



# Australia Disability Resources



## ALS/Motor Neuron Disease

### **ALS - Motor Neurone Disease Research Institute**

Dr. Dawn Thew  
P.O. Box 635  
Gordon 2072  
New South Wales, Australia  
Tel: 61-2-498-7960

### **Motor Neurone Disease Association of ACT**

The Pearce Centre  
Collett Place  
Pearce 2607

ACT, Australia  
Tel: (02) 6287-4343

### **Motor Neurone Disease Association of Australia**

<http://www.mndaust.asn.au/>

PO Box 990

The Old Gladesville Hospital, Victoria Rd  
Gladesville NSW 1675

Phone: + 61 2 8287 4980

Mobile/Cell Phone: 0408 461 932

Email: [info@mndaust.asn.au](mailto:info@mndaust.asn.au)

Motor Neuron Disease Association of Australia's mission, as the national body for people living with MND, is to encourage collaboration with their members to promote optimal care outcomes for people living with MND and enable research that will identify the cause and lead to better care, control, and ultimately a cure for MND.

### **Motor Neurone Disease Association of New South Wales (MNDANSW)**

<http://www.mndnsw.asn.au/>

Gladesville Hospital, Bldg. 4

Victoria Rd., New South Wales, Australia

Tel: 02 8877 0999

Email: [mndansw@netspace.net.au](mailto:mndansw@netspace.net.au)

The purpose of the Motor Neurone Disease Association of New South Wales is to provide benefits for and services to members of the Association with motor neuron disease, their families and careers without discrimination, to distribute authoritative information and promotion of education to all people with Motor Neuron Disease, their families, their careers, health professionals and the public, to promote public awareness of motor neuron disease, to assist by providing specialized equipment for patient use on a loan basis, where practicable, and to facilitate the formation and operation of branches and support groups.

### **Motor Neurone Disease Association of Queensland (MNDAQ)**

<https://www.mndaq.org.au/Home.aspx>

PO Box 470, Inala QLD 4077

35 Wedgetail Street, Inala, 4077

Tel: (07) 3372-9004

Free call: 1800 777 175

Email: [info@mndaq.org.au](mailto:info@mndaq.org.au)

Facebook: <https://www.facebook.com/MNDAQ>

Twitter: <https://twitter.com/MNDQueensland>

The Motor Neurone Disease Association of Queensland's mission is to help reduce the impact of motor neuron disease on people living with MND, their families and careers by providing information, education, and support, raising awareness of MND and its impact, and supporting efforts to find the cause and a cure for Motor Neuron Disease.

### **Motor Neurone Disease Association of South Australia Inc. (MNDASA)**

<https://www.mndsa.org.au/>

302 South Road Hilton SA 5033

PO Box 2087 Hilton Plaza SA 5033

Phone: 08 8234 8448

Free call: 1800 777 175

Email: [admin@mndasa.com.au](mailto:admin@mndasa.com.au)

The Motor Neurone Disease Association of South Australia's mission is to provide and promote the best possible care and support for people living with Motor Neurone Disease.

### **Motor Neurone Disease Association of Tasmania (MNDAT)**

<http://mndatas.asn.au/>

P.O. Box 379

Sandy Bay

Tasmania 7006

Tel: 1800 806 632

Email: [info@mndatas.asn.au](mailto:info@mndatas.asn.au)

Facebook: <https://www.facebook.com/MNDTas>

The Motor Neurone Disease Association of Tasmania was founded in 1986, to assist people living with Motor Neuron Disease (MND) and their careers by providing useful and informative information, assisting with equipment needs, raising the profile of MND in the community and raising funds for research into MND.

### **Motor Neurone Disease Association of Victoria (MNDAV)**

<http://www.mnd.asn.au/>

265 Canterbury Rd.

P.O. Box 23

Canterbury 3126

Victoria, Australia

Tel: 61-3-9830-2122

Tel: 1 800 806 632 (Toll-free in Australia)

Email: [info@mnd.asn.au](mailto:info@mnd.asn.au)

The Motor Neurone Disease Association of Victoria's mission is to provide and promote the best possible care and support for people living with MND.

