



# U.K. (England, Ireland, Wales, Scotland) Disability Resources



ALS/MND

## Motor Neurone Disease Association

<http://www.mndassociation.org/>

PO Box 246,  
Northampton

NN1 2PR

Tel: 0808 802 6262

Email: [enquiries@mndassociation.org](mailto:enquiries@mndassociation.org)

The Motor Neurone Disease Association is the only national charity in England, Wales and Northern Ireland focused on MND care, research, and campaigning. They aim to enable everybody living with MND to receive the best care, achieve the highest possible quality of life and to die with dignity.

### **Irish Motor Neurone Disease Association**

<https://imnda.ie/>

Unit 3, Ground Floor

Marshalsea Ct.

22/23 Merchant's Quay

Dublin 8 D08 CGXP

Tel: 01 670 5942

Helpline: 1800 403 403

Email: [info@imnda.ie](mailto:info@imnda.ie)

IMNDA supports people with Motor Neurone Disease (MND), their families and careers through advocacy, home, and professional support. IMNDA fundraises to help people with MND and support the vital research undertaken.

### **MND Scotland**

<http://www.mndscotland.org.uk/>

2<sup>nd</sup> Floor, City View

6 Eagle St.

Glasgow G4 9XA

Tel: 0141 332 3903

Email [info@mndscotland.org.uk](mailto:info@mndscotland.org.uk)

MND Scotland is the only Scottish charity providing care and support to people with Motor Neurone Disease (MND), their families, friends and careers. They provide a wide range of services, information about MND, and funding for research. Through education, campaigning, and research, we work collaboratively to ensure that people affected by MND have access to the highest quality care and support.

## **Brain Injury**

### **Brain Injury Rehabilitation Trust**

<https://www.thedtgroup.org/brain-injury>

32 Market Place,

Burgess Hill, West Sussex, RH15 9NP

Tel: 01444 239123

Email: [director@birt.co.uk](mailto:director@birt.co.uk)

The Disabilities Trust is a national charity providing innovative care, rehabilitation, and support solutions for people with profound physical impairments, acquired brain injury and learning disabilities as well as children and adults with autism.

### **British Brain and Spine Foundation**

<http://www.brainandspine.org.uk/>

Fourth Floor,

CAN Mezzainie

7-14 Grent Dover St.  
London  
SE1 4YR

Tel: 0808 808 1000

Email: [info@brainandspine.org.uk](mailto:info@brainandspine.org.uk)

The Brain and Spine Foundation exists to provide this information and to be there during diagnosis, treatments and in the longer term, to answer questions and provide support throughout a patient's journey.

### **Headway: The Brain Injury Association**

<http://www.headway.org.uk/>

Bradbury House  
190 Bagnall Road  
Old Basford  
Nottingham  
Nottinghamshire  
NG6 8SF

Tel: 0115 924 0800

Email: [enquiries@headway.org.uk](mailto:enquiries@headway.org.uk)

Headway's mission is to promote understanding of all aspects of brain injury and to provide information, support and services to people with a brain injury, their families and careers. In addition, Headway will campaign to reduce incidence of brain injury.

### **Headway Ireland: The National Association for Acquired Brain Injury**

<https://headway.ie/>

Headway,  
Blackhall Green,  
off Blackhall Place,  
Dublin 7.

Tel: 01 6040 800

Headway's mission is to bring positive change in the lives of those affected by an acquired brain injury. Offices in Cork and Limerick also.

### **UK Acquired Brain Injury Forum**

<http://www.ukabif.org.uk/>

UKABIF  
Box 2539  
Kemp House  
152-160 City Rd.

London  
EC1V 2NX

Telephone: 0345 608 0788

Email: [info@ukabif.org.uk](mailto:info@ukabif.org.uk)

UKABIF's primary role is to raise awareness of acquired brain injury.

## Cerebral Palsy

### SCOPE

<http://www.scope.org.uk/>

Landmark  
26 Whitehall Rd.  
London  
LS12 1BE  
Tel: 0808 800 3333

Email: [helpline@scope.org.uk](mailto:helpline@scope.org.uk)

SCOPE is a disability organization in England and Wales which focuses on CP. Their mission is to drive change across society so that disabled people have the same opportunities as everyone else.

