



MISSOURI DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>

<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term

supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Missouri Department of Health and Senior Services

<http://health.mo.gov/index.php>

912 Wildwood

P.O. Box 570

Jefferson City, MO 65102-0570

Phone: 573-751-6400

Email: info@health.mo.gov

Missouri Association of Area Agencies on Aging

<http://www.ma4web.org/>

1616 Southridge, Ste 203

Jefferson City, MO 65109

Phone: 1-573-668-8824

Email: jpeetz@ma4web.org

National Center on Elder Abuse (NCEA)

<https://ncea.acl.gov/>

National Center on Elder Abuse

c/o University of Southern California Keck School of Medicine

Department of Family Medicine and Geriatrics

1000 South Fremont Avenue, Unit 22, Building A-6

Alhambra, CA 91803

Phone: 1-855-500-3537 (ELDR)

Email: ncea-info@aoa.hhs.gov

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Assistive Technology

Great Plains ADA Center

<http://www.gpadacenter.org>

Great Plains ADA Center

100 Corporate Lake Drive

Columbia, MO 65203

Phone/TTY: 573-882-3600
Toll free: 800-949-4232
Email: adacenter@missouri.edu

Missouri Assistive Technology

<http://www.at.mo.gov/>
1501 NW Jefferson St.
Blue Springs, MO 64015
Phone: 816.655.6700
TTY: 816.655.6711
Email: info@mo-at.org

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

Community Health Centers

Missouri Primary Care Association

www.mo-pca.org
3325 Emerald Lane Suite B
Jefferson City, MO 65109
Phone: 573-636-4222

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Ranken Jordan – A Pediatric Specialty Hospital

<http://www.rankenjordan.org/>

11365 Dorsett Road

Maryland Heights, MO 63043

Phone: 314-872-6400

Toll-Free: 866-845-6400

Ranken Jordan is a pediatric bridge hospital providing a continuum of care for medically complicated children and their families.

Crime Victim Assistance

Crime Victims' Compensation

www.dps.mo.gov/dir/programs/cvc/

Missouri Dept of Public Safety: Crime Victims' Compensation

P.O. Box 1589

Jefferson City, MO 65102-1589

Phone: 573-526-6006

Email: cvc@dps.mo.gov

Victim Assistance

<http://ago.mo.gov/>

Missouri Attorney General's Office

Supreme Court Building

207 W. High St.

P.O. Box 899

Jefferson City, MO 65102

Phone: 573-751-3321

Email: consumer.help@ago.mo.gov

Safe Horizon's Links for General Crime Victim Resources/Issues

<http://www.safehorizon.org/>

Phone: 1-800-621-HOPE (4673)

Domestic Violence Help

National Domestic Violence Hotline 1-800-799-SAFE (7233)

Missouri Domestic Violence Crisis and Support Resources

Statewide Hotline: 800-761-4357

Missouri Coalition Against Domestic & Sexual Violence (MCADSV)

www.mocadsv.org

217 Oscar Dr. Suite A

Jefferson City, MO 65101

Phone: 573-634-4161

Toll Free: 888-666-1911

Easter Seals

Easter Seals Midwest

www.eastersealsmidwest.org

11933 Westline Industrial Drive

St. Louis, MO 63146

Phone: 800-200-2119

Email: info@esmw.org

Easter Seals offers a variety of service to help people reach their potential regardless of their disability or challenges. They offer training and placement services to help people prepare for the workforce. They also offer fun and educational programs. Covers St. Louis, Kansas City, Joplin, Columbia, Springfield, Poplar Bluffs, St. Joseph, Cape Girardeau, and Bolivar.

Employment Help

Starkloff Disability Institute

<http://starkloff.org/>

133 S. 11th Street, Suite 500

Saint Louis, MO 63102

Phone: 314- 588-7090

Aimed at closing the unemployment gap between disabled and non-disabled workers, The Starkloff Career Academy facilitates the hiring of qualified people with disabilities into mainstream jobs by training disabled job candidates to become highly-competitive job seekers and by educating employers on how to welcome them into their workforce.

