



Mississippi Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>

<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term

supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Mississippi Division of Aging and Adult Services

<https://www.mdhs.ms.gov/adults-seniors/>

200 South Lamar St.

Jackson, MS 39201

Phone: 601-359-4500

Mississippi Association of Area Agencies on Aging

<http://www.mdhs.state.ms.us/programs-services-for-seniors/area-agencies-on-aging/>

National Center on Elder Abuse (NCEA)

<https://ncea.acl.gov/>

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Arts And Creativity

Our Artworks

<http://www.ourartworks.com/>

603 Clayton Ave.

Tupelo MS 38804

Phone: 662-321-2727

Our Artworks was founded in 2006 by a person living with a disability and is in the process of becoming a non-profit organization. It is funded by a grant from the Mississippi Dept. of Rehabilitation Services. It enables people living with SCI, TBI, and other disabilities to be creative.

Art for All Mississippi

<https://artforallms.com/>

201 E. Pascagoula Street

PO Box 2364

Jackson, MS 39225

Phone: 601-214-4016

Email: admin@artforallmississippi.com

Assistive Technology

Project START – Success Through Assistive/Rehabilitative Technology

www.msprojectstart.org

Mississippi Department of Rehabilitation Services

Physical Address:

1281 Highway 51 North

Madison, MS 39110

Mailing Address:

P.O. Box 1698

Jackson, MS 39215-1698

Phone: 601-853-5249

Email: projectstart@mdrs.ms.gov

Southeast ADA Center (covers Mississippi)

<http://www.adasoutheast.org/>

1419 Mayson Street NE

Atlanta, Georgia 30324

Phone: 800-949-4232 (voice/TTY)

Email: ADASoutheast@law.syr.edu

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

Community Health Centers

Community Health Center Association of Mississippi (formerly Mississippi Primary Health Care Association)

<https://chcams.org/>

6400 Lakeover Road, Suite A

Jackson, MS 39213

Phone: 601-981-1817

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Mississippi Attorney General's Office: Bureau of Victim Assistance

Physical Address:

Walter Sillers Building
550 High Street, Suite 1200
Jackson, MS 39201

Mailing Address:

PO Box 220
Jackson, MS 39205
Phone: 601-359-3680

Domestic Violence Help

National Domestic Violence Hotline 1-800-799-SAFE (7233); 800-787-3224 (TTY)

Statewide Domestic Violence Hotline 800-898-3234; 601-981-9196

www.mcadv.org/

Mississippi Coalition Against Domestic Violence

PO Box 4703

Jackson, MS 39296-4703

Phone: 601-981-9196

Toll-free: 800-898-3234

Immediate Assistance (After hours): 800-799-SAFE (7233)

Easter Seals

Easter Seals National Headquarters

www.easterseals.com

141 W Jackson Blvd., 1400A

Chicago, IL 60604

Phone: 312-726-6200 (voice), 800-221-6827 (toll-free)

Visit website and search by state for an Easter Seals in your area

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Government Offices for Mississippi

Mississippi State Website

<http://www.mississippi.gov>

Mississippi Department of Human Services

<http://www.mdhs.state.ms.us/>

200 South Lamar St.

Jackson, MS 39201

Phone: 601-359-4500

Mississippi Department of Rehabilitative Services

<http://www.mdrs.ms.gov/Pages/default.aspx>

Physical Address:

1281 Highway 51

Madison, MS 39110

Mailing Address:

PO Box 1698

Jackson, MS 39215

Phone: 800-443-1000

MDRS provides resources to help Mississippians with disabilities find new careers, live more independently, overcome obstacles, and face new challenges.

Mississippi Medicaid Office

<http://www.medicaid.ms.gov/>

Sillers Building

550 High Street, Suite 1000

Jackson, MS 39201-1399

Phone: 601-359-6050

Toll-Free: 1-800-421-2408

Mississippi CHIP Office (Children's Health Insurance Program)

<http://www.msdh.state.ms.us/msdhsite/ static/41,0,96.html>

Mississippi State Department of Health

570 East Woodrow Wilson Dr.

Jackson, MS 39216

Phone: 601-576-7400

Toll-Free: 866-458-4948

Mississippi Comprehensive Health Insurance Risk Pool Association

<http://www.mississippihealthpool.org/>

P.O. Box 13748

Jackson, MS 39236

Phone: 888-820-9400

Email: info@mississippihealthpool.org

Mississippi High Risk Insurance Plan for eligible people who are unable to get insurance coverage.

