



TENNESSEE DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>
<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the

full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Tennessee Commission on Aging and Disability

<https://www.tn.gov/aging/>

502 Deaderick Street, 9th Floor

Nashville, TN 37243-0860

Phone: 615-741-2056

Email: tn.aging@tn.gov

National Center on Elder Abuse (NCEA)

<https://ncea.acl.gov/>

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Arts And Creativity

Borderless Arts

<https://borderlessartstn.org/>

Borderless Arts provides opportunities for young people with disabilities to participate in and express themselves through the arts and arts education.

Ballet On Wheels Dance School & Company

<http://balletonwheels.org/>

4841 Summer Ave, Suite 1

Memphis, TN 38122

Phone: 901-870-4348

Assistive Technology

Tennessee Technology Access Project (TTAP)

<http://www.tennessee.gov/humanservices/topic/ttap>

Citizen Plaza, 14th Floor

505 Deaderick Street

Nashville, TN 37243-1403

Phone: 615-313-5183

Toll-free: 800-732-5059 (In State)

TTY: 615-741-5695
Email: tn.ttap@tn.gov

Southeast ADA Center

<http://www.adasoutheast.org/>
Burton Blatt Institute Lexington
1525 Bull Lea Road, Suite 160
Lexington, KY 40511
Toll-free: 800-949-4232
Phone: 404-541-9001
Email: adasoutheast@law.syr.edu

First Presbyterian Church of Nashville

<https://fpcnashville.org/congregation/congregational-care-/the-lending-closet/>
4815 Franklin Pike
Nashville, TN 37220
Phone: 615-383-1815
The Lending Closet accepts donations of used equipment such as wheelchairs for use by church members who may have a need for these items.

UCP of Middle Tennessee: Equipment Exchange

<https://www.ucpmidtn.org/equipment-exchange/>
1200 9th Ave. North, Suite 110
Nashville TN 37208
Phone: 615-242-4091 ext. 105
UCP provides durable medical and adaptive equipment throughout Tennessee regardless of diagnosis.

Office on Aging: Loan Closets in Knoxville area

<https://www.knoxseniors.org/ssd/loan-closets/>

ALS Association TN chapter

P.O. Box 40244
Nashville, TN 37204-0244
Phone: 615-331-5556
Loans used DME and assistive devices to registered members.

Caregivers Information

Caregiver.com

<https://caregiver.com/>
3920 Riverland Road
Fort Lauderdale, FL 33312
Tel: (954) 893-0550, 1-800-829-2734
Email: info@caregiver.com

Community Health Centers

Tennessee Primary Care Association

www.tnpca.org

710 Spence Lane

Nashville, TN 37217

Phone: 615-329-3836

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Victim Compensation

<https://treasury.tn.gov/Services/Claims-and-Risk-Management/Criminal-Injuries-Compensation>

Treasury Dept./Division of Claims Administration

600 Martin Luther King Jr. Blvd.

Nashville, TN 37243-0225

Phone: 615-741-2734

Email: criminal.injury@tn.gov

Safe Horizon's Links for General Crime Victim Resources/Issues

<http://www.safehorizon.org>

Domestic Violence Help

National Domestic Violence Hotline: 1-800-799-SAFE (7233); TTY: 800-787-3224

National Resource Center on Domestic Violence: 800-537-2238

Statewide Hotline: 800-356-6767

Tennessee Coalition to End Domestic & Sexual Violence

<http://www.tncoalition.org/>

2 International Plaza Dr., Suite 425

Nashville, TN 37217

Phone: 615-386-9406

Toll-free: 800-289-9018

Bridges Domestic Violence Center *Unable to Provide Transportation Services

<http://www.bridgesdvc.org/>

Post Office Box 1592

Franklin, TN 37065

Phone 615-599-5777

Email: info@bridgesdvc.org

Bridges Domestic Violence Center serves women, men, and their children affected by domestic violence, ensuring a safe transition to successful independent living through education, intervention, and case management.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

