



New York Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

National Disability Navigator Resource Collaborative Factsheet: Comparing Health Plans' Benefits and Coverage Summaries (NY)

<http://www.nationaldisabilitynavigator.org/2015/02/12/fact-sheet-1-ny/>

American Association on Health and Disability (AAHD)

110 N. Washington Street, Suite 328J

Rockville, MD 20850

Phone: 301-545-6140

Email: contact@aahd.us

The National Disability Navigator's fact sheet helps answer specific questions that people with disabilities might ask about benefits and coverage available through the NY State of Health Marketplace.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>

<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or “no wrong door” systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

New York State Office for the Aging

<http://www.aging.ny.gov/>

2 Empire State Plaza
Albany, NY 12223-1251
Phone: 800-342-9871

New York Association of Area Agencies on Aging

<http://www.agingny.org/>

515 Broadway Ste. 402
Albany, NY 12207
Phone: 518-449-7080

Area Agencies on Aging by County

http://www.carenewyork.org/list10_NY_Aging_Services_senior_centers.htm

National Center on Elder Abuse (NCEA)

<https://ncea.acl.gov/>

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Arts and Creativity

National Theatre Workshop of the Handicapped (NTWH)

535 Greenwich St.

New York, NY 10013
Phone: 212-206-7789

A theater training school for people with disabilities with offices in NYC and Maine.

Roll Call Wheelchair Dance

<https://www.rollcallwheelchairdance.org/>

Nyamchek's Dance Centre
55 E. Central Ave.

Pearl River, NY 10965

Phone: 845-735-1400 or 201-391-9498

Email: rollcall99@hotmail.com

Provides dance instruction for wheelchair users who want to dance for fun or compete.

Angelica Patient Assistance Program

<https://www.angelicaprogram.org/>

c/o Duval & Stachenfeld
555 Madison Ave, 6th Floor
New York, NY 10022

Email: info@angelicaprogram.org

The Angelica Patient Assistance Program's goal is to improve the lives of economically disadvantaged patients and residents in need of long-term medical care and to support long-term medical care facilities in New York City. 'Art for Healing' will enhance and expand the art programs at Coler Hospital and Carter Hospital.

Music Conservatory of Westchester

<http://www.musicconservatory.org/>

216 Central Avenue
White Plains, NY 10606

Phone: 914-761-3900

Email: info@musiced.org

Music Conservatory of Westchester provides high quality music education for students of all ages, abilities and backgrounds.

Seneca Cayuga ARC

<http://www.arcofsenecacayuga.org/>

1083 Waterloo-Geneva Road
Waterloo NY 13165

Phone: 315-539-5067

Arc of Seneca Cayuga is comprised of people dedicated to assisting and supporting individuals with disabilities, their families and the community in Seneca and Cayuga Counties, New York. We provide opportunities and choices for treatment, employment, education, recreation and community living to assist individuals with disabilities in realizing a productive and fulfilling life.

Assistive Technology

TRAID Program

New York State Justice Center for the Protection of People with Special Needs

<http://www.justicecenter.ny.gov/>

161 Delaware Ave.
Delmar, NY 12054
Phone: 518-549-0200
Toll-free: 800-624-4143

Northeast ADA Center

<http://www.northeastada.org>

Employment and Disability Institute
Cornell University
IRL School
201 Dolgen Hall
Ithaca, NY 14853
Phone: 607-255-6686 (TTY)
Toll free: 800-949-4232 (TTY)
Email: northeastada@cornell.edu

ADAPT Community Network (formerly United Cerebral Palsy of New York City): Assistive Technology Resources

<https://adaptcommunitynetwork.org/service-options/technology/>

TechWorks Centers
Phone: 718-436-7979, ext. 711
Email: techworks@adaptcommunitynetwork.org

The ADAPT TechWorks Centers, located in Brooklyn and Manhattan, specialize in Assistive Technology devices and services to help people maintain and increase their independence.

Brooklyn Center for Independence of the Disabled

27 Smith Street, Suite 200
Brooklyn, NY 11201
Phone: 718-998-3000
Email: info@bcid.org

We exist to improve the quality of life of Brooklyn residents with disabilities through programs that empower them to gain greater control of their lives and achieve full and equal integration into society. We accomplish this through our services, our advocacy for systems change to remove physical, attitudinal and communication barriers to people with disabilities, and through our education and awareness programs.

Caregivers Info

Caregiver.com

<https://caregiver.com/>

3920 Riverland Road
Fort Lauderdale, FL 33312
Tel: (954) 893-0550
1-800-829-2734

Email: info@caregiver.com

Well Spouse Association

www.wellspouse.org

White Plains Well Spouse Support Group

Helen Goodman and Judie Meisels

Phone: 914-949-4936

Upper West Side Well Spouse Support Group

Manhattan

Steve Hoffman

Phone: 917-596-2707

Uptown NY Well Spouse Support Group

Mary Beth Coudal

Phone: 347-415-3707

Community-Based Fitness Programs

Northeast Center for Special Care (NCSC)

<http://www.northeastcenter.com/>

300 Grant Avenue

Lake Katrine, NY 12449

Phone: 845-336-3500

Email: ncsc@northeastcenter.com

The Northeast Center for Special Care offers a special care center designed to serve medically complex and multiply impaired needs such as: brain injury, neurological disease, spinal cord injury, neurobehavioral disorders, complex medical recovery and ventilator care/management.