### **Motor Neurone Disease Association of Western Australia Inc. (MNDAWA)**

<https://www.mndawa.asn.au/>

MNDAWA Inc Centre for Neurological Support

The Niche, 1<sup>st</sup> Floor

11 Aberdare Road

NEDLANDS WA 6009

Phone: +618 6457 7355

Email: [admin@mndawa.asn.au](mailto:admin@mndawa.asn.au)

The Motor Neurone Disease Association of Western Australia's mission is to be the specialist organization in Western Australia to encourage and enhance participation in normal life activities of people living with MND, recognizing the need for quality of life and personal dignity, raising awareness, as well as supporting and advocating research relating to MND.

### **Motor Neurone Disease Research Institute of Australia Inc.**

<https://www.mndaustralia.org.au/>

PO Box 117  
Deakin West, ACT 2600  
Tel: + 61 2 8287 4989  
Email: [research@mndaust.asn.au](mailto:research@mndaust.asn.au)

The Motor Neurone Disease Research Institute of Australia (MNDRIA) aims to improve the future of people with MND by promoting and funding research to understand the causes, find effective treatments and discover cures for MND. MNDRIA is the research arm of MND Australia.

## **Brain Injury**

### **Brain Injury Association of Tasmania**

<https://www.biat.org.au/>  
ABC Centre, 1 Liverpool St., Hobart, TAS, 7000  
PO Box 4580, Bathurst Street Post Office, Hobart, TAS, 7000  
Tel: (03) 6230 9800  
Email: [enquiries@biat.org.au](mailto:enquiries@biat.org.au)

The Brain Injury Association of Tasmania's mission is to promote awareness and understanding of the impact of acquired brain injury (ABI) to families, communities, and service providers through training, education and resources; Lobby to address systemic issues which impact on people living with ABI – both at state level and through membership for the national body, Brain Injury Australia.

### **Brain Injury Australia**

<http://www.braininjuryaustralia.org.au/>  
P.O. Box 220 Marrickville NSW 1475  
Phone: 61 2 9808 9390  
Free call: 1800 272 461  
Email: [admin@braininjuryaustralia.org.au](mailto:admin@braininjuryaustralia.org.au)

Facebook: <https://www.facebook.com/pages/Brain-Injury-Australia/136046049756672>

Brain Injury Australia's mission is to represent all Australians with acquired brain injury (ABI) whatever the cause by advocating for government program allocations and policies that reflect the needs and priorities of people with an ABI and their families, initiating and coordinating national projects and increasing national public awareness of ABI through the implementation of public information programs.

## **Cerebral Palsy**

### **CP Australia**

<http://www.cpaustralia.com.au/>  
Level 39, 259 George St., Suite 2  
SYDNEY NSW 2000  
Phone: 02 8295 7725  
Email: [contact@cerebralpalsyaustralia.com](mailto:contact@cerebralpalsyaustralia.com)

Mission: Cerebral Palsy Australia focuses on the promotion and advancement of the rights, interests, welfare and social inclusion for people with cerebral palsy by assisting in obtaining appropriate funding and support for organizations working with people with cerebral palsy and their careers, supporting and encouraging innovation and improved

service practices, encouraging, conducting and supporting research concerning cerebral palsy, and working with governments in developing policies for services and support of organizations working with people with cerebral palsy and their careers.

## **Friedreich's Ataxia**

### **Friedreich's Ataxia Network**

<http://www.fan.asn.au>

8 Grenade Street Cannon Hill QLD 4170

Phone: (61+) 07 32563867

Email: [info@fan.asn.au](mailto:info@fan.asn.au)

Friedreich's Ataxia Network's mission is to foster a positive outlook among FAers and their families, to assist FAers to achieve their potential, to compile relevant and timely information and make it readily available, to promote and support research in any area relating to FA, to assist in clinical trials where appropriate, and to assist in educating professionals through participation in seminars etc.

