



New Mexico Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>

<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term

supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

New Mexico Aging & Long-term Services Department

<http://www.nmaging.state.nm.us/>

2550 Cerrillos Rd.

Santa Fe, NM 87505

Phone: 505-476-4799

Area Agencies on Aging: New Mexico

http://www.carenewmexico.org/list10_nm_Aging_Services_senior_centers.htm

National Center on Elder Abuse (NCEA)

<https://ncea.acl.gov/>

c/o University of Southern California Keck School of Medicine

Department of Family Medicine and Geriatrics

1000 South Fremont Avenue, Unit 22, Building A-6

Alhambra, CA 91803

Phone: 855-500-3537

Email: ncea-info@aoa.hhs.gov

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Arts and Creativity

Keshet Dance Company

<http://keshetarts.org/>

4121 Cutler Ave NE

Albuquerque, NM 87110

Phone: 505-224-9808

Email: info@KeshetArts.org

Keshet provides the opportunity for individuals with physical disabilities to fully experience the joy of dance

Assistive Technology

New Mexico Technology Assistance Program

<http://www.tap.gcd.state.nm.us/>

625 Silver Ave. SW Suite 100B

Albuquerque, NM 87102
Phone: 1-877-696-1470 or 505-841-4464
Email: Tracy.Agiovasitis@gcd.nm.gov
Device Loan Program: <http://www.tap.gcd.state.nm.us/device-loans/>

New Mexico Technology Assistance Program: Access Loan New Mexico

<https://www.tap.gcd.state.nm.us/financial-loans/access-loan-new-mexico/>

c/o San Juan Center for Independence

1204 San Juan Blvd

Farmington, NM 87401

Phone: 505-566-5831, 877-484-4500 (toll-free)

The fund is a last resort grant from Division of Vocational Rehabilitation (DVR) and as such stipulates that the consumer seeks funding from three other sources and must provide documentation to access the funding. There is an application and other eligibility requirements that must be met. A complete application will include documentation of income, health statement, and funding sources sought. The New Mexico Counties that are served by this program are: San Juan, McKinley, Rio Arriba, Taos, Colfax, Union, Harding, Mora, San Miguel, Santa Fe, Quay, Curry, Catron, Sierra, Grant and Hidalgo.

Southwest ADA Center (covers New Mexico)

<http://www.southwestada.org/>

TIRR Memorial Hermann

1333 Moursund

Houston, TX 77030

Phone: 713-797-7171, 800-949-4232 (toll-free)

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

Community Health Centers

New Mexico Primary Care Association

www.nmpca.org

4206 Louisiana Boulevard, NE

Albuquerque, NM 87109

Phone: 505-880-8882

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status

ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

New Mexico Crime Victims Reparation Commission

<http://www.cvrc.state.nm.us/>

6200 Uptown Blvd. NE, Suite 210

Albuquerque, NM 87110

Phone: 505-841-9432, 800- 306-6262

Email: cvrc.office@state.nm.us

National Victim Center

Phone: 855-484-2846

Safe Horizon's Links for General Crime Victim Resources/Issues

www.safehorizon.org

Domestic Violence Help

National Domestic Violence Hotline: 1-800-799-SAFE (7233); TTY: 800-787-3224

National Resource Center on Domestic Violence: 800-537-2238

New Mexico Coalition Against Domestic Violence

<http://www.nmcadv.org/>

2340 Alamo Avenue SE, Suite 120

Albuquerque, NM 87106

Phone: 505-246-9240

Email: info@nmcadv.org

<http://www.nmcsap.org/>

New Mexico Coalition of Sexual Assault Programs

3909 Juan Tabo NE, Suite 6

Albuquerque, NM 87111

Phone/TTY: 505-883-8020

Government Offices

New Mexico State Website

<http://www.newmexico.gov/>

New Mexico Department of Health

<https://nmhealth.org/>

New Mexico Dept. of Health
1190 S. St. Francis Drive
Santa Fe, NM 87502
Phone: 505-827-2613

New Mexico Department of Work Force Solutions: Human Rights Bureau

<https://www.dws.state.nm.us/Human-Rights-Information>

2600 Cerrillos Rd
Santa Fe, NM 87505
Phone: 505-827-6838, 800-566-9471 (toll-free in New Mexico)
The Human Rights Bureau is a neutral agency created to enforce the New Mexico Human Rights Act.