Push to Walk

<http://www.pushtowalknj.org/>

100 Bauer Drive

Oakland, NJ 07436

Phone: 201-644-7567

A non-profit organization that provides individualized workouts and resources to people with spinal cord injuries, paralysis, and other neurological conditions including, but not limited to Multiple Sclerosis, traumatic brain injuries, and stroke. Our approach is a cutting edge technique encompassing what the medical community terms Activity Based Training. Our focus is on helping clients maintain and improve their physical and mental health allowing them to regain their independence

Community Health Centers

Community Health Care Association of New York State

www.chcanys.org

111 Broadway, Suite 1402

New York, NY 10006

Phone: 212-279-9686

Email: info@chcanys.org

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Suburban Adult Services Inc

<http://www.sasinc.org/>

960 Maple Rd

Elma, NY 14059

Phone: 716-805-1555

Email: Foundation@sasinc.org

Crime Victim Assistance

New York State Office of Victim Services

<http://www.ovs.ny.gov/>

Phone: 800-247-8035

Safe Horizon's Links for General Crime Victim Resources/Issues

www.safehorizon.org

Domestic Violence Help

National Domestic Violence Hotline: 800-799-SAFE (7233); TTY: 800-787-3224

Statewide Hotline: 800-621-HOPE; TTY: 866-604-5350

The New York State Coalition Against Domestic Violence

<http://www.nyscadv.org/>

119 Washington Avenue, 3rd Floor

Albany, NY 12210

Phone: 518-482-5465

Bronx Independent Living Services (BILS)

<https://bils.org>

4419 Third Ave., Suite 2C

Bronx, NY 10457

Phone: 718-515-2800

TTY: 718-515-2803

Barrier Free Living (BFL)

<http://www.bflnyc.org>

637 East 138th Street Bronx NY 10454

Phone: 212-677-6668 (voice/TTY)

Email: info@bflnyc.org

Barrier Free Living (BFL) offers comprehensive support services for survivors of domestic violence with disabilities at its fully accessible BFL Freedom House domestic violence shelter, award-winning BFL Secret Garden domestic violence counseling program, and BFL Apartments that offers permanent homes with support services to survivors with disabilities and their families. BFL is based in New York City.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

Easter Seals Offices

Easter Seals

www.easterseals.com

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Easter Seals New York

<http://www.easterseals.com/newyork/>

633 Third Ave, 6th Floor

New York, NY 10017

Phone: 212-220-2290

Government Offices for the state of New York

Official Website for New York State

www.ny.gov

New York State Commission on Quality of Care and Advocacy for Persons with Disabilities

401 State Street

Schenectady, NY 12305

Phone: 800-624-4143 (toll-free)

TTY: 518-388-2892

Adult Career & Continuing Education Services (Vocational Rehabilitation) ACCESS-VR

<http://www.acces.nysed.gov/vr>

New York State Education Department

Special Education Services

89 Washington Ave.

Albany, NY 12234

Phone: 800-222-JOBS (5627)

Vocational and Educational Services for Individuals with Disabilities

Mayor's Office for People with Disabilities (MOPD)

<https://www1.nyc.gov/site/mopd/index.page>

100 Gold Street, 2nd Floor

New York, NY 10038

Victor Calise, Commissioner

Phone: 311

Call 212-NEW-YORK (Out-of-City)

Call 711 (Relay Service for Deaf/Hard of Hearing)

Email link: <https://www1.nyc.gov/site/mopd/about/email-the-commissioner.page>

New York State Department of Health

<http://www.health.state.ny.us/nysdoh/medicaid/medicaid.htm>

Office of Medicaid Management

Governor Nelson A. Rockefeller Empire State Plaza

Corning Tower Building

Albany, NY 12237

Phone: 518-747-8887, 800-541-2831

TTY: 800-662-1220

Medicaid Buy-in Program in NY

http://www.health.state.ny.us/nysdoh/medicaid/buy_in/buy-in_work_disabled.htm

NY Office of Temporary and Disability Assistance

<http://www.otda.state.ny.us/>

New York State: Long Term Care Resources

http://www.health.state.ny.us/nysdoh/long_term_care/index.htm

NYS Office for People with Developmental Disabilities

<http://www.opwdd.ny.gov/>

44 Holland Ave.

Albany, NY 12229

Phone: 866-946-9733

New York's Child Health Insurance Program (CHIP)

<https://nystateofhealth.ny.gov/>

Child Health Plus
NYS Health Department
Box 2000
Albany, NY 12220
Phone: 855-355-5777
TTY: 800-662-1220

New York State Health Insurance Information Counseling & Assistance Program (HIICAP) Office for the Aging

<https://aging.ny.gov/health-insurance-information-counseling-and-assistance-program-hiicap>

Trained HIICAP counselors located in local offices for the aging across the state are available to answer New Yorkers' questions about Medicare, Medicare Advantage programs (managed care), Medicare prescription drug coverage, Medigap, and other health and long-term care insurance.

NY State Department of Health's site on Disability and Health in NY

<http://www.health.state.ny.us/nysdoh/prevent/main.htm>

New York State Dept. of Financial Services: Health Insurance Policies and Programs

One State Street

https://www.dfs.ny.gov/consumers/health_insurance/new_york_health_insurance_policies_programs

New York, NY 10004-1511
Main Phone: 212-480-6400

Workers Compensation Office

<http://www.wcb.ny.gov/>

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>

<http://whoismyrepresentative.com/>

State LTC Ombudsman

<http://www.ltcombudsman.ny.gov/>

Mark Miller
New York State Office for the Aging
2 Empire State Plaza
Albany, New York 12223-1251

Phone: 855-582-6769

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Dept of Housing and Urban Development (HUD)

www.hud.gov

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

Housing and Urban Development (HUD) in New York

https://www.hud.gov/states/new_york/offices

https://www.hud.gov/states/new_york

New York City Regional Office

Jacob K. Javits Federal Building
(Broadway-Between Duane & Worth Streets)
26 Federal Plaza, Suite 3541
New York, NY 10278-0068
Phone: 212-264-8000
TTY: 212-264-0927

