

Rhode Island Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

https://www.n4a.org/adrcshttps://www.acl.gov/node/413

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (http://www.hhs.gov/acl/index.html) (including AoA (http://www.aoa.gov/) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (http://www.cms.hhs.gov/). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term

supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral, and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Rhode Island Office of Healthy Aging

https://oha.ri.gov/

25 Howard Ave, Building 57 Cranston. RI 02920

Phone: 401-462-3000 TTY: 401-462-0740

National Center on Elder Abuse (NCEA)

https://ncea.acl.gov/

c/o University of Southern California Keck School of Medicine Department of Family Medicine and Geriatrics 1000 South Fremont Avenue, Unit 22, Building A-6 Alhambra, CA 91803

Phone: 1-855-500-3537

Email: ncea-info@aoa.hhs.gov

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Arts And Creativity

VS Arts Rhode Island Organization

http://www.vsartsri.org/ Phone: 318-634-5413 Email: hi@vsartsri.org

Assistive Technology

Rhode Island's Assistive Technology Access Partnership

http://www.atap.ri.gov/

Office of Rehabilitation Services 40 Fountain Street Providence, RI 02903

Phone: 401-332-9018, 401-421-7005 Email: melanie.sbardella@ors.ri.gov

New England ADA Center (covers Rhode Island)

http://www.newenglandada.org

Adaptive Environments Center, Inc.

180-200 Portland St., Suite 1 Boston, MA 02114

Phone: 617-695-0085 Toll Free: 800-949-4232

Email: adainfo@newenglandada.org

State of Rhode Island—Adaptive Telephone Equipment Loan Program

http://www.atel.ri.gov/

Office of Rehabilitation Services

40 Fountain St.

Providence, RI 02903

Phone: 401-486-3325 Denise Corson, 401-421-7005

Email: denise.corson@ors.ri.gov

The Rhode Island Telephone Equipment Loan Program (ATEL) provides demonstrations, training and long-term loan and device reutilization services of specialized telephone equipment to qualified individuals who are Deaf, Hard of Hearing, have a speech impairment, or who suffer from neuromuscular damage or disease, that hinders them from using a standard telephone. Please see the website for more info on qualifying.

Caregivers Information

Caregiver.com

https://caregiver.com/ 3920 Riverland Road

Fort Lauderdale, FL 33312

Phone: (954) 893-0550, 1-800-829-2734

Email: info@caregiver.com

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.christopherReeve.org/NRN.

Community Health Centers

Rhode Island Health Center Association

www.rihca.org

235 Promenade Street, Suite 455

Providence, RI 02908 Phone: 401-274-1771 Email: info@rihca.org Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center http://findahealthcenter.hrsa.gov/

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Rhode Island Crime Victim Compensation Program

https://cvcapp.treasury.ri.gov/

50 Service Ave Warwick, RI 02886 Phone: 401-462-7655

Safe Horizon's Links for General Crime Victim Resources/Issues

http://www.safehorizon.org

Domestic Violence Help

National Domestic Violence Hotline: 1-800-799-SAFE (7233) or TTY: 1-800-787-3224

National Resource Center on Domestic Violence: 800-537-2238

Statewide Hotline: 1-800-494-8100

Rhode Island Coalition Against Domestic Violence

http://www.ricadv.org/ 422 Post Road Suite 102 Warwick, RI 02888-1539 Phone: 401-467-9940

Toll-free 24-hour line: 800-494-8100

Email: ricadv@ricadv.org

Easter Seals Offices

Easter Seals Office Rhode Island

http://www.easterseals.com/site/PageServer

150 Main Street Pawtucket, RI 02860

Phone: 401-353-0220, 401-284-1000

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Government Offices

Rhode Island State Website

http://www.ri.gov/index.php

Rhode Island Department of Human Services

http://www.dhs.ri.gov/

P.O. Box 8709

Cranston, RI 02920-8787

Phone: 1-855-697-4347, 1-800-745-6575

Rhode Island Commission for Human Rights

http://www.richr.ri.gov/

180 Westminster Street, 3rd Floor

Providence, RI 02903 Phone: 401-222-2661 TTY: 401-222-2664

Email: RICHR.Info@richr.ri.gov

The Commission enforces the Rhode Island antidiscrimination laws in the areas of employment, housing, public accommodations, credit and delivery of services.