### **International Network of Ataxia Friends: Australia and New Zealand**

<http://www.internaf.org/>

International Ataxia Foundation Ambassador: Renee Moore (Nee McCallum)

44 Lotherton Way

Hocking, W Australia 6065

61-8-9404-7052

E-mail: [moorear@westnet.com.au](mailto:moorear@westnet.com.au)

### **The Theresa Byrnes Foundation**

<http://www.internaf.org/groups/ozgroups.html>

PO Box 1888

Strawberry Hills, NSW 2012

Mission: The Theresa Byrnes Foundation's mission is to continue and expand the fundraising efforts of the FAA and increase community awareness of Friedreich's Ataxia.

## **Guillain-Barre Syndrome**

### **Guillain-Barre Syndrome Association of New South Wales**

<http://www.gbs-cidp-nsw.org.au/>

PO Box 228

Waverley NSW 2024

Australia

Phone: (02) 9617 0883 or 0487 843 723

Email: [info@gbs-cidp-nsw.org.au](mailto:info@gbs-cidp-nsw.org.au)

Mission: The Guillain-Barre Syndrome Association of New South Wales's mission is to provide support to people impacted by GBS/CIDP and related disorders through giving information and support to improve the quality of life of these persons via our website, newsletters, email and telephone contacts, meetings and hospital visits; Promoting research that will lead to a cure for these disorders, including providing financial support when possible from donations to our organization; Fostering the development of new

treatments and models of care with the medical community; And promoting the formation of local area networks in regional and remote areas.

### **Guillain-Barre Syndrome Support Group of Tasmania**

16 College Court  
Devonport, TAS 7310  
Australia

## **Multiple Sclerosis**

### **Multiple Sclerosis Australia**

<http://www.msaustralia.com.au/>

Head Office:

Level 19 Northpoint

100 Miller Street

North Sydney NSW 2060

Phone: 1300 010 158

Email: [info@msaustralia.org.au](mailto:info@msaustralia.org.au)

Victoria Office:

The Nerve Centre

54 Railway Rd

Blackburn VIC 3130

Phone: +61 3 9845 2700

Email: [info@msaustralia.org.au](mailto:info@msaustralia.org.au)

Mission: Multiple Sclerosis Australia aims to benefit Australians living with MS, improve treatments and work directly with MS Research Australia to accelerate research to ultimately find a cure for MS.

## **Muscular Dystrophy**

### **Muscular Dystrophy Australia**

<http://www.mda.org.au/>

111 Boundary Rd. N

North Melbourne VIC 3051

Phone: 61 3 9320 9555

Mission: Working towards a world without Muscular Dystrophy - but in the meantime, there's the MDA providing Support and Hope as an organization respected by and a proponent of the MD Community.

## **Neurofibromatosis**

### **The Institute for Neuroscience and Muscle Research (INMR)**

<https://www.inmr.com.au/about-the-institute/>

The Children's Hospital at Westmead

Cnr Hawkesbury Road & Hainsworth Street

Locked Bag 4001

Westmead, NSW 2145

Tel: +61 2 9845 1905

The Institute for Neuroscience and Muscle Research (INMR) investigates causes, consequences, and therapies for specific inherited and acquired neurological diseases such as the muscular dystrophies, peripheral neuropathies, neuroinflammatory disorders such as multiple sclerosis and neurofibromatosis type 1.

## **Polio and Post-Polio Syndrome**

### **Polio NSW**

<https://www.polionsw.org.au/>

PO Box 2799

North Parramatta, NSW 1750

Australia

Phone: (02) 9890 0946

Polio NSW was formed as the Post-Polio Network in 1989 by polio survivors for polio survivors. It is a self-help, self-funded organization run almost entirely by volunteers. Polio NSW provides support and information about the late effects of polio and works in partnership with health care professionals in the management of the late effects.