Albany Field Office

52 Corporate Circle
Albany, NY 12203
Phone: 518-862-2801

Buffalo Field Office

Lafayette Court
465 Main Street, 2nd Floor
Buffalo, NY 14203-1780
Phone: 716-551-5755
TTY: 716-551-5787

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

NY Housing Search

<http://nyhousingsearch.gov/>

Connects people with disabilities to affordable housing in NY

Mayor's Office for People with Disabilities: Project Open House

<https://www1.nyc.gov/site/mopd/initiatives/project-open-house.page>

Project Open House (POH), administered by the Mayor's Office for People with Disabilities (MOPD), removes architectural barriers in the homes of people with permanent disabilities. POH is funded with Community Development Block Grant (CDBG) money from the Department of Housing and Urban Development. Program participants must meet Federal Section 8 income guidelines and reside within the five boroughs. Individual eligibility is determined by evaluating income and disability, and is on a first come, first served basis. MOPD conducts outreach into the disability community to seek participants. Applicants must have a permanent disability and reside in one of the five boroughs of New York City. Please see the website for other requirements.

Independent Living

ILRU: State Independent Living Councils (SILCs)

New York Independent Living Council

<http://www.ilru.org/projects/silc-net/silc-directory>

<http://www.nysilc.org/>

111 Washington Avenue, Suite 101

Albany, NY 12210

Phone and TTY: 518-427-1060

In state only: 1-877-397-4126

Email: (Executive Director) bradw@nysilc.org

Independent Living Research Utilization's directory of Independent Living Centers

<http://www.ilru.org>

National Council on Independent Living (NCIL)

<http://www.ncil.org/>

2013 H St. NW, 6th Floor

Washington, DC 20006

Phone: 202-207-0334

Toll-free: 877-525-3400

TTY: 202-207-0340

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Independent Living Center of the Hudson Valley

<http://www.ilchv.org/>

15-17 Third Street
Troy, NY 12180
Phone: 518-274-0701

Email: admin@ilchv.org

The Independent Living Center of the Hudson Valley seeks to help persons with disabilities do for themselves instead of depending on others to do for them.

Westchester Independent Living Center

www.wilc.org

10 Country Center Rd, 2nd Floor

White Plains, New York 10607

Phone: 914-682-3926

TTY: 866-933-5390

Email: contact@wilc.org

The Westchester Independent Living Center (WILC) is a not-for-profit, community-based, consumer-directed advocacy, resource, and training center that services people of ALL ages with ALL types of disabilities.

Western New York Independent Living

<http://www.wnyil.org/>

3108 Main Street

Buffalo, NY 14214

Phone: 716-836-0822

WNYIL Inc. family of agencies is a catalyst for systems and individual change, enhancing the quality of life for people with disabilities while respecting diversity and promoting choice and alternatives for independent living in our societies.

Library Services

National Library Service for the Blind and Physically Handicapped (NLS)

<https://www.loc.gov/nls/>

The Library of Congress

NLS administers a free library program of Braille and recorded materials, which are circulated to eligible borrowers through a network of cooperating libraries such as the New York State Talking Book and Braille Library.

Phone: 202-707-5100

Toll-free: 800-424-8567

TDD: 202-707-0744

Email: General: nls@loc.gov, Reference: nlsref@loc.gov, Music Section: nlsm@loc.gov

The New York State Talking Book and Braille Library (TBBL)

<http://www.nysl.nysed.gov/tbbl/>

Cultural Education Center

222 Madison Ave

Albany, NY 12230-0001

Phone: 518-474-5935

Toll-free: 800-342-3688

Email: tbbl@nysed.gov

The TBBL lends Braille and recorded books and magazine, and the necessary equipment to play recorded books, to residents of the 55 upstate counties of New York State who are unable to read standard printed materials because of a visual or physical disability.

Brooklyn Public Library: Inclusive Services

<https://www.bklynlibrary.org/inclusive-services>

2065 Flatbush Ave.

Brooklyn, NY 11234

Phone: 718-253-4948

TTY: 718-253-5034

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/gol for more info on qualifying and applying.

Southern Tier Paralysis Support Group

Vestal NY 13850

Phone: 607-727-5032

Email: Derek Vladescu at derekvladescu@gmail.com

This support group offers emotional, moral, and social support to those living with paralysis, their families, friends, caregivers, and anyone interested in learning about life with paralysis. Meetings are monthly online or at the local public library.

Protection and Advocacy

Center for Disability Rights

<http://cdrnys.org/>

Rochester Administrative:
497 State Street
Rochester, NY 14608
Phone: 585-546-7510
TTY: 585-546-7512

Disability Rights New York

<http://www.drny.org/>

Phone: (518) 432-7861
TTY: (518) 512-3448
Toll Free: (800) 993-8982
Fax: (578) 427-6561
Email: mail@DRNY.org

725 Broadway Ste 450
Albany, NY 12207

25 Chapel St Ste 1005
Brooklyn, NY 11201

44 Exchange Blvd Ste 110
Rochester, NY 14614

Service Dogs

Canine Companions for Independence

<https://canine.org/>

Northeast Training Center (service area includes New York state)
Miller Family Campus
286 Middle Island Rd.
Medford, NY 11763
Phone: 631-561-0200
Toll-free: 800-572-BARK (2275)

Canine Helpers for the Handicapped, Inc.

www.caninehelpers.org

5699 Ridge Road
Lockport, NY 14094
Phone/TTY: 716-433-4035
Email: chhdogs@aol.com

America's VetDogs: The Veteran's K-9 Corps

<http://www.vetdogs.org/>

371 East Jericho Turnpike

Smithtown, NY 11787-2976
Phone: 631-930-9090
Toll-free: 866-VETDOGS (838-3647)
Email: info@vetdogs.org

America's VetDogs is a not-for-profit organization that serves the needs of disabled veterans by providing different types of service dogs for support.

