

FLORIDA DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

https://www.n4a.org/adrcs

https://www.acl.gov/node/413

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (http://www.hhs.gov/acl/index.html) (including AoA (http://www.aoa.gov/) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS)(http://www.cms.hhs.gov/). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term

supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Florida Department of Elder Affairs

https://elderaffairs.org/

4040 Esplanade Way

Tallahassee, FL 32399-7000

Phone: 850-414-2000, 850-414-2001 (TDD)

Email: information@elderaffairs.org

Aging and Disability Resource Centers Locator

https://elderaffairs.org/resource-directory/aging-and-disability-resource-centers-adrcs/

National Center on Elder Abuse (NCEA)

https://ncea.acl.gov/

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

City of Jacksonville, Senior Services Division

http://www.coj.net/departments/parks-and-recreation/senior-services.aspx

City Hall at St. James 117 West Duval St Jacksonville, FL 32202 Phone: 904-255-5400

Email: adultsvcs@coj.net

The Senior Services Division administers community-wide social service programs serving older adults in Jacksonville/Duval County. Services include transportation options as well as independent living services.

Animal-Assisted Therapy

Island Dolphin Care

http://www.islanddolphincare.org

150 Lorelane Place Key Largo, FL 33037 Phone: 305-451-5884 IDC offers dolphin-assisted therapy programs for children and their families who are dealing with developmental and/or physical disabilities, emotional challenges, and critical, chronic or terminal illness.

Dolphin Research Center (DRC)

http://www.dolphins.org

Mailing Address:

58901 Overseas Highway Grassy Key, FL 33050

Phone: 305-289-1121 Email: drc@dolphins.org

DRC is a non-profit education and research facility. Its Special Needs Program assists and enables people with various physical or mental challenges, chronic, or life threatening illnesses to participate in any of the public interactive programs they offer.

Arts and Creativity

Disabled Drummers Association

http://www.disableddrummers.org

18901 NW 19 Ave

Miami Gardens, FL 33056 Phone: 305-621-9022

Email: ddafathertime@comcast.net

An organization dedicated to serving drummers with disabilities and helping them to be a

part of the music industry.

Assistive Technology

Florida Alliance for Assistive Services & Technology, Inc. (FAAST)

http://faast.org

2145 Delta Blvd, Suite 200

Tallahassee, FL 32303

Phone: 844-353-2278 (Toll-free), 877-506-2723 (TTY)

Email: Info@FAASTinc.org

Southeast ADA Center

www.adasoutheast.org

Burton Blatt Institute Lexington 2355 Huguenard Drive, Suite 200

Lexington, KY 40503

Phone: 404-541-9001, 800-949-4232 (Toll-free/TTY: Southeast Region only)

Email: ADAsoutheast@syr.edu

State ADA Affiliate

Boley Centers Inc.

http://www.bolevcenters.org

Paula J. Hays Building

445 31st St. North

St. Petersburg, FL 33713

Phone: 727-821-4819, 855-552-6539, 727-490-0002 (TTY)

Email: info@boleycenters.org

Clinics Can Help

www.clinicscanhelp.org 2560 Westgate Ave.

West Palm Beach, FL 33409

Phone: 561-640-2995

Email: hello@clinicscanhelp.org

A non-profit organization that collects and lends out medical equipment like walkers,

canes, wheelchairs, etc.

Caregivers Info

Florida Association of Centers for Independent Living (FACIL)

www.FloridaClLs.org

325 John Knox Rd, Bldg. C, Suite 132

Tallahassee, FL 32303 Phone: 850-575-6004 Email: info@floridacils.org

FACIL administers a program called the James Patrick Memorial Work Incentive Personal Attendants Services and Employment Assistance Program (JP-PAS) which gives up to \$1,320 for personal care attendants for people living with severe disabilities who are employed. Program eligibility, the JP-PAS application, and other information can be found at https://floridacils.org/pca-services-program/

Community-Based Fitness Programs

Brooks Rehabilitation: Neuro Recovery Center (NRC)

http://www.brooksrehab.org/outpatient-rehabilitation/neuro-recovery-center/

3599 University Blvd. South

Jacksonville FL 32216 Phone: 904-345-6812

The NRC is a state-of-the-art rehab center featuring advanced equipment and technology to benefit individuals with neurological injuries or illnesses. Available equipment includes body weight supported treadmill, FES bike, Zero G, upper extremity Bioness, and aquatic therapy.

Center of Recovery & Exercise (CORE)

http://www.coreflorida.com/

1191 Commerce Park Drive Altamonte Springs, FL 32714

Phone: 407-951-8936

CORE provides an activity-based training program to optimize health, function and independence for those living with paralysis.

Central Florida Dreamplex

www.cfldreamplex.com

Clermont Location:

2400 S Highway 27, Suite B201

Clermont, FL 34711 Orlando Location: 5165 Adanson Street Orlando, FL 32804 Phone: 352-394-0212

Email: info@cfldreamplex.com

The Central Florida Dreamplex is a center for fitness, recreation, and sports designed specifically for individuals with physical and/or cognitive disabilities. Their programs include traditional and recreational therapies, adaptive sports, and group fitness classes for the whole family. The facility houses an accessible and adaptive fitness center, afterschool care and school break camps, and social programming throughout each month. Members, patients, and visitors to the facility represent a diverse list of disabilities, including Autism Spectrum Disorder, Down Syndrome, Sensory Processing Disorder, Cerebral Palsy, muscular dystrophy, spina bifida, spinal cord injury, traumatic brain injury, amputees, visual impairments, and other learning and intellectual disabilities.

