



NEW JERSEY DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>

<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term

supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

New Jersey Division of Aging Services

<https://www.nj.gov/humanservices/doas/>

New Jersey Department of Human Services

PO Box 715

Trenton, NJ 08625-0715

Phone: 877-222-3737, 800-792-8820, 800-792-9745 (NJ Save)

New Jersey Association of Area Agencies on Aging

<http://www.nj4a.org/>

National Center on Elder Abuse (NCEA)

<https://ncea.acl.gov/>

c/o University of Southern California Keck School of Medicine

Department of Family Medicine and Geriatrics

1000 South Fremont Avenue, Unit 22, Building A-6

Alhambra, CA 91803

Phone: 855-500-3537

Email: ncea-info@aoa.hhs.gov

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Arts And Creativity

Artistic Realization Technologies (A.R.T.)

<http://www.artrealization.org/>

Mailing Address:

11 Whippoorwill Way

Belle Mead, NJ 08502

Phone: 908-359-3098

Helps those with physical and developmental disabilities directly express their personal artistic visions.

Matheny Arts Access Program

<https://artsaccessprogram.org/>

65 Highland Avenue

PO Box 339
Peapack, NJ 07977
Phone: 908-234-0011

Arts Horizons

<http://www.artshorizons.org/>

One Grand Avenue, Suite 7
Englewood, NJ 07631
Phone: 201-567-1766

Email: info@artshorizons.org

Arts Horizon's mission is to enhance the lives of people of all ages and abilities by creating equitable opportunities to engage in the arts.

Gotta Dance: All Bodies Speak Class

<https://gotta-dance.com/>

Phone: 877-233-2623

Email: AllBodiesSpeak@gmail.com

All Bodies Speak dance classes are designed specifically for people of **ALL ages** and **ALL bodies– with any disability**. This may include Autism, Down Syndrome, Cerebral Palsy, Parkinson's Disease and/or any other emotional and physical disabilities. All classes are adjusted to accommodate your needs! The all-inclusive nature of these classes aligns with one of Gotta Dance's five core values: **Inclusive Family: Compassion/Warmth/Love/Belonging**.

Assistive Technology

The Richard West Assistive Technology Advocacy Center of Disability Rights NJ

<https://at4nj.org/>

210 South Broad Street, 3rd Floor
Trenton, NJ 08638

Phone: 800-922-7233 (NJ only)

Email: ATAC@disabilityrightsnj.org

Center for Assistive Technology & Inclusive Education Studies (CATIES)

<http://caties.pages.tcnj.edu/>

Dept of Special Ed, Language & Literacy

The College of New Jersey

2000 Pennington Rd

PO Box 7718

Ewing, NJ 08628-0718

Phone: 609-771-3016

Email: caties@tcnj.edu

It is dedicated to improving the educational experiences of children with disabilities by linking faculty and staff expertise with the needs of New Jersey's educational community.

The Richard West Assistive Technology Advocacy Center (ATAC)

<https://at4nj.org/>

210 South Broad St
3rd Floor
Trenton, NJ 08638
Phone: 800-922-7233 (NJ Only)
Email: ATAC@disabilityrightsny.org

Northeast ADA Center

www.northeastada.org
Yang-Tan Institute on Employment and Disability
Cornell University, IRL School
201 Dolgen Hall
Ithaca, NY 14853
Phone: 607-255-6686, 800-949-4232 (Toll-free TTY)
Email: northeastada@cornell.edu

Goodwill Home Medical Equipment

www.goodwillhomemedical.org
300 Benigno Blvd
Bellmawr, NJ 08031
Phone: 609-396-1513
Goodwill HME is a division of Goodwill Industries of Southern NJ and Philadelphia, a 501c3 nonprofit organization. They clean and refurbish equipment such as wheelchairs, bath items, rehab equipment, lifts, hospital beds, walkers, canes, etc. and resell them to people who need them at a reduced rate.