### Enable Ireland (formerly Cerebral Palsy Ireland)

<http://www.enableireland.ie/>

32F Rosemount Park Drive,  
Rosemount Business Park,  
Ballycoolin Road,  
Dublin 11, Ireland.  
Tel: + 353 (0)1 872 7155

Email: [communications@enableireland.ie](mailto:communications@enableireland.ie)

Enable Ireland's mission is to work in partnership with those who use their services to achieve maximum independence, choice and inclusion in their communities.

## Friedreich's Ataxia

### Ataxia UK

<http://www.ataxia.org.uk/>

12 Broadbent Close  
London N6 5JW  
United Kingdom  
Telephone: 020 7582 1444  
Email: [office@ataxia.org.uk](mailto:office@ataxia.org.uk)

Ataxia UK aims to support everyone affected by Ataxia, people with the condition, their families, careers and friends.

### Friedreich's Ataxia Research Alliance Ireland

<https://faraireland.eu/>

### International Network of Ataxia Friends

<http://www.internaf.org/groups/ukothers.html>

List of support groups and societies in the UK who help individuals who are affected by ataxia.

## Guillain-Barre Syndrome

### Guillain-Barre & Associated Inflammatory Neuropathies (GAIN)

<http://www.gaincharity.org.uk/>

Glennys Sanders House  
Pride Parkway  
Sleaford  
Lincolnshire  
NG34 8GL

Tel: 01529 469911

GAIN supports people affected by Guillain-Barre syndrome, CIDP and other associated inflammatory neuropathies throughout Britain and Ireland, increase awareness of GBS, CIDP and related conditions, and raise funds for scientific and medical research.

### **Patient UK: GBS Resources**

<http://www.patient.co.uk/showdoc/328/>

Offers a list of resources for GBS.

## **Multiple Sclerosis**

### **Multiple Sclerosis Society**

<http://www.mssociety.org.uk/>

MS Society  
MS National Centre (MSNC)  
372 Edgware Road  
London  
NW2 6ND

Tel: 0808 800 8000

Email: [helpline@mssociety.org.uk](mailto:helpline@mssociety.org.uk)

The Multiple Sclerosis Society's mission is to enable everyone affected by MS to live life to their full potential and secure the care and support they need, until they ultimately find a cure.

### **MS Ireland**

<http://www.ms-society.ie/>

80 Northumberland Road,  
Dublin 4

Phone: 00 353 (1) 6781600

Email: [info@ms-society.ie](mailto:info@ms-society.ie)

MS Ireland's mission is to enable and empower people affected by Multiple Sclerosis to live the life of their choice to their fullest potential.

### **MS Society Scotland**

<https://www.mssociety.org.uk/contact-us/scotland>

Ratho Park,  
88 Glasgow Road,  
Ratho Station,  
Newbridge, EH28 8PP, Scotland

Telephone: 0131 335 4050

Email: [msscotland@mssociety.org.uk](mailto:msscotland@mssociety.org.uk)

MS Society Scotland's mission is to beat MS by raising awareness of MS, making it a priority at political level, and providing support and information to people affected by MS around the country.

### **Multiple Sclerosis International Federation**

<http://www.msif.org/>

Skyline House

200 Union Street, 3<sup>rd</sup> Floor

London SE1 0LX

United Kingdom

Tel: +44 (0)20 7620 191

Facebook: <https://www.facebook.com/pages/Multiple-Sclerosis-International-Federation/110033075774139>

Twitter: <https://twitter.com/MSIntFederation>

## **Muscular Dystrophy**

### **Muscular Dystrophy UK**

<http://www.muscular-dystrophy.org/>

61A Great Suffolk Street

London

SE1 0BU

Tel: 0800 652 6352

Email: [info@muscular-dystrophyuk.org](mailto:info@muscular-dystrophyuk.org)

Muscular Dystrophy UK is a charity focused on muscular dystrophy and other related conditions. They are dedicated to beating muscular dystrophy and other related conditions by finding treatments and cures and to improving the lives of everyone affected by them.