Easter Seals Offices

Tennessee Easter Seals

<http://www.easterseals.com/connect-locally/?state=TN>

http://tn.easterseals.com/site/PageServer?pagename=TNDR_homepage

500 Wilson Pike Circle, Suite 228

Brentwood, TN 37027

Phone: 615-292-6640

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Government Offices

Tennessee.gov: Official Website of the State of Tennessee

www.tn.gov

Disability Resources for the State of Tennessee

<http://www.tn.gov/humanservices/section/disability-services>

Tennessee Human Rights Commission

<https://www.tn.gov/humanrights/>

312 Rosa L Parks Ave, 23rd Floor

Nashville, Tennessee 37243

Phone: 615-741-5825

Toll-free: 800-251-3589

Email: ask.thrc@tn.gov

The Commission is an independent state agency responsible for enforcing the state's anti-discrimination laws which prohibit discrimination in housing, employment, and public accommodation on the basis of race, color, creed, national origin, religion, sex, disability, familial status and age.

Vocational Rehabilitation Services

<http://www.tn.gov/humanservices/topic/vocational-rehabilitation>

James K. Polk State Office Building, 15th Floor
505 Deaderick Street
Nashville, TN 37243-1403
Telephone: 615-313-4891
TTY: 615-313-5695
TTY (Long Distance): 1-800-270-1349

Tennessee Department of Health and Human Services

<http://www.tn.gov/humanservices/>

505 Deaderick St.
Nashville, TN 37243-1403
Phone: 615- 313-4700
Email: DHS.customerservice@tn.gov

Tennessee SCHIP Program (State Children's Health Insurance Program)

<http://www.tn.gov/tenncare/section/tenncare-kids>

TennCare Kids
310 Great Circle Rd.
Nashville, TN 37243
Toll-free: 800-342-3145
Email: Tenn.Care@tn.gov
TennCare Kids covers children who qualify from birth to age 21.

Tennessee SHIP Program (State Health Insurance Assistance Program - for Seniors)

<https://www.tn.gov/aging/our-programs/state-health-insurance-assistance-program--ship-.html>

Commission on Aging and Disability
Frost Building
502 Deaderick St., 9th Floor
Nashville, TN 37243-0860
Phone: 615-741-2056
Email: laverdia.mccullough@tn.gov

Tennessee Bureau of Workers' Compensation

<https://www.tn.gov/workforce/injuries-at-work/available-resources/redirecr-available-resources/a-beginner-s-guide-to-tn-workers--comp.html>

The Bureau of Workers' Compensation has an Ombudsman program to assist injured employees in navigating the benefits process. They can be contacted at 800-332-2667. Stakeholders can verify coverage through the Bureau's Coverage Verification Service at

<https://www.ewccv.com/cvs/?ref=http%3A%2F%2Ftn.gov%2Fworkforce%2Ftopic%2Freport-workers-comp-fraud>

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>

<http://whoismyrepresentative.com/>

Tennessee Committee for Employment of People with Disabilities

www.tennessee.gov/humanservices

Division of Rehabilitation Services

Citizens Plaza Building

400 Deaderick Street

Nashville, TN 37243-1403

Phone: 615-313-4700

Email: dhs.customerservice@tn.gov

State LTC Ombudsman

<https://www.tn.gov/aging/our-programs/long-term-care-ombudsman.html>

TN Commission on Aging and Disability

Andrew Jackson Bldg.

502 Deaderick Street, 9th Floor

Nashville, Tennessee 37243-0860

Phone: 615-253-4392

Toll-free: 877-236-0013

TTD: 615-532-3893

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Fannie Mae

www.fanniemae.com

Please check with them for state info

Housing and Urban Development (HUD)

www.hud.gov

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your

local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

US Department of Agriculture: Rural Development

www.rd.usda.gov

Chattanooga Area Office

PO Box 4941

Chattanooga TN 37405

Phone: 423-756-2239 x190

USDA Rural Development offers low interest rate home loans to low or very low income qualified applicants for purchase or repair in rural areas. USDA offers a 1% loan to assist those in rural areas with very low incomes to repair their homes, update for disability accessibility, or other needed health or safety accommodations. Repayment can be stretched over as many as 20 years. Grant funds of up to \$7,500 may be available to qualified applicants over 62 years of age. USDA Rural Development also offers, to low income qualified applicants, a fixed low interest rate for home purchases in rural areas, with no down payment required. Accessibility and other repairs can also be included in a home purchase loan.