Governor's Commission on Disability

<http://www.gcd.state.nm.us/>

491 Old Santa Fe Trail
Santa Fe, NM 87501-2753
Phone/TTY: 505-476-0412
Toll Free (in state only): 1-877-696-1470
Email: gcd@state.nm.us

New Mexico Division of Vocational Rehabilitation

<http://www.dvr.state.nm.us/>

Phone: 505-954-8500, 800-224-7005 (toll-free)
Email: contact@dvr.nm.gov

New Mexico Workforce Connection

<http://www.jobs.state.nm.us/vosnet/Default.aspx>

Provides free services to job seekers and employers. Tries to help people with disabilities find jobs.

Human Services Department: Medical Assistance Division

https://www.hsd.state.nm.us/about_the_department/medical_assistance_division/

PO Box 2348
Santa Fe, NM 87504-2348
Phone: 800-283-4465 (Consolidated Customer Service Center), 505-827-3100
Email: MADInfo.HSD@state.nm.us

New Mexico Medical Insurance Pool (NMMIP)

<http://www.nmmip.org>

1223 St. Francis Dr, Ste. B

Santa Fe, NM 87505

Phone: 844-728-7896 (Toll-free), 844-728-7987 (TTY)

Email: info@nmmip.org

New Mexico High Risk Insurance Plan for eligible people who are unable to get insurance coverage.

New Mexico Office of Superintendent of Insurance

<http://www.osi.state.nm.us/>

1120 Paseo De Peralta

Santa Fe, NM 87501

6200 Uptown Blvd, NE #400

Albuquerque, NM 87110

Phone: 855-427-5674

New Mexico Workers' Compensation Administration

<https://workerscomp.nm.gov/>

Physical Address:

2410 Centre Ave SE

Albuquerque, NM 87106

Mailing Address:

PO Box 27198

Albuquerque, NM 87125-7198

Phone: 505-841-6000, 1-800-255-7965 (In-state toll-free)

Email: wca.helpdesk@state.nm.us

Field Offices

Farmington

2700 Farmington Ave. Building E, Suite 2

Farmington, NM 87401

Phone: 505-599-9746, 800-568-7310 (In-state toll-free)

Las Cruces

2407 W. Picacho Ave. D

Las Cruces, NM 88007

Phone: 575-524-6246, 800-870-6826 (In-state toll-free)

Las Vegas

32 N.M. 65

Las Vegas, NM 87701

Phone: 505-454-9251, 800-281-7889 (In-state toll-free)

Roswell

Penn Plaza Building

400 N. Pennsylvania Ave., Ste 425

Roswell, NM 88201

Phone: 575-623-3997, 866-311-8587 (In-state toll-free)

Sante Fe
1596 Pacheco St., Ste. 202
Santa Fe, NM 87505
Phone: 505-476-7381

Hobbs
2120 North Alto, Unit 3
Hobbs, NM 88240
Phone: 575-397-3425, 800-934-2450

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>
<http://whoismyrepresentative.com/>

State LTC Ombudsman

http://www.nmaging.state.nm.us/Long_Term_Ombudsman.aspx

New Mexico Aging & LTC Services Dept.
2550 Cerrillos Road
Santa Fe, New Mexico 87505
Phone: 866-451-2901 (Statewide toll-free)

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Fannie Mae Regional Office

www.fanniemae.com

Granite Park VII
5600 Granite Parkway
Plano, TX 75024
Phone: 800-232-6643

Housing and Urban Development (HUD)

www.hud.gov

451 7th Street, S.W.
Washington, DC 20410
Phone: 202-708-1112, 202-708-1455 (TTY)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of

housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

American Red Cross Arizona and New Mexico Region

<http://www.redcross.org/newmexico>

2121 Osuna Rd. NE

Albuquerque, NM 87113

Phone: 505-265-8514; 800-733-2767 (toll-free national number)

ARC has an emergency & minor home repair program at no cost to qualified homeowners. Services include plumbing repairs, electrical repairs, furnace repairs, gas leaks, water heater repairs, air conditioner repairs, smoke detectors, carbon monoxide detectors. They do not provide remodeling, painting, yard work, appliance repair or replacement, etc.