### **Muscular Dystrophy Ireland**

<http://www.mdi.ie/>

75 Lucan Road,

Chapelizod, Dublin 20

Tel: 60460

Email: [info@mdi.ie](mailto:info@mdi.ie)

Muscular Dystrophy Ireland aims to provide information and support to people with neuromuscular conditions and their families through a range of support services. Their objective is to promote through practical empowerment, independent living for people with the condition muscular dystrophy.

## **Neurofibromatosis**

### **The Neurofibromatosis Association of Ireland**

<http://www.nfaireland.ie/>

Carmichael Centre

North Brunswick Street

Dublin 7 Ireland

Phone: 085 702 0024

Email: [info@nfaireland.ie](mailto:info@nfaireland.ie)

The Neurofibromatosis Association of Ireland (NF Ireland) provides a comprehensive range of services including a 24-hour Helpline, literature on the condition, genetic counselling service and information but its primary aim is to inform sufferers and their families of the disorder, supporting them and letting them know they are not alone with the condition.

### **Nerve Tumours Association (UK)**

<https://nervetumours.org.uk/>

HelpLine: 07939046030

Neurofibromatosis

## **Post-Polio Syndrome**

### **Polio Survivors Network**

<http://www.poliosurvivorsnetwork.org.uk/>

P.O. Box 954

Lincoln

LN5 5ER, U.K.

Telephone: (+44) 07480 110334

E-Mail: [info@poliosurvivorsnetwork.org.uk](mailto:info@poliosurvivorsnetwork.org.uk)

Polio Survivors Network is a support network for Polio Survivors experiencing and coping with the effects of Post-Polio Syndrome. [PPS] Their intentions are to collect, collate and provide Polio and Post-Polio conditions related material from all over the world. This includes but is not limited to Post-Polio Sequelae, Post-Polio Syndrome and the Late Effects of Polio

### **Post-Polio Support Group Ireland**

<https://polio.ie/>

Unit 319 Capel Building,

Mary's Abbey,

Dublin 7, Ireland

Tel: +353 1 889 8920

Email: [info@ppsg.ie](mailto:info@ppsg.ie)

Their mission is to create awareness and to provide information regarding the late effects of polio among Polio Survivors, statutory agencies, and the wider medical profession, and to ensure that the needs of Polio Survivors relating to their condition are met to enable them to live with dignity.

### **Post-Polio Health's Directory of Clinics that Specialize in Polio**

[www.post-polio.org](http://www.post-polio.org)

50 Crestwood Executive Dr., Suite 440

Saint Louis, MO 63126 USA

Tel: 314-534-0475

Email: [info@post-polio.org](mailto:info@post-polio.org)

Post-Polio Health International's mission is to enhance the lives and independence of polio survivors and home ventilator users through Education, Advocacy, Research and Networking.

### **Scottish Post-Polio Network**

<http://www.sppn.org.uk/>

Telephone: 0131 447 3486

Email: [scottishpolio@talktalk.net](mailto:scottishpolio@talktalk.net)

The Scottish Post-Polio Network's mission is to give people who have had polio the most up-to-date information about Post-Polio Syndrome, and to inform medical professionals of best practice.

### **World-Wide Fellowship of Polio Warriors**

[www.poliowarriors.org](http://www.poliowarriors.org)

11 Windmill Court

East Wittering, Chichester

West Sussex

UK PO20 8RJ

A not-for-profit charity that offers direct links to useful resources including world maps of the locations of polio survivors, support groups, and medical professionals experienced in post-polio syndrome.

## **Spina Bifida**

### **Scottish Spina Bifida Association**

<http://www.ssba.org.uk/>

National Office,

Dan Young Bldg.

6 Craighalbert Way

Cumbernauld G68 0LS

Tel. 03455 211 300

Email: [mail@ssba.org.uk](mailto:mail@ssba.org.uk)

The SSBA seeks to increase public awareness and understanding of individuals with spina bifida and / or hydrocephalus and allied conditions. It aims to support all those affected to identify their needs and to empower them to make informed choices and decisions.