Pluckemin Medical Equipment Ministry of The Pluckemin Presbyterian Church

<https://ppcmem.org/home>
279 US 202
PO Box 402
Pluckemin, NJ 07978
Phone: 908-396-6057
Provides medical equipment on loan to the public (one does not need to be a member of their church to use their equipment loan program). Pluckemin Church loans gently used medical equipment (such as wheelchairs, walkers, crutches, recliners, hospital beds, etc.) at no charge for those in need. Supplies are donated by the community for the community.

Caregivers Info

Caregivers of New Jersey

www.njcaregivers.org
50 Millstone Road
Building 300, Suite 201
East Windsor, NJ 08520
Phone: 800-372-6510

Caregiver.com

<https://caregiver.com/>

1871 West Oakland Park Blvd, Suite E
Oakland Park, FL 33311
Phone: 954-893-0550, 800-829-2734
Email: info@caregiver.com

Well Spouse Association

www.wellspouse.org
63 West Main St., Suite H
Freehold, NJ 07728
Phone: 732-577-8899
Email: info@wellspouse.org

Cherry Hill Well Spouse Support Group

1100 Kings Hwy N
Cherry Hill, NJ 08034
Bob Mastro
Phone: 856-354-6391

Community-Based Fitness Programs

Push to Walk

<http://www.pushtowalknj.org>

11 Philips Pkwy
Montvale, NJ 07645
Phone: 201-644-7567

Push to Walk offers one on one workouts to people with spinal cord injuries in a specialized gym with certified trainers.

TheraFit Rehab

www.therafitrehab.com

Middletown Location:
1275 New Jersey 35, Ste 7
Middletown, NJ 07748
Phone: 732-639-0068
Email: middletown@therafitrehab.com

Matawan Location:
443 Highway 34, Unit J
Matawan, NJ 07747
Phone: 732-955-9505

Email: matawan@therafitrehab.com

TheraFit Rehab offers physical therapy. They are dedicated to providing specialized, activity-based rehabilitation programs to children, adults and seniors with disabilities. They serve people of all ages with disabilities including CP, MS, spinal cord injury, TBI, stroke, paraplegia, muscular dystrophy, spina bifida, quadriplegia, and others. They also serve seniors with conditions such as arthritis, diabetes, and heart and lung disease. The facility offers fully accessible and adaptive equipment.

Community Health Centers

New Jersey Primary Care Association

www.njpca.org

3836 Quakerbridge Road, Suite 201

Hamilton, NJ 08619

Phone: 609-689-9930

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Coronavirus Info and Hotline

NJ Department of Health: COVID-19 Information Hub

<https://nj.gov/health/cd/topics/ncov.shtml>

Phone: 800-962-1253 (24 Hour Public Hotline)

Crime Victim Assistance

New Jersey Department of Law & Public Safety: Office of the Attorney General

<https://www.njoag.gov/>

Victims of Crime Compensation Office

<https://www.njoag.gov/vcco/>

Phone: 877-658-2221, 973-648-2107

Email: njvictims@njvictims.org

Safe Horizon's Links for General Crime Victim Resources/Issues

<http://www.safehorizon.org>

Phone: 800-621-4673 (24 Hour Hotline)

Domestic Violence Help

National Domestic Violence Hotline

<https://www.thehotline.org/>

Phone: 800-799-7233, 800-787-3224 (TTY)

Statewide Hotline

Phone: 800-572-7233

Jersey Battered Women's Service

<http://www.jbws.org/>

Mailing Address:

PO Box 1437

Morristown, NJ 07962

Phone: 973-267-7520 (Administrative), 877-782-2873 (24 Hour Helpline & Referral)

Email: info@jbws.org

New Jersey Coalition to End Domestic Violence

<https://njcedv.org/>

Phone: 855-812-1001 (National Domestic Violence Videophone for Deaf Survivors)

Easterseals Offices

Easterseals National Office

<http://www.easterseals.com>

141 W Jackson Blvd, Suite 1400A

Chicago, IL 60604

Phone: 312-726-6200; 800-221-6827 (Toll-free)

Email: info@easterseals.com

Go to "Connect Locally" and put in your state

Easterseals offers services to children and adults with disabilities and special needs. The programs Easterseals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Easterseals New Jersey