Sports and Recreation

Achilles International New York Chapter

<http://www.achillesinternational.org/nyc-chapter/>

42 West 38th Street, 4th Floor

New York, NY 10018

Phone: 212-354-0300

Email: cmclaughlin@achillesinternational.org

Achilles International provides athletes with disabilities with a community of support through training and specialized programs designed to bring hope, inspiration and joy.

Disabled Sports USA, click on Chapters

<http://www.disabledsportsusa.org>

Adaptive Sports New England

<http://adaptivesportsne.org/>

89 South St, Suite 603

Boston, MA 02111

Phone: 617-982-2763

Email: joewalsh@adaptivesportsne.org

Adaptive Sports New England is a Massachusetts non-profit organization dedicated to increasing participation in sports among New England youth and young adults who have visual or mobility impairments.

Adaptive Sports Foundation

www.adaptivesportsfoundation.org

100 Silverman Way

PO Box 266

Windham, NY 12496

Phone: 518-734-5070

Email: info@adaptivesportsfoundation.org

Programs offered: ski and snowboard lessons, race training

Summer programs: golf, tennis, biking, camping, fishing, swimming, horseback riding

A.S.P.I.R.E (New York/Long Island)

<http://www.aspirecenterforlearning.com>

63 Old East Neck Road

Melville, Long Island, NY 11747

Phone: 613-923-0923

Email: info@aspirecenterforlearning.com

Programs offered: self-help support groups, track training, sport-specific training, and junior competition training.

Buffalo Sabres Foundation

<https://www.nhl.com/sabres/community/about>

KeyBank Center

One Seymour H. Knox III Plaza

Buffalo, New York 14203

Phone: 716-855-4703

Email: rich.jureller@sabres.com

The Buffalo Sabres Foundation's mission is to identify and support organizations in Western New York which share our core objectives: serving children and military personnel, caring for the sick, assisting physically and mentally challenged athletes, and supporting youth hockey initiatives. By utilizing financial resources and community influence, the Buffalo Sabres Foundation assists these organizations and their beneficiaries in realizing their highest potential and succeeding in their endeavors.

Camp Horseability

<http://horseability.org/>

PO Box 410-1

Old Westbury, NY 11568

Phone: 516-333-6151

Email: info@horseability.org

Camp Horseability is a week-long riding, learning, and fun-filled day camp for individuals with special needs. The camp takes place annually at the end of August (Mon. - Fri.) from 9:00 a.m. to 3:30 p.m. daily.

Camp Huntington

<http://www.camphuntington.com/>

Camper Inquires:

Alex Mellor

56 Bruceville Road

High Falls, NY 12440-5100

Phone: 845-687-7840; 855-707-CAMP (2267)

Email: amellor@camphuntington.com

Serves learning and developmentally disabled ages 7-21 years.

Dave Clark Foundation, Ltd

www.daveclarkfoundation.org

171 East Market Street, Suite 201

Corning, NY 14830

Phone: 607-329-0010, 877-230-4523

Email: info@daveclarkfoundation.org

Offers baseball camps for children with disabilities.

Double H Ranch – Camp Inspiration

<http://www.doublehbranch.org/programs/summer-camp/camp-inspiration/>

97 Hidden Valley Road
Lake Luzerne, NY 12846
Phone: 518-696-5676

In the beginning of June, we host Camp Inspiration a weeklong family program for children (ages 5-21 years old) who are BIPAP or ventilator dependent. Camp Inspiration allows campers to participate in typical summer camp activities including swimming, High Ropes, Arts and Crafts, a horse drawn carriage ride and the chance to participate in a camp dance, talent show and campfire. This program is extremely unique and requires the support of nurses, doctors and respiratory therapists many from Albany Medical Center to provide the extensive care our campers require.

GallopNYC

<http://gallopnyc.org/>

88-03 70th Road
Forest Hills, NY 11375
Phone: 855-925-5661

Email: info@gallopnyc.org

GallopNYC brings the proven benefits of therapeutic horsemanship to children and adults with disabilities in NYC. Through weekly riding sessions with PATH-certified instructors, we help riders walk, talk, and learn, encouraging each one to live life as fully, productively, and independently as possible.

High & Mighty Therapeutic Riding and Driving Center

<http://high-n-mighty.org/>

71 County Route, 21C
Ghent, NY 12075
Phone: 518-672-4202

Email: info@high-n-mighty.org

High & Mighty is a therapeutic riding and driving farm for children and adults with special needs.

Infinity Dance Theater Company Ltd.

<http://www.infinitydance.com/mission.html>

220 West 93rd Street
New York, NY 10025
Phone: (212) 877-3490

Email: info@infinitydance.com

Infinity Dance Theater is a non-traditional dance company committed to expanding the boundaries of dance by featuring dancers with and without disabilities.

International Paper John Dillon Park

<https://www.paulsmiths.edu/johndillonpark/>

2150 Tupper Rd.
Long Lake, NY 12847
Phone: 518-524-6226

Email: dillonpark@paulsmiths.edu

Paul Smith College and International Paper have created International Paper-John Dillon Park. The park is an accessible wilderness facility located in the beautiful Adirondacks of northern New York. They provide fully accessible trails, lean-tos and other services to accommodate all types of disabilities. Their camping experience is designed for people with disabilities.