### **Polio Australia**

<https://www.poliohealth.org.au/pps-the-australian-experience/>

Resources to help improve health outcomes in Australia for polio-survivors

## **Spina Bifida**

### **Northcott Spina Bifida Adult Resource Team**

<https://northcott.com.au/spina-bifida-adult-resource-team/>

The Northcott Building

1 Fennell Street

North Parramatta NSW 2151

PO Box 4055

Parramatta NSW 2124

Ph: (02) 9890 0100

International call: 0011 + 61 + 2 + 98900100

Toll Free: 1800 818 286

Email: [northcott@northcott.com.au](mailto:northcott@northcott.com.au)

The Spina Bifida Adult Resource Team (SBART) provides clinical consultation, education, support and preventative health strategies to adults with spina bifida.

### **Spina Bifida in the Children of the Vietnam Veterans of Australia**

<http://www.vvaa.org.au/bifida.htm>

Anzac House

4 Collins Street

Melbourne Vic 3001

Phone: 61 3 9655 5588

## **Spinal Cord Injury**

**AQA Victoria Ltd.** (formerly Australian Quadriplegic Association of Victoria)

[www.aqavic.org.au](http://www.aqavic.org.au)



Has a forum for spinal cord injured persons

416 Heidelberg Road,  
Fairfield VICTORIA 3078

Phone: (03) 9489 0777

Toll Free: 1800 999 128

Email: [admin@aqavic.org.au](mailto:admin@aqavic.org.au)

Mission: AQA enables individuals affected by spinal cord injury to attain maximum independence through best practice services, their contribution to an inclusive community and by supporting those who support them.

### **Perry Cross Spinal Research Foundation**

<http://www.pcsrf.org.au/>

PO Box 8244

GCMC Qld 9726

Phone: 0457 277 579

Email: [team@pcsr.org.au](mailto:team@pcsr.org.au)

The Perry Cross Spinal Research Foundation aims to facilitate, collaborate and initiate the connections and research required to find a cure for paralysis.

### **Sargood Foundation**

<http://www.sargoodfoundation.org.au/>

1 Brissenden Avenue, Collaroy NSW 2097

Mailing Address: PO Box 416, Collaroy Beach NSW 2097

Phone: 02 8597 0600

Email: [info@sargood.org.au](mailto:info@sargood.org.au)

The Sargood Foundation aims to support people with a spinal injury in their endeavor to play an equal role in society by promoting social integration & activity, by increasing workforce participation, and by promoting innovations that enhance the lives of people living with a spinal injury. A key function of the Foundation is to raise funds to support Sargood on Collaroy.

### **Sargood on Collaroy**

<http://sargoodoncollaroy.com/>

Opened in December 2016, Sargood on Collaroy is a resort for people living with a spinal injury. It aims to be recognized globally as the place where people with a spinal injury want to come to refresh, learn and connect. Sargood on Collaroy will provide the opportunity for development of vocational skills, health, wellbeing and education.

### **Spinal Cord Injuries Australia**

<http://scia.org.au/>

1 Jennifer Street

Little Bay NSW 2036

PO Box 397, Matraville NSW 2036

Phone: 02 9661 8855

Free call: 1800 819 775 (people with disabilities and their careers outside Sydney)

Email: [office@scia.org.au](mailto:office@scia.org.au)

Commitment to innovation creates independence, dignity and unlimited opportunity for people living with spinal cord injury.



## **SpinalCure Australia** (formerly Australasian Spinal Research Trust)

<http://www.spinalcure.org.au/>

Suite 3.04, 80 Clarence Street Sydney

Australia

National Free call: 1800-SPINAL 1800-774625

Phone: 02 9356 8321

International: +612 9356 8321

Email: [research@spinalcure.org.au](mailto:research@spinalcure.org.au)

Facebook: <http://facebook.com/spinalcure/>

Twitter: <http://twitter.com/spinalcure/>

## **Spinal Life Australia**

<https://www.spinal.com.au/>

109 Logan Road

Woolloongabba QLD 4102

PO Box 5651

West End QLD 4101

Phone: 1300 774 625

Email: [enquiries@spinal.com.au](mailto:enquiries@spinal.com.au)

Spinal Life Australia is one of Queensland's leading providers of advocacy, therapy and supports for people with spinal cord injuries.