<https://www.easterseals.com/nj/>

25 Kennedy Blvd, Suite 600

East Brunswick, NJ 08816

Phone: 732-257-6662

Government Offices For New Jersey

New Jersey State Website

<http://www.state.nj.us/>

NJ Department of Human Services (includes Disability Programs)

<http://www.state.nj.us/humanservices/>

222 South Warren St
PO Box 700
Trenton, NJ 08625-0700
Phone: 877-294-4356 (TTY)

Catastrophic Illness in Children Relief Fund Commission

<https://www.state.nj.us/humanservices/cicrf/home/>

NJ Department of Human Services

PO Box 728

Trenton, NJ 08625-0728

Phone: 609-292-0600, 800-335-3863 (Family Information Line)

The Fund is a financial assistance program for New Jersey families with potentially catastrophic medical expenses due to a child's illness or condition. If a family has expenses due to a child's illness that were incurred prior to the child's 22nd birthday, and the expenses:

1. Exceed 10% of the family's income that year, plus 15% of any income over \$100,000; and
2. Are not covered by insurance, other State or Federal programs, or other sources such as fundraising

NJ Division of Disability Services

<http://www.state.nj.us/humanservices/dds/>

Mailing Address:

PO Box 705

Trenton, NJ 08625

Phone: 888-285-3036

Publishes an annual New Jersey Resources book

New Jersey Resources 2023 Second Edition book in a PDF file (English version)

https://www.nj.gov/humanservices/dds/documents/RD/2023/Resource_Directory_23-24_Second_Edition_Final.pdf

See also their **NJ Guide to Accessible Parking:**

<https://nj.gov/humanservices/dds/documents/BROCHURES/2022/Guide-to-Accessible-Parking-22-web.pdf>

NJ Division of Vocational Rehabilitation Services (DVRS) Office

<https://www.state.nj.us/humanservices/cbvi/services/vocation/>

NJ Dept of Labor and Workforce Development

1 John Fitch Plaza

PO Box 398

Trenton, NJ 08625-0398

Phone: 609-292-5987, 866-871-7867 (Toll-free)

Email: dvradmin@dol.nj.gov

DVRS provides a wide range of individualized services to assist persons with disabilities to prepare for, obtain and/or maintain employment consistent with their strengths, priorities, needs, abilities, and capabilities. Specific services are offered based on

individual need. Services include vocational assessment, counseling and guidance, job placement assistance, education and vocational training, and other services as required to assist the individual to achieve employment. Transportation assistance is available for eligible consumers who are receiving Vocational Rehabilitation services.

NJ Family Care/Medicaid

<http://www.state.nj.us/humanservices/dmahs/clients/medicaid/>

Mailing Address:

NJ Department of Human Services
Division of Medical Assistance and Health Services
PO Box 712
Trenton, NJ 08625-0712
Phone: 800-701-0710, 800-701-0720 (TTY)

NJ Department of Banking & Insurance

<https://www.nj.gov/dobi/index.html>

20 West State Street
PO Box 325
Trenton, NJ 08625
Phone: 609-292-7272, 800-446-7467 (Hotline)

NJ Division of Workers' Compensation

<https://www.nj.gov/labor/workerscompensation/>

PO Box 381
Trenton, NJ 08625-0381
Phone: 609-292-2515

NJ Council on Developmental Disabilities

www.njcdd.org

Mailing Address:

PO Box 700
Trenton, NJ 08625-0700
Phone: 609-292-3745, 800-792-8858 (Toll-free), 609-777-3238 (TDD)
Email: njcdd@njcdd.org

State Interagency Coordinating Council: Early Intervention System

<https://www.nj.gov/health/fhs/eis/index.shtml>

Department of Health
PO Box 360
Trenton, NJ 08625-0360
Phone: 609-777-7734
Early intervention for infants and toddlers with disabilities.

NJ Office of Emergency Medical Services

<http://www.state.nj.us/health/ems/>

Department of Health
Physical Address:

55 N. Willow Street
Trenton, NJ 08625
Mailing Address:
PO Box 360
Trenton, NJ 08625-0360
Phone: 609-633-7777
Email: ems@doh.nj.gov

Lists emergency transportation providers and air medical service providers.

