway, Suite 850  
Denver, CO 80202  
Phone: 303-894-7499, 800-930-3745 (Toll-free)  
Email: [dora\\_insurance@state.co.us](mailto:dora_insurance@state.co.us)

### **Colorado Division of Workers' Compensation**

<https://www.colorado.gov/pacific/cdle/dwc>

633 17th Street, Suite 400  
Denver, CO 80202  
Phone: 303-318-8700, 888-390-7936 (Toll-Free)  
Email: [cdle\\_wccustomer\\_service@state.co.us](mailto:cdle_wccustomer_service@state.co.us)

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>

<http://whoismyrepresentative.com/>

### **Colorado State Long-Term Care Ombudsman**

<https://www.colorado.gov/pacific/cdhs/long-term-care-ombudsman>

Disability Law Colorado

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

## **Housing**

### **Colorado HUD: Housing and Urban Development Office**

[www.hud.gov](http://www.hud.gov)

<https://www.hud.gov/states/colorado/offices>

Denver Regional Office  
1670 Broadway  
Denver, CO 80202-4801  
Phone: 303-672-5152



HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: [https://www.hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts) and choose your state from the drop down box.

## **211**

[www.211.org](http://www.211.org)

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

## **Independent Living**

### **ILRU: State Independent Living Councils (SILCs) Statewide Independent Living Council of Colorado**

<http://www.ilru.org/projects/silc-net/silc-directory>

633 17th Street

Suite 1501

Denver, CO 80202

Phone 303-902-5897 (Local)

### **Independent Living Research Utilization’s Directory of Independent Living Centers**

<http://www.ilru.org>

## **Adeo**

<https://www.adeoco.org/>

2780 28th Ave

Greeley, CO 80634

Phone: 970-339-2444

Email: [adeo@adeoco.org](mailto:adeo@adeoco.org)

## **Center for People with Disabilities**

<http://www.cpwd.org/>

1675 Range Street

Boulder, CO 80301

Phone: 303-442-8662 (V/TTY), 888-929-5519

Email: [INFO@CPWD.ORG](mailto:INFO@CPWD.ORG)

Provides resources, information, and advocacy to assist people with disabilities in overcoming barriers to independent living.

## **National Council on Independent Living (NCIL)**

<http://www.ncil.org/>

Mailing Address:

PO Box 31260

Washington, DC 20030  
Phone: 202-207-0334, 844-778-7961 (Toll-free)  
Email: [ncil@ncil.org](mailto:ncil@ncil.org)

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

### **NorthWest Colorado Center for Independence**

<http://www.nwcci.org/>  
Steamboat Springs (Main Office)  
1855 Shield Drive, Suite 300  
Steamboat Springs, CO 80487  
Phone: 970-871-4838

## **Library Services**

### **Colorado Talking Book Library**

<https://myctbl.cde.state.co.us/>  
180 Sheridan Blvd  
Denver, CO 80226-8101  
Phone: 303-727-9277 (Metro Denver), 800-685-2136 (Toll Free)  
E-mail: [ctbl.info@cde.state.co.us](mailto:ctbl.info@cde.state.co.us)

## **Neurorecovery Network (NRN)**

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to [www.ChristopherReeve.org/NRN](http://www.ChristopherReeve.org/NRN)

## **Peer Support Programs**

### **Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)**

[www.ChristopherReeve.org/Peer](http://www.ChristopherReeve.org/Peer)  
636 Morris Turnpike, Suite 3A  
Short Hills, NJ 07078  
Phone: 800-539-7309  
Email: [Peer@ChristopherReeve.org](mailto:Peer@ChristopherReeve.org)

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis

with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.

## Protection And Advocacy

### Disability Law Colorado

[www.disabilitylawco.org](http://www.disabilitylawco.org)

455 Sherman Street, Suite 130

Denver, CO 80203

Phone: 303-722-0300, 800-288-1376

Disability Law Colorado provides free or low-cost legal services to people with disabilities whose civil rights have been violated.

## Service Dogs

### Freedom Service Dogs of America

[www.freedomservicedogs.org](http://www.freedomservicedogs.org)

7193 S. Dillon Court

Englewood, CO 80112

Phone: 303-922-6231

Email: [info@freedomservicedogs.org](mailto:info@freedomservicedogs.org)

### Canine Companions

<https://canine.org/>

Southwest Training Center

The Dean, Gerda and Trixie Koontz Campus

124 Rancho del Oro Drive

Oceanside, CA 92057

Phone: 760-901-4300 (Voice), 800-572-2275 (Toll-free)

Serves Colorado.