NextStep Orlando

http://www.nextstepfitness.org/about-nextstep-orl/

277 Douglas Ave., Suite 1006 Altamonte Springs, FL 32714

Phone: 407-571-9974

Email: liza@nextsteporlando.org

NextStep Orlando exists to provide those living with a spinal cord injury the opportunity to achieve their greatest recovery potential and an overall increased quality of life. This is achieved with an innovative, specialized exercise-based recovery program and dedicated staff in an environment filled with support, hope, and motivation.

Stay In Step

www.stayinstep.org

13085 Telecom Pkwy N Temple Terrace, FL 33637 Phone: 813-977-7999

A non-profit organization which runs an SCI recovery center.

Community Health Centers

Florida Association of Community Health Centers

www.fachc.org

2340 Hansen Lane Tallahassee, FL 32301 Phone: 850-942-1822

Email: info@fachc.org

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center http://findahealthcenter.hrsa.gov/

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Florida Attorney General: Crime Victims' Services

https://www.myfloridalegal.com/crime-victims-services/crime-victims-services

PL-01, The Capitol

Tallahassee, FL 32399-1050

Phone: 850-414-3300, 866-966-7226 (Toll-free), 800-955-8771 (Relay/TDD)

Domestic Violence Help

National Domestic Violence Hotline

http://www.thehotline.org

Phone: 800-799-7233 (Toll-free), 800-787-3224 (TTY)

Florida Domestic Violence Statewide Hotline: 800-500-1119; Florida Relay 711

https://www.myflfamilies.com/services/abuse/domestic-violence

Women in Distress of Broward County

http://www.womenindistress.org/

PO Box 50187

Lighthouse Point, FL 33074

Phone: 954-760-9800, 954-761-1133 (24 hour Crisis Line), 711 (TTY/TDD)

Email: info@womenindistress.org

Women in Distress offers a 24-hour crisis line, emergency shelter program, individual counseling, and support groups to women who are victims of domestic abuse. This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

Florida Dept. of Children and Families: Office of Domestic Violence

https://www.myflfamilies.com/services/abuse/domestic-violence

Phone: 800-500-1119

Easter Seals Offices

Easterseals Florida

http://fl.easterseals.com

2010 Crosby Way

Winter Park, FL 32792 Phone: 407-629-7881

Easterseals offers services to children and adults with disabilities and special needs. The programs Easterseals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location. Please see the site for their local offices.

Easterseals Southwest Florida

http://easterseals-swfl.org/

350 Braden Avenue Sarasota, FL 34243 Phone: 941-355-763

Phone: 941-355-7637

Easterseals Southwest Florida offers the highest quality of care and services to children, youth and adults with special needs so that they can enjoy access, opportunities and increased life choices.

Government Offices

Florida State Website

http://mvflorida.com/

Florida Endowment Foundation for Vocational Rehabilitation (Able Trust)

http://www.abletrust.org

1709 Hermitage Blvd, Suite 100

Tallahassee, FL 32308 Phone: 850-224-4493 Email: info@abletrust.org

Florida Commission on Human Relations

https://fchr.myflorida.com/

4075 Esplanade Way, Room 110

Tallahassee, FL 32399

Phone: 850-488-7082, 800-342-8170 (Toll-free), 711 (Relay)

Email: fchrinfo@fchr.myflorida.com

The Commission is the state agency charged with enforcing the state's civil rights laws and serves as a resource on human relations for the people of Florida.

Florida Division of Vocational Rehabilitation

http://www.rehabworks.org/

Headquarters

325 W. Gaines St, Suite 1144 Tallahassee, FL 32399-0400

Phone: 850-245-3399, 800-451-4327 (Toll-free)

Florida Medicaid Office

http://ahca.myflorida.com/Medicaid/index.shtml
Agency for Health Care Administration of Florida
2727 Mahan Dr
Mail Stop #8
Tallahagana, Fl. 22208

Tallahassee, FL 32308 Phone: 850-412-4000

Email: FLMedicaidManagedCare@ahca.myflorida.com

Florida KidCare

www.floridakidcare.org

Agency for Healthcare Administration

Phone: 888-540-5437, 800-955-8771 (TTY)

Florida KidCare (the state's CHIP program) offers health insurance to low-income, uninsured children from birth through age 18, even if one or both parents are working.

Florida SHIP (State Health Insurance Assistance Program) SHINE (Serving Health Insurance Needs of Elders)

http://www.floridashine.org/

Florida Department of Elder Affairs 4040 Esplanade Way, Suite 270 Tallahassee. FL 32399-7000

Phone: 800-963-5337 (Toll-free), 800-955-8770 (TDD/TTY)

Email: information@elderaffairs.org

SHINE is a state health insurance assistance program for elder Floridians. It provides educational materials and free unbiased insurance counseling to help elders understand and receive the health insurance coverage they need through Medicare, Medicaid, prescription assistance, long-term care planning and insurance, and other health care issues.

Florida Agency for Health Care Administration

https://ahca.myflorida.com/

Mailing Address: 2727 Mahan Drive Tallahassee. FL 32308

Phone: 888-419-3456 (Toll-free), 800-955-8771 (Florida Relay Service TDD)

The Agency is responsible for the administration of the Medicaid program, for the licensure and regulation of health facilities and for providing information to Floridians about the quality of the health care they receive in Florida.

