



Louisiana Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>

<https://www.acl.gov/node/413>

<https://eldercare.acl.gov/>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling

and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Louisiana Office of Aging and Adult Services

<http://dhh.louisiana.gov/index.cfm/subhome/12/n/7>

Louisiana Department of Health

Mailing Address:

P.O Box 629

Baton Rouge, LA 70821-0629

Physical Address:

628 N. 4th Street

Baton Rouge, LA 70802

Phone: 866-758-5035

Medicaid Customer Service: 888-342-6207

Email: OAAS.Inquiries@la.gov

Governor's Office of Elderly Affairs

<http://goea.louisiana.gov/index.cfm?md=directory&tmp=category&catid=38&pnid=0&nid=24>

602 North 5th Street, Suite 435 – 4th Floor

Baton Rouge, LA 70802

Phone: 225-342-7100

National Center on Elder Abuse (NCEA)

<https://ncea.acl.gov/>

National Center on Elder Abuse

c/o University of Southern California Keck School of Medicine

Department of Family Medicine and Geriatrics

1000 South Fremont Avenue, Unit 22, Building A-6

Alhambra, CA 91803

Phone: 1-855-500-3537 (ELDR)

Email: ncea-info@aoa.hhs.gov

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Assistive Technology

Louisiana Assistive Technology Access Network (LATAN)

<http://www.latan.org>

AT Demonstration Center
10988 N. Harrell's Ferry Rd., Ste. 5
Baton Rouge, LA 70816
Phone/TTY: 800-270-6185
Phone/TTY: 225-925-9500

Southwest ADA Center (covers Louisiana)

<http://www.southwestada.org/>

TIRR Memorial Hermann - ILRU
1333 Moursund
Houston, TX 77030
Toll Free: 800-949-4232
Phone: 713-797-7171

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

Community Health Centers

Louisiana Primary Care Association

www.lpca.net

Physical Address:
503 Colonial Drive
Baton Rouge, LA 70806
Mailing Address:
PO Box 966
Baton Rouge, LA 70821
Phone: 225-927-7662

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Crime Victims Reparations Board

<http://www.lcle.state.la.us/programs/cvr.asp>

Louisiana Commission on Law Enforcement and Administration of Criminal Justice

Mailing Address:

Crime Victims Reparations Board

Louisiana Commission on Law Enforcement

Box 3133

Baton Rouge, Louisiana 70821

Phone: 225-342-1749

Phone: 225-342-1500; 888-6-VICTIM (Nationwide, Toll-Free)

Domestic Violence Help

National Domestic Violence Hotline 1-800-799-SAFE (7233)

Louisiana Domestic Violence Crisis And Support Resources

Statewide Hotline: 888-411-1333

The Louisiana Coalition Against Domestic Violence

<http://www.lcadv.org/>

P.O. Box 77308

Baton Rouge, LA 70879

Phone: 225-752-1296; 1-888-411-1333 (Hotline)

Louisiana Commission on Law Enforcement

<https://lcle.la.gov/>

602 North Fifth Street

Baton Rouge, Louisiana 70802

P.O. Box 3133

Baton Rouge, Louisiana 70821

Phone: 225-342-1500

Easter Seals Offices

MAIN:

www.easterseals.com/connect-locally/?state=LA

Easter Seals Louisiana

935 Gravier St., Suite 720

New Orleans, LA 70112

Phone: 504-523-7325

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

COVINGTON, LA

19405 Helenberg Rd. Suite 1

Covington, LA 70433

Phone: 985-892-7604

MONROE, LA

1103 Hudson Lane

Monroe, LA 71201

Phone: 318-388-0293

NEW ORLEANS, LA

935 Gravier St., Suite 720

New Orleans, LA 70112-1617

Phone: 504-595-3408

ALEXANDRIA, LA

1120 5th Street

Alexandria, LA 71301

Phone: 318-442-6990

SHREVEPORT, LA

3007 Knight St., Suite 200

Shreveport, LA 71105

Phone: 318 221-8244

THIBODAUX, LA

503 St. Mary St.

Thibodaux, LA 70301

Phone: 985 449-1021

Government Offices

Louisiana State Government page

<https://www.louisiana.gov/>

Louisiana Workforce Commission- Vocational Rehabilitation Program

http://www.laworks.net/WorkforceDev/LRS/LRS_Rehabilitation.asp

Louisiana Rehabilitation Services State Office

1001 N. 23rd St.
P.O Box 91297
Baton Rouge, LA 70821
Phone: 225-219-2225; 1-800-737-2958

Louisiana Medicaid Office

<http://www.medicaidoffice.net>

<https://www.medicaidoffice.net/louisiana-medicaid-office-mo19>

Louisiana Department of Health and Hospital

628 N. 4th Street

Baton Rouge, LA 70802

Phone: 888-342-6207; in state: 855-229-6848; for Spanish: 877-252-2447

The Louisiana Children’s Health Insurance Program (LaCHIP) Office

<http://new.dhh.louisiana.gov/index.cfm/page/222>

LaCHIP

Louisiana Department of Health

Mailing Address:

PO Box 629

Baton Rouge, LA 70821-0629

Physical Address:

628 N. 4th Street

Baton Rouge, LA 70802

Phone: 1-877-2LaCHIP(1-877-252-2447; toll-free)

TTY: 1-800-220-5404

State Insurance Commissioner

<http://www.ldi.state.la.us/>

Louisiana Department of Insurance

Physical Address:

1702 N. Third St.

Baton Rouge, LA 70802

Mailing Address:

PO Box 94214

Baton Rouge, LA 70804

Phone: 225-342-5900

Phone : 800-259-5300, 800-259-5301

Workers Compensation Office

http://www.laworks.net/WorkersComp/OWC_MainMenu.asp

1001 North 23rd Street

Baton Rouge, LA 70802

Phone: 225-342-3111

Louisiana Commission on Human Rights

<https://gov.louisiana.gov/page/lchr>

Physical Address:

1001 N. 23rd St., Suite 268
Baton Rouge, LA 70802
Mailing Address:
Office of the Governor
Louisiana Commission on Human Rights
P.O. Box 94094
Baton Rouge, LA 70804
Phone: 225-342-6969
The role of the Louisiana Commission on Human Rights is to enforce specific laws pertaining to discriminatory practices in the state of Louisiana.

Governor's Office of Disability Affairs

<http://gov.louisiana.gov/page/disability-affairs>

Office of the Governor
PO Box 94004
Baton Rouge, LA 70804
Phone: 225-219-7550
Toll-free: 844-860-1413
Email: disability.affairs@la.gov

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>

<http://whoismyrepresentative.com/>

State LTC Ombudsman

www.louisiana.gov

<http://goea.louisiana.gov/index.cfm?md=pagebuilder&tmp=home&pid=107&pnid=2&nid=15>

Governor's Office of Elderly Affairs
P.O. Box 61
Baton Rouge, LA 70821
Phone: 225-342-9723; Toll-Free: 866-632-0922
Email: StateOmbudsman@la.gov

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Housing and Urban Development (HUD) Office in Louisiana

<https://www.hud.gov/states/louisiana>

HUD

www.hud.gov

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs)

<http://www.ilru.org/projects/silc-net/silc-directory>

1201 North Third Street, Suite G-219

Baton Rouge, LA 70804

Phone (Local): 225-219-7553

Toll-Free: 800-579-5611

TTY: 225-219-7550

Email: sharon@peoplefirstla.org, jamar.ennis@la.gov

Independent Living Research Utilization’s directory of Independent Living Centers

<http://www.ilru.org>

National Council on Independent Living (NCIL)