## Sports And Recreation

### Adaptive Adventures

<http://www.adaptiveadventures.org/>

National Headquarters:

9053 Harlan Street, Suite 34

Westminster, CO 80031

Phone: 303-679-2770

Email: [info@adaptiveadventures.org](mailto:info@adaptiveadventures.org)

Provides outdoor activities for adults, children, and veterans with physical disabilities.

### Adaptive Sports Center

<http://www.adaptivesports.org/>

Mailing Address:

P.O. Box 1639

Crested Butte, CO 81224

Physical Address:

Kelsey Wright Building

19 Emmons Road

Mt. Crested Butte, CO 81225

Phone: 970-349-2296

Email: [info@adaptivesports.org](mailto:info@adaptivesports.org)

### **Breckenridge Outdoor Education Center**

[www.boec.org](http://www.boec.org)

Physical Address:

Headquarters

524 Wellington Rd.

Breckenridge, CO 80424

Mailing Address:

PO Box 697

Breckenridge, CO 80424

Phone: 970-453-6422, 800-383-2632 (Toll-free)

Email: [boec@boec.org](mailto:boec@boec.org)

### **Challenge Aspen Military Opportunities (CAMO)**

<https://challengeaspen.org/military/>

PO Box 6639

Snowmass Village, CO 81615

Phone: 970-300-3396

Email: [camo@challengeaspen.org](mailto:camo@challengeaspen.org)

CAMO (Challenge Aspen Military Opportunities) provides recreational and cultural experiences for veterans with cognitive or physical disabilities.

### **Challenge Aspen**

<http://www.challengeaspen.com>

Mailing Address:

PO Box 6639

Snowmass Village, CO 81615

Phone: 970-923-0578

Email: [info@challengeaspen.org](mailto:info@challengeaspen.org)

Challenge Aspen provides year-round recreational, educational and cultural experiences for people with disabilities. Programs include skiing, snowboarding, fly fishing, rafting, horseback riding, hiking and climbing. Challenge Aspen Military Opportunities (C.A.M.O.) provides experiences for injured military.

### **Colorado Adaptive Sports Foundation**

<http://coloradoadaptivesports.org/index.html/>

Phone: 303-523-8160

CASF manages, promotes and raises funds for adaptive team sports across the state of Colorado, including wheelchair basketball, sled hockey, wheelchair softball, wheelchair lacrosse, adaptive curling and power soccer, representing over 200 adult and junior athletes.

### **Colorado Parks and Wildlife**

<http://cpw.state.co.us/aboutus/Pages/Accessibility.aspx>

Headquarters

6060 Broadway

Denver, CO 80216

Phone: 303-291-7235 (Disability Programs)

Information on accessible fishing and hunting in the state

### **Colorado Discover Ability**

<https://cdagj.org/>

601 Struthers Ave.

Grand Junction, CO 81501

Phone: (970) 257-1222

Email: [office@cdagj.org](mailto:office@cdagj.org)

### **National Sports Center for the Disabled**

<http://www.nscd.org/>

Empower Field at Mile High

1801 Mile High Stadium Circle, #1500

Denver, CO 80204

Phone: 970-726-1518

Email: [info@nscd.org](mailto:info@nscd.org)

### **National Wheelchair Basketball Association**

<http://nwba.org/>

1130 Elkton St., Suite A

Colorado Springs, CO 80907

Phone: 719-266-4082

Email: [info@nwba.org](mailto:info@nwba.org)

The NWBA provides qualified individuals with physical disabilities the opportunity to play, learn and compete in the sport of wheelchair basketball.

### **Paradox Sports**

[www.paradoxsports.org](http://www.paradoxsports.org)

PO Box 19044

Boulder, CO 80308

Phone: 720-638-5593

Email: [info@paradoxsports.org](mailto:info@paradoxsports.org)

Paradox Sports revolutionizes lives through adaptive climbing opportunities that defy convention.