Government Offices

Missouri State Web site

<http://www.mo.gov/>

Missouri Department of Social Services

<http://dss.mo.gov/cse/>

Broadway State Office Building

PO Box 1527

Jefferson City, MO 65102-1527

Phone: 573-751-3229

TTD: 800-735-2966

Department of Labor: Missouri Commission on Human Rights

<http://labor.mo.gov/mohumanrights>

421 E. Dunklin

P.O. Box 1129

Jefferson City, MO 65102-1129

Phone: 573-751-3325

TDD: 800-735-2966

Email: mchr@labor.mo.gov

The mission of the Missouri Commission on Human Rights is to develop, recommend, and implement ways to prevent and eliminate discrimination and to provide fair and timely resolutions of discrimination claims through enforcement of the Missouri Human Rights Act.

Missouri Dept of Education: Vocational Rehabilitation

<https://dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation>

Physical Address:

205 Jefferson St.

Jefferson City, MO 65101

Mailing Address:

P.O. Box 480

Jefferson City, MO 65102-0480

Phone: 573-751-3251

Toll free: 877-222-8963

TDD: 573-751-0881

Email: info@vr.dese.mo.gov

C. Jeanne Loyd, Assistant Commissioner

Missouri Vocational Rehabilitation serves eligible Missouri citizens who have disabilities and who want to be employed. Types of services that could be provided include: pre-employment transition services for high school students with disabilities, assistive technology needed for employment, vocational training, transportation costs to help one participate in a training program, job-related tools and licenses, help in developing job-seeking skills, and individual counseling.

CLAIM

www.missouricclaim.org

1105 Lakeview Avenue

Columbia, MO 65201

Phone: 800-390-3330

Missouri's state health insurance assistance program. Provides free, confidential and unbiased health insurance counseling to Medicare enrollees.

Missouri Medicaid: MO HealthNet Division

<https://dss.mo.gov/mhd/>

Department of Social Services of Missouri

615 Howerton Court

PO Box 6500

Jefferson City, MO 65102-6500

Phone: 573-751-3425

Missouri State Children's Health Insurance Program (SCHIP)

MO HealthNet for Kids

<http://dss.mo.gov/fsd/mchild.htm>

MO HealthNet Division

615 Howerton Ct.

PO Box 6500

Jefferson City, MO 65102-6500
Phone: 573-751-3425

Missouri Department of Insurance

<http://www.insurance.mo.gov/>
301 W. High St., Room 530
Jefferson City, MO 65101
PO Box 690
Jefferson City, MO 65102-0690
Phone: 573-751-4126
Email: consumeraffairs@insurance.mo.gov

Division of Workers' Compensation

<http://www.labor.mo.gov/DWC/>
http://www.labor.mo.gov/DWC/Injured_Workers/
Division of Workers' Compensation
3315 W. Truman Blvd.
P.O. Box 58
Jefferson City, MO 65102-0058
Phone: 800-775-2667
E-mail : workerscomp@labor.mo.gov

Governor's Council on Disability

<http://disability.mo.gov/gcd/>
Governor's Council on Disability
301 West High Street - Room 620
P.O. Box 1668
Jefferson City, MO 65102
Phone: 1-800-877-8249
Phone: 573-751-2600

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>
<http://whoismyrepresentative.com/>

State LTC Ombudsman

<http://health.mo.gov/seniors/ombudsman/index.php>
Department of Health & Senior Services
P.O. Box 570
Jefferson City, MO 65102-0570
Phone: 800-309-3282

Email: LTCombudsman@health.mo.gov

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Fannie Mae

<http://www.fanniemae.com/>

Phone: 800-232-6643

Housing and Urban Development

www.hud.gov

451 7th Street, S.W.

Washington, DC 20410

Phone: 202-708-1112

TTY: 202-708-1455

(HUD) is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211

www.211.org

United Way Worldwide

701 N. Fairfax Street

Alexandria, VA 22314

Phone: 703-836-7112

Email: 211@uww.unitedway.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs)

Missouri Statewide Independent Living Council

<http://www.ilru.org/projects/silc-net/silc-directory>

<http://www.mosilc.org/>

4420 S. 40th Street

St. Joseph, MO 64503

Phone: 816-279-8558

Email: rhonan@meril.org

Independent Living Research Utilization's directory of Independent Living Centers
<http://www.ilru.org>

National Council on Independent Living (NCIL)

<http://www.ncil.org/>

PO Box 31260

Washington, DC 20030

Phone: 202-207-0334

Toll-free: 844-778-7961

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Disabled Citizens Alliance for Independence

<http://dcai.us/>

PO Box 675

8 Missouri Ave.

Viburnum, MO 65566

Phone & TTY: 573-244-3315

Toll-free: 866-797-6080

Toll Free: 800-844-3316

The Independent Living Center, Inc

<http://ilcenter.org/>

2639 E. 34th Street

Joplin, MO 64804

Phone: 417-659-8086

Toll Free: 800-346-8951

TTY: 417-659-8702

The Independent Living Center (TILC) is a private, non-residential, not-for-profit corporation devoted to meeting the needs of individuals with disabilities and to serving them, their families and communities.