Lounsbury Adaptive Ski Program

<http://www.lounsburyadaptive.org/>

PO Box 340

Ellicottville, NY 14731

Contact Person: Mary Ellen Racich

Phone: 440-782-3100

Email: laspski@hotmail.com

Programs offered: winter program only! Ski lessons by appointment, offered daily

Move Along Inc.

<http://movealonginc.org/>

PO Box 83

Baldwinsville, NY 13027

New York State Department of Environmental Conservation

<http://www.dec.ny.gov/outdoor/34035.html>

List of Accessible Outdoor Recreation

Outdoors Unlimited

<http://www.nyoutdoorsunlimited.com/>

1126 Ridge Rd

Ontario, NY 14519

gbolender@nyoutdoorsunlimited.com

Hunting for people with disabilities.

Rochester Accessible Adventures

www.rochesteraccessibleadventures.org

2165 Brighton Henrietta Townline Rd.

Rochester, NY 14623

Phone: 585-491-6011

Email: RAA@rochesteraccessibleadventures.org

RAA's DirectConnect services match people to inclusive opportunities across the western NY region including kayaking, cycling, mountain biking, fencing, pickleball, birding, tennis, basketball, sled hockey, and community centers and libraries. Their Inclusion Partnerships work directly with places of recreation, sports, and tourism to transform them into inclusively operating businesses so that everyone can participate, including individuals with disabilities.

Row New York

www.rownewyork.org

World's Fair Boathouse

30 Meadow Lake Trail
Flushing, NY 11367
Phone: 718-433-3075
Offers adaptive rowing in Queens.

Saratoga Rowing Association

<http://www.saratogarowing.com/>

543 Union Ave,
Saratoga Springs, NY 12866
Phone: 518-587-6697

Email: info@saratogarowing.com

The Saratoga Rowing Association provides education, training and participation in the sport of rowing and developed many programs that offer great opportunities to the entire community.

Skating Athletes Bold At Heart (SABAH)

<http://www.sabahinc.org/>

2607 Niagara Street
Buffalo, NY 14207
Phone: 716-362-9600

Email: sabah@sabahinc.org

For more than 22 years, SABAH has taught Western New Yorkers who have physical, cognitive, or emotional challenges to ice skate. SABAH provides weekly adaptive ice skating lesson, adaptive ice skating equipment, intense volunteer support, and the opportunity to perform in an annual skating spectacular.

Stay Focused, Inc

245 East 44th Street, Suite 22B
New York, New York 10017
Phone: 917-332 – 0014

Email: info@stay-focused.org

Stay-Focused offers a unique, transformational learning experience to teens and young adults with disabilities. Through a SCUBA diving certification program, participants gain confidence, develop leadership skills, and become more independent. Participants learn to challenge themselves, become more aware of their abilities, set higher goals, and form long-term friendships. Stay-Focused is committed to supporting medical research that explores the beneficial aspects of diving on persons with mobility challenges.

Steffi Nossen Dance Foundation adaptive Dance Programs

<http://www.steffinossen.org/outreach/>

216 Central Avenue
White Plains, NY 10606
Phone: 914-328-1900

Email: shelley@steffinossen.org

The Steffi Nossen School of Dance (SNSD) is a supportive, inclusive dance community committed to sharing the arts with residents throughout Westchester County and beyond.

They believe dance is a unique form of education, developing the body, mind, spirit and character.

STRIDE (Sports and Therapeutic Recreation Instruction/Developmental Education)

www.stride.org

4482 NY Highway 150

West Sand Lake, NY 12196

Contact Person: Mary Ellen Whitney, CEO

Phone: 518-598-1279

Email: info@stride.org

Programs offered: skiing, sailing, camping, Little League, bowling, swimming, snowboarding, snowshoeing/hiking, white water rafting. Some of their winter programs are in Massachusetts

Warriors on Wheels

http://www.profilesinpurpose.com/warriors_on_wheels/index.html

PO Box 5427

230 Green St., 4th Floor

Albany, NY 12202

Contact Person: Ned Norton

Phone: 518-506-1011

Email: warriorsonwheels@yahoo.com

Programs offered: strength training for individuals with disabilities, emphasis on weight training, and junior programs for youth.

WAVES (Wheelchairs and Veterans Enjoying Summer) Inc.

<http://www.kipsboat.org/index.html>

754 Shore Walk

Lindenhurst, NY 11757

Phone: 631-957-1838

A non-profit organization that offers children, adults and veterans with disabilities fishing and boating for free.

World T.E.A.M. Sports

<http://worldteamsports.org/>

4250 Veterans Memorial Hwy, Ste. 420 E

Holbrook, NY 11741-4020

Phone: 855- 987-8326

World T.E.A.M. Sports is a 501(c)(3) not-for-profit organization chartered in North Carolina and headquartered in Holbrook, New York. Since 1987, World T.E.A.M. Sports has organized athletic events for disabled and able bodied citizens – mountain climbing, white water rafting, bicycling, and more. We change lives through sports.

United Way Offices

Enter your postal code for a **United Way** Office in your area.

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

<http://www.unitedway.org/>

Veterans Benefits

US Department of Veterans Affairs VA Hospital Locator

www1.va.gov/directory/guide/home.asp?isFlash=1

Veteran Benefits Administration

<http://www.benefits.va.gov/Bufalo>

Buffalo Regional Office

130 S. Elmwood Ave.

Buffalo, NY 14202

Phone: 800-827-1000 (C & P Benefits)

Education Benefits: 888-442-4551

Serves Counties not served by the New York, NY Regional Office

Veterans Benefits

New York Regional Office

245 West Houston Street

New York, NY 10014

Phone: 800-827-1000

C & P Benefits, Loan Guaranty, VR & E: 212-807-7229

Serves the Counties of: Albany, Bronx, Clinton, Columbia, Delaware, Dutchess, Essex, Franklin, Fulton, Greene, Hamilton, Kings, Montgomery, Nassau, New York, Orange, Otsego Putnam, Queens, Rensselaer, Richmond, Rockland, Saratoga, Schenectady, Schoharie, Suffolk, Sullivan, Ulster, Warren, Washington, and Westchester.