### **Professional Association of Therapeutic Horsemanship International (PATH Intl.)**

[www.pathintl.org](http://www.pathintl.org)

Mailing Address:

PO Box 33150

Denver, CO 80233

Phone: 800-369-7433

A national organization that certifies instructors and programs in therapeutic riding.

### **Steamboat Adaptive Recreational Sports**

<http://steamboatstars.com/>

Physical Address:

35465 US Hwy 40

Steamboat Springs, CO 80487

Mailing Address:

PO Box 770208

Steamboat Springs, CO 80477

Phone: 970-870-1950

Email: [info@steamboatstars.com](mailto:info@steamboatstars.com)

STARS' mission is to empower and enrich lives through adaptive recreational activities.

### **Wilderness on Wheels**

<http://www.wildernessonwheels.org/>

Physical Address:

45954 U.S. HWY 285

Grant, CO

Mailing Address:

P.O. Box 1007

Wheat Ridge, CO 80034

Phone: 303-403-1110

Email: [wildernessonwheels@gmail.com](mailto:wildernessonwheels@gmail.com)

## **United Way Offices**

### **United Way**

<http://www.unitedway.org/>

Mailing Address:

United Way Worldwide

701 North Fairfax Street

Alexandria, VA 22314

Phone: 703-836-7112

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities. Enter postal code for a United Way office in your area

## **Veteran Benefits**

**Veterans Administration: Facility Locator**

<https://www.va.gov/directory/guide/home.asp>

**VA Rocky Mountain Network(VISN 19)**

<http://www.va.gov/visn19/>

4100 E. Mississippi Ave, Suite 1100  
Glendale, CO 80246  
Phone: 303-202-8165

**VA Eastern Colorado Healthcare System**

[www.denver.va.gov](http://www.denver.va.gov)

Mailing Address:

Rocky Mountain Regional VA Medical Center  
1700 North Wheeling Street  
Aurora, CO 80045

Phone: 303-399-8020, 888-336-8262 (Toll-free, ext. select 0), 711 (TTY)

**VA Western Colorado Healthcare System**

[www.grandjunction.va.gov](http://www.grandjunction.va.gov)

Mailing Address:

2121 North Avenue  
Grand Junction, CO 81501

Phone: 970-242-0731, 866-206-6415 (Toll free, select 2), 711 (TDD)

**Paralyzed Veterans of America**

[www.pva.org](http://www.pva.org)

**Mountain States Chapter of the PVA**

<http://www.msctpva.org>

12200 East Iliff Avenue, Suite 107  
Aurora, CO 80014  
Phone: 303-597-0038, 800-833-9400  
Email: [info@msctpva.org](mailto:info@msctpva.org)

**ALS**

**Rocky Mountain Chapter of the ALS Association**

<http://www.alsaco.org/>

Mailing Address:

10855 Dover St, Suite 500  
Westminster, CO 80021  
Phone: 303-832-2322  
Email: [info@alsaco.org](mailto:info@alsaco.org)

**ALS Association Certified Clinic at the University of Colorado**

[https://www.als.org/local-support/certified-centers-clinics?search\\_api\\_fulltext=&f%5B0%5D=centers and clinics group state%3AColorado](https://www.als.org/local-support/certified-centers-clinics?search_api_fulltext=&f%5B0%5D=centers+and+clinics+group+state%3AColorado)

12605 E. 16<sup>th</sup> Ave  
Aurora, CO 80045  
Phone: 720-848-2080

## Brain Injury

### Brain Injury Alliance Colorado

<http://www.biacolorado.org>

1325 S. Colorado Blvd, Bldg B, Ste 300  
Denver, CO 80222

Phone: 303-355-9969, 800-955-2443 (Toll-free)

Email: [info@BIAColorado.org](mailto:info@BIAColorado.org)

Through guidance, resources, support and education, we seek to facilitate lifelong growth of Coloradans affected by an injury to the brain.