Independent Living

ILRU: State Independent Living Councils (SILCs)

<http://www.ilru.org/projects/silc-net/silc-directory>

The Ability Center for Independent Living

<http://www.theabilitycenter.org/>

715 E. Idaho Ave, Suite 3E

Las Cruces, NM 88001

Phone: 575-526-5016; 800-376-4372 (toll-free)

Email: Freedom@theabilitycenter.org

Independent Living Research Utilization’s directory of Independent Living Centers

<http://www.ilru.org>

National Council on Independent Living (NCIL)

<http://www.ncil.org/>

Mailing Address:

PO Box 31260

Washington, DC 20030

Phone: 202-207-0334, 844-778-7961 (toll-free)

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with

disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

San Juan Center for Independence

<http://www.sjci.org/>

1204 San Juan Boulevard

Farmington, NM 87401

Phone: 505-566-5827

Toll-free: 877-484-4500 (NM)

Email: sjci@sjci.org

The San Juan Center for Independence serves as a consumer driven community action program that provides services which help maximize independent living choices for all people regardless of the individual's disability.

New Vistas

<http://www.newvistas.org/>

1205 Parkway Dr. Suite A

Santa Fe, NM 87507

Phone: 800-737-0330 (Toll Free), 505-471-1001 (Local)

Email: info@newvistas.org

New Vistas is an Independent Living Center.

Library Services

New Mexico Library for the Blind & Print Disabled

http://www.nmstatelibrary.org/index.php?option=com_content&view=article&id=98&Itemid=85

1209 Camino Carlos Rey

Santa Fe, NM 87507-5166

Phone: 505-476-9770, 800-456-5515

Center for Development and Disability Information Network Library

<http://cdd.unm.edu/other-disability-programs/information-network/library.html>

University of New Mexico

Center for Development & Disability

2300 Menaul Blvd NE

Albuquerque, NM 87107

Phone: 505-272-0281, 844-231-5003 (toll-free)

Email: HSC-InfoNet@salud.unm.edu

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are

interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection And Advocacy

Disability Rights New Mexico

<http://www.drn.org/>

Albuquerque:

Disability Rights New Mexico

3916 Juan Tabo Blvd., NE

Albuquerque, NM 87111

Phone/TTY: 505-256-3100

State-wide Toll Free: 1-800-432-4682

Email: info@drnm.org

Service Dogs

Assistance Dogs of the West

www.assistancedogsofthewest.org

Physical Address:

1590 San Mateo Lane

Santa Fe, NM 87505

Mailing Address:

PO Box 31027

Santa Fe, NM 87594

Phone: 505-986-9748

Toll-free: 866-986-3489

Email: info@assistancedogsofthewest.org

Sports And Recreation

Adaptive Sports Program New Mexico

<https://www.adaptivesportsprogram.org/>

P.O. Box 5676

Sante Fe, NM 87502

Phone: 505-570-5710

Email: info@ASPNM.org

Global Opportunities Unlimited, Inc.

<http://www.gounlimited.org>

P.O. Box 10717

Albuquerque, NM 87184

Phone: 505-480-2374

Email: globalberg@aol.com

Global Opportunities specializes in fishing, shooting sports, wheelchair basketball, horseback riding, and hunting. New Mexico's Paralympic Sport Club is a program of Global Opportunities Unlimited.

Loving Thunder Therapeutic Riding Inc

<http://www.lovingthunder.com/>

PO Box 44517

Rio Rancho NM 87174

Phone: 505-554-9493

LTTR's mission is to empower and improve the quality of life for people with mental and physical challenges through therapeutic horsemanship, equine assisted activities and educational outreach to all.

