



# Oklahoma Disability Resources

## Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

## Aging Resources

### Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>

<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling

and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

### **Oklahoma Department of Aging**

[www.okdhs.org/](http://www.okdhs.org/)

2400 N Lincoln Boulevard  
Oklahoma City, OK 73105  
Phone: 405-521-2281

### **Oklahoma Association of Area Agencies on Aging (O4A)**

<http://www.o4aoklahoma.org/>

Phone: 580-562-4882

### **National Center on Elder Abuse (NCEA)**

<https://ncea.acl.gov/>

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

## **Assistive Technology**

### **Oklahoma ABLE Tech**

<https://www.okabletech.org/>

Oklahoma State University  
Seretean Wellness Center  
1514 W. Hall of Fame  
Stillwater, OK 74078-2026  
Phone: 405-744-9748  
Toll-free: 888-885-5588

Our mission is to improve access to and acquisition of assistive technology for individuals with disabilities of all ages.

### **Southwest ADA Center (covers Oklahoma)**

<http://www.southwestada.org/>

TIRR Memorial Hermann-ILRU  
1333 Moursund  
Houston, TX 77030  
Toll Free: 800-949-4232

Phone/TTY: 713-520-0232

## Caregivers Information

### Caregiver.com

<https://caregiver.com/>

3920 Riverland Road

Fort Lauderdale, FL 33312

Tel: (954) 893-0550

1-800-829-2734

Email: [info@caregiver.com](mailto:info@caregiver.com)

## Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to [www.ChristopherReeve.org/NRN](http://www.ChristopherReeve.org/NRN).

## Community Health Centers

### Oklahoma Primary Care Association

[www.okpca.org](http://www.okpca.org)

6501 Broadway Extension 200

Oklahoma City, OK 73116

Phone: 405-424-2282

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

### Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

## **Crime Victim Assistance**

### **Safe Horizon's Links for General Crime Victim Resources/Issues**

[www.safehorizon.org](http://www.safehorizon.org)

## **Domestic Violence Help**

**National Domestic Violence Hotline:** 1-800-799-SAFE (7233)

**National Resource Center on Domestic Violence:** 800-537-2238

### **Oklahoma Coalition Against Domestic Violence/Assault**

<http://www.ocadvsa.org/>

8524 S. Western, Suite 111

Oklahoma City, OK 73118

Phone: 405-524-0700

Toll-free: 800-522-7233

## **Easter Seals Offices**

### **Easter Seals**

<http://www.easterseals.com>

Click on Connect Locally, click on Oklahoma to see if there are any offices in OK. Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

## **Government Offices for Oklahoma**

### **Oklahoma State Website**

<http://www.ok.gov/>

### **Oklahoma Office of Disability Concerns**

<http://www.odc.ok.gov/>

### **Oklahoma Department of Human Services**

<http://www.okdhs.org/>

2400 N. Lincoln Blvd.

Oklahoma City, OK 73125

Phone: 405-521-3646

### **Oklahoma Department of Rehabilitation Services**

<https://oklahoma.gov/okdrs.html>

3535 NW 58<sup>th</sup> Street, Suite 500

Oklahoma City, OK 73112

### **Oklahoma Dept. of Rehabilitation Services: Oklahoma Disability Resource Guide**

<https://www.okdrs.gov/guide/home>

An online guide offering info on employment, education, assistive technology, financial assistance, housing, transportation, sports and recreation, legal assistance and taxes for people with disabilities.

### **Oklahoma Dept. of Human Services: Medicare**

<http://www.okdhs.org/services/health/Pages/default8.aspx>

Sequoyah Memorial Office Building

PO Box 25352

Oklahoma City, OK 73125

Phone: 405-521-3679

### **Oklahoma Medicaid Office (SoonerCare)**

<http://www.okdhs.org/services/health/Pages/soonerCare.aspx>

4545 N. Lincoln Boulevard, Suite 124

Oklahoma City, OK 73105

Local: 405-522-7300

Toll-Free: 800-522-0310

### **The ADvantage Waiver Program**

<https://oklahoma.gov/ohca/individuals/programs/lts/advantage-waiver-program.html>

The ADvantage waiver program is for the frail elderly and adults with physical disabilities age 21 and over who do not have intellectual disabilities or a cognitive impairment.