TILC provides services in the following counties: Barry, Barton, Dade, Jasper, McDonald, and Newton.

The Whole Person

www.thewholeperson.org

3710 Main St.

Kansas City MO 64111

Phone: 816-561-0304

The Whole Person provides services to people with disabilities and their families and strives to help them identify and implement resources appropriate to their situation. Services include brain injury peer support group, consumer advocacy group, LGBTQIA

social support group, Life with Spinal Cord Injuries program, financial management program, home modifications, assistance with obtaining Social Security and other benefits.

They serve the following counties in *Missouri: Cass, Clay, Jackson and Platte.

They serve the following counties in *Kansas: Johnson and Wyandotte.

Library Services

Special Format Library

Wolfner Library for the Blind and Physically Handicapped

www.sos.mo.gov/wolfner

P.O. Box 387

Jefferson City, MO 65102-0387

Phone: 573-751-8720;

Toll-free in MO: 800-392-2614

TDD: 800-347-1379

Email: wolfner@sos.mo.gov

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection and Advocacy

Missouri Protection & Advocacy Services

www.moadvocacy.org

925 S. Country Club Drive, Suite B

Jefferson City, MO 65109-4510

Phone: 800-392-8667

TDD: 800-735-2966

Relay Missouri (TDD): 800-735-2966

E-Mail: app.unit@mo-pa.org

Service Dogs

American Service Dog Association

www.americanservicedog.com

Email: info@americanservicedog.com

Duo Dogs

<https://duodogs.org/>

10955 Linpage Place

Saint Louis, MO 63132

Phone: 314-997-2325

Email: info@duodogs.org

C.H.A.M.P. Assistance Dogs

www.champdogs.org

1968 Craig Rd., Suite 200

St. Louis, MO 63146

Phone: 314-485-1264

P.H.A.R.M. Dog USA (Pets Helping Agriculture in Rural Missouri)

<http://pharmdog.org/>

P.O. Box 161

Albany, MO 64402

Phone: 660-582-0694

The organization's goal is to make life easier for farmers and farm family members with disabilities by training service dogs to help with farming related tasks. Those eligible for services may have any type of disability -- physical, cognitive, or illness-related. Their services are not limited to Missouri--they do place dogs in other states.

Sports and Recreation

Disabled Athlete Sports Association

www.dasasports.org

INSIDE Mid Rivers Mall,

Upper level next to Dillard's

1600 Mid Rivers Mall Circle, Ste 2272

St. Peters, MO 63376

Phone: 636-477-0716

Camp Barnabas

www.campbarnabas.org

Camp Barnabas at Teas Trail
901 Teas Trail
Purdy, MO 65734

Camp Barnabas Springfield Office
1323-A E Montclair St.
Springfield, MO 65804

Mailing Address:

PO Box 3200

Springfield, MO 65808

Phone: 417-476-2565 (camp office, summer only), 417-522-6011

Email: info@campbarnabas.org

A non-denominational Christian summer camp for children with special needs including spinal cord injuries.

Life Waters

<http://www.lifewaters.org/#contact>

1519 Big Bill Rd.

Arnold, MO 63010

Phone: 314-326-0419

Email: info@lifewaters.org

LifeWaters program is designed to help improve the lives of our disabled veterans by offering discover scuba and scuba certifications through Scuba Diving International (SDI) (Scubility Program) as part of recreational water therapy. The program is run by dedicated staff volunteers to include SCI therapists, doctors, nurses, veterans and civilians who are passionate about helping our veterans in the sport of diving.

Midwest Adaptive Sports

www.midwestadaptivesports.org

1800 Genessee St. Ste. 301

Kansas City, MO 64012-1073

Phone: 816-287-2011

Email: midwestadaptivesports@gmail.com

Midwest Adaptive Sports (MAS) is a therapeutic recreational and competitive ski program for individuals with disabilities.