NJ Charity Care

<http://www.nj.gov/health/charitycare/index.shtml>

Department of Health
Mailing Address:
PO Box 360
Trenton, NJ 08625
Phone: 866-588-5696
Email: Charity.Care@doh.nj.gov

The New Jersey Hospital Care Payment Assistance Program (Charity Care) is for people who are uninsured and underinsured.

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>

<http://whoismyrepresentative.com/>

NJ Long-Term Care Ombudsman

<http://www.state.nj.us/ooie/>

PO Box 852
Trenton, New Jersey 08625-0852
Phone: 877-582-6995
Email: ombudsman@ltco.nj.gov

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

U.S. Department of Housing and Urban Development (HUD): NJ Office

https://www.hud.gov/states/new_jersey

Newark Field Office
One Newark Center

1085 Raymond Boulevard
13th Floor
Newark, NJ 07102-5260
Phone: 973-776-7200; 800-225-5342 (Toll-free), 973-645-3298 (TTY)
Email: NJ_Webmanager@hud.gov

U.S. Department of Housing and Urban Development (HUD)

www.hud.gov

451 7th Street, SW

Washington, DC 20410

Phone: 202-708-1112, 202-708-1455 (TTY)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

<https://njdca-housing.dynamics365portals.us/en-US/>

NJ Department of Community Affairs: Division of Housing and Community Resources – DCAid

<https://njdca-housing.dynamics365portals.us/en-US/>

DCA has a variety of programs that can help you with rent/heating costs, prevention of eviction, reduction of utility bills, and removal of lead hazards from your home. Go through the checklist to see if you are eligible for these assistance programs.

NJ Department of Health

<http://www.state.nj.us/health/>

55 North Willow Street

Trenton, NJ 08608-1203

Phone: 800-367-6543, 609-392-2020 (after hours contact)

Has info on health care facilities, nursing homes, and long-term care facilities.

NJ Housing and Mortgage Finance Agency

<https://www.nj.gov/dca/hmfa/>

637 South Clinton Avenue

Trenton, NJ 08611

Phone: 609-278-7400

Email: askstaff@njhmfa.gov

Helps people with disabilities find housing options.

Newark Public Library Web Guide: Housing Resources in NJ

<http://nplwebguides.pbworks.com/w/page/5673637/Soc%20Services%20-%20Housing>

The Supportive Housing Association of New Jersey

<http://www.shanj.org/>

185 Valley Street

South Orange, NJ 07079

Phone: 908-931-1131

Supportive housing is permanent, affordable, lease-based housing for people of low income with access to flexible supportive services. Supportive housing is designed for people with special needs including those with mental, physical and developmental disabilities as well as people who are homeless.

Independent Living

ILRU: State Independent Living Councils (SILCs)

New Jersey State Independent Living Council

<http://www.ilru.org/projects/silc-net/silc-directory>

www.njsilc.org

3635 Quakerbridge Road

Hamilton, NJ 08619

SILC is a 17-member body appointed by the governor which maximizes opportunities for people with disabilities through planning and advocacy.

Independent Living Research Utilization's Directory of Independent Living Centers

<http://www.ilru.org>

Alliance Center for Independence

<http://www.adacil.org>

629 Amboy Ave

Edison, NJ 08837

Phone: 732-738-4388, 732-738-9644 (TTY)

Email: adacil@adacil.org

A center for independent living serving Middlesex, Union and Somerset counties.

Cheshire Home

<http://www.cheshirehome.org/>

9 Ridgedale Avenue

Florham Park, NJ 07932

Phone: 973-966-1232

Email: info@cheshirenj.org

An independent living center for physically disabled individuals.

Enable

<http://www.enablenj.org>

13 Roszel Rd, Suite B110

Princeton, NJ 08540

Phone: 609-987-5003
Email: admissions@enablenj.org
Assists with housing, employment, training, etc.

Marzulli Real Estate

<http://www.marzulli.com>

264 Belleville Avenue
Bloomfield, NJ 07003
Phone: 973-743-2300

Marzulli specializes in the management all sizes of affordable housing, some of it barrier-free and accessible, with over 40 years of extensive experience with all New Jersey Housing Mortgage Finance Agency and HUD. A function of their management is identifying qualified prospective tenants for their properties.