Florida Division of Workers' Compensation

http://www.myfloridacfo.com/division/wc/

200 East Gaines Street

Tallahassee, FL 32399-4220

Phone: 800-342-1741

Email: Workers.CompService@myfloridacfo.com

Florida Office of Insurance Regulation

https://floir.com/home

200 East Gaines Street Tallahassee, FL 32399

Phone: 850-413-3140 (Consumer Helpline) Email: Consumer.Services@Myfloridacfo.com

Florida Insurance Consumer Advocate

https://www.mvfloridacfo.com/division/ica/

200 East Gaines St Tallahassee, FL 32399

Phone: 850-413-5923, 877-693-5236 (In-State Consumer Helpline)

Email: YourFLVoice@MyFloridaCFO.com

Florida Commission for the Transportation Disadvantaged

www.dot.state.fl.us/ctd

605 Suwannee St, MS-49 Tallahassee, FL 32399

Phone: 850-410-5700, 800-983-2435 (Toll-free)

Email: CTDOmbudsman@dot.state.fl.us

Assists people with disabilities with transportation issues.

SunPass Prepaid Toll Program

http://www.sunpass.com/

Physical Location:

Boca Raton Walk-In Center

7941 Glades Rd

Boca Raton, FL 33434

Maling Address:

Florida Department of Transportation/SunPass

PO Box 447 Ocoee, FL 34761

Phone: 888-865-5352

A program that assists the disabled to pay the tolls on Florida highways which accept SunPass. Applications may be obtained from the Florida Commission for the Transportation Disadvantaged.

State Long-Term Care (LTC) Ombudsman Program

https://ombudsman.elderaffairs.org/

4040 Esplanade Way, Suite 380

Tallahassee, FL 32399-7000

Phone: 850-414-2323, 888-831-0404 (Toll-free)

Email: LTCOPinformer@elderaffairs.org

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.house.gov/representatives/find/

http://whoismyrepresentative.com/

City of Jacksonville, Disabled Services Division

http://www.coj.net/departments/parks-and-recreation/disabled-services

117 W. Duval St, Suite 205 Jacksonville, FL 32202

Phone: 904-255-5466, 904-255-5475 (TTY)

Email: DisabledServices@coi.net

DSD offers services such as monitoring of the ADA, disabled parking enforcement, and sensitivity training as well as resources and information on local transportation, employment and recreation.

Housing

U.S. Dept. of Housing and Urban Development (HUD)

www.hud.gov

451 7th Street, S.W. Washington, DC 20410

Phone: 202-708-1112, 202-708-1455 (TTY)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

Florida Health Finder

http://www.floridahealthfinder.gov/LandingPages/NursingHomeGuide.aspx Florida Nursing Home Guide - Facility Search

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs) Florida State Independent Living Council

http://www.ilru.org/projects/silc-net/silc-directory

http://www.floridasilc.org/

1882 Capital Circle NE

Suite 202

Tallahassee, FL 32308

Phone: 850-488-5624, 877-822-1993 (Toll-free), 850-488-5624 (TTY)

Email: info@floridasilc.org

Independent Living Research Utilization's Directory of Independent Living Centers

http://www.ilru.org

National Council on Independent Living (NCIL)

http://www.ncil.org/

PO Box 31260

Washington, DC 20030

Phone: 202-207-0334, 844-778-7961(Toll-free)

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Disability Achievement Center for Independent Living

http://www.mvdacil.org/

12552 Belcher Rd S.

Largo, FL 33773

Phone: 727-539-7550 Email: info@mydacil.org

Since 1992, Disability Achievement Center for Independent Living has been serving people of all ages with disabilities in Pinellas and Pasco Counties. They are a not for profit, non-residential resource center that serves people with all types of disabilities and their families at all stages of life. They provide information & referral, independent living skills, peer mentoring, advocacy and transition services as well as durable medical equipment and home modifications.

Self-Reliance, Inc. Center for Independent Living

http://self-reliance.org/

8901 N. Armenia Ave Tampa, FL 33604

Phone: 813-375-3965, 813-402-0330 (Videophone)

Email: gmartoccio@self-reliance.org

Self Reliance, Inc. Center for Independent Living (CIL) is a nonprofit 501(c)(3) organization established in 1978. Our mission is to promote independence through empowering persons with disabilities and improving the communities in which we live. Self Reliance is a cross disability agency providing services to both children and adults with disabilities (regardless of age and type of disability) to identify and overcome barriers to independence in their lives. Self Reliance is one of 16 Centers for Independent Living (CILs) statewide and is a member of the Florida Association of Centers for Independent Living (FACIL).

Library Services

Florida Division of Blind Services: Bureau of Braille and Talking Books Library\

http://dbs.myflorida.com/Library/index.html

Physical Address:
325 West Gaines Street
Turlington Building, Suite 1114
Tallahassee, FL 32399-0400
Mailing Address:
421 Platt Street

Daytona Beach, FL 32114-2803

Phone: 800-226-6075 (Toll-free), 386-239-6000

Email: OPAC librarian@dbs.fldoe.org

Materials can be used by those with physical disabilities also.

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.christopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078 Phone: 800-539-7309

Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-topeer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection and Advocacy

Disability Rights Florida

http://www.disabilityrightsflorida.org/

Mailing Address:

2473 Care Drive, Suite 200

Tallahassee, FL 32308

Phone: 850-488-9071, 800-342-0823 (Toll-free), 800-346-4127 (TDD)

Legal Services of North Florida

http://lsnf.org/

2119 Delta Blvd

Tallahassee, FL 32303 Phone: 850-385-9007

LSNF offers direct representation, telephone advice programs, and legal clinics for

income-eligible people.