United Way Offices

United Way Worldwide

<https://www.unitedway.org/>

701 North Fairfax Street

Alexandria, VA 22314

Phone: 703-836-7112

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veteran Benefits

New Mexico Department of Veterans' Services

<http://www.dvs.state.nm.us/>

407 Galisteo St., Room 134

Santa Fe, NM 87501

Phone: 505-218-3125
Email: nicholas.mckenzie@dvs.nm.gov

VA New Mexico Healthcare System Clinic Directory
<https://www.albuquerque.va.gov/locations/index.asp>

New Mexico Paralyzed Veterans of America National Service Office
<https://pva.org/>

Albuquerque Paralyzed Veterans of America
500 Gold Ave, SW, Room 3111
Albuquerque, NM 87102
Phone: 505-346-4896
Email: richardma@pva.org

Albuquerque SCI Paralyzed Veterans of America
Raymond G. Murphy VA Medical Center, SCI Services (128)
1501 San Pedro Dr SE, Bldg 45 RM #1065
Albuquerque, NM 87108
Phone: 505-265-1711 Ext: 5046
Email: jeand@pva.org

ALS

New Mexico Chapter of ALS Association
<http://www.alsanm.org/>

2309 Renard Pl. SE, Ste 105
Albuquerque, NM 87106
Phone: 505-323-6348
Email: michelle.waters@alsanm.org

Brain Injury

Brain Injury Alliance of New Mexico
<http://www.braininjurynm.org/>

Phone: 888-292-7415, 505-292-7414
Email: info@braininjurynm.org

Cerebral Palsy

United Cerebral Palsy National Office
<http://ucp.org/>

8401 Old Courthouse Rd.
Vienna, VA 22182
Phone: 202-776-0406, 1-800-872-5827
Email: info@ucp.org
Please contact them for local info in New Mexico

Friedreich's Ataxia

National Ataxia Foundation (NAF) National Office

<http://www.ataxia.org/>

Physical Address:

600 Hwy 169 S, Ste 1725

Minneapolis, MN 55426

Mailing Address:

PO Box 27986

Golden Valley, MN 55427

Phone: 763-553-0020

Email: naf@ataxia.org

Please contact them for local info in New Mexico

Guillain-Barré Syndrome/ CIDP

GBS / CIDP Foundation International

<http://gbs-cidp.org/>

375 E. Elm St. Suite 101

Conshohocken, PA 19428

Phone: 866-224-3301

Please contact them for information in your area.

Multiple Sclerosis

National Multiple Sclerosis Society (NMSS)

<http://www.nationalmssociety.org>

800-344-4867

Arizona-New Mexico Chapter of NMSS

<https://www.nationalmssociety.org/Chapters/NMX>

Physical Address:

5025 E. Washington St., Suite 102

Phoenix, AZ 85034

Mailing Address:

PO Box 54879

Los Angeles, CA 90054

Phone: 800-344-4867

Multiple Sclerosis Association of America's South Central Regional Office (covers NM)

<http://www.mymsaa.org/about-msaa/regional/>

Phone: 800-532-7667 Ext:137

Email: southcentral@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association

<https://www.mda.org/>

National Office

161 N. Clark, Suite 3550

Chicago, IL 60601

Phone: 800-572-1717

Email: ResourceCenter@mdausa.org

Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)

<https://post-polio.org/>

50 Crestwood Executive Center, Suite 440

Saint Louis, MO 63126

Phone: 314-534-0475

Email: info@post-polio.org

<https://post-polio.org/wp-content/uploads/2021/09/PDIR-2021Hsec.pdf>

Directory Lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

Spina Bifida Association

<http://www.spinabifidaassociation.org>

1600 Wilson Blvd, Suite 800

Arlington, VA 22209

Phone: 800-621-3141

Email: sbaa@sbaa.org

Please contact them for info in your area

SBA Clinics

<http://spinabifidaassociation.org/clinics/#K-O>

Carrie Tingley Hospital

Pediatric Orthopedics

127 University Blvd., NE

Albuquerque, NM 87102

Phone: 505-272-5286

Spinal Cord Injury

BrainandSpinalCord.org’s listing of support groups in NM

<http://www.brainandspinalcord.org/support-groups/spinal-cord-injury/new-mexico.html>

