



# Sailing for People with Disabilities



## Para World Sailing

<http://www.sailing.org/ifds.php>

<http://www.sailing.org/news/disabled-sailing.php#.WY3UKodK2Uk>

The Para World Sailing Committee is responsible for sailing for people with disabilities worldwide. The committee is responsible for the Paralympic Sailing Programme

including Events and Equipment selection. They offer a section on their website called Disabled Sailing News.

### **Chesapeake Region Accessible Boating (CRAB)**

[www.crabsailing.org](http://www.crabsailing.org)

177 Defense Highway, Suite 9

Annapolis, MD 21401

Phone: 410-266-5722

Email: [info@crabsailing.org](mailto:info@crabsailing.org)

Their mission is to bring the thrill and freedom of sailing to persons with disabilities, recovering warriors and youth from at-risk neighborhoods.

### **Footloose Sailing Association**

[www.footloosedisabledsailing.org](http://www.footloosedisabledsailing.org)

7683 SE 27th St PMB #239

Mercer Island, WA 98040

Phone: 206-578-6735

Launched in 1991, Footloose Sailing Association (Footloose) is the Northwest's premiere Sailing program for people of all disabilities, their friends, family, and caregivers. Footloose is dedicated to bringing independence on the water and competence in the sport of sailing to the physically and mentally disabled.

### **New England Science & Sailing Foundation**

[www.nessf.org](http://www.nessf.org)

72 Water St

Stonington, CT 06378

Phone: 860-535-9362

E-mail: [adventure@nessf.org](mailto:adventure@nessf.org)

In 2017, with the help of Sail to Prevail, the New England Science & Sailing Foundation (NESS) launched its adaptive sailing program. NESS's adaptive sailing program brings the fun and therapeutic qualities of sailing to individuals with diverse needs. NESS's Independence 20 sailboat is a super stable boat and is outfitted with two bucket seats that can pivot from one side of the boat to the other. These seats are equipped with 5-point harnesses so when sailors are steering the boat or handling lines, they can feel secure out on the water.

### **Sail To Prevail: The National Disabled Sailing Program**

<https://sailtoprevail.org/>

86 Thames St.

Newport, RI 02840

Phone: 401-849-8898

Sail To Prevail creates opportunities for disabled children and adults to overcome adversity through therapeutic sailing. Formerly called Shake-A-Leg Newport.

### **Sailing Angels**

<http://www.sailingangels.org/>

Kemah, TX area

Phone: 281-507-1867

Email: [DaveMcCabe@SailingAngels.org](mailto:DaveMcCabe@SailingAngels.org)

The Sailing Angels Foundation is a 501(c)(3) non-profit charitable organization, based in the Greater Houston area. As an opportunity for education and recreational therapy, they introduce the joy of sailing to children with cognitive, physical or emotional needs or chronic illnesses. Also invited are wounded warriors and military veterans. They encourage the family unit to come. The special participants are encouraged to work on the boat to the best of their abilities.

### **Sailing for All from Steve Sawford Marine**

<http://www.sailingforall.com/>

Steve Sawford Marine is a small family-run company based in the UK that is committed to enabling all people, regardless of ability, mobility, age or financial status to take part in the sport of sailing. The company's main product is the Access Dinghy range and its accompanying launching and wheelchair users transfer systems.

### **Shake-A-Leg Miami**

<http://www.shakealegmiami.org/>

2620 South Bayshore Drive

Coconut Grove, FL 33133

Phone: 305-858-5550

E-mail: [info@shakealegmiami.org](mailto:info@shakealegmiami.org)

Shake-A-Leg Miami's mission is to use the marine environment to improve the health, education, independence and quality of life for all with an emphasis on individuals with physical, developmental and economic challenges.

### **U.S. Sailing Association: Adaptive Sailing Resource Manual**

<https://www.ussailing.org/wp-content/uploads/2018/01/Adaptive-Sailing-Resource-Manual.pdf>

A 78-page book available for free download. 2<sup>nd</sup> ed. 2018

### **US Sailing Team**

<http://olympics.ussailing.org/>

The official site of US Sailing provides information on Olympic and Paralympic teams.

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