Service Dogs

Canine Companions: Southeast Training Center

https://canine.org/

8150 Clarcona Ocoee Rd

Orlando, FL 32818

Phone: 407-522-3300, 800-572-2275 (Toll-free)

Service, Hearing, Social/Therapy Dogs

K9s for Warriors

http://www.k9sforwarriors.org/

114 Camp K9 Rd

Ponte Vedra, FL 32081

Phone: 904-686-1956, 888-819-0112 (Toll-Free)

Email: info@k9sforwarriors.org

K9s for Warriors is a non-profit organization dedicated to providing service canines to warriors suffering from Post-Traumatic Stress Disability, traumatic brain injury and/or military sexual trauma as a result of military service post 9/11.

New Horizons Service Dogs, Inc

http://www.newhorizonsservicedogs.org/

1590 Laurel Park Ct. Orange City, FL 32763 Phone: 386-456-0408 Email: info@nhsdi.org

Dogs trained: Service, Mobility Assistance

Sports and Recreation

8 Flags Playscapes, Inc.

http://8flagsplayscapes.org/

Mailing Address: PO Box 15158

Fernandina Beach, FL 32035

Email: 8flagsplayscapes@gmail.com

8 Flags Playscapes, Inc is dedicated to building places that are fun for everyone in the form of accessible playgrounds.

Access the Sea

https://www.accessthesea.org/

10231 Hunt Club Lane

Palm Beach Gardens, FL 33418 Email: accessthesea2@gmail.com

Access the Sea takes people with disabilities out on the intracoastal waterways in an accessible catamaran for a four-hour boat trip with fishing included.

Active Disabled Americans

https://activedisabledamericans.org/

81576 Overseas Highway Islamorada, Florida 33037 Phone: 305-451-2102

Active Disabled Americans is a charter, tour, and cruise operation that caters to people

with disabilities.

Brooks Rehabilitation Adaptive Sports and Recreation Program

https://brooksadaptivesportsandrecreation.com

3599 University Blvd South, Suite 1103

Jacksonville, FL 32216 Phone: 904-345-7314

Email: adaptivesports@brooksrehab.org

The program provides a variety of weekly activities as well as sponsoring educational clinics and sporting event competitions with athletes holding national and world champion titles and Paralympic status. All ages and abilities welcome. Individuals may choose to participate at a recreational or competitive level.

Broward County Parks and Recreation Division

www.broward.org/parks

950 NW 38th St

Oakland Park, FL 33309

Phone: 954-357-8100 ext. 0, 954-357-8170 Email: SpecialPopulations@Broward.org See the Special Populations Section.

Endless Possibilities for the Disabled, Inc

https://endlesspossibilitiespbc.org/

CMAA Lake Worth Therapeutic Recreation Complex

2728 Lake Worth Road Lake Worth, FL 33461 Phone: 561-966-7088

Email: endlesspossibilitiesPBC@gmail.com

Endless Possibilities for the Disabled, Inc is a 501(c)(3) organization that provide adapted sports and recreation for persons with physical disabilities. Their goal is to improve the physical and emotional health and lives of persons with physical disabilities by providing social experiences through sports and recreation. Recreation provides members with opportunities for socialization, teamwork and a sense of pride. Belonging and accomplishment helps improve morale and a sense of well-being. The physical training involved with recreation help to maintain or improve health of those individuals with a physical disability.

SportsAbility Alliance (Formerly Florida Disabled Outdoors Association)

http://www.fdoa.org/

3035 Eliza Road

Tallahassee, FL 32308 Phone: 850-201-2944

SportsAbility Alliance is a non-profit organization whose mission is to enrich lives through

accessible inclusive recreation for all.

Goodwill Industries of Southwest Florida, Inc.

https://goodwillswfl.org/

Goodwill Opportunity Center

5100 Tice St.

Ft. Myers, Florida 33905 Phone: 239-995-2106

Goodwill Industries of Southwest Florida's Mission is to provide programs and services for people with disabilities and other barriers to employment. Trailways Camp provides camping experiences for adults with disabilities in Southwest Florida. Goodwill Industries of Southwest Florida, Inc. has been the service provider for the Trailways Camps since October 2012 and serves 60 campers annually at our overnight camping sessions. Campers enjoy fishing, canoeing, arts and crafts, swimming, campfires, nature walks, and much more at Trailways Camp.

Lee County Parks and Recreation

http://www.leeparks.org/

Terry Park

3410 Palm Beach Blvd

Fort Myers, FL 33916 Phone: 239-533-7275

Email: leeparks@leegov.com

Click on Programs, then ADA Accessibility or Special Needs Camps

Miracle League of Palm Beach County

http://miracleleaguepalmbeachcounty.com/

Mailing Address: PO Box 7211

Delray Beach, FL 33482 Phone: 561-414-4441

Email: coachkadel@gmail.com

The Miracle League's mission is to provide opportunities for all children to play baseball regardless of their ability. For over 10 years, the Miracle League Association has made it possible for children all over the country with physical and mental disabilities to achieve the same dream as their healthy peers - to play ball.

Hillsborough County Parks & Recreation

https://www.hillsboroughcounty.org/en/government/departments/parks

HC Adaptive Sports Program

6105 E Sligh Ave Tampa, FL 33617

Phone: 813-744-5595, 813-416-0467

HC Adaptive Sports provides year-round sports and recreation programs that promote physical activity, healthy lifestyles, and recreational and competitive sports opportunities for area children and adults with physical disabilities.