### **Irish Association for Spina Bifida and Hydrocephalus**

<http://www.sbhi.ie/>

National Resource Center

18 Upper Nangor Road

Clondalkin

Dublin 22

Tel: 01 457 2329

Email: [info@sbhi.ie](mailto:info@sbhi.ie)



The mission or purpose of Spina Bifida Hydrocephalus Ireland is to provide information, support, and advice to people with Spina Bifida and/or Hydrocephalus, their parents and careers, as well as to promote social inclusion and equality for people with Spina Bifida and/or Hydrocephalus in Irish society.

## **Spinal Cord Injuries**

### **Spinal Injuries Association (SIA)**

[www.spinal.co.uk](http://www.spinal.co.uk)

2 Trueman Place

Oldbrook, Milton Keynes

MK6 2HH

United Kingdom

Tel: 01901 604 191

Email: [sia@spinal.co.uk](mailto:sia@spinal.co.uk)

SIA's mission is to support all those affected by spinal cord injury by advising, educating, and campaigning on their behalf.

### **Association for Spinal Injury Research (ASPIRE)**

[www.aspire.org.uk](http://www.aspire.org.uk)

Aspire Leisure Centre

Wood Lane Stanmore

Middlesex HA7 4AP

Tel: 020 8954 5759

Email: [info@aspire.org.uk](mailto:info@aspire.org.uk)

ASPIRE is a registered charity formed in 1983 for rehabilitation and reintegration and works with people who are spinally injured to promote well-being and independence.

### **Back-Up Trust**

[www.backuptrust.org.uk](http://www.backuptrust.org.uk)

4 Knightly Walk

London

SW18 1G2

Tel: 020 8875 1805

Email: [admin@backuptrust.org.uk](mailto:admin@backuptrust.org.uk)

Back-Up Trust's mission is to inspire people affected by spinal cord injury to transform their lives, challenge perceptions of disability, and deliver services that build confidence and independence and offer a supportive network.

### **Functional Electrical Stimulation (Salisbury Spinal Injury Unit)**

[https://www.salisbury.nhs.uk/wards-departments/departments/clinical-science-and-engineering/national-clinical-fes-centre/#:~:text=Functional%20Electrical%20Stimulation%20\(FES\)%20is,cord%20injury%20and%20head%20injury](https://www.salisbury.nhs.uk/wards-departments/departments/clinical-science-and-engineering/national-clinical-fes-centre/#:~:text=Functional%20Electrical%20Stimulation%20(FES)%20is,cord%20injury%20and%20head%20injury)

Dept. Medical Physics and Biomedical Engineering

Salisbury District Hospital,

Salisbury, Wiltshire, SP2 8BJ, UK

Tel +44 (0)1722 439555

E-mail Address: [enquiries@salisburyfes.com](mailto:enquiries@salisburyfes.com)

The Odstock Dropped Foot Stimulator was developed at Salisbury. Find out more about it on their web site.

### **INSPIRE Foundation**

<http://www.inspire-foundation.org.uk/index.asp>

The INSPIRE Foundation,  
Spinal Treatment Centre,  
Salisbury District Hospital, SP2 8BJ.

Tel No: 01722 425098

INSPIRE exists to promote research into the development of practical systems for people with damage to the spinal cord using the latest advances in electronic, mechanical and medical technology.

### **International Spinal Injuries & Rehabilitation Centre: The Royal Buckinghamshire Hospital**

[www.royalbucks.co.uk](http://www.royalbucks.co.uk)

The Royal Buckinghamshire Hospital  
Buckingham Road  
Aylesbury

Buckinghamshire UK HP19 9AB

Tel: +44 (0) 1296 678800

Email: [info@royalbucks.co.uk](mailto:info@royalbucks.co.uk)

The Royal Buckinghamshire Hospital is an independent rehabilitation center with an international reputation for treating patients with spinal cord injury, acquired brain injury, stroke and other neurological conditions.

### **International Spinal Research Trust (ISRT)**

[www.spinal-research.org](http://www.spinal-research.org)

ISRT exists to fund research with the sole aim of ending the permanence of paralysis caused by spinal cord injury.