<http://www.ncil.org/>

PO Box 31260

Washington, DC 20030

Phone: 202-207-0334

Toll-free: 1.844.778.7961

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

State of Louisiana Talking Books and Braille Library

<http://www.state.lib.la.us/special-services/tbbl>

701 N 4th St

Baton Rouge, LA 70802

Phone: 225-342-0035, 800-543-4702

Email: tbbl@state.lib.la.us or tbblkids@state.lib.la.us

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection and Advocacy

Disability Rights Louisiana

www.disabilityrightsla.org

8325 Oak Street

New Orleans, LA 70118

Phone: 800-960-7705 (nationwide)

E-mail: info@disabilityrightsla.org

Sports and Recreation

Ainsley's Angels of America

www.ainsleysangels.org

PO Box 6287, Virginia Beach, VA 23456

Email: info@ainsleysangels.org

Ainsley's Angels of America is a non-profit organization that matches runners with people with disabilities who want to compete in races. The "Angel Team" is comprised of at least two Ainsley's Angels. The rider is the core of the team and pulls the runner across the finish line with smiles, cheers and immeasurable inspirational spirit. With the health and well-being of the Rider as of the foremost priority, the 'Angel Team' works together to SAFELY accomplish the mission, while staying together and having fun.

Games Uniting Mind and Body (GUMBO), Inc.

<https://sites.google.com/site/louisianagumboinc/home>

Phone: 318-452-7771

Toll-free: 800-259-7200 x17

Email: Carey33452@aol.com

Games Uniting Mind and Body (GUMBO) is an interscholastic track and field competition designed for children ages 5 to 18 years of age who have physical or visual disabilities. Five main events are held each year. The regional competitions are held each spring in Shreveport, New Orleans, Alexandria, and Lafayette. The GUMBO INVITATIONAL (state competition) is held each fall in Alexandria. A Boccia State Tournament is also held each year.

Greater New Orleans Wheelchair Athletic Association

<https://www.facebook.com/pg/Greater-New-Orleans-Wheelchair-Athletic-Association-Rollin-Pelicans-688124987954510/about/>

1611 ½ Pratt St.

Gretna, LA 70053

Phone: 504-708-8020

The Miracle League of Greater New Orleans

<https://www.chnola.org/community/miracle-league-of-greater-new-orleans/>

200 Henry Clay Ave.

New Orleans, LA 70118

Phone: 504-822-6266

The Miracle League provides eight-week baseball season programs that run from September to November in the fall and March to May in the spring for any person, regardless of their disability, to have the opportunity to play league sports and experience being a part of a team.

United Way Offices

United Way Worldwide

<https://www.unitedway.org/>

National Headquarters

701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112

Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

Louisiana VA Hospital Locator

<https://www.va.gov/directory/guide/state.asp?STATE=LA&dnum=ALL>

ALS

The ALS Association National Office

<http://www.alsa.org/>

1300 Wilson Boulevard, Suite 600
Arlington, VA 22209
Phone:(800) 782-4747

Louisiana Chapters/Support Groups:

Louisiana/Mississippi Chapter

14241 Coursey Blvd., Ste. A12 #374
Baton Rouge, LA 70817
Phone: 225 343-9880
Email: info@alsalams.org

Brain Injury

Brain Injury Association of America

www.biausa.org

Physical Address:

3057 Nutley Street #805
Fairfax, VA 22031-1931

Mailing Address:

P.O. Box 7416

Merrifield, VA 22116-7416

Phone: 703-761-0750

Email: info@biausa.org

Brain Injury Association of America's mission is to advance brain injury prevention, research, treatment and education and to improve the quality of life for all individuals impacted by brain injury

Brain Injury Association of Louisiana

<http://www.biala.org>

3433 Highway 190, Suite 270
Mandeville, LA 70471
Office Phone: 504-982-0685
Toll Free: 800-444-6443
Email: info@biala.org

Focuses on creating a better future for Louisiana citizens with brain injury and/or spinal cord injury through education, community support groups, obtaining services, and advocacy.