Independent Living

ILRU: State Independent Living Councils (SILCs)

Statewide Independent Living Council of Tennessee

<http://www.silctn.org>

<http://www.ilru.org/projects/silc-net/silc-directory>

Mailing Address:

23 Federal Drive

Jackson, TN 38305

Phone: 731-241-1170 (Voice), 615-255-0283 (Text)

Email: SILCDirector@SILCTN.Org

Independent Living Research Utilization’s directory of Independent Living Centers

<http://www.ilru.org>

Empower TN: Center for Independent Living of Middle Tennessee

<http://empowertn.org/>

2601 Elm Hill Pike, Suite O

Nashville, TN 37214

Phone: 614-292-5803

Toll-free: 866-992-4568
Email: info@empowerTN.org

National Council on Independent Living (NCIL)

<http://www.ncil.org/>
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

Tennessee Library for the Blind and Physically Handicapped

<http://sos.tn.gov/tsla/lbph>
Tennessee State Library and Archives
403 Seventh Avenue North
Nashville, TN 37243
Phone: 615-741-3915, 800-342-3308
Email: tlph.tsla@tn.gov

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as

well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection and Advocacy

Disability Rights Tennessee

<http://www.disabilityrightstn.org/>

Phone: 800-342-1660

Email: GetHelp@disabilityrightstn.org

DRT is Tennessee's Protection & Advocacy System and has represented—at no cost—more than 40,000 clients with disabilities. Their mission is to protect the rights of Tennesseans with disabilities. They provide services to people with disabilities across the state with numerous issues including employment discrimination, safety in schools, abuse and neglect, and access to community resources and services.

Middle Tennessee (Administrative Office)

2 International Plaza, Suite 825

Nashville, TN 37217

Phone: 615-298-1080

East Tennessee

9050 Executive Park Drive, Suite 101-B

Knoxville, TN 37923

Phone: 865-670-2944

West Tennessee

1407 Union Avenue, Suite 1015

Memphis, TN 38104

Phone: 901-458-6013

Help4TN.org

<http://www.help4tn.org/>

Helps people find legal and social services in Tenn.

West Tennessee Legal Services

Phone: 800-372-8346

WTLS is a non-profit organization that provides assistance in civil cases to individuals, families and communities. Their goal is to make this service available to the underserved populations of Benton, Carroll, Chester, Crockett, Dyer, Decatur, Gibson, Hardeman, Hardin, Haywood, Henry, Henderson, Lake, McNairy, Madison, Obion, and Weakley counties. Maintains 4 offices: Jackson, Dyersburg, Huntingdon, and Selmer.

Service Dogs

Retrieving Independence

<http://retrievingindependence.org/>

Honey Alexander Center
2400 Clifton Avenue
Nashville, TN 37209
Phone: 615-934-0444

Smoky Mountain Service Dogs

<http://www.smokymountainservicedogs.org/>

110 Tooweka Circle
Loudon, TN 37774
Provides service dogs to veterans.

Working Dogs for Vets

<http://www.workingdogsforvets.org/>

2781 Hwy 43 North
Lawrenceburg, TN 38464
Phone: 843-647-4357

Email: workingdogsforvets@gmail.com

Working Dogs For Vets Service dogs. A Non-Profit which rescues dogs from shelters and trains them to become service dogs that perform dozens of tasks for disabled veterans. Working dogs for vets has teamed hundreds of veterans with service dogs helping them to regain their independence build their confidence, and self-esteem. Their P.T.S.D. Service dogs have provided our veterans with relief from P.T.S.D. night terrors, anger & irritability and fear of crowds,

Sports and Recreation

ABLE Youth

<http://www.ableyouth.org/>

2000 Mallory Lane
Suite 130-542
Franklin, TN 37067-8231
Phone: 615-480-4331

ABLE Youth is the only organization of its kind, located in Nashville, Tennessee, to provide opportunities for youth who use wheelchairs in learning independence, skills and sports.