The Miracle League

<http://www.themiracleleague.net/>

To find a local Miracle League, contact the corporate office:

1506 Klondike Road – Suite 105

Conyers, GA 30094

Phone: 770-760-1933

Email: Stephanie@miracleleague.com; Diane@miracleleague.com

Ride On St Louis

<http://rideonstl.org/>

Physical Address:

8499 Upper Byrnesville Rd

Cedar Hill, MO 63016

Mailing Address:

PO Box 94

Kimmswick, MO 63053

Phone: 636-464-3408

Email: info@rideonstl.org

Ride On St. Louis promotes health and enriches lives through love, joy and holistic healing.

United States Power Soccer Association

<http://www.powersoccerusa.org/>

Mailing Address:

Lexie Heer

10974 Wintercove Way

Fishers, IN 46038

Email: info@powersoccerusa.org

The USPSA is the governing body for Power Soccer in the United States. Power Soccer is the first competitive team sport designed and developed specifically for power wheelchair users.

TREE House of Greater St. Louis

<https://thstl.org/>

332 Stable Lane

Wentzville, MO 63385

Phone: 636-332-4940

Email: info@thstl.org

TREE House offers a therapeutic horseback riding program. For children of all abilities ages 5 to 18, TREE House offers inclusionary **summer camp** opportunities at their facility in Wentzville

Unlimited Play Inc.

<https://www.unlimitedplay.org/>

5988 Mid Rivers Mall Drive Suite 230

St Peters, Missouri 63304

Phone: 636-757-3978

Email: office@unlimitedplay.org

Unlimited Play is a non-profit organization that helps to plan, design and build fully accessible playgrounds that allow all children – regardless of their abilities – to play together.

Variety the Children's Charity – Adventure Camp

<https://varietystl.org/impact/recreation/>

11840 Westline Industrial Dr. Suite 220

St. Louis, MO 63146

Phone: 314-720-7700

Variety the Children's Charity of St. Louis has been helping children with physical and Intellectual disabilities reach their full potential for more than 80 years.

United Way Worldwide

United Way Worldwide

<http://unitedway.org>

National Headquarters

701 North Fairfax Street

Alexandria, VA 22314

Phone: 703-836-7112

Enter postal code for a United Way office in your area

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

Veterans Administration Spinal Cord Injury hospital

<https://www.va.gov/st-louis-health-care/locations/>

St. Louis VA Medical Center-Jefferson Barracks

1 Jefferson Barracks Dr.

St. Louis, MO 63125-4199

Phone: 314-652-4100

US Dept of Veterans Affairs VA Hospitals

www.stlouis.va.gov

St. Louis Regional Office

Federal Building, 400 South, 18th Street

St. Louis, MO 63103

Phone: 1 (800) 827 1000

John J. Cochran Veterans Hospital

915 North Grand Boulevard

St. Louis, MO 63106-1621

Phone: 314-652-4100

Paralyzed Veterans of America

Gateway Chapter

<http://gatewaypva.org/>

1311 Lindbergh Plaza Center

St. Louis, MO 63132

Phone: 314-427-0393
Toll-free: 800-426-4058
Email: info@gatewaypva.org

ALS

Chapters of the ALS Association:

The ALS Association Mid-America Chapter

<https://www.alsa-midamerica.org/>

Southern Missouri Office
3259 E Sunshine, Ste V
Springfield, MO 65804
Phone: 417-708-7797
Support Groups

Virtual Support Group

Contact: Tara Dhakal

Phone: 800-878-2062

Email: tdhakal@alsa-midamerica.org

Meet on the first Monday of the month until 12/29/2022

Missouri Caregiver Support Group

Contact: Ashley Smith

Phone: 800-878-2062

Email asmith@alsa-midamerica.org

Repeat on the first Monday of the month until 12/21/2022

St. Louis Regional Chapter

www.alsa-stl.org

1950 Craig Road, Suite 200

St. Louis, MO 63146

Toll-free: 888-873-8539

Email: info@alsastl.org

Brain Injury

Brain Injury Association of Missouri

<http://www.biamo.org/>

2265 Schuetz Rd.

St. Louis, MO 63146

Phone: 314-426-4024

Toll-free: 800-444-6443

E-Mail: info@biamo.org

Cerebral Palsy

United Cerebral Palsy

www.ucp.org

1825 K Street NW Suite 600

Washington, DC 20006

Phone: 800.872.5827 / 202.776.0406

Email: info@ucp.org

Please call them for any UCP chapters in Missouri.