### Rocky Mountain Regional Brain Injury System (Model TBI Facility)

<http://www.craighospital.org>

Craig Hospital  
3425 South Clarkson Street  
Englewood, CO 80113  
Phone: 303-789-8000

Email: [rehab@craighospital.org](mailto:rehab@craighospital.org)

### Colorado RSVP Clinic

<https://coloradorsvpclinic.org/>

Mailing Address:

PO Box 31421

Aurora, CO 80041

Phone: 720-772-7787

Email: [ContactUs@coloradoRSVPclinic.org](mailto:ContactUs@coloradoRSVPclinic.org)

Recognizing that uninsured individuals with disabilities in the Colorado community lacked access to rehabilitation services, a group of rehabilitation professionals joined together in early 2015 with the hope to create a clinic where they could volunteer their time and skills to provide care to these patients. RSVP strives to improve the lives of individuals in the Denver area who are uninsured. The RSVP Clinic provides outpatient rehabilitation services to those with brain injury, stroke, spinal cord or amputation injuries. Clinics are by appointment only and take place at Craig Hospital in Englewood, CO.

## Cerebral Palsy

### United Cerebral Palsy National Office

<http://www.ucp.org>

8401 Old Courthouse Rd  
Vienna, VA 22182



Phone: 202-776-0406, 800-872-5827 (Toll-free)  
Email: [info@ucp.org](mailto:info@ucp.org)

## **Friedreich's Ataxia**

### **National Ataxia Foundation (NAF) National Office**

<http://www.ataxia.org/>

Physical Address:

600 Hwy 169 S, Ste 1725

Minneapolis, MN 55426

Mailing Address:

PO Box 27986

Golden Valley, MN 55427

Phone: 763-553-0020

Email: [naf@ataxia.org](mailto:naf@ataxia.org)

## **Guillain-Barré Syndrome / Cidp**

### **Guillain-Barré Syndrome/CIDP Foundation International**

<http://gbs-cidp.org/>

Mailing Address:

375 E. Elm St., Suite 101

Conshohocken, PA 19428

Phone: 610-667-0131, 866-224-3301 (Toll-free)

Call for information in your area

## **Multiple Sclerosis**

### **National Multiple Sclerosis Society: Colorado-Wyoming Chapter**

<https://www.nationalmssociety.org/Chapters/COC>

Denver Metro Office

900 S. Broadway, Suite 350

Denver, CO 80209

Phone: 800-344-4867 (Toll-free)

### **Multiple Sclerosis Association of America: South-Central Regional Office**

<https://mymsaa.org/publications/improving-lives/offices/>

Phone: 800-532-7667 ext. 137

Email: [southcentral@mymsaa.org](mailto:southcentral@mymsaa.org)

### **Can Do Multiple Sclerosis**

<http://www.mscando.org/>

Mailing Address:

PO Box 5860

Avon, CO 81620

Physical Address:

100 W. Beaver Creek Blvd, Suite 200

Avon, CO 81620

Phone: 970-926-1290, 800-367-3101

Can Do Multiple Sclerosis, formerly The Jimmie Heuga Center for Multiple Sclerosis, is a national nonprofit organization that provides innovative lifestyle empowerment programs for people living with MS and their support partners.

## **Muscular Dystrophy**

### **Muscular Dystrophy Association**

<https://www.mda.org/>

National Office

161 N. Clark, Suite 3550

Chicago, Illinois 60601

Phone: 800-572-1717

Email: [ResourceCenter@mdausa.org](mailto:ResourceCenter@mdausa.org)

Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

## **Post-Polio Syndrome**

### **Post-Polio Health International (PHI)**

<https://post-polio.org/>

50 Crestwood Executive Center, Suite 440

Saint Louis, MO 63126

Phone: 314-534-0475

Their Post-Polio Directory lists health professionals, clinics, and support groups:

<https://post-polio.org/wp-content/uploads/2021/06/PDIR-2021C.pdf>

## **Spina Bifida**

### **Spina Bifida Association**

<http://www.spinabifidaassociation.org>

1600 Wilson Blvd, Suite 800

Arlington, VA 22209

Phone: 800-621-3141

Email: [sbaa@sbaa.org](mailto:sbaa@sbaa.org)

Please contact them for info in your area

### **Spina Bifida Association of Colorado**

<https://www.spinabifidaco.org>

P.O. Box 22994

Denver, CO 80222

Phone: 866-543-6837

Email: [admin@spinabifidaco.org](mailto:admin@spinabifidaco.org)

