



# West Virginia Disability Resources

## Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state. <https://www.healthcare.gov/what-is-the-marketplace-in-my-state/#state=west-virginia>

## Aging Resources

### Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>

<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling

and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

### **West Virginia Department of Aging**

<http://www.wvseniorservices.gov/>

1900 Kanawha Blvd. East

Charleston, WV 25305

Location:

Town Center Mall, 3rd level

Charleston, WV

Phone: 304-558-3317

Toll-free: 877-987-3646

### **Area Agencies on Aging**

<http://www.wvseniorservices.gov/GettingAnswers/OverviewofAgingProgramsInWestVirginia/AreaAgenciesonAging/tabid/97/Default.aspx>

### **National Center on Elder Abuse (NCEA)**

<https://ncea.acl.gov/>

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

### **Heart 2 Heart Volunteers, Inc**

<http://www.heart2heart-livingfree.com/contact>

Wheeling, WV 26003

Phone: 304- 281- 0474

Heart 2 Heart is a non-profit Christian faith based organization whose volunteers are dedicated to the mission of visiting the sick, disabled and elderly. We provide them with what they need spiritually, physically and emotionally to the best that we can. We are advocates for them and raise an awareness for what we believe is becoming a forgotten sector of society. Our volunteers are Christians from various denominations with a desire to fulfill the call of our Lord Jesus to visit the sick, disabled, and elderly, bringing the churches and community together for this purpose.

## **Arts and Creativity**

### **Stepping Stones**

<http://www.steppingstonesinc.org/>

1235 Buffalo Creek Rd.  
Huntington, WV 25704  
Phone: 304-429-2297

## **Assistive Technology**

### **West Virginia Assistive Technology System (WVATS)**

<https://wvats.cedwvu.org>

West Virginia University Center for Excellence in Disabilities  
Morgantown, WV  
Phone: 800-841-8436  
Email: [wvats@hsc.wvu.edu](mailto:wvats@hsc.wvu.edu)

### **Mid-Atlantic ADA Center (covers West Virginia)**

<http://www.adainfo.org>

TransCen, Inc.  
12300 Twinbrook Parkway, Suite 350  
Rockville, MD 20852  
Phone/TTY: 301-217-0124  
Toll Free: 800-949-4232

## **Community-Based Fitness Programs**

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to [www.ChristopherReeve.org/NRN](http://www.ChristopherReeve.org/NRN).

## **Community Health Centers**

### **West Virginia Primary Care Association**

[www.wvpca.org](http://www.wvpca.org)

1700 MacCorkie Ave, SE  
One South Charleston, WV 25314  
Phone: 304-346-0032; 877-WVA-HLTH (982-4584)  
Email: [info@wvpca.org](mailto:info@wvpca.org)

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

## **Health Resources and Services Administration (HRSA): Find a Health Center**

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

## **Crime Victim Assistance**

### **West Virginia Crime Victim Compensation and Assistance**

<http://ovc.ncjrs.gov/ResourceByState.aspx?state=wy>

#### **Victim Compensation**

[www.legis.state.wv.us/Joint/victims/main.cfm](http://www.legis.state.wv.us/Joint/victims/main.cfm)

Phone: 304-347-4836

#### **Victim Assistance**

<http://www.vwapwv.com/>

Phone: 304-291-7286

### **Safe Horizon's Links for General Crime Victim Resources/Issues**

<http://www.safehorizon.org/>

## **Domestic Violence Help**

**National Domestic Violence Hotline:** 1-800-799-SAFE (7233); TTY: 800-787-3224

**National Resource Center on Domestic Violence:** 800-537-2238; TTY: 800-553-2508

### **West Virginia Coalition against Domestic Violence**

<http://www.wvcadv.org/>

5004 Elk River Road, South

Elkview, WV 25071

Phone 304-965-3552

## **Easter Seals Offices**

### **West Virginia Easter Seals Offices:**

<https://www.easterseals.com/wv/>

#### **Steubenville**

500 Towers Building

Steubenville, OH 43952

Phone: 304-242-1390

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

### **Parkersburg**

4420 Rosemar Center, Unit 103  
Parkersburg, WV 26104  
Phone: 304-422-3343

### **Wheeling**

1305 National Road  
Wheeling, WV 26003  
Phone: 304-242-1390

### **St. Clairsville**

330 Fox-Shannon Place  
St. Clairsville, OH 43950  
Phone: 740-695-5979

## **Government Offices**

### **West Virginia State Website**

<http://www.wv.gov/>

### **Disability Resources for West Virginia**

<http://www.wvnavigate.org>

### **West Virginia Dept. of Health and Human Resources**

<http://www.dhhr.wv.gov/Pages/default.aspx>

One Davis Square, Suite 100 East  
Charleston, WV 25301  
Phone: 304-558-0684  
Email: [DHHRSecretary@wv.gov](mailto:DHHRSecretary@wv.gov)