### **Mark Davies Injured Riders Fund**

[www.mdif.co.uk](http://www.mdif.co.uk)

Lancrow Farmhouse  
Penpillick Hill  
Cornwall PL24 2SA

Tel: 01726-813156

Mob: 07710-788364

Email: [rosemary@mdif.co.uk](mailto:rosemary@mdif.co.uk)

Charity organization that assists by financial means those who were injured in equestrian related accidents.

### **Mark Pollock Trust**

<https://www.markpollocktrust.org/>

Ground Floor, Wilton Plaza

Wilton Place  
Dublin 2, Ireland

Email: [info@markpollocktrust.org](mailto:info@markpollocktrust.org)

A trust which supports the cure for spinal cord injury and paralysis. Pollock is a board member of the Christopher & Dana Reeve Foundation.

### **Multidisciplinary Association of Spinal Cord Injured Professionals (MASCIP)**

[www.mascip.co.uk](http://www.mascip.co.uk)

National Spinal Injuries Centre NSIC

Physiotherapy Department

Stoke Mandeville Hospital

Lower Road

Aylesbury, Bucks HP21 8AL

Telephone 01296 315880

E-mail: [mascipsecretary@hotmail.co.uk](mailto:mascipsecretary@hotmail.co.uk)

The Association's prime objective is to provide a national professional forum to promote standards in clinical practice, foster research and encourage the development of health and social care services for people with spinal cord injuries.

### **Rooprai Spinal Trust**

<http://www.rstrust.com/>

Manufactory House,

Bell Lane, Hertford,

Hertfordshire, SG14 1BP

Email: [info@rstrust.com](mailto:info@rstrust.com)

Rooprai Spinal Trust's mission is to help people affected by spinal cord injury by supporting and funding.

### **Spinal Injuries Scotland (SIS)**

<https://www.spinalinjuriesScotland.org.uk/>

Fullarton Ct. (Unit C)

11 Drumhead Place

Glasgow, G32 8EY

Phone: +44 (0)141 427 7686

Email: [info@sisonline.org](mailto:info@sisonline.org)

SIS's mission is to education, advice and support for people with a spinal cord injury, their family, friends and those that care for them.

## **Spinal Muscular Atrophy**

### **Spinal Muscular Atrophy Support UK**

<http://www.smasupportuk.org.uk/>

40 Cygnet Court, Timothy's Bridge Road,

Stratford-upon-Avon, Warwickshire, CV37 9NW

Tel: 01789 267520

Email: [office@smasupportuk.org.uk](mailto:office@smasupportuk.org.uk)

Spinal Muscular Atrophy Support UK's mission is to provide a range of information and support to families and health professionals as well as promoting and supporting research.

## **Stroke**

### **The Stroke Association**

<http://www.stroke.org.uk/>

Stroke Association House,

240 City Road,

London EC1V 2PR

Phone: 0300 3300 740

Helpline: 0303 3033 100

Email: [info@stroke.org.uk](mailto:info@stroke.org.uk)

The Stroke Association's mission is to prevent strokes and achieve life after stroke through providing services, campaigning, education, and research.

### **Northern Island Chest Heart and Stroke Association**

<http://www.nichs.org.uk/>

21 Dublin Road

Belfast,

BT2 7HB

Tel: +44 028 9032 0184

Email: [mail@nichs.org.uk](mailto:mail@nichs.org.uk)

The Northern Island Chest, Heart and Stroke Association's mission is to eliminate the chest, heart and stroke illnesses from Northern Ireland by focusing on care services, prevention, health promotion, research and campaigning.

### **Chest, Heart and Stroke Scotland**

<http://www.chss.org.uk/>

Third Floor Rosebery House

9 Haymarket Terrace

Edinburgh

EH12 5EZ

Telephone: 0131 225 6963

Email: [admin@chss.org.uk](mailto:admin@chss.org.uk)

Chest, Heart and Stroke Scotland's mission is to improve the quality of life for people in Scotland affected by chest, heart and stroke illness, through medical research, influencing public policy, advice and information and support in the community.