Sabrina Cohen Foundation (SCF)

https://sabrinacohenfoundation.org/

Phone: 305-968-8024

Email: Sabrina@sabrinacohenfoundation.org

Today, SCF's mission revolves around the foundation's largest undertaking to date - a partnership with the City of Miami Beach that includes multiple initiatives to provide disabled individuals, veterans, children with special needs and the elderly the same perks of living in South Florida as everyone else - Access to the beach and ocean.

Shake-A-Leg Miami

www.shakealegmiami.org

2620 South Bayshore Drive

Coconut Grove, FL Phone: 305-858-5550

Shake a Leg Miami's mission is to use the marine environment to improve the health, education, independence and quality of life for all with an emphasis on individuals with physical, developmental and economic challenges.

ThumbsUp International

www.ThumbsUpIntl.org

Email: thumbsupintl@gmail.com

ThumbsUp pairs able bodied volunteers with wheelchair racers so that they can participate in races.

UCanSki 2

http://ucanski2.com/

A water skiing program for people with disabilities.

Walk on Water Ministries

http://walkonwaterhorses.com

3330 Perkinson Lane Merritt Island, FL 32953 Phone: 321-412-8057

Email: <u>praisedancer.bryan426@gmail.com</u>

Our mission is to provide a place where individuals with special needs, at risk individuals, veterans, and their families can come to gain the health benefits of interacting with horses and other animals, develop responsibilities through encouragement, and heal through serving.

USA Adaptive Water Ski & Wake Sports Inc

https://www.usaadaptivewaterski.org/

Phone: 863-324-4341

Email: memberservices@usawaterski.org

W.A.V.E.S. (Wheelchairs and Veterans Enjoying Summer, Inc)

http://www.kipsboat.org Phone: 631-495-6105 Email: kipsboat@msn.com

Offers free fishing and boating to children and adults with physical and mental challenges.

They operate in in Stuart, FL from November to May.

United Way Offices

United Way National Headquarters

http://www.unitedway.org

Mailing Address:

United Way Worldwide

701 North Fairfax Street

Alexandria, VA 22314 Phone: 703-836-7112

Enter postal code for a United Way office in your area

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

US Department of Veterans Affairs VA Facility Locator

https://www.va.gov/directory/guide/home.asp

Click on state of Florida.

VA National Service Offices:

Miami VA Healthcare System

Bruce W Carter Dept of VA Medical Center 1201 NW 16th St Miami, FL 33125-1624

Phone: 305-575-7000

Lake City VA Medical Center

619 S. Marion Ave

Lake City, FL 32025-5808 Phone: 386-755-3016

Orlando VA Medical System

13800 Veterans Way Orlando, FL 32827-5812 Phone: 407-631-1000

James A. Haley Veterans' Hospital

13000 Bruce B. Downs Blvd Tampa, FL 33612-4745 Phone: 813-972-2000

Paralyzed Veterans of America offices – Florida

https://pva.org

Florida Chapter

http://www.pvaf.org

3799 N. Andrews Avenue Oakland Park, FL 33309 Phone: 754-702-4199

Newsletter: The Sunshine Spokesman

Central Florida Chapter

https://pvacf.org/

2711 South Design Court Sanford, FL 32773

Phone: 407-328-7041 Email: office@pvacf.org

Florida Gulf Coast Chapter

https://floridagulfcoastpva.org/

15435 N. Florida Ave Tampa, FL 33613

Phone: 813-264-1111

ALS

ALS Association Florida Chapter

http://webfl.alsa.org/site/PageServer?pagename=FL_homepage

501 E. Kennedy Blvd, Suite 1400

Tampa, FL 33602

Phone: 813-637-9000, 888-257-1717 (Toll-free)

Email: infofl@als.org

Contact for Support Groups in your area

ALS Recovery Fund

www.alsrecovery.org

Mailing Address:

One Grove Isle Drive, #1602 Coconut Grove, FL 33133

Phone: 305-971-5416

Email: info@alsrecovery.org

The ALS Recovery Fund is a 501(c)(3) non-profit charitable organization that is committed to creating public awareness, promoting research and education, and raising funds for patient care and research in order to find a cure for this life threatening disease. The ALS Recovery Fund seeks to aid families impacted by ALS by providing financial assistance to those in need of equipment and/or supplies. The Patient Care Fund is available to all residents of Miami-Dade, Broward, Monroe and Palm Beach County diagnosed with ALS.

ALS Center at the University of Miami

http://miami-als.org/

Professional Arts Center Building Medical Campus 1150 NW 14th Street, Suite 609

Miami, FL 33136

Phone: 800-690-2571 (Toll-free), 305-243-7400

Email: ALSClinic@med.miami.edu

Brain Injury

Brain Injury Florida

https://www.braininjuryfl.org/

19321 US HWY 19 North, Suite 307

Clearwater, FL 33764

Phone: 703-761-0750, 800-444-6443 (Brain injury Info Line)

Email: info@braininjuryfl.org

Miami Jewish Health

https://www.miamijewishhealth.org/

5200 NE 2nd Ave Miami, FL 33137

Phone: 305-751-8626

MJHH has been designated by the state of Florida as its first brain and spinal cord injury ventilator dependent rehabilitation program. The Brucker Biofeedback Center treats patients with damage to their central nervous system including people with spinal cord injury, brain injury and stroke.