### **West Virginia Human Rights Commission**

<http://www.hrc.wv.gov/Pages/default.aspx>

1321 Plaza East, Room 108-A  
Charleston, WV 25301-1400  
Phone: 304-558-2616  
Toll-free: 888-676-5546  
Email: [wvhc@wvdhhr.org](mailto:wvhc@wvdhhr.org)

The West Virginia Human Rights Commission is a state government agency that investigates and adjudicates discrimination complaints in the areas of employment, housing and places of public accommodation.

### **West Virginia Division of Rehabilitation Services**

<http://www.wvdrs.org>

State Capitol  
P.O. Box 50890  
107 Capitol St.  
Charleston, WV 25301-2609  
Phone: 1-800-642-8207; 304-356-2060

**West Virginia Medicaid Office**

<http://www.dhhr.wv.gov/bms/Pages/default.aspx>

350 Capitol St.  
Room 251  
Charleston, WV 25301  
Phone: 304-558-1700  
Email: [medman@wvdhhr.org](mailto:medman@wvdhhr.org)

**West Virginia SCHIP Program** (State Children's Health Insurance Program)

<http://www.chip.wv.gov/Pages/default.aspx>

# 2 Hale St., Suite 101  
Charleston, WV 25301  
Phone: 304-558-2732  
Email: [wvchip@wv.gov](mailto:wvchip@wv.gov)

**West Virginia SHIP Program** (State Health Insurance Information Program - for Seniors)

<http://www.wvinsurance.gov/>

**Home and Community Based Services Waiver (HCBS)**

<http://www.dhhr.wv.gov/bms/programs/waiverprograms/pages/default.aspx>

**West Virginia Insurance Commissioner**

<http://www.wvinsurance.gov/Default.aspx?alias=www.wvinsurance.gov/consumerservices>

Phone: 304-558-3386; 888-879-9842 (toll-free)  
TTY: 800-435-7381  
Email: [oiconsumerservices@wv.gov](mailto:oiconsumerservices@wv.gov)

**West Virginia Worker's Compensation Commission**

<http://www.wvinsurance.gov/Default.aspx?tabid=73>

Phone: 888-4-WV-Comp (498-2667)

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>  
<http://whoismyrepresentative.com/>

### **State LTC Ombudsman**

<http://www.wvseniorservices.gov/StayingSafe/LongTermCareOmbudsmanProgram/tabid/81/Default.aspx>

1900 Kanawha Blvd. East  
Charleston, WV 25305

Phone: 304-558-3317; 877-987-3646

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

## **Housing**

### **Housing and Urban Development (HUD)**

[www.hud.gov](http://www.hud.gov)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: [https://www.hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts) and choose your state from the drop down box.

### **211**

[www.211.org](http://www.211.org)

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

## **Independent Living**

### **ILRU: State Independent Living Councils (SILCs)**

#### **West Virginia Independent Living Council**

<http://www.ilru.org/projects/silc-net/silc-directory>

<http://www.wvsilc.org/>

PO Box 625

Institute, WV 25112-0625

Phone: 304-766-4624 (V/TDD)

Toll-Free: 855-855-9743

Email: [ann.meadows@wvsilc.org](mailto:ann.meadows@wvsilc.org)

**Independent Living Research Utilization’s** directory of Independent Living Centers

<http://www.ilru.org>

### **National Council on Independent Living (NCIL)**

<http://www.ncil.org/>

2013 H St. NW, 6<sup>th</sup> Floor  
Washington, DC 20006  
Phone: 202-207-0334  
Toll-free: 877-525-3400  
TTY: 202-207-0340  
Email: [ncil@ncil.org](mailto:ncil@ncil.org)

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

## Library Services

### West Virginia Library Commission

<http://www.librarycommission.wv.gov/Pages/default.aspx>

Blind and Physically Handicapped Services  
Cultural Center, Bldg 9  
1900 Kanawha Boulevard East  
Charleston, WV 25305  
Phone: 304-558-2041; 800-642-9021

## NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to [www.ChristopherReeve.org/NRN](http://www.ChristopherReeve.org/NRN).

## Peer Support Programs

### Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

[www.ChristopherReeve.org/Peer](http://www.ChristopherReeve.org/Peer)

636 Morris Turnpike, Suite 3A  
Short Hills, NJ 07078  
Phone: 800-539-7309

Email: [Peer@ChristopherReeve.org](mailto:Peer@ChristopherReeve.org)

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with



a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.