## **Syringomyelia**

### **Ann Conroy Trust**

<http://www.annconroytrust.org/>

Tel: +44 (0) 300 111 0004

Email: [info@annconroytrust.org](mailto:info@annconroytrust.org)

The only organization in the UK which provides educational material about SM. They wish to increase their knowledge and understanding of Syringomyelia Chaired Malformation and associated conditions. They wish to provide support for patients their relatives and careers.

## **Transverse Myelitis**

### **Transverse Myelitis Society**

<http://www.myelitis.org.uk/>

35 Avenue Road

Brentford TW8 9NS

Email: [info@myelitis.org.uk](mailto:info@myelitis.org.uk)

Facebook: <https://www.facebook.com/groups/5655147062/>

Twitter: [https://twitter.com/TM\\_awareness\\_UK](https://twitter.com/TM_awareness_UK)

The TMS website has been designed specifically for those who are interested in Transverse Myelitis and its associated neurological conditions, ADEM, NMO and others. The TMS exists to assist members through the provision of information, personal support, and financial assistance.

### **Siegel Rare Neuroimmune Association USA**

[www.wearesrna.org](http://www.wearesrna.org)

United Kingdom: TM Support Groups

List of Transverse Myelitis support groups locally and internationally.

## **Cross Disability**

### **ACE**

<https://acecentre.org.uk/>

ACE Centre

Hollinwood Business Centre

Albert Street

Hollinwood

Oldham

OL8 3QL

Phone: 0161 358 0151

Email: [enquiries@acecentre.org.uk](mailto:enquiries@acecentre.org.uk)

The ACE Centre is a multidisciplinary team of health, education, and assistive technology professionals.

### **Aerobility**

<https://www.aerobility.com/introduction>

Blackbushe Airport

Aerobility is a registered charity founded in 1993 offering disabled people, without exception, the opportunity to fly an aeroplane.

### **Bell's Palsy Association**

<https://bellspalsy.org.uk/>

The main aim of the Bell's palsy Association is to provide information about the condition to the sufferer and their families.

### **Bladder and Bowel Foundation**

[www.bladderandbowelfoundation.org](http://www.bladderandbowelfoundation.org)

Bladder and Bowel Community

Forward House

17 High St.

Henley-in-Arden

B95 5AA

Email: [help@bladderandbowelfoundation.org](mailto:help@bladderandbowelfoundation.org)

Offers support and information to those living with bowel or bladder dysfunction.

### **British Society for Disability and Oral Health**

<http://www.bsdh.org/>

Email: [lornahollingsworth@nhs.net](mailto:lornahollingsworth@nhs.net)

The aim of this society is to bring together all those interested in the oral care of people with disabilities.

### **Capability Scotland**

<http://www.capability-scotland.org.uk/>

Osborne House

1 Osborne Terrace

Edinburgh

EH12 SHG

Telephone: 0131 337 9876

Textphone: 0131 346 2529

Capability Scotland campaigns with, and provides education, employment, and care services for, disabled children and adults across Scotland.

### **Ceiling Hoist Users Club**

<http://www.chuc.org.uk/>

c/o 7 The Scarplands

Duston

Northampton

NN5 6EY

Tel: 01604 805839

Email: [admin@CHuC.org.uk](mailto:admin@CHuC.org.uk)

CHuC (the Ceiling Hoist users Club) was set up by the late Sue Maynard Campbell MBE, M.D. of Equal Ability CIC, to promote the interests of those disabled people who need to use hoists and particularly those who need, or prefer, ceiling track hoists (also called tracker and tracking hoists).

### **Disability, Pregnancy and Parenthood International**

<https://www.disabledparent.org.uk/>

87 Barrenger Road,

London N10 1HU.

Email: [info@dppi.org.uk](mailto:info@dppi.org.uk)

DPPI (Disability, Pregnancy & Parenthood) is a registered charity that promotes better awareness and support for disabled people during pregnancy and as parents.