http://www.ors.ri.gov/

Office of Rehabilitation Services (Vocational Rehabilitation)

40 Fountain Street Providence, RI 02903 Phone: 401-421-7005 Spanish: 401-462-7791

Rhode Island: Executive Office of Health & Human Services

Medicaid

http://www.eohhs.ri.gov/Consumer/ConsumerInformation/Healthcare/HealthcareOverview.aspx

3 West Road

Cranston, RI 02920 Phone: 401-462-5274

Rhode Island SCHIP Program (Rite Care)

http://www.benefits.gov/benefits/benefit-details/1612

http://www.eohhs.ri.gov/Consumer/FamilieswithChildren/HealthcarePrograms.aspx

401 Wampanoag Trail East Providence, RI 02915 Phone: 401-462-5300

RIte Care is Rhode Island's Medicaid managed care program for families on the RI Works

Program and eligible uninsured pregnant women, children, and parents.

Rhode Island Office of Healthy Aging

http://www.oha.ri.gov/

25 Howard Ave, Building 57

Cranston, RI 02920 Phone: 401-462-3000 TTY: 401-462-0740

Rhode Island Office of the Health Insurance Commissioner

http://www.ohic.ri.gov/

1511 Pontiac Ave Bldg 69, First Floor

Cranston, RI 02920 Phone: 401- 462-9517

Consumer Assistance: 855-747-3224 Email: OHIC.HealthInsIng@ohic.ri.gov

Rhode Island Department of Labor and Training Workers Compensation

http://www.dlt.ri.gov/wc/

1511 Pontiac Avenue Building

Cranston, RI 02920 Phone: 401-462-8100 Spanish: 401-462-8555

Email: dlt.wcclaimsanalyst@dlt.ri.gov

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.house.gov/representatives/find/

http://whoismyrepresentative.com/

State LTC Ombudsman

http://www.oha.ri.gov/what-we-do/protect/ltco/

Office of Healthy Aging 25 Howard Ave, Building 57 Craneton, BL 02020

Cranston, RI 02920 Phone: 401-785-3340 Toll Free: 1-888-351-0808

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Housing and Urban Development (HUD)

www.hud.gov

451 7th Street, S.W. Washington, DC 20410 Phone: 202-708-1112 TTY: 202-708-1455

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211

www.211.org

Email: 211@uww.unitedway.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs) Rhode Island Independent Living Council

http://www.ilru.org/projects/silc-net/silc-directory

http://www.risilc.org/ 41 Cherry Dale Ct.

Cranston, RI 02920 Phone: 401-462-0584

Email: margaret.molloy@oscil.org (Margaret Molloy SILC Chair)

Independent Living Research Utilization's directory of Independent Living Centers http://www.ilru.org

National Council on Independent Living (NCIL)

http://www.ncil.org/ Physical Address: 2013 H St. NW, 6th Floor Washington, DC 20006 Mailing Address: PO Box 31260

Washington, DC 20030 Phone: 202-207-0334 Toll-free: 1-844-778-7961

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

Rhode Island Regional Library: Talking Books Library for the Blind and Print Disabled

https://olis.ri.gov/tbl/

Office of Library and Information Services

One Capitol Hill

Providence, RI 02908

Phone: 401-574-9310, 401-574-9300 Email: Neshmayda.Calderon@olis.ri.gov

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.christopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A Short Hills, NJ 07078

Phone: 800-539-7309

Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program

gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection and Advocacy

Disability Rights Rhode Island

https://drri.org/ 33 Broad Street Suite 601 Providence, RI 02903 Phone: 401-831-3150 Toll-free: 800-733-5332

Email: info@drri.org

Sports And Recreation

Sail to Prevail

https://sailtoprevail.org/

Docks:

60 Fort Adams Drive Fort Adams State Park Newport, RI 02840 Mailing Address: P.O. Box 1264 Newport, RI 02840

Phone: 401-849-8898

Promotes adaptive sailing for those with SCI.