### **Oklahoma SCHIP Program (State Children's Health Insurance Program)**

#### **SoonerCare**

<https://www.insurekidsnow.gov/coverage/ok/index.html>

Sequoyah Memorial Office Building

2400 N. Lincoln Blvd.

Oklahoma City, OK 73105

Phone: 405-522-2596

#### **Oklahoma Insurance Commissioner**

<http://www.oid.state.ok.us>

Oklahoma City

5 Corporate Plaza

3625 NW 56<sup>th</sup>, Suite 100

Oklahoma City, OK 73112-4511

Phone: 405-521-2828, 1-800-522-0071

#### **Tulsa**

7645 E. 63<sup>rd</sup> St., Suite 102

Tulsa, OK 74113

Phone: 918-295-3700

### **Oklahoma Workers' Compensation Commission**

<https://www.ok.gov/wcc/>

1915 N Stiles Ave, Ste. 231

Oklahoma City, OK 73105

Phone: 405-522-3222

Toll-free: 855-291-3612

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>

<http://whoismyrepresentative.com/>

### **State LTC Ombudsman**

<https://oklahoma.gov/okdhs/services/cap/ombudsman.html>

Bill Whited

P.O. Box 53159

Oklahoma City, OK 73152

Phone: 405-521-2281

The Ombudsman Program serves residents in Oklahoma's long-term care facilities, including nursing homes, assisted living and similar adult care homes. An ombudsman helps improve the quality of life and the quality of care available to long-term care facility residents.

## **Housing**

### **Housing and Urban Development (HUD)**

[www.hud.gov](http://www.hud.gov)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here: [https://www.hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts) and choose your state from the drop down box.

### **211**

[www.211.org](http://www.211.org)

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

## Independent Living

### **ILRU: State Independent Living Councils (SILCs)**

#### **Oklahoma Independent Living Council**

<http://www.ilru.org/projects/silc-net/silc-directory>

<http://www.okdrs.org/guide/statewide-independent-living-council-oklahoma-silc>

3535 NW 58<sup>th</sup> St., Suite 480

Oklahoma City, OK 73112

Phone: 405-951-3581

Email: [smadden@oksilc.org](mailto:smadden@oksilc.org)

<http://www.ilru.org>

**Independent Living Research Utilization's** directory of Independent Living Centers

### **National Council on Independent Living (NCIL)**

<http://www.ncil.org>

2013 H St. NW, 6<sup>th</sup> Floor

Washington, DC 20006

Phone: 202-207-0334

Toll-free: 844-778-7961

Email: [ncil@ncil.org](mailto:ncil@ncil.org)

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

## Library Services

### **Oklahoma Library for the Blind and Physically Handicapped**

<http://www.library.state.ok.us/>

300 Northeast 18th Street

Oklahoma City, OK 73105

Librarian: Paul Adams

Phone: 405-521-3514

Toll-free (In-state): 1-800-523-0288

TDD: 405-521-4672

### **NeuroRecovery Network (NRN)**

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to [www.ChristopherReeve.org/NRN](http://www.ChristopherReeve.org/NRN).

## Peer Support Programs

### **Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)**

[www.ChristopherReeve.org/Peer](http://www.ChristopherReeve.org/Peer)

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: [Peer@ChristopherReeve.org](mailto:Peer@ChristopherReeve.org)

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.

## Protection and Advocacy

### **Oklahoma Disability Law Center**

<http://www.okdlc.org>

Oklahoma City Office

Oklahoma Disability Law Center, Inc.