MOCEANS Center for Independent Living

<http://www.monmouthresourcenet.org/search/moceans-center-for-independent-living/>

213 Broadway
Long Branch, NJ 07740
Phone: 732-571-4884

Email: info@moceanscil.org

MOCEANS provides peer support, advocacy, independent living skills, and information and referral to people with disabilities.

National Council on Independent Living (NCIL)

<http://www.ncil.org/>

Mailing Address:
PO Box 31260
Washington, DC 20030
Phone: 202-207-0334, 844-778-7961 (Toll-free)
Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

The New Jersey State Library: Talking Book and Braille Center

<http://www.njstatelib.org/talking-book-braille-center/>

Physical Address:
2300 Stuyvesant Avenue
Trenton, NJ 08618
Mailing Address:
PO Box 501
Trenton, NJ 08625-0501

Phone: 609-406-7179; 800-792-8322 (Toll-free)
Email: tbbc@njstatelib.org

Neurorecovery Network (NRN)

Kessler Institute for Rehabilitation

West Orange, NJ

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. For more info on qualifying for the program, please go to <https://www.christopherreeve.org/todays-care/living-with-paralysis/rehabilitation/the-neurorecovery-network-nrn/>.

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection And Advocacy

Disability Rights New Jersey

<https://disabilityrightsnj.org/>

210 S Broad Street, 3rd Floor

Trenton, NJ 08608

Phone: 609-292-9742, 800-922-7233 (Toll-free in NJ), 609-633-7106 (TTY)

Email: advocate@disabilityrightsnj.org

See their special education self-advocacy guide for families of children with disabilities:

<https://disabilityrightsnj.org/wp-content/uploads/New-Jersey-Special-Education-Advocacy-Guide-1.pdf>

NJ Division of Consumer Affairs: Motorized Wheelchair and Scooter Lemon Law Information

<https://www.njconsumeraffairs.gov/News/Consumer%20Briefs/motorized-wheelchair-lemon-law.pdf>

Lemon Law Unit
New Jersey Division of Consumer Affairs
PO Box 45026
Newark, NJ 07102
Phone: 973-504-6226

Service Dogs

Merlin's KIDS

<http://www.merlinskids.org/>

Mailing Address:

PO Box 21

Midland Park, NJ 07432

Email: merlinskids.officestaff@gmail.com

Merlin's Kids rescues, rehabilitates, and trains shelter dogs to become service dogs that help people with mobility impairments. They provide dogs nationally and at no charge to qualified applicants.

Sibling Support

Sibling Support Project

www.siblingsupport.org

16120 NE 8th Street

Bellevue, WA 98008

Phone: 425-362-6421

Email: info@siblingsupport.org

Lists groups in NJ. This is support for siblings of children with disabilities.

Sports and Recreation

2022 Monmouth County Accessible Beach Guide

<https://tourism.visitmonmouth.com/accessible-beach-guide/>

Phone: 800-523-2587

Asbury Park Beach Accessibility

<https://www.cityofasburypark.com/299/WaterWheels-Reservations>

Phone: 732-502-8863

Asbury Park offers a limited number of adaptive beach chairs to people living with disability. They also offer ADA/ ABA beach access surfaces (mats) to improve accessibility to water-based areas. There is also an accessible restroom available.

Move United

<https://moveunitedsport.org/>

451 Hungerford Dr, Suite 608

Rockville, MD 20850

Phone: 301-217-0960

Email: info@moveunitedsport.org

Contact for programs in NJ

Center for Modern Dance Education

<https://cmde.org/>

84 Euclid Avenue

Hackensack, NJ 07601

Phone: 201-342-2989

Email: info@cmde.org

Founded in 1962, the Center for Dance Education (CMDE) is a non-profit organization dedicated to bringing the joy and language of movement to everyone, including individuals with disabilities, youth-at-risk, older adults, and people from economically disadvantaged circumstances.