Greater Providence YMCA- Providence Youth Services

https://www.ymcagreaterprovidence.org/

21 Peace St, 6th Floor Providence, RI 02907 Phone: 401-456-0604

The mission of the YMCA of Greater Providence is to build healthy spirit, mind and body for all, through programs, services and relationships that are based upon our core values of caring, honesty, respect and responsibility.

Adaptive Sports New England

http://adaptivesportsne.org/

89 South St, Suite 603 Boston, MA 02111 Phone: 617-690-9103

Email: joe.walsh@adaptivesportsne.org

Adaptive Sports New England is a Massachusetts non-profit organization dedicated to increasing participation in sports among New England youth and young adults who have visual or mobility impairments.

United Way Offices

United Way

www.unitedway.org

Enter postal code for a United Way office in your area

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

National Headquarters

701 North Fairfax Street Alexandria, VA 22314 Phone: 703-836-7112

United Way of Rhode Island

http://www.uwri.org/ Physical Address: 50 Valley Street Providence, RI 02909 Mailing Address: Dept # 111065 PO Box 9718

Providence, RI 02940-9718 Phone: 401-444-0600

Email: info@unitedwayri.org

Veteran Benefits

US Department of Veterans Affairs VA Hospital Locator

https://www.va.gov/find-locations/

Providence VA Medical Center

http://www.providence.va.gov/

830 Chalkstone Avenue Providence. RI 02908-4738

Phone: 401-273-7100

New England Paralyzed Veterans of America Chapter

www.nepva.org

New England PVA Office 1208 VFW Parkway Suite 301 West Roxbury, MA 02132 Phone: 617-942-8678 Toll-free: 800-660-1181

ALS

Rhode Island Chapter of the ALS Association

https://www.als.org/rhode-island 2374 Post Road, Suite 103 Warwick, RI 02886-2270

Phone: 401-732-1609 Email: <u>info@alsari.org</u>

Brain Injury

Brain Injury Association of Rhode Island

https://biari.org/ 1017 Waterman Ave.

East Providence, RI 02914 Phone: 401-228-3319

Email: <u>braininjurycenter@biari.org</u>

Cerebral Palsy

United Cerebral Palsy of Rhode Island

www.ucpri.org

200 Main Street Suite 210 Pawtucket, RI 02860

Phone: 401-728-1800

Friedreich's Ataxia

National Ataxia Foundation (NAF) National Office

http://www.ataxia.org/

Physical Address:

600 Hwy 169 S, Ste 1725 Minneapolis, MN 55426

Mailing Address: PO Box 27986

Golden Valley, MN 55427 Phone: 763-553-0020 Email: naf@ataxia.org

NAF support group:

https://www.facebook.com/groups/1593227784283343/

Rhode Island Ataxia Support Group

Bristol, RI

Phone: 401-297-8627

Email: azevedo70anabela@gmail.com

Guillain-Barré Syndrome

Guillain-Barré Syndrome/CIDP Foundation International

http://gbs-cidp.org/

375 E. Elm St. Suite 101 Conshohocken, PA 19428 Phone: 866-224-3301

Please call for information in your area

Multiple Sclerosis

Greater New England Chapter of National Multiple Sclerosis Society

http://www.nationalmssociety.org/rir

101A 1st Ave

Waltham, MA 02451 Toll-free: 800-344-4867

Multiple Sclerosis Association of America

https://mymsaa.org/

National Headquarters 375 Kings Highway North Cherry Hill, New Jersey 08034

Phone: 800-532-7667

Email: MSquestions@mymsaa.org

MSAA Northeast Regional Office (Includes Rhode Island)

Washington, D.C.