2915 Classen Blvd. 300 Cameron Building

Oklahoma City, OK 73106

Phone: 405-525-7755, 1-800-880-7755

E-Mail: [odlcokc@flash.net](mailto:odlcokc@flash.net)

Tulsa Office

5555 East 71<sup>st</sup> St., Suite 9100

Tulsa, OK 74105

Phone/ TDD: 918-743-6220, 1-800-880-7755

### **Oklahoma Client Assistance Program (CAP)**

<http://www.ok.gov/odc/C.A.P./index.html>

2915 Classen Blvd. 300 Cameron Building,

Oklahoma City, OK 73106

Phone: 405-525-7755

Toll-free: 800-880-7755

Tulsa Office:

2828 East 51 Street, Suite 302

Tulsa, OK 74105

Phone: 918-743-6220



TTD/Toll-free: 800-226-5883

## Service Dogs

### **A New Leash on Life, Inc.**

<http://newleashinc.org/>

3420 N. Porter Ave.

Norman, OK 73071

Phone: 405-604-0519

### **Therapeutics Service Dogs of Oklahoma**

<http://www.therapeutics.org/>

PO Box 471671

Tulsa, OK 74147

Phone: 918-270-4226

Email: [info@therapeutics.org](mailto:info@therapeutics.org)

## Sports and Recreation

### **American Therapeutic Riding Center (ATRC)**

[www.atrcok.org](http://www.atrcok.org)

395 N 177<sup>th</sup> W Avenue/ PO Box 880

Sand Springs, OK 74063

Phone: 918-246-9450

Email: [deniseatrc@gmail.com](mailto:deniseatrc@gmail.com)

ATRC provides therapeutic riding to individuals with special needs. They are a non-profit organization and a PATH Center Member servicing eight counties in Oklahoma.

### **The Center for Individuals with Physical Challenges**

[www.tulsacenter.org](http://www.tulsacenter.org)

815 South Utica Ave

Tulsa, OK 74104

Phone: 918-584-8607

Email: [info@tulsacenter.org](mailto:info@tulsacenter.org)

The Center offers programs and activities for health, wellness, fitness, recreation/leisure and adaptive sports.

### **Riversport**

<http://www.riversportokc.org/riversport-programs/adaptive-rowing/>

800 Riversport Dr.

Oklahoma City, OK 73129

Phone: 405-552-4040

An adaptive kayaking and rowing program is offered through a partnership with INTEGRIS Jim Thorpe Rehabilitation.

### **Oklahoma Adaptive Sports Association**

<http://www.okasa.org/>

PO Box 20425

Oklahoma City, OK 73156

Phone: 405-553-1377

Provides recreation and competition opportunities to people with physical disabilities.

### **Southwest Wheelchair Athletic Association (SWAA)**

<http://www.swaasports.org/>

PO Box 1389

Hurst, TX 76053

Email: [swaa.wsusa@gmail.com](mailto:swaa.wsusa@gmail.com)

SWAA is the regional organization for Wheelchair & Ambulatory Sports USA. The regional area includes Arkansas, Louisiana, Oklahoma & Texas. They are a non-profit 501c3 organization that provides sport competition for those individuals with a physical disability.

### **University of Central Oklahoma: Endeavor Games**

<https://www.endeavorgames.org/>

Department of Wellness and Sport

100 N. University Drive, Box 99

Edmond, OK 73034

Phone: 405-974-3411

Email: [cwalker68@uco.edu](mailto:cwalker68@uco.edu)

The UCO Endeavor Games is a nationally recognized competition that allows all athletes with physical disabilities to participate in a multi-sport event.

## **United Way Offices**

### **United Way**

<http://unitedway.org>

Enter postal code for a United Way office in your area

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

## **Veteran Benefits**

### **US Department of Veterans Affairs VA Hospital Locator: Oklahoma**

<https://www.va.gov/directory/guide/state.asp?STATE=OK&dnum=ALL>

### **Jack C. Montgomery VA Medical Center AKA Eastern Oklahoma VA Health Care System**

<https://www.muskogee.va.gov/>

1011 Honor Heights Drive

Muskogee, OK 74401

Phone: 918-577-3000

### **Oklahoma City VA Medical Center**

<https://www.oklahoma.va.gov/>

921 N.E. 13th Street

Oklahoma City, OK 73104  
Phone: 405-456-1000

**Oklahoma Chapter Paralyzed Veterans of America Offices:**

[www.pva.org](http://www.pva.org)

Mid-America Chapter  
6108 NW 63<sup>rd</sup> Street Suite A  
Oklahoma City, OK 73132  
Phone: 405-721-7168, 1-800-321-5041  
Email: [mapva@sbcglobal.net](mailto:mapva@sbcglobal.net)