PVA Offices

<http://www.pva.org>

The closest Paralyzed Veterans of America Offices to the State of New York:

New England PVA Chapter

www.nepva.org

1208 VFW Parkway

Suite 301

West Roxbury, MA 02132

Phone: 617-942-8678; 800-660-1181 (toll-free)

Email: info@nepva.org

Keystone PVA

www.kpva.org

1113 Main St.

Pittsburgh, PA 15215-2407

Phone: 412-781-2474, 800-775-9323
Email: keystonePVA@comcast.net

ALS

The ALS Association National Office

<http://www.alsa.org>

1300 Wilson Boulevard - Suite 600
Arlington, VA 22209
Phone: 800-782-4747

Chapters

Greater New York Chapter

www.als-ny.org

42 Broadway, Ste. 1724
New York, NY 10004
Phone: 212-619-1400
Email: als@als-ny.org

Upstate New York Chapter

http://webuny.alsa.org/site/PageServer?pagename=UNY_homepage

135 Old Cove Road, Suite 213
Liverpool, NY 13090
Phone: 315-413-0121; 866-499-7257
Email: info@alsupstateny.org

Clinics

ALS program at Hospital for Special Surgery

525 East 71st St.
New York, NY 10021
Phone: 646-714-6135

Stony Brook University Hospital

ALS Center
179 Belle Meade Road, Suite 3
East Setauket, NY 11733
Phone: 631-444-4623

Centers

The ALS Center Beth Israel Medical Center

http://www.als-ny.com/index.php?page=for_patients&sub=beth_israel

Stephen Scelsa, MD
10 Union Square East
New York, NY 10003
Phone: 212-844-6188

Muscular Dystrophy Association's ALS Research Centers:

The Eleanor and Lou Gehrig at Columbia University

www.columbiaALS.org

MDA/ALS Research Center Department of Neurology

710 West 168th St.

New York, NY 10032-3784

Phone: 212-305-6939

E-mail: alscenter@columbia.edu or lgoldsmith@neuro.columbia.edu

MDA/ALS Center at Mount Sinai Hospital and Medical Center

<http://www.mountsinai.org>

1 Gustave L. Levy Place

New York, NY 10029-6574

Phone: 212-241-6500

MDA/ALS Center at the University of Rochester Medical Center

<https://www.urmc.rochester.edu/neurology/clinical-services/als.aspx>

Neurology Outpatient Clinic

Strong Memorial Hospital, 1st Floor, AC-1

601 Elmwood Avenue, Box 673

Rochester, NY 14642

Phone: 585-275-1200; 585-275-2559

E-mail: Charles.Thornton@urmc.rochester.edu

MDA/ALS Center at SUNY Upstate Medical University

Upstate Healthcare Center, 4th Floor

90 Presidential Plaza,

Syracuse, NY 13202

Phone: 315-464-4243

E-mail: shefnerj@upstate.edu

Brain Injury

Brain Injury Association of New York

www.bianys.org

10 Colvin Avenue

Albany, NY 12206

Phone: 518-459-7911; 800-228-8201

Email: info@bianys.org

President: Barry Dain

Cerebral Palsy

United Cerebral Palsy (UCP)

www.ucp.org

New York Affiliates:

Center for the Disabled

<http://www.cfdsny.org>

314 South Manning Blvd

Albany, NY 12208

Phone: 518-437-5700

UCP of Long Island

<https://www.ucp-li.org/>

250 Marcus Blvd

Hauppauge, NY 11788

Phone: 631-232-0011

Email: info@ucp-li.org

UCP of Nassau County

<http://www.ucpn.org/>

380 Washington Avenue

Roosevelt, NY 11575-1899

Phone: 516-378-2000

Email: info@ucpn.org

ADAPT Community Network (formerly United Cerebral Palsy of New York City)

<https://adaptcommunitynetwork.org/>

Administrative Offices:

80 Maiden Lane

8th Floor

New York, NY 10038

Phone: 212-683-6700

Email: info@adaptcommunitynetwork.org

Cerebral Palsy of Westchester

<http://www.cpwestchester.org/>

1186 King St

Rye Brook, NY 10573

Phone: 914-937-3800

CPW is a leading provider of extensive disabilities related services and programs tailored for most individuals with a variety of conditions. Focusing on personal success, community inclusion and the development of everyone's interests.

Friedreich's Ataxia**National Ataxia Foundation (NAF) National Office**

600 Hwy 169 S, Ste 1725

Minneapolis, MN 55426

Phone: 763-553-0020

Please call them for local info.