Phone: 800-532-7667 extension 144

Email: northeast@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association

https://www.mda.org/

National Headquarters 161 N. Clark, Suite 3550 Chicago, IL 60601

Phone: 800-572-1717

Email: ResourceCenter@mdausa.org

Enter your postal code in the "Find your local MDA" section of the website for MD clinics

in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)

http://www.post-polio.org

50 Crestwood Executive Center #440

Saint Louis, MO 63126

Phone: 314-534-0475 Email: info@post-polio.org

https://post-polio.org/wp-content/uploads/2021/09/PDIR-2021Hsec.pdf
Directory lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

Spina Bifida Association

http://www.spinabifidaassociation.org

1600 Wilson Blvd, Suite 800

Arlington, VA 22209 Phone: 800-621-3141 Toll Free: 1-800-621-3141 Email: sbaa@sbaa.org

Please contact them for info in your area

Spinal Cord Injury

Rhode Island Discussion Group Meeting

https://www.spinalcord.com/sci-support-groups/rhode-island

Southern New England Rehab Center 3West Outpatient Gym

21 Peace St.

Providence, RI 02907 Phone: 401-456-4177

Support group for individuals with spinal cord injury in Providence, RI. Meetings held the

third Wednesday every other month from 4:30 to 6:00 PM.

Stroke

American Stroke Association

https://www.stroke.org/

National Center 7272 Greenville Avenue Dallas, TX 75231

Phone: 888-478-7653

Please call them for the stroke support group in your area

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project

www.asap.org

PO Box 1586

Longview, TX 75606-1586

Phone: 903-236-7079, 800-272-7282

Email: info@ASAP.org

Please contact them for info in your area.

Transverse Myelitis

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)

www.wearesrna.org

Physical Address: 1787 Sutter Parkway Powell, OH 43065-8806 Mailing Address:

SRNA

PO Box 826962

Philadelphia, PA 19182-6962

Phone: 855-380-3330

Please contact them for info in your area.

General Disability Resources

Rhode Island Yellow Pages for Kids with Disabilities

http://www.yellowpagesforkids.com/help/ri.htm

Rhode Island Developmental Disabilities Council

http://www.riddc.org/

400 Bald Hill Road Suite 515

Warwick, RI 02886

Phone/TDD: 401-737-1238 Email: riddc@riddc.org

Rhode Island Chapter of the American Occupational Therapy Association (RIOTA)

http://www.riota.org/ Email: riota@riota.org

Rhode Island Chapter of the American Physical Therapy Association

http://www.riapta.com/

RIAPTA

Liberty Square Group 4 Liberty Sq, #500

Boston, MA 02109

Phone: 857-702-9915

Email: riapta@libertysquaregroup.com

Healthboards.com – message boards on health-related topics. Topics include SCI, CP,

Stroke, and more.

http://www.healthboards.com/boards/index.php

First Call 2-1-1

www.211.org Phone: 211 Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

Accessible Rhode Island

https://www.access-ri.org/

155 Gansett Avenue Cranston, RI 02910

Discusses the accessibility of cultural attractions in RI like museums, mansions, restaurants. Call 401-383-8878 for a print copy.

Rhode Island Special Needs Emergency Registry

www.health.ri.gov/emregistry

3 Capitol Hill

Providence, RI 02908 Phone: 401-222-5960

After Hours Phone: 401-276-8046

The RI Dept of Health and the RI Emergency Management Agency teamed up to develop a registry to identify Rhode Islanders who may require assistance during emergencies. The special needs may include oxygen, dialysis, ventilators, respirators, pacemakers, insulin dependence, mobility impairments, visual impairments, hearing impairments, speech, cognitive, developmental or mental health disabilities. Use of a service animal may also be registered. Enrollment in the registry does not guarantee assistance but allows first responders to appropriately plan for, prepare for and respond to the needs of the community.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

1801 N. Mill Street, Suite F Naperville, IL 60563

Phone: 630-961-1400

E-mail: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the "Chapter Site" tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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