## **Protection and Advocacy**

### **Disability Rights West Virginia**

<https://www.drofwv.org>

5088 Washington Street, W.

Suite 300

Charleston, WV 25313

Phone: 304-346-0847; 800-950-5250

TTY: 304-346-0847

Email: [contact@drofwv.org](mailto:contact@drofwv.org)

## **Sports and Recreation**

### **Disabled Sports USA (National Headquarters)**

<http://www.disabledsportsusa.org>

451 Hungerford Drive

Suite 100

Rockville, MD 20850

Phone: 301-217-0960

### **Challenged Athletes of West Virginia In The Valley**

<https://www.cawvinthevalley.org>

Davis Rd.

Davis, WV 26260

Phone: 304-866-7406

### **West Virginia Division of Natural Resources**

<http://www.wvdnr.gov/>

<http://www.wvdnr.gov/Hunting/ClassQ-QQ.shtm>

324 Fourth Ave

South Charleston, WV 25303

Phone: 304-558-2771; 800-558-2754

Email: [dnr.wildlife@wv.gov](mailto:dnr.wildlife@wv.gov)

Scroll down to Disability Services for Hunting and Fishing info.

## **United Way Offices**

### **National United Way**

#### **National Headquarters**

<http://www.unitedway.org>

701 North Fairfax Street

Alexandria, VA 22314

Phone: 703-836-7112

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

### **United Way of Central West Virginia**

<http://www.unitedwaycwg.org>

One United Way Square  
Charleston, WV 25301-1098  
Phone: 304-340-3500

### **Veteran Benefits**

**US Department of Veterans Affairs VA Hospital Locator** click on WV on map

<https://www.va.gov/directory/guide/home.asp>

<https://www.va.gov/directory/guide/state.asp?STATE=WV&dnum=ALL>

### **West Virginia Chapter of Paralyzed Veterans of America**

<http://www.wvpva.org/>

336 Campbells Creek Drive  
Charleston, WV 25306-6806  
Phone: 304-925-9352  
Toll-free: 800-540-9352  
Email: [info@wvpva.org](mailto:info@wvpva.org)

### **ALS**

#### **The ALS Association's Western PA/Western WV Chapter**

[http://webwpawv.alsa.org/site/PageServer?pagename=WPAWV\\_homepage](http://webwpawv.alsa.org/site/PageServer?pagename=WPAWV_homepage)

416 Lincoln Ave  
Pittsburg, PA 15209  
Phone: 412-821-3254, 800-967-9296  
Email: [info@cure4als.org](mailto:info@cure4als.org)

### **Brain Injury**

#### **West Virginia Brain Injury Association**

<https://wvbraininjury.org>

Email: [info@wvbraininjury.org](mailto:info@wvbraininjury.org)

### **Cerebral Palsy**

#### **United Cerebral Palsy (UCP)**

[www.ucp.org](http://www.ucp.org)

National Office  
1825 K Street NW Suite 600  
Washington, DC 20006  
Phone: 800-872-5827 / 202-776-0406

Please contact them for local info

### **Friedreich's Ataxia**

#### **National Ataxia Foundation (NAF) National Office**

<http://www.ataxia.org/>  
600 Hwy 169 S, Ste 1725  
Minneapolis, MN 55426  
Phone: 763-553-0020  
Email: [naf@ataxia.org](mailto:naf@ataxia.org)

### **Guillain-Barré Syndrome / CIDP**

#### **Guillain-Barré Syndrome / CIDP Foundation International**

<http://gbs-cidp.org/>  
375 E. Elm St.  
Conshohocken, PA 19428  
Phone: 610-667-0131, 1-866-224-3301  
Email: [info@gbs-cidp.org](mailto:info@gbs-cidp.org)  
Call for information in your area

### **Multiple Sclerosis**

#### **National Multiple Sclerosis Society's Blue Ridge chapter (covers WV)**

<http://www.nationalmssociety.org>  
<http://www.nationalmssociety.org/Chapters/VAR>  
4200 Innslake Drive, Suite 301  
Glen Allen, VA 23060  
Phone: 804-353-5008  
Toll-free: 800-344-4867

#### **Multiple Sclerosis Association of America (MSAA) Midwest Regional Office**

<http://mymsaa.org/about-msaa/regional/#Midwest>  
Ohio, Illinois, Indiana, Kentucky, Michigan, Minnesota, West Virginia, Wisconsin, Iowa,  
North Dakota, South Dakota, Nebraska  
Phone: 800- 532-7667, ext. 150  
E-mail: [midwest@mymsaa.org](mailto:midwest@mymsaa.org)

### **Muscular Dystrophy**

#### **Muscular Dystrophy Association**

<https://www.mda.org/>  
National Headquarters  
161 N. Clark, Suite 3550  
Chicago, IL 60601  
Phone: 800-572-1717

Enter your postal code in the "Find your local MDA" section of the website for MD clinics in your area.

