



Heterotopic Ossification

Heterotopic ossification is a condition in which bone grows within soft tissue, impeding the normal function of muscles, tendons, and ligaments. Heterotopic ossification can develop in people in response to a traumatic injury, including severe head injuries, spinal cord injuries, war injuries, and even hip replacements. It can also be a genetic disease.

Source: National Institute of Arthritis and Musculoskeletal and Skin Diseases

http://www.niams.nih.gov/News_and_Events/Spotlight_on_Research/2009/bone_formation.asp

Websites

Arkansas Spinal Cord Commission: Fact Sheet – Heterotopic Ossification in Spinal Cord Injury

<http://cdm16039.contentdm.oclc.org/cdm/ref/collection/p266101coll7/id/841>

Craig Hospital: Heterotopic Ossification

<https://craighospital.org/resources/heterotopic-ossification>

eMedicine: Heterotopic Ossification

<http://emedicine.medscape.com/article/327648-overview>

eMedicine: Heterotopic Ossification in Spinal Cord Injury

<http://emedicine.medscape.com/article/322003-overview>

eMedicine: Posttraumatic Heterotopic Ossification

<http://emedicine.medscape.com/article/326242-overview>

University of Alabama at Birmingham's Spinal Cord Injury Information Network: Heterotopic Ossification

<http://www.uab.edu/medicine/sci/daily-living/managing-personal-health/secondary-medical-conditions/heterotopic-ossification>

Online Videos

University of Alabama at Birmingham's Spinal Cord Injury Information Network: Bone Health (19 minutes) This video can be watched at their website.

<http://www.uab.edu/medicine/sci/uab-scims-information/secondary-conditions-of-sci-health-education-video-series>

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