

Indiana Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to <u>https://www.healthcare.gov/</u> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

https://www.n4a.org/adrcs https://www.acl.gov/node/413 Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living(<u>http://www.hhs.gov/acl/index.html</u>) (including AoA (<u>http://www.aoa.gov/</u>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<u>http://www.cms.hhs.gov/</u>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term

supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

FSSA Division of Aging

http://www.in.gov/fssa/2329.htm 402 W. Washington St. W454, P.O. Box 7083, MS21 Indianapolis, IN 46207-7083 Toll-free: 888-673-0002

Indiana Association of Area Agencies on Aging

http://www.iaaaa.org/ 4701 N Keystone Avenue, Suite 402 Indianapolis, IN 46205 Phone: 317-205-9201

Indiana Area Agencies on Aging

http://www.iaaaa.org/icontent.asp?id=27

National Center on Elder Abuse (NCEA)

https://ncea.acl.gov/

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Assistive Technology

ADA & IT Technical Assistance Centers

http://adata.org/ Region 5 (IL, IN, MI, MN, OH, WI) University of Illinois/Chicago Department on Disability & Human Development 1640 West Roosevelt Road, Room 405 Chicago, IL 60608 Phone: 312-413-1407 Email: adata@adagreatlakes.org

Great Lakes Loan Closets

https://loanclosets.org P.O. Box 19614 Kalamazoo, MI 49019 A directory of loan closets by county, operated by Great Lakes Loan Closets (<u>http://greatlakesloanclosets.org/</u>). Great Lakes Loan Closets are designed to help residents of Michigan (<u>http://michiganloanclosets.us/</u>, Wisconsin (<u>http://www.loanclosets.org/wisconsin/</u>) and Northern Indiana (<u>http://michiganloanclosets.us/northernIndiana/</u>) find free or low-cost home medical equipment in their communities.

indata: Indiana Assistive Technology Act

http://eastersealstech.com/

Caregivers Information

Caregiver.com

https://caregiver.com/ 3920 Riverland Road Fort Lauderdale, FL 33312 Tel: (954) 893-0550, 1-800-829-2734 Email: info@caregiver.com

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. Please go to www.ChristopherReeve.org/NRN for more information.

NeuroHope

http://www.neurohopewellness.org/ 6002 Sunnyside Rd. Indianapolis, IN 46236 Phone: 317-525-8386 Email: <u>neurohopewellness@gmail.com</u>

NeuroHope provides individualized physical therapy and wellness programs, specialized for people living with and recovering from spinal cord injury, brain injury, and stroke.

Community Health Centers

Indiana Primary Health Care Association

www.indianapca.org 150 West Market Street, Suite 520 Indianapolis, IN 46204 Phone: 317-630-0845 Email: info@indianapca.org

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities

across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center http://findahealthcenter.hrsa.gov/

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Indiana Victim Assistance and Compensation

http://www.in.gov/cji/2348.htm Phone: 317-232-1233

Safe Horizon's Links for General Crime Victim Resources/Issues

www.safehorizon.org

Domestic Violence Help

National Domestic Violence Hotline: 1-800-799-SAFE (7233) and TTY line: 800-787-3224

National Resource Center on Domestic Violence: 800-537-2238

Statewide Hotline: 800-332-7385 and 800-553-2508 TTY

Indiana Coalition Against Domestic Violence

http://www.icadvinc.org/ 1915 W. 18th Street, Suite B Indianapolis, IN 46202 Phone: 317-917-3685 Toll-free: 800-538-3393

Easter Seals Offices

Indiana Easter Seals Offices, Go to search by state and drop down to Indiana http://www.easterseals.com/site/PageServer

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Easter Seals Child Development Center

https://www.easterseals.com/in-sw/

The Rehabilitation Center 3701 Bellemeade Ave. Evansville, IN 47715 Phone: 812-474-2244

Easterseals Arc of Northeast Indiana

www.easterseals.com/neindiana 4919 Coldwater Rd. Fort Wayne, IN 46825 Phone: 260-456-4534

Easter Seals Crossroads Rehabilitation Center

http://www.eastersealscrossroads.org/

4740 Kingsway Drive Indianapolis, IN 46205-1521 Phone: 317-466-1000

Government Offices

Indiana State Website

https://www.in.gov/core/

Indiana Family and Social Services Administration

http://www.in.gov/fssa/ P. O. Box 7083 Indianapolis, IN 46207-7083 Phone: 317-233-4454