## Post-Polio Syndrome

### Post-Polio Health International (PHI)

<http://www.post-polio.org>

50 Crestwood Executive Center #440

Saint Louis, MO 63126-1916

Phone: 314-534-0475

Email: [info@post-polio.org](mailto:info@post-polio.org)

<http://www.post-polio.org/net/poldir.pdf>

Directory lists Health Professionals, Clinics, and Support Groups by state.

## Spina Bifida

### Spina Bifida Association of America

<http://www.spinabifidaassociation.org>

P.O. Box 17427

Arlington, VA 22209

Phone: 800-621-3141

Email: [sbaa@sbaa.org](mailto:sbaa@sbaa.org)

Please contact them for info in your area

### SBAA West Virginia Clinics:

<http://www.spinabifidaassociation.org/clinics/#U-Z>

### West Virginia University Medical Center

Children With Special Health Care Needs/Myelo Clinic (pediatric and adult)

Medical Center Drive

Morgantown, WV 26505

Phone: 304-598-4830

## Spinal Cord Injury

### West Virginia's Traumatic Brain & Spinal Cord Injury Rehabilitation Fund

<http://tbi.cedwvu.org/traumatic-brainspinal-cord-injury-rehabilitation-fund-board/>

Center for Excellence in Disabilities

West Virginia University

PO Box 6870

Morgantown, WV 26506-9927

Phone: 304-293-4692; 877-724-8244 (toll-free)

Email: [TBI@hss.wvu.edu](mailto:TBI@hss.wvu.edu)

## Stroke

### American Stroke Association

<https://www.stroke.org/>

National Center

7272 Greenville Avenue

Dallas, TX 75231

Phone: 1-888-478-7653; 888-474-8483  
Please contact them for the stroke support group in your area

**Primary Stroke Centers accredited by Joint Commission on Accreditation for Healthcare Organizations (JCAHO)**

[http://www.jointcommission.org/state\\_recognition/state\\_recognition.aspx?ps=100&b=47](http://www.jointcommission.org/state_recognition/state_recognition.aspx?ps=100&b=47)

**Syringomyelia/Chiari Malformation**

**American Syringomyelia & Chiari Alliance Project**

[www.asap.org](http://www.asap.org)

PO Box 1586  
Longview, TX 75606-1586  
Phone: 903-236-7079, 800-ASAP-282  
Email: [info@ASAP.org](mailto:info@ASAP.org)

**Transverse Myelitis**

**Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)**

[www.wearesrna.org](http://www.wearesrna.org)

1787 Sutter Parkway  
Powell, OH 43065-8806  
Phone: 855-380-3330  
Please contact them for info in your area.

**General Disability Resources**

**West Virginia Yellow Pages for Kids with Disabilities**

<http://www.yellowpagesforkids.com/help/wv.htm>

**West Virginia Developmental Disabilities Council**

<http://www.ddc.wv.gov/Pages/default.aspx>

110 Stockton Street  
Charleston, WV 25312  
Phone: 304-558-0416 or 304-558-2376 (TDD)  
Email: [dhhrwvddc@wv.gov](mailto:dhhrwvddc@wv.gov)

**West Virginia Chapter of the American Occupational Therapy Association**

<https://myaota.aota.org/asapcontacts.aspx>

West Virginia Occupational Therapy Association  
Phone: 304-776-4515

**West Virginia Chapter of the American Physical Therapy Association**

<http://www.wvpta.org>

West Virginia Physical Therapy Association  
650 Main St.  
Barboursville, WV 25504  
Phone: 304-733-6484; 844-490-2568 (toll-free)

Email: [info@wvpta.org](mailto:info@wvpta.org)

**Healthboards.com** – message boards on health-related topics. Topics include SCI, CP, Stroke, and more.

<http://www.healthboards.com/boards/index.php>

### **West Virginia First Call 2-1-1**

<http://www.wv211.org/>

Phone: 211

P.O. Box 211

Mannington, WV 26582

Phone: 304-376-3102

Email: [info@wv211.org](mailto:info@wv211.org)

Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

### **ThinkFirst National Injury Prevention Foundation**

[www.thinkfirst.org](http://www.thinkfirst.org)

1801 N. Mill Street, Suite F

Naperville, IL 60563

Phone: 630-961-1400, 800-THINK56

Email: [thinkfirst@thinkfirst.org](mailto:thinkfirst@thinkfirst.org)

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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