Northern Navajo Medical Center

Nazhoni B Conference Room, 2nd Floor, West Wing

PO Box 160

Shiprock, NM 87420

Phone: 505-368-4691 (Timothy Mescal), 505-368-4816 (Matthew Junior)

Stroke

American Stroke Association

<http://www.strokeassociation.org>

National Center

7272 Greenville Avenue

Dallas, TX 75231

Phone: 1-800-242-8721

Please contact them for the stroke support group in your area

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project

www.asap.org

PO Box 1586

Longview, TX 75606-1586

Phone: 903-236-7079, 800-ASAP-282

Email: info@ASAP.org

Please contact them for info in New Mexico

Transverse Myelitis

Cody Unser First Step Foundation

<http://www.codysfirststep.org/>

P.O. Box 56696

Albuquerque, NM 87187

Phone: 505-792-9551

The Cody Unser First Step Foundation is a global not-for-profit organization dedicated to raising research funds, public awareness, and quality of life for those afflicted with all forms of spinal cord-related paralysis. The Foundation will also address the cause, rehabilitation, prevention and cure for Transverse Myelitis, and freely affiliate with other medical, charitable and corporate entities to achieve these goals.

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)

www.wearesrna.org

Physical Address:

1787 Sutter Parkway

Powell, OH 43065-8806

Mailing Address:

PO Box 826962

Philadelphia PA 19182-6962

Phone: 855-380-3330

Please contact them for info in your area.

General Disability Resources

New Mexico Yellow Pages for Kids with Disabilities

<http://www.yellowpagesforkids.com/help/nm.htm>

New Mexico chapter of the American Occupational Therapy Association (NMOTA)

<http://www.nmota.org/>

P.O. Box 3036

Albuquerque, NM 87190

Email: Communications@nmota.org

New Mexico chapter of the American Physical Therapy Association

www.nmapta.org

140B Purcellville Gateway Drive, Suite 120

Purcellville, VA 20132

Phone: 505-596-5999

Please contact them for info in the NM area

Association of People Supporting Employment First (APSE)

www.apse.org

7361 Calhoun Place, Suite 680

Rockville, MD 20855

Phone: 301-279-0060

Email: info@apse.org

Healthboards.com

<http://www.healthboards.com/boards/index.php>

Message boards on health-related topics. Topics include SCI, CP, Stroke, and more.

First Call 2-1-1

www.211.org

Phone: 211

Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

Center for Development and Disability Information Network

<http://cdd.unm.edu/other-disability-programs/information-network/index.html>

2300 Menaul Blvd NE

Albuquerque, NM 87107

Phone: 505-272-8549, 800-552-8195

Email: HSC-InfoNet@salud.unm.edu

Offers information and referral services.

New Mexico Aging & Long-Term Services Dept. Resource Center

www.nmaging.state.nm.us

Physical Address:

2550 Cerrillos Road

Santa Fe, NM 87505
Phone: 505-476-4799; 800-432-2080 (toll-free)
Offering information and assistance for seniors and adults with disabilities.

Eve's Fund for Native American Health Initiatives

<http://evecrowellsfund.org/>

P.O. Box 3592

Newport, RI 02840

Phone: 800-646-2952

Eve's Fund is a small non-profit organization with a big mission: to promote hope and wellness for young Native Americans living on the Navajo Nation in Arizona, New Mexico, and Utah.

Family Voices

www.familyvoices.org

Mailing Address:

561 Virginia Rd, Bldg. 4, Suite 300

Concord, MA 01742

Phone: 781-674-7224, 888-835-5669 (Toll-Free)

A national grassroots organization that provides info on ways to ensure and improve family-centered health care for children and youth with disabilities and chronic conditions. Offers a program called Kids as Self Advocates (KASA).

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

1801 N. Mill Street, Suite F

Naperville, IL 60563

Phone: 630-961-1400

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the "Chapter Site" tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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