Guillain-Barré Syndrome / CIDP

Guillain-Barré Syndrome / CIDP Foundation International

<http://gbs-cidp.org/>

375 E. Elm St.

Conshohocken, PA 19428

Phone: 610-667-0131; 866-224-3301 (toll-free)

Please call them for information in your area

Multiple Sclerosis

The National Multiple Sclerosis Society

www.nationalmssociety.org

Phone: 800-344-4867

National MS Society Greater New York City - Long Island Chapter

<https://www.nationalmssociety.org/Chapters/NYN>

733 Third Avenue, 3rd Floor

New York, NY 10017

Phone: 800-344-4867

National MS Society Upstate New York Chapter

<https://www.nationalmssociety.org/Chapters/NYR>

1000 Elmwood Avenue, Suite 900

Rochester, NY 14620

Phone: 800-344-4867

Multiple Sclerosis Association of America (MSAA) Northeast Regional Offices

<https://mymsaa.org/>

375 Kings Highway North

Cherry Hill, NJ 08034

Toll-free: 800-532-7667 ext. 144

Phone: 856-488-4500

Email: northeast@mymsaa.org

MSAA Support Groups

Carmel

Putnam Independent Living Center

1961 Route 6, 2nd Floor

Joanne O'Neil

854-225-9818

Third Thursday 10am-12

New York City

New York City Library

New York City

Suzanne Brix

845-634-9064
Second Thursday 10:30 am

Seaford

Community Room
Salisbury Park Drive
Anne Mennella
516-679-8298
Third Wednesday 7pm

Valley Stream

Hendrickson Park
Valley Stream Recreation Center
Valley Stream
Tracy Ofri
516-791-7440
First and Third Tuesday 7:30pm

Muscular Dystrophy

Muscular Dystrophy Association – USA

<https://www.mda.org/>

National Headquarters
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717

Enter your zip code in the “Find your local MDA” section to find the clinics that treat MD in your area

Post-Polio Syndrome

Post-Polio Health International (PHI)

<http://www.post-polio.org>

50 Crestwood Executive Center #440
Saint Louis, MO 63126-1916
Phone: 314-534-0475

Email: info@post-polio.org

<http://www.post-polio.org/net/poldir.pdf>

Directory lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

Spina Bifida Association of America

<http://www.spinabifidaassociation.org>

1600 Wilson Blvd, Suite 800
Arlington, VA 22209
Phone: 800-621-3141

Email: mnethercutt@sbaa.org

Please contact them for info in your area

Clinics

NYU Hospital for Joint Diseases

Pediatric Orthopedic Service
301 East 17th Street
New York, NY 10003
Phone: 212-598-6000

Columbia University Medical Center

New York Presbyterian Medical Center
Neurologic Institute
710 West 168th
New York, NY 10032
Phone: 212-305-1879

Strong Memorial Hospital

Andrew J. Kirch Developmental Services Center
601 Elmwood Avenue, Box 671
Rochester, NY 14642
Phone: 585-275-2100

SUNY Upstate Medical University Hospital (pediatric only)

Spina Bifida Clinic
Physician's Office Building
725 Irving Ave., suite 112
Syracuse, NY 13210
Phone: 315-464-6395

Helen Hayes Hospital (adult only)

Spinal Cord Clinic
RT 9 West
West Haverstraw, NY 10993
Phone: 845-786-4535; 888-70-REHAB
TTY: 845-947-3187

Spinal Cord Injury

Motion Project Foundation

www.motionprojectny.org

Natalie Barnhard Center for SCI Rehabilitation and Recovery
4820 Genesee St.
Cheektowaga NY 14225

Motion Project Foundation, formerly Wheels with Wings Foundation, funds Quality of Life Grants for residences of the 17 counties that comprise the Western New York Region of New York State. <http://www.westernny.com/regions.html> The grants help qualifying

individuals obtain critical items such as rehabilitation therapy, home and vehicle modifications, and medical equipment.

Mount Sinai Spinal Cord Injury Model System

<http://www.mssm.edu/research/programs/mount-sinai-spinal-cord-injury-model-system/about-us>

Kristjan T. Ragnarsson, MD
Mount Sinai School of Medicine
Department of Rehabilitation Medicine
One Gustave L. Levy Place
New York, NY 10029-6574
Contact: James Cesario
Phone: 212-659-9369
Email: james.cesario@mssm.edu

The Mount Sinai Spinal Cord Injury (MS-SCI) Program is one of the U.S. Department of Health and Human Services National Institute on Disability, Independent Living, and Rehabilitation Research (<http://www.msktc.org/sci/model-system-centers>) 14 Model Systems of care for persons with spinal cord injury (SCI).

New York City Chapter of United Spinal Association

www.nycspinalcord.org

P.O. Box 286444
Yorkville Station
New York, NY 10128-0014
Phone: 1-866-NYC-SCIA (692-7242)

Regional Support Group

Spinal Tumor Support Group
Upper West Side, NYC
Every Friday 1:20-2:50 pm
Deborah Lamberti, A.C.S.W.
Phone: 212-243-2299

Rochester Spinal Association

<https://www.rochesterspinalassociation.org/>

P.O. Box 664
Rochester, NY, 14642
Phone: 585-234-3269
Email: rsa@rochefsterspinalassociation.org

Stroke

American Stroke Association

<https://www.stroke.org/>

Phone: 1-888-478-7653

Call them for the stroke support group in your area or visit the above website and search for a support group with your zip code.

Saint Vincent's Aphasia Support Group (NYC)

Phone: 347-992-6171

One Saturday per month 10 – 11:00 am Conversation

11:00am – 1:00 pm Small Groups

1:00pm – 2:00pm Support Group

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project

www.asap.org

PO Box 1586

Longview, TX 75606-1586

Phone: 903-236-7079, 800-ASAP-282

Email: info@ASAP.org

Please contact them for local chapters and support groups.

Bobby Jones Chiari & Syringomyelia Foundation

<https://bobbyjonescsf.org/>

Staten Island, NY

Phone: 718-966-2593

Transverse Myelitis

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)

www.wearesrna.org

1787 Sutter Parkway

Powell, OH 43065-8806

Phone: 855-380-3330

Please contact them for local support in your area.