### **SBA Colorado Clinics**

<http://spinabifidaassociation.org/clinics/>

## **Children's Hospital Colorado Pediatric Rehabilitation Department**

13123 E. 16<sup>th</sup> Ave.  
Aurora, CO 80045  
Phone: 720-777-2806

### **Spinal Cord Injury**

## **Rocky Mountain Regional Brain Injury System (Model TBI Facility)**

<https://craighospital.org/>

Craig Hospital  
3425 South Clarkson Street  
Englewood, CO 80113  
Phone: 303-789-8000  
Email: [rehab@craighospital.org](mailto:rehab@craighospital.org)

## **Colorado RSVP Clinic**

<https://coloradorsvpclinic.org/>

Mailing Address:  
PO Box 31421  
Aurora, CO 80041  
Phone: 720-772-7787  
Email: [ContactUs@coloradoRSVPclinic.org](mailto:ContactUs@coloradoRSVPclinic.org)

Recognizing that uninsured individuals with disabilities in the Colorado community lacked access to rehabilitation services, a group of rehabilitation professionals joined together in early 2015 with the hope to create a clinic where they could volunteer their time and skills to provide care to these patients. RSVP strives to improve the lives of individuals in the Denver area who are uninsured. The RSVP Clinic provides outpatient rehabilitation services to those with brain injury, stroke, spinal cord or amputation injuries. Clinics are by appointment only and take place at Craig Hospital in Englewood, CO.

### **Stroke**

## **CDC's Interactive Atlas of Heart Disease and Stroke**

<http://nccd.cdc.gov/DHDSPAAtlas/>

Choose Colorado

## **American Stroke Association**

<https://www.stroke.org/>

National Center  
7272 Greenville Avenue  
Dallas, TX 75231  
Phone: 888-478-7653  
Call them for the stroke support group in your area

## **Swedish Medical Center (Advanced Comprehensive Stroke Center)**

<http://www.swedishhospital.com/>

501 E. Hampden Ave

Englewood, CO 80113  
Phone: 303-788-5000

### **SAN Stroke Support Group**

<https://www.stroke.org/en/stroke-groups/sanhc-stroke-support-group>

14300 Orchard Pkwy

Westminster, CO 80023

Phone: 720-627-3754

Email: [lindseysaxen@centura.org](mailto:lindseysaxen@centura.org)

Stroke support group open to all stroke survivors and caregivers.

## **Syringomyelia/Chiari Malformation**

### **American Syringomyelia & Chiari Alliance Project**

[www.asap.org](http://www.asap.org)

PO Box 1586

Longview, TX 75606-1586

Phone: 903-236-7079, 800-ASAP-282 (Toll-free)

Email: [info@ASAP.org](mailto:info@ASAP.org)

## **Transverse Myelitis**

### **Siegel Rare Neuroimmune Association**

[www.wearesrna.org](http://www.wearesrna.org)

Physical Address:

1787 Sutter Parkway

Powell, OH 43065-8806

Mailing Address:

PO Box 826962

Philadelphia, PA 19182-6962

Phone: 855-380-3330 (EST)

Please contact them for info in your area.

## **General Disability Resources**

### **Colorado Yellow Pages for Kids with Disabilities**

<http://www.yellowpagesforkids.com/help/co.htm>

### **Colorado Developmental Disabilities Council**

<http://www.coddc.org/>

1120 Lincoln, Suite 706

Denver, CO 80203

Phone: 720-941-0176

Email: [GetInformed@coddc.org](mailto:GetInformed@coddc.org)

### **Occupational Therapy Association of Colorado**

<http://www.otacco.org>

9200 East Mineral Avenue  
Suite 100  
Centennial, CO 80112  
Email: [info@otacco.org](mailto:info@otacco.org)

### **Colorado Chapter of the American Physical Therapy Association**

[www.coloradophysicaltherapists.org](http://www.coloradophysicaltherapists.org)

Mailing Address:

PO Box 3406

Englewood, CO 80155

Physical Address:

2851 S. Parker Road Suite 1210

Aurora, CO 80014

Phone: 303-351-5397

Email: [info@coloradophysicaltherapists.org](mailto:info@coloradophysicaltherapists.org)

### **Colorado Association of People Supporting Employment First (APSE)**

[www.apse.org](http://www.apse.org)

<http://apse.org/chapter/colorado/>

7361 Calhoun Place

Suite 680

Rockville, MD 20855

Phone: 301-279-0060

Email: [coapse@apse.org](mailto:coapse@apse.org) (Colorado chapter)

### **Healthboards.com**

<http://www.healthboards.com/boards/index.php>

Message boards on health-related topics. Topics include SCI, CP, Stroke, and more.