### **Dial-a-Ride - London**

<http://www.tfl.gov.uk/gettingaround/3222.aspx>

PO Box 68799

London SE1P 4RD

Phone: 0343 222 7777

Email: [DAR@tfl.gov.uk](mailto:DAR@tfl.gov.uk)

Door to door transport for people with mobility difficulties (temporary or permanent)

### **British Association for Supported Employment**

<https://www.base-uk.org/>

Unit 4, 200 Bury Road

Tottington, Lancashire BL8 3DX

Tel: 01252 912829

Email: [admin@base-uk.org](mailto:admin@base-uk.org)

The British Association for Supported Employment's purpose is to support, promote and develop the principles and provision of supported employment.

### **Mobility Mojo App**

<https://www.mobilitymojo.com/>

Mobility Mojo is a user generated app and website for accessible travel in Dublin, Ireland. Focusing on accessibility users can find and share personal tried and tested knowledge about accessible destinations. The Mobility Mojo app is free to download and allows users to rate the level of accessibility provided and recommend places they have visited to others.

### **Motivation**

[www.motivation.org.uk](http://www.motivation.org.uk)

Unit 2, Sheene Rd.

Bedminster

Bristol

B53 4EG

United Kingdom

Tel: +44 (0)117 966 0398

Email: [info@motivation.org.uk](mailto:info@motivation.org.uk)

Motivation helps disabled people to stay healthy, get mobile and play an active part in their communities. They are a charity that provides wheelchairs to those in developing countries.

### **Origin**

<http://www.origincare.com/>

7.0.6. Cameron House,

White Cross, Lancaster La1 4xq

Tel. 01524 34100

E-mail: [info@origincare.com](mailto:info@origincare.com)

Providing a unique and wide range of specialist spinal injury care services, Origin delivers focused live-in care services to meet individual needs and aspirations for independent living.

**Ouch...It's a Disability Thing** from the BBC

<http://www.bbc.co.uk/ouch/>

Email: [ouch@bbc.co.uk](mailto:ouch@bbc.co.uk)

Facebook: <http://www.facebook.com/Ouch.BBC>

Twitter: <https://twitter.com/#!/bbcouch>

Ouch explores the disability world in blog posts and a monthly internet radio talk show.

**Disability Rights UK**

<http://www.disabilityrightsuk.org/>

Plexal

14 East Bay Lane

Here East

Queen Elizabeth Olympic Park

Stratford

London

E20 3BS

Tel: 0330 995 0400

Email: [enquiries@disabilityrightsuk.org](mailto:enquiries@disabilityrightsuk.org)

Disability Rights UK's mission is to strengthen the voice of disabled people to make their rights real, as an effective national organization led by people with a wide range of impairments or health conditions.

**Rough Guide to Accessible Britain**

[www.accessibleguide.co.uk](http://www.accessibleguide.co.uk)

City Gate House,

22 Southwark Bridge Road

London SE1 9HB

A guide for access to mobility and days outside.

**Spokz People**

[www.spokzpeople.org.uk](http://www.spokzpeople.org.uk)

A mental health platform which supports people living with disability and concentrates on their well being.

## **Riding/Driving**

**Riding for the Disabled Association Incorporating Carriage Driving**

<https://www.rda.org.uk/>

Norfolk House,

1a Tournament Court,

Edgehill Drive,

Warwick



CV34 6LG

Tel: 01926 492915

Email: [info@rda.org.uk](mailto:info@rda.org.uk)

At RDA, their horses and ponies provide therapy, achievement and enjoyment to people with disabilities all over the UK.

### **Riding for the Disabled Incorporating Carriage Driving—Ireland**

<https://rdaireland.org/>

Secretary, Rathlinn, Templecarrig

Lower, Delgany, Co. Wicklow

Tel: 01-2876503

Email: [rdaisecretary@eircom.net](mailto:rdaisecretary@eircom.net)

The main focus of RDA Ireland is to broaden the physical, intellectual and social horizons of people with special needs.

## **Service Animals**

### **Canine Partners**

[www.caninepartners.co.uk](http://www.caninepartners.co.uk)

Mill Lane

Heyshott, Nr Midhurst

West Sussex

GU29 0ED

Tel: 03456 580 480

Canine Partners' mission is to assist people with disabilities to enjoy a greater independence and a better quality of life and, where possible, to help them into education and employment, through the provision of specially trained dogs for the disabled, whose well-being is a key consideration.