WellFlorida Council

http://www.wellflorida.org

1785 NW 80th Blvd Gainesville, FL 32606 Phone: 352-313-6500

Email: info@WellFlorida.org

Has a state-wide project on traumatic brain injury.

Cerebral Palsy

United Cerebral Palsy National Headquarters

http://www.ucp.org/ 8401 Old Courthouse Rd

Vienna, VA 22182

Phone: 202-776-0406, 800-872-5827

Email: info@ucp.org

UCP chapters in Florida

UCP of Central Florida

https://www.ucpcfl.org 4780 Data Court

Orlando, FL 32817 Phone: 407-852-3300 Email: info@ucpcfl.com

United Community Options of South Florida

http://www.unitedcommunityoptionssfl.org/

2700 W. 81st Street Hialeah, FL 33016 Phone: 786-785-4706

Email: ucoinfo@uco-ucpsfl.org

Friedreich's Ataxia

National Ataxia Foundation (NAF) National Office

http://www.ataxia.org/ Physical Address: 600 Hwy 169 S, Ste 1725 Minneapolis, MN 55426 Mailing Address: PO Box 27986

Golden Valley, MN 55427 Phone: 763-553-0020 Email: naf@ataxia.org

Central Florida Ataxia Support Group

https://www.facebook.com/groups/267918490537236/

Greater Jax Support Group

Becky Farinella

Email: fourfarinellas@comcast.net

Wendy Everts

Email: wendyeverts28@gmail.com

Tampa Bay Support Group

Darlene Harris Tampa, FL

Phone: 813-431-2859

Email: Msdee004@gmail.com

Janet Colon Tampa Bay, FL

Email: colonjanet@yahoo.com

Treasure Coast Support Group

Lisa Cole

Port St. Lucie, FL Phone: 772-370-3041

Email: lisacoleataxia@gmail.com

Florida Birth-Related Neurological Injury Compensation Association (NICA)

http://www.nica.com/

Mailing Address:

Post Office Box 14567

Tallahassee, FL 32317-4567

Phone: 850-488-8191, 800-398-2129 (Toll-free)

Email: info@nica.com

NICA was created by the Florida Legislature in 1988. NICA is a statutory organization that manages the Florida Birth Related Neurological Injury Compensation Plan ("Plan") used to pay for the care of infants born with certain neurological injuries. This Plan is available to eligible families statewide without litigation. Cerebral palsy is among one of the conditions that NICA may cover.

Guillain-Barré Syndrome / CIDP

Guillain-Barré Syndrome/CIDP Foundation International

http://gbs-cidp.org/

375 East Elm St, Suite 101 Conshohocken, PA 19428

Phone: 610-667-0131, 866-224-3301 (Toll-free North America)

Call for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society chapters:

Mid-South Florida National MS Society Chapter

http://www.nationalmssociety.org/flc

Physical Address:

3250 W. Commercial Blvd

Suite 340

Fort Lauderdale, FL 33309

Mailing Address:

PO Box 289

Canton, MA 02021

Phone: 800-344-4867 (Toll-Free)

North Florida National MS Society Chapter

http://www.nationalmssociety.org/FLN

Physical Address:

8940 Western Way, Suite 16

Jacksonville, FL 32256

Mailing Address:

PO Box 289

Canton, MA 02021

Phone: 800-344-4867 (Toll-Free)

Multiple Sclerosis Association of America

http://www.mymsaa.org/

National Headquarters

375 Kings Highway North, Suite B

Cherry Hill, NJ 08034

Phone: 800-532-7667

Email: msaa@mymsaa.org

MSAA Southeast Regional Office

https://mymsaa.org/publications/improving-lives/offices/

Phone: 800-532-7667, ext. 160 Email: southeast@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association

https://www.mda.org

1016 W Jackson Blvd #1073

Chicago, IL 60607 Phone: 800-572-1717

Email: resourcecenter@mdausa.org

Enter your postal code in the "Find your local MDA" section of the website for MD clinics

in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)

www.post-polio.org

50 Crestwood Executive Center, Suite 440

Saint Louis, MO 63126 Phone: 314-534-0475

Directory lists Health Professionals, Clinics, and Support Groups by state:

https://post-polio.org/wp-content/uploads/2023/09/PDIR-2023.pdf

Spina Bifida

Spina Bifida Association

http://www.spinabifidaassociation.org

1600 Wilson Blvd, Suite 800

Arlington, VA 22209 Phone: 800-621-3141 Email: sbaa@sbaa.org

Please contact them for info in your area

Florida SBA Clinics

Johns Hopkins All Children's Hospital

https://www.hopkinsmedicine.org/all-childrens-hospital/services/institute-brain-protection-sciences/programs-and-services/pediatric-neurosurgery/spina-bifida-clinic

Institute for Brain Protection Sciences

501 6th Avenue South St. Petersburg, FL 33701

Phone: 727-898-7451, 800-456-4543 (Toll Free)

Nemours Children's Hospital

http://www.nemours.org/welcome.html

6535 Nemours Parkway Orlando, FL 32827 Phone: 407-650-7715

Arnold Palmer Hospital for Children

https://www.arnoldpalmerhospital.com/

60 W. Gore Street Orlando, FL 32806 Phone: 407-649-9111

UHealth Jackson: Children's Care

https://pediatrics.jacksonhealth.org/service/comprehensive-spina-bifida/

Jackson Memorial Hospital 1080 N.W. 19th St. Batchelor Center of Urology Central Building, Suite 150