Dancing for Parkinson's Program at New Jersey Ballet

<https://www.njballet.org/>

New Brunswick Location:

Robert Wood Johnson Fitness & Wellness Center

100 Kirkpatrick Street

New Brunswick, NJ 08901

Florham Park Location:

7-9 Vreeland Road

Florham Park, NJ 07932

Phone: 973-597-9600

Email: David@njballet.org

Individuals with Parkinson's are encouraged to remain active. The class is designed to encourage and develop coordination, musicality, spatial awareness, creativity and technique.

Freedom's Wings International, Inc.

<http://freedomswings.org/>

51 Tulip St

Summit, NJ 07901

Phone: 848-227-1957

Email: fwiglide@gmail.com

We provide the opportunity for those who are physically challenged to fly in specially adapted sailplanes, either as a passenger or as a member of the flight training program

Handicapped Scuba Diving Alliance (HSDA)

<https://www.facebook.com/HSDANJ/>

Freehold Township, NJ

HSDA is a non-profit organization dedicated to improving the physical and social well-being of people with disabilities through the sport of scuba diving.

Health and Recreation through Horses of NJ (HRH of NJ)

www.hrhofnj.org

Email: hrhofnj@gmail.com

HRH of NJ functions as the state chapter of the Professional Association of Therapeutic Horsemanship.

Dance With Me

<https://dancewithmeusa.com/>

Glen Rock Dance Studio

197 Rock Rd

Glen Rock, NJ 07452

Phone: 201-447-4200

Roll Call Wheelchair Dance is an organization exclusively for charitable and educational purposes. The mission of Roll Call is to teach people of all ages and abilities how to partner dance.

New Jersey State Chapter of the National Wild Turkey Federation

<https://www.njnwtf.org/njsc.html>

262 Burnt Meadow Road

Ringwood, NJ 07456

Phone: 973-839-7939

Email: turkeyhouse@aol.com

The National Wild Turkey Federation offers hunting and fishing opportunities to disabled sportsmen.

United Way Offices

United Way of Bergen County

<http://www.bergenunitedway.org/>

6 Forest Ave, Suite 220

Paramus, NJ 07652

Phone: 201-291-4050

Email: info@bergenunitedway.org

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

United Way Greater Philadelphia and Southern New Jersey

<http://www.unitedforimpact.org/burlington>

1800 JFK Blvd, Suite 1200

Philadelphia, PA 19103

Phone: 215-665-2500

Email: contact@unitedforimpact.org

United Way of Greater Union County

<http://www.uwguc.org/>

33 W Grand St

Elizabeth, NJ 07202

Phone: 908-353-7171

Email: info@uwguc.org

United Way of Monmouth and Ocean Counties

<https://www.uwmoc.org/>

Mailing Address:

4814 Outlook Dr, Ste 107

Wall Twp, NJ 07753

Phone: 732-938-5988

Email: info@uwmoc.org

United Way of Hunterdon County

<http://www.uwhunterdon.org>

Physical Address:

Community Volunteer Center

20 Fulper Road

Flemington, NJ 08822

Mailing Address:

4 Walter E Foran Boulevard, Ste 401

Flemington, NJ 08822

Phone: 908-782-3414, 908-237-1689

United Way of Hudson County

www.liveunitedHudson.org

900 Bergen Ave, Suite 201

Jersey City, NJ 07306

Phone: 201-434-2625

United Way of Greater Mercer County

<http://www.uwgmc.org/>

3444 Quaker Bridge Rd

Building 3, Suite 101

Hamilton, NJ 08619

Phone: 609-896-1912

Email: info@uwgmc.org

United Way of Central Jersey

<http://www.uwcj.org/>

32 Ford Avenue

Milltown, NJ 08850

Phone: 732-247-3727

United Way of Northern New Jersey Headquarters and Morris County Office

<http://www.unitedwaynnj.org/>

222 Ridgedale Avenue, 3rd Floor

Cedar Knolls, NJ 07927

Phone: 973-993-1160

Somerset County Office

Physical Address:

55 North Gaston Avenue

Somerville, NJ 08876

Mailing Address:

PO Box 6835

Bridgewater, NJ 08807

United Way of Greater Newark

<https://uwnewark.org/>

50 Park Place, Suite 1025

Newark, NJ 07108

Phone: 973-624-8300

Email: info@uwnewark.org

United Way of Passaic County

<http://www.unitedwaypassaic.org/>

Center City Mall, Upper Level

301 Main Street

Paterson, NJ 07505

Phone: 973-279-8900

United Way of Delaware

<https://uwde.org/>

(Service area includes Salem County, NJ)

625 N Orange S

Wilmington, DE 19801

Phone: 302-573-3700

Veterans Benefits

Newark Paralyzed Veterans of America

<http://www.pva.org>

245 West Houston Street, Room 212 A

New York, NY 10014

Phone: 973-297-3228

U.S. Department of Veterans Affairs VA Facility Locator

<https://www.va.gov/directory/guide/home.asp>

Click on New Jersey for VA Hospitals in your area

ALS

ALS Association National Office

<http://www.alsa.org>

1300 Wilson Boulevard, Suite 600

Arlington, VA 22209

Phone: 800-782-4747
Email: alsinfo@als.org

ALS United Greater New York Chapter

<https://als-ny.org/>

(Serving Northern & Central New Jersey)

42 Broadway, Ste. 1724

New York, NY 10004

Phone: 212-691-1400

Email: als@als-ny.org

ALS United Mid-Atlantic Chapter

<https://alsmidatlantic.org/>

(Serving Southern & Central New Jersey)

1015 Virginia Drive, Suite 110

Fort Washington, PA 19034

Phone: 215-643-5434

Hope Loves Company

<http://www.hopelovescompany.org/>

800 Denow Road, Suite C #288

Pennington, NJ 08534

Phone: 609-730-1144

Email: info@hopelovescompany.org

HLC is the only non-profit organization in the U.S. dedicated to providing educational or emotional support to children and young adults whose loved ones have or had ALS or Lou Gehrig's Disease.

Brain Injury

Brain Injury Alliance of New Jersey

<http://www.bianj.org>

825 Georges Rd, Second Floor

North Brunswick, NJ 08902

Phone: 732-745-0200, 800-669-4323 (Help Line)

Email: info@bianj.org

Traumatic Brain Injury Fund

<https://www.nj.gov/humanservices/dds/home/index.shtml>

Mailing Address:

Division of Disability Services

PO Box 705

Trenton, NJ 08625

Phone: 888-285-3036

NJ Commission on Brain Injury Research

<http://www.state.nj.us/health/njcbir/>

Physical Address:
25 S Stockton Street, 2nd floor Rear
Trenton, NJ 08625
Mailing Address:
55 N. Willow Street, PO 360
Trenton, NJ 08618
Phone: 609-913-5010

Opportunity Project, Inc.

www.OpportunityProject.org

60 East Willow Street
Millburn, NJ 07041
Phone: 973-921-1000

Their mission is to empower people with brain injuries to achieve independence and their full potential. Opportunity Project is affiliated with local county offices of The Division of Vocational Rehabilitation (DVR) and provides a 25 day on site and community evaluation and 90-day work adjustment training to individuals referred by the DVR as well as to any interested members.

Brain Tumors

New Jersey Brain Tumor Support Groups: Central NJ, Monmouth & Ocean County

www.njbt.org

Cerebral Palsy

UCP of Hudson County

<http://www.ucpofhudsoncounty.org>

Mailing Address:
721 Broadway
Bayonne, NJ 07002
Phone: 201-436-2200
Email: info@ucpofhudsoncounty.org

Pillar Care Continuum (formerly Cerebral Palsy of North Jersey)

<https://pillarnj.org/>

120 Eagle Rock Ave, Suite 290
Livingston, NJ 07936
Phone: 973-763-9900

Pillar Care Continuum (formerly Cerebral Palsy of North Jersey) is dedicated to enhancing the lives of people with disabilities and other special needs by supporting personal growth, independence, and participation in the community.