Indiana Division of Disability and Rehabilitative Services

http://www.in.gov/fssa/2328.htm

Indiana Vocational Rehabilitation Office

http://www.in.gov/fssa/ddrs/2636.htm

List of Offices by Region

Indiana Medicaid Office

http://www.in.gov/fssa/2408.htm 402 W. Washington Street P.O. Box 7083 Indianapolis, IN 46207-7083

Indiana SCHIP Program (State Children's Health Insurance Program)

https://www.insurekidsnow.gov/coverage/in/index.html

Hoosier Healthwise 402 W. Washington Street P.O. Box 7083 Indianapolis, IN 46207-7083

Indiana Dept of Insurance: SHIP Program (State Health Insurance Program for Seniors)

http://www.in.gov/idoi/2495.htm

Central Office below (note there are many locations throughout the state) 311 W. Washington St., Suite 300 Indianapolis, IN 46201-2787 Phone: 800-452-4800 TDD: 866-846-0139 The State Health Insurance Assistance Program (SHIP) is a free & unbiased counseling

program provided by the Indiana Department of Insurance for Medicare beneficiaries in Indiana. They are part of a federal network of State Health Insurance Assistance Programs located in every state. SHIP provides health insurance counseling for people with Medicare. All their services are free.

Bureau of Developmental Disabilities, Indiana Family and Social Services

http://www.in.gov/fssa/ddrs/2644.htm

Indiana Insurance Commissioner

http://www.in.gov/idoi/ 311 W. Washington Street Suite 103 Indianapolis, IN 46204 Phone: 317-232-2395

Workers Compensation Board of Indiana

http://www.in.gov/workcomp/ 402 West Washington Street Room W-196 Indianapolis, IN 46204 Phone: 317-232-3808

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.house.gov/representatives/find/ http://whoismyrepresentative.com/

Indiana Long-Term Care Ombudsman Program

https://www.in.gov/ombudsman/long-term-care-ombudsman/overview/

Office of the Long-Term Care Ombudsman 402 W. Washington St., Room W451 PO Box 7083, MS 27 Indianapolis, Indiana 46207-7083 Phone: 317-232-7134 Toll-free: 800-622-4484 Email: LongTermCareOmbudsman@ombudsman.IN.gov

The Indiana Long-Term Care Ombudsman Program advocates for residents of longterm care facilities, which includes nursing facilities and licensed assisted living facilities. Our primary purpose is to promote and protect the resident rights guaranteed to residents under federal and state law.

Housing

Housing and Urban Development (HUD)

www.hud.gov

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs)

Indiana Independent Living Council

http://www.ilru.org/projects/silc-net/silc-directory PO Box 801 Danville, IN 46122 Toll-free: 844-4INSILC Independent Living Research Utilization's directory of Independent Living Centers http://www.ilru.org

National Council on Independent Living (NCIL)

http://www.ncil.org/ 2013 H St. NW, 6th Floor Washington, DC 20006 Phone: 202-207-0334 Toll-free: 877-525-3400

TTY: 202-207-0340

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national crossdisability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

Indiana State Library: Talking Book & Braille Library

http://www.in.gov/library/tbbl.htm 140 North Senate Avenue Indianapolis, IN 46204-2296 Phone: 317-232-3684 Toll-free: 800-622-4970 Email: tbbl@library.in.gov

Neurorecovery Network (Nrn)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are finding outside interested in one of this state. please qo to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A Short Hills, NJ 07078 Phone: 800-539-7309 Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-topeer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: <u>www.ChristopherReeve.org/qol</u> for more info on qualifying and applying.

Protection And Advocacy

Indiana Protection and Advocacy Client Assistance Program (CAP)

http://www.in.gov/ipas/

Indiana Protection and Advocacy Services 4701 N. Keystone Ave., Suite 222 Indianapolis, IN 46205 Phone: 317-722-5555 Toll-free: 800-622-4845 TTY: 800-838-1131

Service Dogs

Canine Companions for Independence (CCI)

http://www.cci.org

North Central Regional Center 4989 State Route 37 East Delaware, OH 43015 Phone: 740-833-3700 (voice/TTY) Toll-free: 800-572-BARK (2275) CCI'**s** North Central Regional Center serves several states, including Illinois.