Mississippi Insurance Department

<http://www.mid.state.ms.us/>

1001 Woolfolk State Office Building

501 North West Street

Jackson, MS 39201

Mailing Address:

PO Box 79

Jackson, MS 39205

Phone: 601-359-3569

Toll-free: 800-562-2957

Mississippi Workers' Compensation Commission

www.mwcc.state.ms.us/

1428 Lakeland Dr.

Jackson, MS 39216

Phone: 601-987-4200; 866-473-6922

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>

<http://whoismyrepresentative.com/>

State LTC Ombudsman

http://www.nursinghomepatientrights.com/Mississippi_Nursing_Home_Abuse_Assistance.htm

Anniece McLemore

MS Dept. of Human Services, Div. of Aging

750 North State Street

Jackson, Mississippi 39202

Phone: 601-359-4927

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Fannie Mae

www.fanniemae.com

Phone: 800-232-6643

Fannie Mae

Southeastern Regional Office

1075 Peachtree Street NE, Suite 1600

Atlanta, GA 30309

Phone: 404-398-6000

Housing and Urban Development (HUD)

www.hud.gov

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs)

Mississippi Independent Living Council

<http://www.ilru.org/projects/silc-net/silc-directory-results/MS>

Choctaw Branch Box 6010

Choctaw, MS 39350

Phone (Local): 601-650-7333

TTY: 601-650-7354

Independent Living Research Utilization’s directory of Independent Living Centers

<http://www.ilru.org>

National Council on Independent Living (NCIL)

<http://www.ncil.org/>

PO Box 31260

Washington, DC 20030

Phone: 202-207-0334

Toll-free: 844-778-7961

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

Mississippi Library Commission

<http://mlc.lib.ms.us/tbs/>

Talking Book Services

3881 Eastwood Drive

Jackson, MS 39211-6473

Phone: 800-647-7542 (general) 601-432-4111 (local)

Email: talkingbooks@mlc.lib.ms.us

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection And Advocacy

Mississippi Society for Disabilities: Client Assistance Program

<http://www.msdisabilities.com/client-assistance-program/>

P.O. Box 4958

Jackson, MS 39296

Phone: 601-982-7051

Disability Rights Mississippi

<http://www.drms.ms/>

5 Old River Place, Suite 101
Jackson, MS 39202
210 E. Capitol St., Suite 600
Jackson, MS 39201
Phone: 601-968-0600
Toll-free: 800-772-4057
Email: info@drms.ms

Sports And Recreation

Mississippi Adaptive Sports

<https://www.facebook.com/pages/Mississippi-Adaptive-Sports/376636929080232>

Raymond Skinner Center
712 Tanglewood
Memphis, TN
Al Greer
Phone: 662-280-1986

Mississippi Wheelcats

<https://www.facebook.com/mswheelcats>

Wheelchair basketball team
Phone: 615-319-8830
Email: info@mywheels.org

United Way Offices

Enter your postal code for a **United Way** Office in your area.

<https://www.unitedway.org/>

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

Jackson Regional Office

<http://www.benefits.va.gov/jackson/>

Department of Veterans Affairs
1600 East Woodrow Wilson Avenue
Jackson, MS 39216
Phone: 800-827-1000 (toll-free)

Jackson Vet Center

<http://www.va.gov/directory/guide/facility.asp?ID=621>

1755 Lelia Dr., Suite 104
Jackson, MS 39216
Phone: 601-985-2560

VA Gulf Coast Veterans Health Care System

<http://www.biloxi.va.gov/>

400 Veterans Avenue

Biloxi, MS 39531

Phone: 228-523-5000; 800-296-8872

Paralyzed Veterans of America offices:

Bayou-Gulf States Chapter PVA

<https://pva.org/find-support/national-service-office/>

400 Veterans Ave Bldg 1 Room 1B-114

Biloxi, MS 39531

Phone: 228-206-1515

Email: bayougulfstates@cablone.net

Mid-South Chapter PVA

<http://www.midsouth-pva.org>

Memphis VAMC 817

1030 Jefferson Avenue

Room 2D100

Memphis, TN 38104

Phone: 901-527-3018, 800-767-3018

ALS

The ALS Association (ALSA) National Office

www.alsa.org

1300 Wilson Boulevard, Suite 600

Arlington, VA 22209

Phone: 800-782-4747

Call for support group locations

ALSA's Louisiana/Mississippi Chapter

http://webla.alsa.org/site/PageServer?pagename=LA_homepage&_ga=1.156295475.980832177.1468868827

14241 Coursey Blvd., Ste A12 #374

Baton Rouge, LA 70817

Toll-free: 225-343-9880

Email: info@alsalams.org

Brain Injury

Brain Injury Association of Mississippi

<https://www.msbraininjury.org/>

1640 Lelia Drive

Suite 100

Jackson, MS 39216

Phone: 601-981-1021

Toll-free: 800-444-6443
Email: ljenkins@msbia.org

Methodist Rehabilitation Center (A TBI Model Center)

www.methodistonline.org
1350 East Woodrow Wilson
Jackson, MS 39216
Phone: 601-981-2611, 800-223-6672