Cerebral Palsy

UCP of Baton Rouge

<http://mcmainscdc.org/>
McMains Children's Developmental Center
1805 College Drive
Baton Rouge, LA 70808
Phone: 225-923-3420
Email: info@mcmainscdc.org

Friedreich's Ataxia

National Ataxia Foundation (NAF) National Office

<https://www.ataxia.org/>
Physical Address:
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Mailing Address:
PO Box 27986
Golden Valley, MN 55427
Phone: 763-553-0020
Email: naf@ataxia.org

Guillain-Barré Syndrome/ CIDP

Guillain-Barré Syndrome / CIDP Foundation International

<http://gbs-cidp.org/>
375 East Elm St. Suite 101
Conshohocken, PA 19428
Phone: 866-224-3301
Call for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society chapter:

www.nationalmssociety.org

Louisiana MS Chapter

<http://www.nationalmssociety.org/Chapters/LAM>

3500 N. Causeway Blvd. #402
Metairie, LA 70002
Phone: 800-344-4867

Multiple Sclerosis Association of America

<http://www.mymsaa.org/>

National Headquarters
375 Kings Highway North
Cherry Hill, New Jersey 08034
Phone: 800-532-7667
Email: msaa@mymsaa.org

MSAA South Central Regional Office

Alexis Crispino, Director of Education & Healthcare Relations
Austin, TX
Toll-free: 800-532-7667, ext. 153
E-mail: southcentral@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association

<https://www.mda.org/>

National Headquarters
161 N. Clark, Suite 3550
Chicago, Illinois 60601
Phone: 800-572-1717
Email: ResourceCenter@mdausa.org

Enter your zip code in the “Find MDA in your Community” section of the website to find the clinics that treat MD in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)

www.post-polio.org

50 Crestwood Executive Center #440
Saint Louis, MO 63126
Phone: 314-534-0475
Email: info@post-polio.org

<https://post-polio.org/wp-content/uploads/2021/09/PDIR-2021Hsec.pdf>

Directory lists support groups by state.

Spina Bifida

Spina Bifida Association

<http://www.spinabifidaassociation.org>

1600 Wilson Blvd Suite 800
Arlington, VA 22209

Phone: (800) 621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

Spina Bifida of Louisiana
<https://www.sblouisiana.org/>
www.spinabifida.net/spina-bifida-louisiana
PO Box 1346
Kenner, La. 70063
Phone: 504-737-5181
Email: sbla@sblouisiana.org

Clinics:

Children's Special Health Services
Spina Bifida Program
220 West Willow Bldg A
Lafayette, LA 70501
Phone: 337-262-5616

Children's Special Health Services
Spina Bifida Program
1650 DeSiard St.
Monroe, LA 71211-4137
Phone: 318-362-5486

Children's Special Health Services
Spina Bifida Program
200 Henry Clay Ave., RM 214
New Orleans, LA 70118
Phone: 504-896-1357

Children's Special Health Services
Spina Bifida Program
353 N 12th
Baton Rouge, LA 70802
Phone: 225-342-4713

Shriner's Hospital for Children
Spina Bifida Program
3100 Samford Avenue
Shreveport, LA 71103
Phone: 318-222-5704

Spinal Cord Injury

Louisiana Traumatic Head and Spinal Cord Injury Trust Fund

<http://dhh.louisiana.gov/index.cfm/page/126>

Phone: 888-891-9441

Stroke

American Stroke Association

<http://www.strokeassociation.org>

National Center

7272 Greenville Avenue

Dallas, TX 75231

Phone: 1-888-478-7653

Please call them for the stroke support group in your area

Syringomyelia/Chiari Malformation

American Syringomyelia and Chiari Alliance Project

www.asap.org

PO Box 1586

Longview, TX 75606-1586

Phone: 903-236-7079, 800-ASAP-282

Email: info@ASAP.org

Transverse Myelitis

Siegel Rare Neuroimmune Association

<http://wearesrna.org>

Physical Address:

1787 Sutter Parkway

Powell, OH 43065-8806

Mailing Address:

SRNA

PO Box 826962

Philadelphia, PA 19182-6962

Toll-free: 855-380-3330

Please contact them for info in your area.