Indiana Canine Assistant Network

www.icandog.org 5100 Charles Court, Suite 100 Zionsville, IN 46077 Phone: 317-250-6450 E-mail: icandog@icandog.org

Midwest Assistance Dogs

http://www.midwestassistancedogs.org/ Mark Halasz PO Box 1891 South Bend, IN 46634 Phone: 574-272-7677 Types of dogs trained: Hearing, Service Dogs, Seizure Alert Dogs Areas served: Indiana, Illinois, Ohio, Michigan, Wisconsin, Iowa, Kentucky

Northern Indiana Service Dogs

http://northernindianaservicedogs.com/ 1913-F N. Michigan St. PMB 190 Plymouth, IN 46563 Phone: 574-952-1635 Email: info@northernindianaservicedogs.com

Sports And Recreation

Camp PossAbility, Inc.

http://www.camppossability.org/ 1221 Oak Trail Ct. Fort Wayne, IN 46845-6120 Phone: 260-341-5732 Camp PossAbility's mission is to give young adults with physical disabilities a safe place to relax, spend time with friends, and not have to worry about adapting the world around them

CHAMP Camp

http://www.champcamp.org/ 1950 E. Greyhound Pass, Suite 18-357 Carmel, IN 46033-7400 Phone: 317-679-1860 Email: alyssia@champcamp.org CHAMP Camp is for children and adolescents, ag

CHAMP Camp is for children and adolescents, ages six and up, who have tracheostomies and those that require respiratory assistance, including the use of ventilators. Many campers also have unique physical challenges, including quadriplegia.

Indianapolis Rowing Center

https://indyrowing.org/ Mailing Address: PO Box 53223 Indianapolis, IN 46253 Director's Office: 7840 W. 56 St. Indianapolis, IN 46254 Phone: 317-991-1829 Email: info@indyrowing.org

The Indianapolis Rowing Center (IRC) is a leading rowing organization with facilities to meet national and international competition standards and programs to meet the aspirations and needs of both competitive and recreational rowers. IRC has the membership, programming, partnerships, financing and facilities to ensure that rowers achieve their goals.

National Center on Accessibility

http://ncaonline.org/ Indiana University Research Park 501 North Morton Street, Suite 109 Bloomington, IN 47404-3732 Phone: 812-856-4422 TTY: 812-856-4421

The National Center on Accessibility promotes access and inclusion for people with disabilities in parks, recreation and tourism. Based at Indiana University and established in 1992 through a cooperative agreement with the National Park Service, NCA has

emerged as a leading authority on access issues unique to park and recreation programs and facilities.

Rehabilitation Hospital of Indiana's Adaptive Sports Program

https://www.rhirehab.com/ https://www.rhirehab.com/our-programs/community-reintegration/adaptive-sportsprogram/ 4141 Shore Dr. Indianapolis, IN 46254 Phone: 317-329-2020 Email: rhisports@rhin.com

The mission of the RHI Adaptive Sports Program is to provide competitive and noncompetitive athletic opportunities for individuals with physical disabilities to enhance quality of life, promote physical fitness, introduce recreational and wheelchair sports, and challenge participants to perform at a competitive level. The Adaptive Sports Program specializes in serving youth and adults with spinal cord, orthopedic, neuromuscular, and visual impairments.

United Way Offices

United Way

https://www.unitedway.org/ National Headquarters 701 North Fairfax Street Alexandria, VA 22314 Phone: 703-836-7112 Enter postal code for a United Way office in your area United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veteran Benefits

US Department of Veterans Affairs VA Hospital Locator https://www.va.gov/directory/guide/state.asp?STATE=IN&dnum=ALL

List Indiana offices

Paralyzed Veterans of America Indiana Service Office

http://www.pva.org VARO, Indianapolis Phone: 317-916-3626-6296 Toll-free: 800-795-3601

PVA's Kentucky/Indiana Chapter Office

http://www.pva.org 4801 Paoli Pike, Suite 200 Floyds Knobs, IN 47119 Phone: 502-635-6539, 800-242-4782 (KY & IN only) Email: <u>vlincks@kipva.org</u>

