



Therapeutic Riding and Driving



Figure 1: Photo Courtesy of Giant Steps.

Professional Association of Therapeutic Horsemanship International (PATH)

<http://www.pathintl.org/>

P.O. Box 33150

Denver, CO 80233

Phone: 303-452-1212, 800-369-7433 (Toll-free)

PATH members, instructors and centers serve participants of all ages and with a range of physical, emotional, behavioral and cognitive challenges. The organization and its members have developed a variety of different equine-related activities for therapeutic purposes, collectively known as equine-assisted activities and therapies (or EAAT). Besides horseback riding, EAAT also includes therapeutic carriage driving; interactive vaulting, which is similar to gymnastics on horseback; equine-facilitated learning and mental health, which use the horse as a partner in cognitive and behavioral therapy, usually with the participation of a licensed therapist; ground work and stable management. PATH's Equine Services for Heroes (formerly Horses for Heroes) is a program that uses a variety of EAAT disciplines specifically to help war veterans and military personnel. PATH certifies instructors and riding centers in therapeutic riding, driving and vaulting in the United States.

American Hippotherapy Association (AHA)

<http://www.americanhippotherapyassociation.org/>

2850 McClelland Drive #1600

Fort Collins, CO 80525

Phone: 970-818-1322

E-mail: info@theahainc.org

AHA promotes the use of the movement of the horse as a treatment strategy in physical, occupational and speech therapy sessions for people living with disabilities. The site has information on hippotherapy and lists member therapists and facilities.

Canadian Therapeutic Riding Association (CanTRA)

<http://www.cantra.ca/>

5420 Hwy. 6 North

R.R. #5

Guelph, ON N1H 6J2

Phone: 519-767-0700

E-mail: ctra@golden.net

CanTRA promotes therapeutic riding for children and adults with disabilities throughout Canada. The organization acts as a resource for its members through certification, education and insurance. Local member centers offer programs such as hippotherapy, equine facilitated mental health, and therapeutic riding to provide socialization, recreation, interaction of clients and horses, and the care and training of the horse. Many also provide life skills training, rehabilitation and employment opportunities for individuals with disabilities.

Fédération Equestre Internationale (FEI)

<https://www.fei.org/>

HM King Hussein I Building

Chemin de la Joliette 8

1006 Lausanne

Switzerland

Phone: +41 21 310 47 47

FEI's primary mission is to advance the orderly growth of equestrian sport worldwide by promoting, regulating and administering humane and sportsmanlike international

competition in the traditional equestrian disciplines. Its site lists information on 22 disciplines for people with disabilities: para-equestrian dressage, para-equestrian driving.

Freedom Rider Tack Shop

<http://freedomrider.com/>

5225 Tudor Ct

Naples, FL 34112

Phone: 888-253-8811 (Toll-free)

Freedom Rider offers a catalog of products for therapeutic riding.

Horses and Humans Research Foundation

www.horsesandhumans.org

P.O. Box 23367

Chagrin Falls, OH 44022

Email: info@horsesandhumans.org

HHRF invests in research to serve as a catalyst to advance knowledge of horses and their potential to impact the health and wellness of people.

National Center on Health, Physical Activity and Disability: Therapeutic Riding for Children with Disabilities

<http://www.nchpad.org/260/1676/Therapeutic~Riding~for~Children~with~Disabilities>

Phone: 800-900-8086

Email: email@nchpad.org

This fact sheet has information on therapeutic riding and hippotherapy and includes videos of a girl with a congenital arm disability.

Riding for the Disabled Association Incorporating Carriage Driving (RDA)

www.rda.org.uk

Lowlands Equestrian Centre

Old Warwick Rd.

Shrewley, UK

CV35 7AX

Phone 01926 492915

Email: am@rda.org.uk

RDA represents and provides support to over 500 member groups which help people take part in riding, carriage driving and vaulting activities. RDA groups work across the spectrum of disabilities, age range, social status and urban and rural environments to ensure that each individual has the chance to derive a direct therapeutic benefit and the opportunity to achieve personal goals. The site lists contact information for member groups and has information on the disciplines of riding, carriage driving, vaulting, dressage, polo and show jumping.

United States Driving for the Disabled (USDFD)

<http://www.usdfd.org/>

620 Matilija Lane

Arroyo Grande, CA 93420

Phone: 805-343-6026

Email: usdfdinformation@gmail.com

USDFD exists to help drivers, instructors, and centers involved in disabled driving. The organization provides training for drivers and instructors at its national headquarters.

U.S. Equestrian Federation (USEF)

<http://www.usef.org>

4001 Wing Commander Way

Lexington, KY 40511

Phone: 859-258-2472

The USEF is the national governing board of equestrian sports in the U.S. It sets rules for para-equestrian events in the U.S. and chooses the Paralympic team.

U.S. Para-Equestrian Federation

<http://uspea.org/>

12359 Westhall Pl

Wellington, FL 33414

Email: info@uspea.org

The USPEA, an affiliate of the United States Equestrian Federation, provides programs, clinics, and competition opportunities for athletes with physical disabilities.

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