TBI/SCI Trust Fund Program

<http://www.mdrs.ms.gov/SpecialPrograms/Pages/TBISCI-TRUST-FUND.aspx>
PO Box 1698
Jackson, MS 39215-1698
1281 Highway 51
Madison, MS 39110
Phone: 800-443-1000

Cerebral Palsy

United Cerebral Palsy (UCP)

<http://www.ucp.org/>
1825 K Street NW, Suite 600
Washington, DC 20006
Phone: 202-776-0406
Please call for chapter info

Friedreich's Ataxia

National Ataxia Foundation (NAF) National Office

www.ataxia.org
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020

Mississippi Support Groups

<https://ataxia.org/support-groups/>
Camille Daglio
Hattiesburg, MS 39404
Email: daglio1@bellsouth.net

Guillain-Barré Syndrome / CIDP

Guillain-Barré Syndrome/ CIDP Foundation International

<http://gbs-cidp.org/>
375 E. Elm St.
Conshohocken, PA 19428
Phone: 610-667-0131
Toll-free: 866-224-3301

Please call for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society's Alabama - Mississippi Chapter

<http://www.nationalmssociety.org/chapters/ALC/index.aspx>

2200 Woodcrest Place

Suite 230

Birmingham, AL 35209

Phone: 205-879-8881

Toll-free: 800-344-4867

National Multiple Sclerosis Society's Mid-South Chapter

<http://www.nationalmssociety.org/Chapters/TNS>

214 Overlook Circle, suite 153

Brentwood, TN 37027

Phone: 615-690-5321; 800-344-4867

Multiple Sclerosis Association of America

<http://mymsaa.org/>

National Headquarters

375 Kings Highway North

Cherry Hill, New Jersey 08034

Phone: 800-532-7667

MSAA Southeast Regional Office (covers Mississippi)

<http://www.mymsaa.org/publications/improving-lives/offices>

Atlanta, Georgia

Phone: 800-532-7667 ext 160

Email: southeast@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association

<https://www.mda.org/>

National Headquarters

161 N. Clark, Suite 3550

Chicago, IL 60601

Phone: 800-572-1717

Enter your postal code in the "Find your local MDA" section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International

<https://post-polio.org/>

50 Crestwood Executive Center #440

Saint Louis, MO 63126-1916

Phone: 314-534-0475

Email: info@post-polio.org
<https://post-polio.org/wp-content/uploads/2020/12/PDIR-2020.pdf>
Directory lists support groups by state.

Spina Bifida

Spina Bifida Association of America

<http://www.spinabifidaassociation.org>

1600 Wilson Blvd, Suite 800

Arlington, VA 22209

Phone: 800-621-3141

Email: sbaa@sbaa.org

Please contact them for info in your area

Spinal Cord Injury

TBI/SCI Trust Fund Program

<http://www.mdrs.ms.gov/SpecialPrograms/Pages/TBISCI-TRUST-FUND.aspx>

1281 Highway 51

Madison, MS 39110

Phone: 800-443-1000

Spinal Cord Resource Center

<https://askus-resource-center.unitedspinal.org/>

Phone: 800-962-9629

Stroke

American Stroke Association

www.strokeassociation.org

National Center

7272 Greenville Avenue

Dallas, TX 75231

Phone: 888-478-7653

Contact for local support group information

Transverse Myelitis

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)

www.wearesrna.org

1787 Sutter Parkway

Powell, OH 43065-8806

Phone: 855-380-3330

Please contact them for info in your area.

General Disability Resources

Mississippi Yellow Pages for Kids with Disabilities

www.yellowpagesforkids.com/help/ms.htm

American Occupational Therapy Association's Mississippi Chapter

<http://mississippiota.org/>

P. O. Box 2188

Brandon, MS 39043

Phone: 601-853-9564

E-mail: mississippiota@gmail.com

Mississippi Physical Therapy Association

Mississippi Physical Therapy Association

www.apta.org

<https://apta-ms.org/>

P.O. Box 15011

Hattiesburg, MS 39404-5011

Phone: 601-602-7050

Coalition for Citizens with Disabilities

<http://www.msccd.org/>

2 Old River Place, Suite M

Jackson, MS 39202

Phone: 601-969-0601

TTY: 800-721-7255

Toll-free: 800-721-7255

Mississippi Paralysis Association, Inc. (MPA)

<http://www.msparalysis.org/>

350 W. Woodrow Wilson Ave., Suite 130

Jackson, MS 39213

Phone: 601-326-2654

Provides quality of life grants, sports grants, peer mentoring, scholarships for people living with paralysis. Please contact them for details.

LIFE of Mississippi

www.lifeofms.com

1304 Vine Street

Jackson, MS 39202

Phone: 601-969-4009, 800-748-9398

LIFE provides information and referral, peer support, advocacy, skills training and community transition services.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

1801 N. Mill St., Suite F

Naperville IL 60563

Phone: 630-961-1400

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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