ALS

The ALS Association Indiana Chapter

http://webin.alsa.org/site/PageServer?pagename=IN_homepage

7202 E. 87th St., Suite 102 Indianapolis, IN 46256 Toll-free: 888-508-3232 Phone: 317-915-9888 Email: info@alsaindiana.org

Brain Injury

Brain Injury Association of Indiana

http://biaindiana.org/ 10293 N. Meridian Street Suite 375 Indianapolis, Indiana 46290 Phone: 703-761-0750 Helpline: 800-444-6443 Email: info@biai.org

Cerebral Palsy

UCP National

http://ucp.org/

Stepping Stones/UCP of Greater Cincinnati

http://steppingstonesohio.org 2300 Drex Ave. Cincinnati OH Phone: 513-831-4660

UCP of Greater Indiana

www.ucpaindy.org 6270 Corporate Dr. Indianapolis, IN 46278 Phone: 317-871-4032 E-mail: info@ucpaindy.org

Friedreich's Ataxia

National Ataxia Foundation (NAF) National Office

http://www.ataxia.org/ 600 Hwy 169 S, Ste 1725 Minneapolis, MN 55426 Phone: 763-553-0020 Please contact them for local info.

Guillain-Barré Syndrome / CIDP

Guillain-Barré Syndrome / CIDP Foundation International

http://gbs-cidp.org/ 375 East Elm St. Conshohocken, PA 19428 Phone: 610-667-0131 Toll-free: 866-224-3301 Email: info@gbsfi.com Call for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society

http://www.nationalmssociety.org

National Multiple Sclerosis Society—Indiana State Chapter

http://www.nationalmssociety.org/Chapters?chapters=6523,6525 3500 Depauw Blvd., Suite 1040 Indianapolis, IN 46268 Phone: 317-870-2500 Email: indiana@nmss.org

National Multiple Sclerosis Society—Kentucky/Southeast Indiana Chapter

1201 Story Ave., Suite 200 Louisville, KY 40206 Phone: 502-451-0014 Email: <u>kyw@nmss.org</u>

Multiple Sclerosis Association of America's Midwest Regional Office

http://www.mymsaa.org/about-msaa/regional/

(Illinois, Indiana, Iowa, Kentucky, Michigan, Minnesota, Ohio, West Virginia, Wisconsin) 1507 E. 53rd Street, Suite 284 Chicago, IL 60615 Phone: 800-532-7667 extension 150 E-mail: <u>Midwest@mymsaa.org</u>

Muscular Dystrophy

Muscular Dystrophy Association

https://www.mda.org National Office 161 N. Clark, Suite 3550 Chicago, IL 60601 Phone: 800-572-1717

Email: <u>ResourceCenter@mdausa.org</u>

Enter your state or region in the "MDA Care Center Network" section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)

https://post-polio.org/ 50 Crestwood Executive Center #440 Saint Louis, MO 63126 Phone: 314-534-0475 Email: <u>info@post-polio.org</u> <u>https://post-polio.org/wp-content/uploads/2021/09/PDIR-2021Hsec.pdf</u> Lists Health Professionals, Clinics, and Support Groups.

Spina Bifida

Spina Bifida Association of America

http://www.spinabifidaassociation.org 1600 Wilson Blvd., Suite 800 Arlington, VA 22209 Phone: 800-621-3141 Email: <u>sbaa@sbaa.org</u> Please contact them for info in your area

SBA of Indiana

www.sbain.org Shalon Perez - Executive Director PO Box 19814 Indianapolis, IN 46219-0814 Phone: 317-592-1630 Email: shalon.sbain@gmail.com

SBAA Indiana Clinics:

https://www.spinabifidaassociation.org/clinics/

Riley Hospital for Children

http://iuhealth.org/riley/ Myelomeningocele Program (pediatric-will refer adults)

705 Riley Hospital Drive, RI 1610 Indianapolis, IN 46202 Phone: 317-944-4846 Email: <u>kconvers@iu.edu</u>

Spinal Cord Injury

Elkhart County SCI Support Group

Contact: Sue or Ron Pletcher at 574-831-2329

Northwest Indiana Spinal Cord Injury Group

http://nwiscig.blogspot.com/ Email: nwiscig@gmail.com

Stroke

American Stroke Association

https://www.stroke.org/ National Center 7272 Greenville Avenue Dallas, TX 75231 Phone: 1-888-478-7653 Call them for the stroke support group in your area