### **Dog AID (Assistance in Disability)**

<http://www.dogaid.org.uk/>

Earlyworld House

7 Darwin Ct.

Oxon Business Park

Welshpool Road

Shrewsbury

SY3 5HL

Tel: 01743 588469

Email: [general\\_admin@dogaid.org.uk](mailto:general_admin@dogaid.org.uk)

Dog A.I.D.'s Mission's is to empower the less able; by supplying the pet dog owner with a trainer to help give them the knowledge and skills to turn their pet dog into a qualified Assistance Dog.

### **Dogs for Good**

<https://dogsfordisabled.ie/>

<https://www.dogsforgood.org/>

The Frances Hay Centre,

Blacklocks Hill, Banbury,  
OX17 2BS

Tel: 01295 252600

Email: [info@dogsforgood.org](mailto:info@dogsforgood.org)

Dogs for Good is working to provide solutions to help people with a wide variety of different disabilities and conditions; from assistance dogs helping children and adults with physical disabilities and families affected by autism, to pet dog autism workshops, and innovative new projects working in schools and residential care settings.

## Sailing

### Sailability Ireland

<https://www.sailing.ie/trysailing/sailability/>

Tel: +353 02 280 0239

Email: [ciaran.murphy@sailing.ie](mailto:ciaran.murphy@sailing.ie)

Sailability Ireland to introduce and encourage people of all ages with disabilities to take up sailing.

### RYA Sailability

<https://www.rya.org.uk/>

RYA House,

Ensign Way,

Hamble, Hants, SO31 4YA

Tel: 023 8060 4100

Email: [sailability@rya.org.uk](mailto:sailability@rya.org.uk)

RYA Sailability introduces sailing to the disabled.

### Jubilee Sailing Trust

<http://www.jst.org.uk/>

Jubilee Sailing Trust, 12 Hazel Road, Woolston,

Southampton, SO19 7GA

United Kingdom

Tel: +44 023 8044 9108

Their mission is to create integration of physically disabled and able-bodied people aged 16 and up, empower their beneficiaries to discover their abilities, and educate by the breakdown of barriers and correct the misconceptions around disability, by educating/ informing all our voyage crew.

### Northampton Sailability

<http://www.northamptonsailability.org.uk/>

Northampton Sailing Club

Pitsford Reservoir

Brixworth

Northants NN6 9DG

Tel: 07396 659511

Email: [sec@northamptonsailability.org.uk](mailto:sec@northamptonsailability.org.uk)

Their mission is to promote and co-ordinate active participation by people with disabilities in the sailing community. Northhampton Sailability offers facilities for disabled people to enjoy a wide variety of sailing activities, ranging from joyrides around Pitsford reservoir to teaching to Royal Yachting Association (RYA) standards in dinghy and keelboat sailing.

## Sports

### **Disability Snow Sport UK**

<http://www.disabilitysnowsport.org.uk/>

### **Disability Sport Northern Ireland**

<http://www.dsni.co.uk/>

### **English Federation of Disability Sport**

<http://www.efds.co.uk/>

### **Scottish Disability Sport**

<http://www.scottishdisabilitysport.com/>

### **WheelPower: British Wheelchair Sports**

<http://www.wheelpower.org.uk>

Stoke Mandeville Stadium,  
Guttmann Road, Stoke Mandeville,  
Buckinghamshire, HP21 9PP  
Telephone: 01296 395995

Email: [info@wheelpower.org.uk](mailto:info@wheelpower.org.uk)

WheelPower is passionate about sport and dedicated to providing opportunities for disabled people to live healthy active lifestyles.

### **Wheelchair Dance Sport Association (UK)**

<http://wdsauk.co.uk/>

Lemarie Centre for Charities  
524 St Albans Road  
Watford, Herts  
WD24 7RX

Phone: 0300 111 30 45

Email: [info@wdsauk.co.uk](mailto:info@wdsauk.co.uk)

The Wheelchair Dance Sport Association (UK) or WDSA (UK) is the national governing body for wheelchair dance sport and wheelchair dance in the United Kingdom.

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