General Disability Resources

Louisiana Yellow Pages for Kids with Disabilities

<http://www.yellowpagesforkids.com/help/la.htm>

Louisiana Developmental Disabilities Council

<http://www.laddc.org/>

Post Office Box 3455

5615 Corporate Blvd. Suite 500B

Baton Rouge, LA 70808

Phone: 225-342-6804

Toll Free: 800-450-8108

Families Helping Families of Southeast Louisiana

www.fhfsela.org

2401 Westbend Parkway

Suite 3090

New Orleans, LA 70114

Phone: 504-943-0343

Toll Free: 1-877-243-7352

Email: info@fhfnola.org

Families Helping Families of Greater Baton Rouge, Inc.

<http://www.fhfgbr.org/>

Region 2 - serving East and West Baton Rouge, East and West Feliciana, Iberville, Pointe Coupee, and Ascension

2356 Drusilla Lane

Baton Rouge, Louisiana 70809

Phone: 225-216-7474

Toll Free: 1-866-216-7474

Email: info@fhfgbr.org

Bayou Land Families Helping Families, Inc.

www.blfhf.org

Region 3 - serving Assumption, Lafourche, St. Charles, St. James, St. John, St. Mary, Terrebonne

286 Highway 3185

Thibodaux, Louisiana 70301

Phone: 985-447-4461 or 1-800-331-5570

Email: bayoulandfhf@gmail.com

Families Helping Families of Acadiana, Inc.

www.fhfacadiana.org

Region 4 - serving Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, and Vermilion

100 Benman Road

Lafayette, Louisiana 70506

Phone: 337-984-3458

Toll Free: 1-855-984-3458

Email: info@fhfacadiana.org

Families Helping Families of Southwest Louisiana

<https://fhfswla.org/>

Region 5 – serving parishes of Allen, Beauregard, Calcasieu, Cameron, and Jeff Davis

1830 Ryan Street Suite A

Lake Charles, LA 70601

Phone: 337-436-2570

Toll Free: 800-894-6558

Email: info@fhfswla.org

Families Helping Families Region 7

www.fhfregion7.com

Region 7 - serving Bienville, Bossier, Caddo, Claiborne, Desoto, Lincoln, Red River, Natchitoches, Sabine, and Webster

215 Bobbie St. Ste. 100

Bossier City, LA 71112

Phone: 318-226-4541

Toll Free: 1-877-226-4541

Email: info@fhfregion7.com

Families Helping Families of Northeast Louisiana, Inc.

www.fhfnela.org

Region 8 - serving parishes of Caldwell, East Carroll, Franklin, Jackson, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, and West Carroll

5200 Northeast Road

Monroe, Louisiana 71203

Phone: 318-361-0487

Toll Free: 1-888-300-1320

Northshore Families Helping Families, Inc.

www.fhfnorthshore.org

Region 9 - serving Livingston, St. Helena, St. Tammany, Tangipahoa, Washington

108 Highland Park Plaza

Covington, LA 70433

Phone: 985-875-0511

Toll Free: 1-800-383-8700

Email: info@fhfnorthshore.org

Families Helping Families of Greater New Orleans

www.fhfogno.org

Region 10 - serving Jefferson Parish and the State of Louisiana

700 Hickory Avenue

Harahan, Louisiana 70123

Phone: 504-888-9111

Toll Free: 800-766-7736

Louisiana chapter of the American Physical Therapy Association

<https://lpta.org/>

8550 United Plaza Blvd.

Suite 1001

Baton Rouge, LA 70809

Phone : 225-922-4614

Louisiana Occupational Therapy Association (LOTA)

<http://www.lota.camp9.org/>

LOTA Association Office

Linda E. Alwood, Executive Secretary

Alwood & Associates
P. O. Box 14806
Baton Rouge, LA 70898
Phone: 225-291-2806
Email: Linda@rivermgt.com

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

1801 N. Mill Street, Suite F

Naperville, IL 60563

Phone: 630-961-1400

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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