**ALS**

**The ALS Association National Office**

<http://www.alsa.org/>

1275 K Street NW, Suite 250  
Washington, DC 20005  
Phone: 202- 407-8580  
There is no Oklahoma chapter at this time.

**Brain Injury**

**Brain Injury Association of Oklahoma**

<http://www.braininjuryoklahoma.org/>

3015 E. Skelly Dr.  
Tulsa, OK 74105  
Tulsa area: 918-789-0406  
Oklahoma City area: 405-928-1647

The Brain Injury Association of Oklahoma (BIA-OK) is Oklahoma's foremost advocacy organization for survivors of brain injury. As a non-profit organization, they strive to educate survivors, family members, professionals, and the public about all matters related to brain injury.

**Cerebral Palsy**

**United Cerebral Palsy National Office**

<http://www.ucp.org/>

1825 K St, NW, Suite 600  
Washington, DC 20006  
Phone: 202-776-0406, 800-872-5827  
Email: [national@ucp.org](mailto:national@ucp.org)

**Ability Connection Oklahoma**

<http://abilityconnectionoklahoma.org/>

10320 S. Penn, Ste. 204  
Oklahoma City, OK 73159  
Phone: 405-759-3562

## **Friedreich's Ataxia**

### **National Ataxia Foundation (NAF) National Office**

<http://www.ataxia.org/>

600 Hwy 169 S, Ste 1725

Minneapolis, MN 55426

Phone: 763-553-0020

Please call them for info in your area

## **Guillain-Barré Syndrome / CIDP**

### **Guillain-Barré Syndrome / CIDP Foundation International**

<http://gbs-cidp.org/>

375 East Elm St.

Conshohocken, PA 19428

Phone: 610-667-0131

Toll-free: 866-224-3301

Call for information in your area

## **Multiple Sclerosis**

### **National Multiple Sclerosis Society**

<http://www.nationalmssociety.org/>

800-FIGHT-MS

### **Oklahoma State Chapter of NMSS**

<http://www.nationalmssociety.org/Chapters/OKE>

1050 N. Post Oak Road

Ste. 240

Houston, TX 77055

Phone: 800-344-4867

### **Multiple Sclerosis Association of America: South-Central Regional Office**

<http://mymsaa.org/about-msaa/regional/#South-Central>

14902 Preston Rd., Suite 404-345

Suite 138, Box 320

Dallas, TX 75254

Toll-free: 800-532-7667, ext. 137

E-mail: [southcentral@mymsaa.org](mailto:southcentral@mymsaa.org)

Covers Oklahoma

### **MSAA Support Groups Info**

<http://mymsaa.org/msaa-help/support-groups>

## **Muscular Dystrophy**

### **Muscular Dystrophy Association – USA**

<https://www.mda.org/>

National Office  
161 N. Clark, Suite 3550  
Chicago, IL 60601  
Phone: 800-572-1717  
Email: [ResourceCenter@mdausa.org](mailto:ResourceCenter@mdausa.org)

**Oklahoma MDA Care Centers**  
Integrus Southwest Medical Center  
4401 S. Western Avenue Suite 5010  
Oklahoma City, OK 73109  
Phone: 405-644-5170

**Neurology LLPC of Tulsa**  
1919 S. Wheeling Avenue Suite 707  
Tulsa, OK 74104  
Phone: 918-747-7517

### **Post-Polio Syndrome**

#### **Post-Polio Health International (PHI)**

<http://www.post-polio.org>  
50 Crestwood Executive Center #440  
Saint Louis, MO 63126-1916  
Phone: 314-534-0475  
Email: [info@post-polio.org](mailto:info@post-polio.org)  
<http://www.post-polio.org/net/PDIR.pdf>  
Directory lists Health Professionals, Clinics, and Support Groups by state.