Sport, Art and Recreation of Chattanooga

www.sparctn.org

6638 Declaration Dr.
Hixson, TN 37343
Phone: 423-596-5268
Email: jhightower@ctienr.com

Sports 4 All

<http://www.s4af.org/>

5827 Charlotte Pike
Nashville, TN 37209
Phone: 615-354-6454
Email: info@s4af.org

United Way Offices

United Way

<http://unitedway.org>

National Headquarters
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112

Enter postal code for a United Way office in your area

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veteran Benefits

Tennessee VA Facilities

<https://www.va.gov/find-locations/>

US Department of Veterans Affairs VA Hospital Locator
VA Med Center, (614)
1030 Jefferson Ave., Memphis, TN 38104
Phone: 901-523-8990

Tennessee Mid South Chapter Paralyzed Veterans of America Offices

<http://www.midsouth-pva.org/>

Memphis VAMC 817
1030 Jefferson Avenue
Room 2D100
Memphis, TN 38104
Phone: 901-527-3018, 800-767-3018
Email: mspva@aol.com

ALS

ALS Association

www.alsa.org

1300 Wilson Blvd, Suite 600
Arlington, VA 22209

Tennessee Chapter of the ALS Association

<http://www.alstn.org/>

P.O. Box 40244
Nashville, TN 37204
Phone: 615-331-5556
Toll-free 877-216-5551
Mailing Address:
PO Box 40244
Nashville, TN 37204

Brain Injury

Brain Injury Association of Tennessee

<https://braininjurytenn.org/>
2245 Rosa L. Parks Blvd
PO Box 280364
Nashville, TN 37228
Phone: 615-248-2541
Toll-free: 800-444-6443

Tennessee Traumatic Brain Injury Directory 2019-2020

https://www.tn.gov/content/dam/tn/health/program-areas/tbi/TBI_Directory.pdf

Cerebral Palsy

United Cerebral Palsy National Office

<http://www.ucp.org>
1825 K St., NW
Suite 600
Washington, DC 20036
Phone: 202-776-0406
Toll-free: 800-872-5827
Email: national@ucp.org
Please contact them for any state chapters.

UCP of Middle Tennessee

<http://ucpmidtn.org/>
1200 9th Avenue North, Suite 110
Nashville, TN 37208
Phone 615-242-4091

Friedreich's Ataxia

National Ataxia Foundation (NAF) National Office

<http://www.ataxia.org/>
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020
Please contact them for state info.

Guillain-Barré Syndrome / CIDP

Guillain-Barré Syndrome / CIDP Foundation International

<http://gbs-cidp.org/>

375 E. Elm St.

Conshohocken, PA 19428

Phone: 610-667-0131

Toll-free: 866-224-3301

Please call them for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society's Tennessee chapters

<http://www.nationalmssociety.org/chapters/TNS/index.aspx>

East and Middle TN

National Multiple Sclerosis Society

Mid South Chapter

214 Overlook Circle, Suite 153

Brentwood, TN 37027

Phone: 615- 269-9055

Toll-free: 800-344-4867

Multiple Sclerosis Association of America Southeast Regional Office

<http://www.mymsaa.org/>

(Serving Arkansas, Colorado, Kansas, Louisiana, Mississippi, Missouri, New Mexico, Oklahoma, Tennessee and Texas)

PMB #196

2870 Peachtree St.

Atlanta, GA 30305-2918

Phone: 800-532-7667 ext. 160

Email: southeast@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association

<https://www.mda.org/>

National Headquarters

161 N. Clark, Suite 3550

Chicago, IL 60601

Phone: 800-572-1717

Enter your postal code in the "Find your local MDA" section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)

<http://www.post-polio.org>

50 Crestwood Executive Center #440

Saint Louis, MO 63126-1916

Phone: 314-534-0475

Email: info@post-polio.org

<http://www.post-polio.org/net/poldir.pdf>

Directory lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

Spina Bifida Association of America

<http://www.spinabifidaassociation.org>

1600 Wilson Blvd Suite 800

Arlington, VA 22209

Phone: 800-621-3141

Email: sbaa@sbaa.org

Please contact them for info in your area

SBAA Tennessee Clinics:

T.C Thompson Children's Hospital

www.boehmbdc.com

Walter E. Boehm Birth Defects Center (**pediatric and adult**)

975 E. Third St.

Chattanooga, TN 37403

Phone: 423-778-2222

email: 09elizabeth@boehmbdc.com

Children's Hospital Rehabilitation Center

www.etch.com

2018 W. Clinch Ave. (**pediatric -no SB clinic. Only P.T., Speech, O.T.**)

Knoxville, TN 37916

Phone: 865-541-8000

Le Bonheur Children's Medical Center

www.lebonheur.org

Spina Bifida Clinic (**pediatric only**)