Miami, FL 33136 Phone: 305-585-3627

Email: holtz.spinabifida@jhsmiami.org

Florida SBA Chapters:

SBA of Central Florida

http://www.sbacentralflorida.org

1001 N. Orange Ave Orlando, FL 32801 Phone: 407-248-9210

Email: CONTACT@SBACENTRALFLORIDA.ORG

SBA of Jacksonville

http://spinabifidajax.org 2970 Mercury Road Jacksonville, FL 32207 Phone: 904-699-9886

Spinal Cord Injury

Brain and Spinal Cord Injury Program Resource Center

http://bscipresourcecenter.org/

Mailing Address:

3491 Gandy Blvd, Suite 209

Pinellas Park, FL 33781

Phone: 866-313-2940 (Toll-Free), 813-574-5091, 813-574-5092

Email: BSCIPResourceCenter@flhealth.gov

Miami Project to Cure Paralysis

https://www.themiamiproject.org/

1095 NW 14th Terrace Lois Pope LIFE Center

Miami, FL 33136

Phone: 305-243-6001, 800-782-6387 Email: miamiproject@miami.edu

The Miami Project is the world's largest comprehensive spinal cord injury research center,

dedicated to finding more effective treatments and a cure for paralysis.

South Florida Spinal Cord Injury Model System

http://scimiami.med.miami.edu/

South Florida SCI Model Systems

Florida Department of Health: Brain and Spinal Cord Injury Program

https://www.floridahealth.gov/provider-and-partner-resources/brain-and-spinal-cordinjury-program/index.html

Mailing Address:

4052 Bald Cypress Way, Bin C25

Tallahassee, FL 32399

Phone: 850-245-4045, 800-342-0778 (Toll-Free)

Email: DEMO.BSCIP@flhealth.gov

United Spinal Association: Chapter Finder

http://www.spinalcord.org/chapters/directory/

United Spinal Association's Greater Orlando Chapter

https://unitedspinal.org/chapter/greater-orlando-chapter-of-united-spinal-association/

Mailing Address:

1070 Montgomery Rd, #2116 Altamonte Springs, FL 32714

Phone: 888-265-4890 Email: info@goscin.org

Other Regional Support Groups:

Greater Orlando Spinal Cord Injury Network

https://goscin.org/

Mailing Address:

1070 Montgomery Road, #2116 Altamonte Springs, FL 32714

Phone: 888-265-4890 Email: info@goscin.org

Meetings are held at different locations. GOSCIN is a group for persons with SCI in the Orlando area. Their mission is to serve the needs of people with SCIs in employment, adaptive sports, recreation, social functions, networking, outreach, SCI prevention, and guest speakers for the group.

WellFlorida Council

http://www.wellflorida.org/

1785 NW 80th Blvd

Gainesville, FL 32606 Phone: 352-313-6500

Email: info@WellFlorida.org

Click on Resources to see report on spinal cord injury in Florida

New Perspective Foundation

https://newperspective.org

12850 Highway 9 Suite 600-239

Alpharetta, GA 30004

Email: support@newperspective.org

New Perspective Foundation is a registered 501 (c) (3) non-profit organization that helps individuals in Georgia, Ohio and Florida who are currently hospitalized due to a spinal cord injury. They accomplish this by assisting their family and friends with airfare, gasoline, and or lodging expenses, so they can travel to support them in their time of need.

Memorial Rehabilitation Institute

https://www.mhs.net/services/rehabilitation/conditions/spinal-cord

3600 Washington St. Hollywood, FL 33021 Phone: 954-518-5725

Memorial Rehabilitation Institute offers a world-class, comprehensive inpatient rehabilitation program close to home and under one roof at Memorial Regional Hospital South. For adult and pediatric patients who need therapy but don't require hospitalization, there are several outpatient rehabilitation locations.

Spinal Cord Injury Support Group of South Florida: Broward Chapter

http://www.scisg.org/broward-chapter

Encompass Health Rehabilitation Center 4399 Nob Hill Road

Sunrise, FL 33351 Contact: Ryan Gebauer Phone: 954-696-7204

Spinal Cord Injury Support Group of South Florida: Miami Chapter

http://www.scisg.org/miami-chapter

Christine E. Lynn Rehabilitation Center

1611 NW 12th Ave Miami, FL 33136

Contact: Anson James Phone: 407-637-7774

Spinal Cord Injury Support Group of South Florida: Palm Beach Chapter

http://www.scisg.org/palmbeach-chapter

Contact: Peggy Domitz Phone: 954-471-8844

West Florida SCI Support Group

https://unitedspinal.org/group/west-florida-sci-support-group/

West Florida Rehab Institute 8383 N. Davis Highway Pensacola, FL 32514

Contact: Rinda Gray-Astley

Phone: 850-494-6195

Email: rinda.grayastley@hcahealthcare.com

Spinal cord injury support group in Pensacola, FL. The group meets every second

Tuesday of the month from 2:30 – 3:30 PM in Community Rooms A&B.

Stroke

Florida Dept of Health's Info on Stroke

https://www.floridahealth.gov/diseases-and-conditions/stroke/index.html

American Stroke Association

https://www.stroke.org/

National Center

7272 Greenville Avenue

Dallas, TX 75231

Telephone: 888-478-7653

Call for the stroke support group in your area

Stroke Support Group - St. Augustine

65 Silver Lane

St. Augustine, FL 32084 Contact: Meg Foster, DPT

Email: meg.foster@encompasshealth.com

Meetings are held 2nd Tuesday of every month from 4:00 PM to 5:00 PM Eastern Time

for caregivers and survivors.