General Disability Resources

New York Yellow Pages for Kids with Disabilities

<http://www.yellowpagesforkids.com/help/ny.htm>

Accessibility Accelerator (formerly known as Friends of Access Israel)

<https://accessibilityaccelerator.org/>

1617 Third Ave.

New York, NY 10128

Phone: 833-324-7718

Email: info@accessibilityaccelerator.org

Accessibility Accelerator assists people with disabilities through its support of universal design, accessible travel and advancing technology.

Accessible NYC

www.nycgo.com/accessibility

Accessible NYC is your guide to experiencing the richness of the City's offerings, including arts, entertainment, dining, museums and galleries, family attractions, and sports and recreation.

AHRC New York City Foundation

<http://www.ahrcnycfoundation.org/special-needs-trusts/>

83 Maiden Lane

New York, NY 10038

Phone: 212-780-2690

Offers two special needs trusts.

Association of People Supporting Employment First – NY State Chapter

www.apse.org

<https://apse.org/chapter/new-york/>

Axis Project

<http://wheelingforward.org>

www.axisproject.org

4224 Church Ave.

Brooklyn NY 11203

Phone: 646-450-0077 (Manhattan)

Phone: 646-844-2947 (Brooklyn)

Email: info@axisproject.org

Email: info@wheelingforward.org

The center provides spinal mobility exercise classes, assistive technology computing lab and an advocacy desk for people with questions about employment, benefits and more. The Axis Project is part of Wheeling Forward and Wheels of Progress organizations.

The Center for Discovery

<http://www.thecenterfordiscovery.org/>

PO Box 840

Harris, NY 12742

Phone: 845-794-1400

A private residential, clinical and day school for children and adults with significant developmental disabilities and medical frailties. Located 90 miles northwest of NYC.

211 Long Island

<https://www.211li.org/>

Phone: 888-774-7633 (toll-free outside Nassau and Suffolk Counties)

Dial 2-1-1

An Information and Referral resource for all Long Islanders.

Disabled in Action of Metropolitan New York

<http://www.disabledinaction.org>

PO 30954

New York, NY 10011-0109

Phone: 718-261-3737

A civil rights organization committed to ending discrimination against people with disabilities.

Finger Lakes Independence Center

<http://www.fliconline.org/>

215 Fifth Street

Ithaca, NY 14850

Phone: 607-272-2433

Email: contact@fliconline.org

Provides many services and educational programs such as peer counseling, library and loan closet, independent living skills, support groups and more.

INCLUDEnyc

<http://www.includenyc.org/>

116 E. 16th St., 5th Floor

New York, NY 10003

Phone: 212-677-4650

Email: info@INCLUDEnyc.org

A non-profit organization that provides information and referral, case management, advocacy, training, and library services in NYC.

Museum of DisABILITY History

www.museumofdisability.org

3826 Main Street

Buffalo, NY 14226

Phone: 716-629-3626

New Alternatives for Children

<http://nackidscan.org/home/index.php>

37 West 26th Street

New York, NY 10010

Phone: 212-696-1550

Email: info@NacKidsCan.org

New Alternatives for Children (NAC) is a not-for-profit health and social services agency whose exclusive mission is to serve children with medical disabilities and/or chronic illnesses and their families. They provide comprehensive health and social services to support family preservation, reunification, or adoption.

N.Y. Able News

www.ablenews.com

PO Box 395

Old Beth Page, NY 11804

Phone: 516-939-2253

Able Newspaper has both New York City and Long Island versions. It is a monthly online newspaper devoted to disability news and advocacy.

New York chapter of the American Physical Therapy Association

<http://www.nypta.org/>
971 Albany Shaker Rd
Latham, NY 12110
Phone: 518-459-4499
Email: kgarceau@nypta.org

New York State Occupational Therapy Association

www.nysota.org
PO Box 533
Chester, NY 10918
Phone: 518-301-9187

Open Doors

<https://www.opendoorsnyc.org/>

Open Doors supports the creativity and leadership of black and brown people who use wheelchairs and inspires action for safer, more just communities. Open Doors is a network of activists and artists motivated by gun violence prevention, community building, and disability rights.

Self-Advocacy Association of New York State

<https://sanys.org/>
500 Balltown Rd., Bldg. 12
Schenectady, NY 12304
Phone: 518-382-1454

The Self-Advocacy Association of New York State, Inc., is an organization founded by and led by people with developmental disabilities for people with developmental disabilities.

St. Mary's Healthcare System for Children

<http://www.StMarysKids.org>
29-01 216th St.
Bayside, NY 11360
Toll-free: 888-KIDS.NYS
Phone: 718-281-3653

St. Mary's provides specialized care, intensive rehabilitation and education to children. Offers a pediatric day healthcare program as well as weekend and summer programs to help manage a child's medical condition. They were New York City's first certified Pediatric Traumatic Brain Injury and NeuroRehabilitation Program for children.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400, 800-THINK56
Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who

have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

Wheeling Forward

www.wheelingforward.org

Phone: 646-450-0077

E-mail: info@wheelingforward.org

Wheeling Forward provides guidance and resources to disabled individuals for the purpose of achieving goals today rather than tomorrow, with a focus on educational attainment, employment procurement, health and wellness, community integration, housing acquisition, and personal fulfillment.

Wheels of Progress

<https://www.wheelsofprogress.org/>

64 East 111th Street, Suite 907

New York, NY 10029

Phone: 347-645-3265

Email: info@wheelsofprogress.org

Wheels of Progress’s mission is create affordable, accessible supportive housing and provide transformative environments, education, and experiences for people living with a spinal cord injury or other physical disabilities.

Videos

Our Garden Club: The Child’s Place for Children with Special Needs. Brooklyn, NY: Brooklyn Public Library, 2002. 22 minutes VHS

The Brooklyn Public Library has various programs for people with disabilities, the garden program is one of them.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$10,000,000 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.