## **Spinal Muscular Atrophy**

### **Spinal Muscular Atrophy Association of Australia Inc.**

<http://www.smaaustralia.org.au/>

Unit 7, 16-28 Melverton Drive, Hallam VIC 3803

PO Box 5245, Hallam VIC 3803

Phone: (03) 9796 5744

Email: [smaaa@smaaustralia.org.au](mailto:smaaa@smaaustralia.org.au)

Facebook: <https://www.facebook.com/SpinalMuscularAtrophyAustralia>

Mission: Spinal Muscular Atrophy Association of Australia is dedicated to providing support to those suffering from all types of Spinal Muscular Atrophy and their families.

## **Stroke**

### **National Stroke Foundation of Australia**

<http://www.strokefoundation.com.au/>

Level 7, 461 Bourke Street

Melbourne VIC 3000

Phone: +61 3 9670 1000

Email: [admin@strokefoundation.com.au](mailto:admin@strokefoundation.com.au)

National Stroke Foundation of Australia's mission is to stop stroke, save lives, end suffering.

## **Transverse Myelitis**

### **Brain Foundation – Transverse Myelitis**

<https://brainfoundation.org.au/disorders/transverse-myelitis/>

## Cross Disability

### **Australian Doctors Directory**

<http://www.australiandoctorsdirectory.com.au/>

PO Box 489

Elwood, Victoria 3184

Phone: (03) 9525 7213

Email: [info@futuremediagroup.com.au](mailto:info@futuremediagroup.com.au)

The Australian Doctors Directory provides medical practitioners with a way to reach their target audience and inform the public about their services. They also help people who are looking for medical practitioners to easily find the service they need.

### **Australian Rehabilitation and Assistive Technology Association (ARATA)**

<http://www.arata.org.au/>

Phone: 03 9586 6075

Email: [secretary@arata.org.au](mailto:secretary@arata.org.au)

Facebook: <https://www.facebook.com/ARATAconference?fref=nf>

Mission: ARATA's mission is to serve as a forum for information sharing and liaison between people who are involved with the use, prescription, customization, supply and ongoing support of assistive technology.

### **Beyond Blue: National Depression Initiative**

<http://beyondblue.org.au/index.aspx>

PO Box 6100

Hawthorn West 3122

Phone: 1300 22 4636

Beyond Blue's mission to provide national leadership to reduce the impact of depression and anxiety in the Australian community.

### **CP Tech**

<http://cptech.com.au/>

CP Tech assists people with cerebral palsy and other disabilities to gain greater independence through the prescription and/or fabrication of equipment and technology options. It is a consultancy service which provides support and technical expertise that lead to greater independence through the creative use of equipment and technology.

### **DAISI—Disability and Aged Information Service Inc.**

<https://daisi.asn.au/>

Info and referral in NSW.

Shop 3, 166 River St.

Ballina NSW 2478

Phone: (02) 6686 7887

Email: [info@daisi.asn.au](mailto:info@daisi.asn.au)

DAISI is a charity which connects people with disability, the aged and their careers with community support services, information and training that will enable them to realize their full potential.

### **Freedom Across Australia**

<http://www.faa.org.au/>

Provides travel expenses for those with severe disabilities  
5 Braemar Drive  
Penrith 2750  
Phone: (02) 4736 3592  
Email: [jhebblewhite@bigpond.com](mailto:jhebblewhite@bigpond.com)

### **Make a Difference WA**

<http://makeadifferencewa.com/>

PO Box 764

Claremont WA 6910

Phone: 0403 127 029

Focuses on the mental health and wellbeing of young children and the care that they receive from the adults in their lives.

### **People with Disability Australia Incorporated**

<http://www.pwd.org.au/>

PO Box 666 Strawberry Hills NSW 2012 Australia

Tower 1, Lvl 10, 1 Lawson Square

Redfern NSW 2016 Australia

Tel: 02 9370 3100

Email: [pwd@pwd.org.au](mailto:pwd@pwd.org.au)

Mission: People with Disability's mission is to lead disability rights, advocate and represent all people with disability, and to strive for the realization of their vision of a socially just, accessible and inclusive community.