Transverse Myelitis

Siegel Rare Neuroimmune Association

www.wearesrna.org

Physical Address:

1787 Sutter Parkway

Powell, OH 43065-8806

Mailing Address:

PO Box 826962

Philadelphia, PA 19182-6962

Phone: 855-380-3330

Please contact them for local info.

General Disability Resources

Association of People Supporting Employment First: Florida chapter

www.apse.org

https://apse.org/chapter/florida/

Email: flapse@apse.org

Ability1st

www.ability1st.info

1823 Buford Court Tallahassee, FL 32308

Phone: 850-575-9621

Email: contact@ability1st.info

Provides independent living, information and referral, etc.

Able Trust

www.abletrust.org

1709 Hermitage Blvd, Suite 100

Tallahassee, FL 32308 Phone: 850-224-4493 Email:info@abletrust.org

The Able Trust, also known as the Florida Endowment Foundation for Vocational Rehabilitation, is a 501(c)(3) public-private partnership foundation established by the Florida legislature in 1990. Its programs provide vocational rehabilitation to enable people with disabilities prepare for employment.

Brooks Rehabilitation Hospital

http://www.brooksrehab.org/

3599 University Blvd S Jacksonville, FL 32216 Phone: 904-345-7600

Provides the most advanced therapy and medical care, along with the compassion, motivation, and hope to help people reach their highest level of recovery.

Children's Medical Services (CMS)

http://www.cms-kids.com Phone: 850-245-4200

CMS has various programs and services for eligible children with special needs. Offices are located throughout the state.

Florida Alliance of Information and Referral Services (FLAIRS)

www.FLAIRS.org
Mailing Address:

PO Box 1321

Tallahassee, FL 32302

Phone: 211

FLAIRS' mission to strengthen the health and human service information and referral provider network in the state of Florida through advocacy, coordination and education. See https://flairs.org/current-members/ for links to information and referral services.

Florida Association of Rehabilitation Facilities, Inc

www.floridaarf.org

1113 East Tennessee Street, Suite 100

Tallahassee, FL 32308 Phone: 850-877-4816 Email: info@floridaarf.org

Florida Occupational Therapy Association

https://www.flota.org

Mailing Address:

1133 Bal Harbor Blvd, Suite 1139

PMB 200

Punta Gorda, FL 33950-6574

Florida Physical Therapy Association

http://www.fpta.org/

800 N Calhoun St, #1A Tallahassee, FL 32303 Phone: 850-222-1243

Email: info@fpta.org

Florida Yellow Pages for Kids with Disabilities

http://www.yellowpagesforkids.com/help/fl.htm

Leeds Endowment

https://www.leedsendowment.org/

Phone: 561-596-7666 (Susan Ford's cell)

Email: leedsendowment@gmail.com
The Leeds Endowment, is a non-profit organization, dedicated to improving the lives of

the disabled in Palm Beach County, FL. They assist people with disabilities with money for service dogs, wheelchairs, medical equipment, and other items at no cost to the

person with disability.

Lift Disability Network

https://liftdisability.net/

Mailing Address:

PO Box 770607

Winter Garden, FL 34777

Physical Address:

611 Business Park Blvd, Suite 105

Winter Garden, FL 34777 Phone: 407-228-8343

The Lift Family Network aids the disability family with a suite of programs that include camps, social services, mentoring, mental health & family counseling, social events, and

spiritual development.

Stand Among Friends

www.standamongfriends.org

777 Glades Road

Building NU84, Suite 120

Boca Raton, FL 33431 Phone: 561-297-4400

Email: info@standamongfriends.org

Stand Among Friends is a 501(c)3 nonprofit organization that helps college students and adults with disabilities prepare for, seek and secure employment.

Wheelchair Accessible Taxicabs Available In Miami-Dade County:

Central Cab

740 Alton Road Miami Beach, FL 33139 Phone: 305-532-5555

Crown Taxi

4141 N Miami Avenue, #201 Miami, FL 33127 Phone: 305-445-5555

Super Yellow Cab

3109 NW 27th Avenue Miami, FL 33142 Phone: 305-888-7777

Transportation Sunshine

4218 SW 9th Street Miami, FL 33134 Phone: 305-445-3333

Yellow Cab

3775 NW 36th Street Miami, FL 33142 Phone: 305-444-4444

For additional information, to file a complaint or to record a compliment, call 305-891-3131.

Wheelchairs 4 Kids

www.wheelchairs4kids.org

1200 S. Pinellas Ave, Suite 3 Tarpon Springs, FL 34689 Phone: 727-946-0963

Email: info@wheelchairs4kids.org

Wheelchairs4Kids is a non-profit that assists children in getting wheelchairs, home modifications, assistive devices, and vehicle modifications at no charge to them.

Wheels of Success

https://www.wheelsofsuccess.org/ Hillsborough County Address: 13116 N Florida Ave Tampa, FI 33612

Phone: 813-498-0105, 813-417-1090 Email: <u>info@wheelsofsuccess.org</u> Wheels of Success is Tampa Bay's only 501(c)3 nonprofit organization providing a full range of transportation solutions, including vehicle replacement; car repair; and licensing, car payment and down payment assistance to low- and moderate-income working families.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

1801 N. Mill St, Suite F Naperville, IL 60563 Phone: 630-961-1400

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the "Chapter Site" tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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