Friedreich's Ataxia

National Ataxia Foundation

National Ataxia Foundation (NAF) National Office

<http://www.ataxia.org/>

600 Hwy 169 S, Ste 1725

Minneapolis, MN 55426

PO Box 27986

Golden Valley, MN 55427

Phone: 763-553-0020

Email: naf@ataxia.org

Support Groups:

Kansas City Support Group Leaders

Laurie Colby

Kansas City, MO

Phone: 816-429-6456

Email: Lcolby61@gmail.com

Stephanie Wilkins

Lee's Summit, MO

Phone: 816-623-3318

Email: sfwilkins@yahoo.com

St. Louis Support Group Leaders

Shannon Dunphy Lazo

St. Louis, MO

Phone : 202-306-2738

Email : shand@hotmail.com

Guillain-Barré Syndrome/CIDP

Guillain-Barré Syndrome / CIDP Foundation International

<http://gbs-cidp.org/>

375 E. Elm St., Suite 101

Conshohocken, PA 19428

Toll-free (in North America): 866-224-3301

Call for information in your area

Multiple Sclerosis

Multiple Sclerosis Association of America (MSAA) South-Central Regional Office

www.mymsaa.org

Alexis Crispino, Director of Education & Healthcare Relations

Austin, TX

Phone: (800) 532-7667 extension 153

E-mail: southcentral@mysaa.org

National Multiple Sclerosis Society: Gateway Area Chapter

<http://www.nationalmssociety.org/Chapters/MOS>

10420 Old Olive Street Road Suite 300

Creve Coeur, MO 63141

Phone: 1-800-344-4867

The National MS Society provides professional counseling and peer facilitated support groups, educational programs and seminars, referrals to neurologists and healthcare professionals, national teleconferences and internet programs, services for the homebound, social and recreational programs to assist people with MS and their families in leading productive and fulfilling lives.

Muscular Dystrophy

Muscular Dystrophy Association

<https://www.mda.org/>

National Headquarters

161 N. Clark, Suite 3550

Chicago, Illinois 60601

Phone: 800-572-1717

Email: ResourceCenter@mdausa.org

Enter your postal code in the "Find your local MDA" section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)

<https://post-polio.org/>

50 Crestwood Executive Center #440

Saint Louis, MO 63126

Phone: 314-534-0475

Email: info@post-polio.org

<https://post-polio.org/wp-content/uploads/2021/09/PDIR-2021Hsec.pdf>

Directory lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

Spina Bifida Association

<http://www.spinabifidaassociation.org>

1600 Wilson Blvd Suite 800
Arlington, VA 22209
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

Spina Bifida of Greater St. Louis

<https://www.sbstl.org/>
2705 Dougherty Ferry Road, Suite 200-B
St. Louis, MO 63122
Phone: 314-968-2244

SBAA Clinics:

Children's Mercy Hospital

<https://www.childrensmercy.org/departments-and-clinics/rehabilitation-medicine/spinal-differences-clinic/>
Spinal Differences Clinic
2401 Gillham Road
Kansas City, MO 64108
Phone (toll free): 866-512-2168

Cardinal Glennon Children's Hospital

www.cardinalglennon.com
Myelo Clinic
1465 S. Grand Blvd.
St. Louis, MO 63104
Phone: 314-577-5600
Email: cqch.internet@ssmhealth.com

Shriner's Hospital for Children

<https://www.shrinershospitalsforchildren.org/shc/locations>
4400 Clayton Ave.
St. Louis, MO 63110
Phone: 314-432-3600

Spinal Cord Injury

Greater Kansas City Spinal Cord Injury Association

<http://www.gkcscia.org/>
PO Box 8826
Kansas City, MO 64114

SSM Rehabilitation Hospital

<https://www.ssmphysicaltherapy.com/contact/find-a-location/mo/bridgeton/bridgeton-day-institute/>
12380 Depaul Dr.