848 Adams Ave.

Memphis, TN 38103

Phone: 901-287-5437

Vanderbilt Children's Hospital

<http://www.childrenshospital.vanderbilt.org/>

Spina Bifida Program / The Junior League Fetal Center at Vanderbilt (**pediatric - will refer adults**)

2200 Children's Way

Nashville, TN 37232

Phone: 615-936-1000

Spinal Cord Injury

United Spinal Association, Support Groups and State Resources for Tennessee

<https://unitedspinal.org/>

<https://unitedspinal.org/chapter/tennessee-chapter-of-united-spinal-association/>

Trauma Survivors Network

<http://www.vanderbilthealth.com/traumasurvivors/>

Vanderbilt University
1211 Medical Center Dr.
Nashville, TN 37232
Phone: 615-322-5000

A program that helps people with spinal cord injuries and other traumatic injuries by providing support groups, peer visitors, and a Facebook community for networking.

West Tennessee Spinal Cord Injury

www.westtennspinal.com

Jackson, TN 38305
Phone: 731-616-3906
Email: krobyvia@yahoo.com

A peer support group that meets monthly for information, sharing issues, and friendship.

Stroke

American Stroke Association

National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 888-478-7653 or 888-474-8483
Please call them for the stroke support group in your area

Skyline Medical Center

<http://www.skylinemedicalcenter.com/>

3441 Dickerson Pike
Nashville, TN 37207
Phone: 615-769-2000

Accredited as a Primary Stroke Care Center by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO): <http://www.jointcommission.org>

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project

www.asap.org

PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079, 800-ASAP-282
Email: info@ASAP.org

American Syringomyelia Alliance Project Support Group in TN

ASAP's Chattanooga Support Group

June Hyett

Hixon, TN

Phone: 432-240-5247

Email: TN_Support@ASAP.org

Transverse Myelitis

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)

www.wearesrna.org

1787 Sutter Parkway

Powell, OH 43065-8806

Phone: 855-380-3330

Please contact them for info in your area.

General Disability Resources

Tennessee Yellow Pages for Kids with Disabilities

<http://www.yellowpagesforkids.com/help/tn.htm>

Phone: 901-761-4277

Tennessee Chapter of the American Occupational Therapy Association

<http://www.tnota.org/>

Tennessee Physical Therapy Association

<https://www.tptatn.org/>

A chapter of the American Physical Therapy Association

Tennessee Association of People Supporting EmploymentFirst

www.apse.org

<https://apse.org/?s=tennessee>

Katie Wolf Whaley

University of Kentucky – Human Development Institute

1525 Bull Lea Rd., Suite 160

Lexington, KY 40511

Phone: 859-977-4050 x229

Email: kwolf@uky.edu

Tennessee Disability Pathfinder

<https://www.tnpathfinder.org/>

Mailing Address:

1211 21st Avenue S., Suite 539

Nashville, TN 37212

Phone: 800-640-4636

Email: tnpathfinder@vumc.org

Tennessee Disability Pathfinder (“Pathfinder”) helps people with disabilities, their family members, educators, and other professionals find and access resources, support, and services available to meet their needs.

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

<http://www.healthboards.com/boards/index.php>

Hispanic Family Foundation

<http://hispanicfamilyfoundation.com/>

3955 Nolensville Pike

Suite 107

Nashville, TN 37211

Phone: 615-562-2222

The Hispanic Family Foundation is a non-profit organization that serves Latino families in the Nashville area. They provide English classes, group therapy for victims, help and general information line, health insurance information, and legal aid for immigration.

First Call 2-1-1

www.211.org

Phone: 211

Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with Phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

The STAR Center

<http://star-center.org/>

1119 Old Humboldt Road

Jackson, TN 38305

Phone: 731-668-3888

Email: info@star-center.org

The STAR Center provides services for education, employment, and quality of life for all ages and needs. They will help a child learn to read, help a person get their first job, and help the elderly stay in their homes. They are dedicated to making West Tennessee a place where people with disabilities can make their dreams a reality.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

1801 N. Mill Street, Suite F

Naperville, IL 60563

Phone: 630-961-1400, 800-THINK56

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who

have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$10,000,000 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.