### **Camp PAHA**

<http://www.lakewood.org/Paha/>

Phone: 303-987-4867

Email: [paha@lakewood.org](mailto:paha@lakewood.org)

The R.I.S.E. program offers two summer day program options for individuals with disabilities: Camp Paha for youth ages 6 to 17 and Paha Adults in Transition (PAT) for young adults ages 18 to 25.

### **Chanda Center for Health**

[www.iamtheplan.org](http://www.iamtheplan.org)

1630 Carr St.

Lakewood, CO 80214

Phone: 800-766-4255

Email: [info@chandacenter.org](mailto:info@chandacenter.org)

The mission of the Chanda Plan Foundation is to provide access to integrative therapy, primary care, and other complementary services to improve health outcomes and reduce healthcare costs for persons with physical disabilities.

### **Early Connections Learning Centers**

<http://www.earlyconnections.org>

104 E. Rio Grande St.  
Colorado Springs, CO 80903  
Phone: 719-632-1754

Email: [info@earlyconnections.org](mailto:info@earlyconnections.org)

Colorado's system of services and supports for families who have infants or toddlers, from birth to age three, with disabilities or a condition associated with delays in their development.

### **Family Voices Colorado**

<http://www.familyvoicesco.org/>

Phone: 303-877-1747, 855-877-1747

Email: [info@familyvoicesco.org](mailto:info@familyvoicesco.org)

Family Voices gives parents the information and strength they need to navigate complex health care systems to get things like wheelchairs, oxygen, or surgery for their children.

### **Ability Connection Colorado: Parent to Parent of Colorado**

<https://www.abilityconnectioncolorado.org/p2p-co/>

801 Yosemite St.  
Denver, CO 80230  
Phone: 877-472-7201

Email: [info@abilityconnectioncolorado.org](mailto:info@abilityconnectioncolorado.org)

Connecting families of sons and daughters with disabilities or special healthcare needs in communities across Colorado.

### **PEAK Parent Center of Colorado Springs**

<http://www.peakparent.org/>

917 East Moreno Avenue, Suite 140  
Colorado Springs, CO 80903  
Phone: 719-531-9400

Email: [info@peakparent.org](mailto:info@peakparent.org)

PEAK's mission is to ensure that individuals with disabilities lead rich, active lives and participate as full members of their schools and communities.

### **2-1-1**

<https://www.211colorado.org/>

Phone: 211, 866-760-6489

Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

### **RSVP of Weld County**

<http://www.rsvpweld.org/home.html>

Mailing Address:

809 30th Ave

Greeley CO 80634

Phone: 970-515-5135, 970-396-5492

Email: [rsvpweldcounty@gmail.com](mailto:rsvpweldcounty@gmail.com)

RSVP is one of the largest volunteer efforts in the nation, matching local problems with older Americans willing to help. Close to a half-million RSVP volunteers nationwide donate more than 64 million hours of service each year. These volunteers support more than 850 locally directed RSVP projects. In joining Weld County RSVP, you are part of a national network of dedicated senior volunteers!

### **Special Kids Special Families**

<http://sksfcolorado.org/>

Administration Offices

1915 Aerotech Drive

Suite 100

Colorado Springs, CO 80916

Phone: 719-447-8983

Email: [sksf@sksfcolorado.org](mailto:sksf@sksfcolorado.org)

Special Kids Special Families is a Colorado non-profit 501(c)3 organization. SKSF was founded in 1998 to provide respite and care for children and adults with disabilities. Programs offer community support services to families that are designed to meet the needs of individuals with disabilities throughout their life span.

### **ThinkFirst National Injury Prevention Foundation**

[www.thinkfirst.org](http://www.thinkfirst.org)

1801 N. Mill St., Suite F

Naperville, IL 60563

Phone: 630-961-1400

Email: [thinkfirst@thinkfirst.org](mailto:thinkfirst@thinkfirst.org)

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the "Chapter Site" tab.

### **Book:**

Access Anything: Colorado: Adventuring with Disabilities. Kennedy, Craig P. and Andrea C. Jehn. Golden, CO. Fulcrum Publishing, 2005.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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