Bridgeton, MO 63044
Phone: 314-447-9710

Stroke

American Stroke Association

<http://www.strokeassociation.org>

National Center

7272 Greenville Avenue

Dallas, TX 75231

Phone: 1-888-478-7653

Call them for the stroke support group in your area

American Stroke Foundation

www.AmericanStroke.org

6405 Metcalf Ave., Suite 214

Overland Park, KS 66202

Phone: 913-649-1776

Their Next Step program is a wellness program to help stroke survivors continue to improve and regain independence in daily living skills. Next Step offers classes and programs designed to address survivors' physical, cognitive, social, and emotional well-being in a welcoming group environment. They offer various fitness and aquatics at three locations: Mission, KS, Blue Springs, MO, and Kansas City, MO. There is a monthly fee to participate. Programs are facilitated by occupational therapy staff and students as well as stroke survivors.

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project

<http://www.asap.org/>

PO Box 1586

Longview, TX 75606-1586

Phone: 903-236-7079, 800-ASAP-282

Email: info@ASAP.org

Please contact them for any support groups in your area.

Transverse Myelitis

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)

www.wearesrna.org

Physical Address:

1787 Sutter Parkway

Powell, OH 43065-8806

Mailing Address:

SRNA

PO Box 826962

Philadelphia, PA 19182-6962

Phone: 855-380-3330

Please contact them for info in your area.

General Disability Resources

Missouri Yellow Pages for Kids with Disabilities

<http://www.yellowpagesforkids.com/help/mo.htm>

Missouri Chapter of the American Physical Therapy Association

<https://www.mopt.org/>

205 E. Capitol, Suite 100

Jefferson City, MO 65101

Phone: 573-556-6730

E-Mail: info@mopt.org

Missouri Chapter of the American Occupational Therapy Association

<http://www.motamo.net>

2000 E. Broadway

P.O. Box 169

Columbia, MO 65201

Association of People Supporting EmploymentFirst: Missouri Chapter

www.apsemo.org

P.O. Box 254

Monroe City, MO 63456

Email: moapse@apse.org

Children's Mercy Hospital

<https://www.childrensmercy.org/departments-and-clinics/rehabilitation-medicine/>

2401 Gillham Rd.

Kansas City, MO 64108

Phone: 816-234-3970

Children's Mercy provides inpatient rehabilitation services for individuals ages 6 months to 21 years with any type of new paralysis (traumatic spinal cord injury, transverse myelitis, spinal cord tumor, spinal cord stroke/vascular malformation, acute flaccid myelitis, MS, etc.) along with other acute injuries, such as brain injury or stroke. Children's Mercy also offers outpatient comprehensive clinics for spinal cord injury/disorder as well as spina bifida in addition to outpatient therapies (physical therapy, occupational therapy, speech therapy) and equipment and seating clinics.

Hope Happens for Neurological Disorders

www.hopehappens.org

200 South Hanley Road, Suite 1100

St. Louis, MO 63105

Phone: 314-725-3888

Email: info@hopehappens.org

Their mission is to improve the lives of people with neurodegenerative disorders by funding collaborative, translational research that has the potential to fast-track new treatments and cures.

Missouri Cures Education Foundation

<https://missouricures.org/>

PO Box 16580

St. Louis, MO 63105

Email: info@missouricures.com

The Missouri Cures Education Foundation is a statewide nonprofit public education and advocacy alliance working to promote medical advances to improve the health of Missourians and stimulate the economy in our state. Originally formed to protect stem cell research in Missouri, we have broadened our approach to protecting all medical research in the state to ensure that any research that is legal at the federal level is also legal in Missouri.

MO Better Foundation

<https://www.mobetter.org/>

Assists Missourians (adults and children) with permanent physical disabilities by providing financial assistance to aid in purchasing items to assist in daily living particularly those related to technology, transportation and mobility.

Moebius Syndrome Foundation

<https://moebiusyndrome.org/>

1312 17th Street #976

Denver, Colorado 80202

Phone (toll free): 844-663-2487

Email: info@moebiusyndrome.org

The Moebius Syndrome Foundation holds conferences every two years and produces free educational DVDs about Moebius syndrome to educate the community.

ParaQuad

<http://www.paraquad.org/>

5240 Oakland Ave.

St. Louis, MO 63110

Phone 314-289-4200

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

1801 N. Mill St. Suite F

Naperville, IL 60563

Phone: 630-961-1400

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance

of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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