



# Injury Prevention



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**ThinkFirst National Injury Prevention Foundation**  
[www.thinkfirst.org](http://www.thinkfirst.org)

2206 N. Main Street, #277

Wheaton, IL 60187

Phone: 630-961-1400

Toll Free: 800-THINK56

Email: [thinkfirst@thinkfirst.org](mailto:thinkfirst@thinkfirst.org)

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls.

### **American Association of Neurological Surgeons: Spinal Cord Injury Prevention Tips**

<http://www.aans.org/en/Patients/Neurosurgical-Conditions-and-Treatments/Spinal-Cord-Injury>

Scroll down to SCI Prevention.

### **American Trauma Society (ATS)**

<https://www.amtrauma.org/>

201 Park Washington Ct.

Falls Church, VA 22046

Phone: 703-538-3544

Toll-free: 800-556-7890

ATS focuses on injury prevention and trauma care.

### **CDC's National Center on Injury & Violence Prevention and Control**

<http://www.cdc.gov/injury/>

The CDC provides statistics and information on programs related to injury and violence prevention.

### **CDC's Older Adult Fall Prevention**

<https://www.cdc.gov/falls/index.html>

### **Distracted Driving: Website for Distracted Driving from the U.S. Department of Transportation**

<https://www.nhtsa.gov/campaign/distracted-driving>

Car accidents are a leading cause of spinal cord injury. This site has all of the state laws that pertain to distracted driving as well as the video stories of people who have lost loved ones to distracted driving.

### **Healthy People 2020: Injury and Violence Prevention**

<http://www.healthypeople.gov/2020/topicsobjectives2020/overview.aspx?topicid=24>

### **I'm Safe Child Safety Solutions Inc.**

[www.imsafe.com](http://www.imsafe.com)

1-877-669-7233

Company provides news and resources as well as products on safety.

### **Mayo Clinic: Spinal Cord Injury**

<http://www.mayoclinic.org/diseases-conditions/spinal-cord-injury/basics/prevention/con-20023837>

Scroll down to Prevention section near bottom

### **MedlinePlus: Water Safety**

<http://www.nlm.nih.gov/medlineplus/watersafetyrecreational.html>

### **Neil Sasche Foundation**

<http://www.nsf.org.au/secondarieschoolyears/>

Offers a series of animated videos for teens on spinal cord injuries including an explanation of what they are and how to prevent them while driving, diving, in the office place, as well as what to do if you come across an accident and the person might have a spinal cord injury. Note that some of the statistics included are about Australia.

### **Pool Safely**

[www.poolsafely.gov](http://www.poolsafely.gov)

Provides info from the U.S. Consumer Product Safety Commission for parents, pool operators, state and local officials on pool safety.

### **Safe Kids USA**

[www.safekids.org](http://www.safekids.org)

1 Inventa Place

6th Fl. West

Silver Spring, MD 20910

Phone: 202-662-0600

Safe Kids USA is a nationwide network of organizations focused on preventing unintentional childhood injury.

**Safe States Alliance** (formerly State & Territorial Injury Prevention Directors Association)

<https://www.safestates.org/>

5456 Peachtree Blvd. #244

Atlanta, GA 30341

Phone: 770-690-9000

SSA is a non-profit organization for the professional who works in the public health field on the state or local level to prevent injuries.

### **Shepherd Center's video on brain and spinal cord injury prevention for children**

[www.shepherd.org/resources/injuryprevention/brain-spine-curriculum](http://www.shepherd.org/resources/injuryprevention/brain-spine-curriculum)

### **University of Michigan Health System: Safety and Injury Prevention Topics**

<https://www.mottchildren.org/your-child/topics/safety-injury-prevention-topics>

Safety Tips by age of child from baby to teen

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