### **Spina Bifida**

**Spina Bifida Association**  
<http://www.spinabifidaassociation.org>  
1600 Wilson Blvd., Suite 800  
Arlington, VA 22209  
Phone: 800-621-3141  
Email: [sbaa@sbaa.org](mailto:sbaa@sbaa.org)  
Please contact them for info in your area

**SBA Oklahoma Clinics**  
<https://www.spinabifidaassociation.org/clinics/>  
Oklahoma University Children's – Pediatric Urology  
1200 N. Children's Ave., Suite 7D  
Oklahoma City, OK 73104  
Phone: 405-271-3800

### **Spinal Cord Injury**

**The Sterling Thomas Push Push Pray Foundation**  
[www.pushpushpray.org](http://www.pushpushpray.org)

9524 E. 81<sup>st</sup> Street, Suite B1617

Tulsa, OK 74133

Phone: 918-250-3709

Email: [info@pushpushpray.org](mailto:info@pushpushpray.org)

Sterling Thomas Push Push Pray is a 501 (c)(3) foundation with the mission to inspire hope, empower and enrich the quality of life of individuals living with spinal cord injury. They help survivors with responding to and overcoming the many challenges of facing disability providing the knowledge and tools needed to move forward, thrive and adapt to a changed way of life. Their focus is on promoting: Hope, Dignity, Support, Navigation, Education, Quality of Life, Physical Activity, Mobility, Accessibility and Inclusion. They provide small item grants (\$2,000 or less) that promote self-sufficiency, quality of life, recreation and exercise/physical activity.

## **Stroke**

### **American Stroke Association**

<https://www.stroke.org/>

National Center

7272 Greenville Avenue

Dallas, TX 75231

Phone: 1-888-478-7653

Please contact them for the stroke support group in your area.

## **Syringomyelia/Chiari Malformation**

### **American Syringomyelia & Chiari Alliance Project**

[www.asap.org](http://www.asap.org)

PO Box 1586

Longview, TX 75606-1586

Phone: 903-236-7079, 800-ASAP-282

Email: [info@ASAP.org](mailto:info@ASAP.org)

Please contact them for local information.

## **Transverse Myelitis**

### **Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)**

[www.wearesrna.org](http://www.wearesrna.org)

1787 Sutter Parkway

Powell, OH 43065-8806

Phone: 855-380-3330

Please contact them for info in your area.

## **General Disability Resources**

### **Improving Lives, Inc.**

[www.improvinglivesnow.org](http://www.improvinglivesnow.org)

6216 S. Lewis Ave., Suite 102

Tulsa, OK 74136

Phone: 918-895-0869

Email: [info@ImprovingLivesNow.org](mailto:info@ImprovingLivesNow.org)

Improving Lives provides outpatient counseling or case management reimbursement to clinicians for people who cannot afford services due to being uninsured or under-insured. Improving Lives, Inc. offers reimbursement to up to six visits with a clinician or a combination of therapy and case management or other adjunctive services. Improving Lives, Inc. is in the community developing relationships and educating about the disparity in access to mental health care.

### **Yellow Pages for Kids with Disabilities: Oklahoma**

<http://www.yellowpagesforkids.com/help/ok.htm>

### **Oklahoma chapter of the American Occupational Therapy Association**

<http://www.okota.org>

Email: [okotapresident@gmail.com](mailto:okotapresident@gmail.com)

### **Oklahoma chapter of the American Physical Therapy Association**

[www.okpt.org](http://www.okpt.org)

PO Box 5354

Edmond, OK 73083

Phone: 405-562-1280

### **Oklahoma Association of People Supporting Employment First**

[www.apse.org](http://www.apse.org)

<http://www.ok-apse.org/>

<https://www.facebook.com/pages/OK-APSE/124340927584437>

### **The Oklahoma Developmental Disabilities Council**

<http://www.okddc.ok.gov/>

2401 NW 23rd St., Suite 74

Oklahoma City, OK 73107

Phone: 405-521-4984

Toll-free: 800-836-4470

Email: [staff@okddc.ok.gov](mailto:staff@okddc.ok.gov)

### **ThinkFirst National Injury Prevention Foundation**

[www.thinkfirst.org](http://www.thinkfirst.org)

1801 N. Mill Street, Suite F

Naperville, IL 60563

Phone: 630-961-1400, 800-THINK56

Email: [thinkfirst@thinkfirst.org](mailto:thinkfirst@thinkfirst.org)

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence, and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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