Primary Stroke Centers accredited by Joint Commission on Accreditation of Healthcare Organizations (JCAHO):

www.jointcommission.org

Columbus Regional Hospital

http://www.crh.org 2400 East 17th Street Columbus, IN 47201 Phone: 800-841-4938 Email: msitterdin@crh.org

Deaconess Hospital

https://www.deaconess.com/ 600 Mary Street Evansville, IN 47747 Phone: 812-450-5000 Email: <u>christa_wolf@deaconess.com</u>

Parkview Hospital, Inc.

http://www.parkview.com 2200 Randallia Drive Fort Wayne, IN 46805 Phone: 260-373-4000

Syringomyelia/Chiari Malformation

American Syringomyelia Alliance Project

http://www.asap.org/ PO Box 1586 Longview, TX 75606-1586 Phone: 903-236-7079 Toll-free: 800-ASAP-282 Email: <u>info@ASAP.org</u>

Transverse Myelitis

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)

www.wearesrna.org 1787 Sutter Parkway Powell, OH 43065-8806 Phone: 614-317-4884 Toll-free: 855-380-3330 Please contact them for info in your area.

General Disability Resources

Indiana Yellow Pages for Kids with Disabilities

http://www.yellowpagesforkids.com/help/in.htm

Indiana Chapter of the American Occupational Therapy Association

http://www.inota.com/ Indiana Occupational Therapy Association P.O. Box 47803 Indianapolis, IN 46247 Phone: 317-671-4284 Toll-free: 866-653-7429 Email: inota@inota.com

Indiana Chapter of the American Physical Therapy Association

http://www.inapta.org/ 140B Purcellville Gateway Dr., Suite 120 Purcellville, VA 20132 Phone: 317-505-1556 Toll-free: 800-999-2782 ext 3144 Email: info@inapta.org

Indiana chapter of Association of People Supporting EmploymentFirst

http://www.inapse.org/ PO Box 672 Indianapolis, IN 46206 Phone: 812-332-2168 Email: bdewees@stonebelt.org

First Call 2-1-1

<u>http://www.211.org/</u> Put Indiana in state search box Phone: 211 Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

Hint: Can only be dialed from a land line. If you dial 211 or your state's 211 800 number and you are not connected, this service has not yet been provided to your area.

Indiana AgrAbility Project

https://engineering.purdue.edu/~bng/ 225 S. University St. West Lafayette, IN 47907 Toll Free: 1-800-825-4264 AgrAbility is a USDA-sponsored program that assists farmers, ranchers, and other agricultural workers with disabilities.

Indiana Institute on Disability and Community at Indiana University, Bloomington

http://www.iidc.indiana.edu/ 2810 E Discovery Parkway Bloomington, IN 47408 Phone: 812-855-6508 Email: <u>iidc@indian.edu</u>

Community Health Network Foundation

https://www.ecommunity.com/community-foundation

7330 Shadeland Station, Suite 150 Indianapolis, IN 46256 Phone: 317-355-GIVE (4483) Toll-free: 800-777-7775 Email: <u>give@eCommunity.com</u>

The Community Health Network Foundation supports Community Health Network's commitment to improve the health of the communities they serve.

Turnstone

http://turnstone.org/ 3320 North Clinton Street Fort Wayne, IN 46805 Phone: 260-483-2100 Toll-free: 866-483-1278 Email: kenna@turnstone.org

Turnstone's mission is to provide therapeutic, educational, wellness and recreational programs to empower people with disabilities. Turnstone is the only not-for-profit organization within northeast Indiana that provides a full range of rehabilitative, educational, wellness, athletic and recreational programs and facilities to persons with physical disabilities and their families.

Wheelchair Help

www.WheelchairHelp.org

515 East St. Elkhart IN 46516 Phone: 574-295-2230 Wheelchair Help is a non-profit organization that helps people who are uninsured or underinsured to get wheelchairs. Wheelchair Help is a community supported organization and services are limited to 50 miles from Elkhart, Indiana.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org 1801 N. Mill St., Suite F Naperville IL 60563 Phone: 630-691-1400 Toll-free: 800-THINK56 Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the "Chapter Site" tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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