### **Disability Services Australia**

<https://dsa.org.au/>

Corporate Office

76 Harley Crescent

Condell Park NSW 2200

Phone: 1300 372 121

Email: [customerconnections@dsa.org.au](mailto:customerconnections@dsa.org.au)

Disability Service Australia supports people with disabilities in developing the skills to live independently and participate in society through training and employment opportunities.

### **Disability Works Australia**

<http://www.dwa.org.au/about.htm>

PO Box 122

HOVE SA 5048

Phone: (08) 8276 0900

Disability Works Australia's mission is to facilitate employment of people with disabilities in Australia.

### **Victorian (Australia) Government Health Information: Pressure Ulcer Basics**

<http://elearning.health.vic.gov.au/PressureUlcerBasics/index.htm>

## **Sailing**

### **Sailability Dobroyd**

<https://sailabilitynsw.org/>

Sailing Venue  
Dobroyd Aquatic Club  
Rodd Point (via Henley Marine Drive)  
Five Dock NSW 2046  
Phone: 9630 8517  
Email: [mga-spc@bigpond.net.au](mailto:mga-spc@bigpond.net.au)  
Sailability Dobroyd's mission is to facilitate participation in sailing and boat usage at social, recreational and competitive levels, for people with disabilities and their families regardless of age and level of disability.

## **Service Animals**

### **Assistance Dogs Australia**

<http://www.assistancedogs.org.au/>

996 Old Princes Highway,  
Engadine NSW 2233  
PO Box 455,  
Engadine NSW 2233  
Phone Toll Free: 1800 688 364  
Phone Office: 02 9548 3355  
Email: [info@assistancedogs.org.au](mailto:info@assistancedogs.org.au)

Assistance Dogs Australia aims to provide freedom and independence to people with physical disabilities by providing highly trained assistance dogs.

### **Australian Support Dogs (ASDOG)**

<http://www.asdog.org.au/>

PO Box 5492  
West Chatswood, NSW, 1515  
Phone: 1300 788 721  
Email: [information@asdog.org.au](mailto:information@asdog.org.au)

Australian Support Dogs (ASDOG)'s mission is to select and train suitable dogs to the required standard for assistance dogs and to meet the special needs of appropriate recipients, to actively promote the concept of trained assistance dogs for people with physical disabilities, to raise general awareness and support for the assistance dog program among relevant private and public organizations and the broader community, to raise funds to finance the development and expansion of the ASDOG program and to train and provide training methods that are based on the 'positive conditioning' approach.

### **Disability Aid Dogs**

<http://www.aiddogs.com.au/>

Disability Aid Dogs mission is to train people to train their own dog under the expert supervision of their highly qualified senior trainers and instructors.

## **Riding/Driving**

### **Riding for the Disabled of Australia**

<http://www.rda.org.au/>

400 Epsom Rd.  
Flemington Victoria, 3031  
Unit 3  
168 Henley Beach Road  
Torrensville SA 5031  
Phone: 99 116 408 587  
Email: [admin@rda.org.au](mailto:admin@rda.org.au)

RDA Centers provide suitable horses, trained volunteer helpers, accredited RDA coaches, riding and safety equipment to run a range of equestrian activities.

### **Riding for the Disabled (NSW)**

<http://www.rdansw.org.au/aboutus/index.php>

Mailing: P.O. Box 710 SYDNEY MARKETS NSW 2129  
Sports House 6A, Figtree Drive,  
Sydney Olympic Park, NSW 2127  
Phone: (02) 87361256

Email: [stateoffice@rdansw.org.au](mailto:stateoffice@rdansw.org.au)

The primary mission of Riding for the Disabled Association (RDA) is to provide most people with a disability, the opportunity to ride and enjoy all the activities connected with horse riding.

### **Riding for the Disabled South Australia**

<http://www.rdasa.org.au/>

Level 3, 169 Fullarton Rd, Dulwich.  
Phone: 08 8377 3150  
Email: [admin@rdasa.org.au](mailto:admin@rdasa.org.au)

RDA SA provides horse riding and associated activities as therapy, sport and active recreation for people with disabilities.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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