Guillain-Barré Syndrome/CIDP

Guillain-Barré Syndrome/CIDP Foundation International

<http://gbs-cidp.org/>

Mailing Address:

375 E Elm St, Suite 101
Conshohocken, PA 19428
Phone: 610-667-0131, 866-224-3301 (Toll-free)
Please call them for information in your area

Multiple Sclerosis

Multiple Sclerosis Association of America

<http://mymsaa.org/>

375 Kings Hwy North, Suite B
Cherry Hill, NJ 08034
Phone: 800-532-7667 (Toll-free)
Email: msaa@mymsaa.org

National Multiple Sclerosis Society: Greater Delaware Valley Chapter

<https://www.nationalmssociety.org/Chapters/PAE>

30 South 17th Street, Suite 800
Philadelphia, PA 19103
Phone: 800-344-4867 (Toll-free), 215-271-1500, Ext 24124 (Emotional support program)

National Multiple Sclerosis Society: New Jersey Metro Chapter

<https://www.nationalmssociety.org/Chapters/NJM>

Physical Address:
Aspen Corporate Park 1
1480 US Highway 9 North, Ste 301
Woodbridge, NJ 07095
Mailing Address:
PO Box 289
Canton, MA 02021
Phone: 800-344-4867 (Toll-free)

Muscular Dystrophy

Muscular Dystrophy Association

www.mdausa.org

1016 W Jackson Blvd, #1073
Chicago, IL 60607
Phone: 800-572-1717

Email: ResourceCenter@mdausa.org

Under “MDA in Your Community” enter your zip code to find local clinics that treat MD.

MDA New Jersey Summer Camp

<https://www.mda.org/services/mda-summer-camp>

Phone: 833-275-6321

Email: ResourceCenter@mdausa.org

MDA is leading the fight to free individuals and the families who love them — from the harm of muscular dystrophy, ALS and related muscle-debilitating diseases that take away

physical strength, independence, and life. We use our collective strength to help kids and adults live longer and grow stronger by finding research breakthroughs across diseases, caring for individuals from day one and empowering families with services and support in hometowns across America.

Post-Polio Syndrome

Post-Polio Health International (PHI)

<http://www.post-polio.org>

50 Crestwood Executive Ctr
Suite 440

St. Louis, MO 63126

Phone: 314-534-0475

<https://post-polio.org/wp-content/uploads/2023/09/PDIR-2023.pdf>

Directory lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

Spina Bifida Association

<http://www.spinabifidaassociation.org>

1600 Wilson Blvd, Suite 800

Arlington, VA 22209

Phone: 800-621-3141

Email: sbaa@sbaa.org

Please contact them for info in your area

Spinal Cord Injury

Northern New Jersey Spinal Cord Injury System

<https://kesslerfoundation.org/research/center-spinal-cord-injury-research#main-content>

Kessler Foundation

1199 Pleasant Valley Way

West Orange, NJ 07052-1424

Phone: 973-324-3567

Email: sciresearch@kesslerfoundation.org

W. M. Keck Center for Collaborative Neuroscience

<https://keck.rutgers.edu/>

604 Allison Road, D-251

Piscataway, New Jersey 08854

Phone: 848-445-6573; 848-445-2061

Email: keck_center@dls.rutgers.edu

The mission of the W. M. Keck Center for Collaborative Neuroscience is the development of effective treatments for acute and chronic spinal cord injuries and to move these discoveries from laboratory to human lives as rapidly as possible. They provide a moderated forum called CareCure so that people with SCI can communicate with each other.

New Jersey Commission on Spinal Cord Research

www.state.nj.us/health/spinalcord/

Physical Address:

25 S. Stockton Street

2nd Floor Rear

Trenton, NJ 08625

Mailing Address:

55 N. Willow Street

PO 360

Trenton, NJ 08618

Phone: 609-913-5005

Email: NJCSCR@doh.nj.gov

DeSatnick Foundation

<http://desatnickfoundation.org/>

Email: info@desatnickfoundation.org

The DeSatnick Foundation concentrates on providing, promoting, and encouraging education and awareness of Spinal Cord Injury with a special emphasis on Atlantic, Cape May, Cumberland and Ocean Counties, New Jersey. Founder Chad DeSatnick was injured while surfing in NJ in 2001.

Push To Walk

www.pushtowalknj.org

11 Philips Pkwy

Montvale, NJ 07645

Phone: 201-644-7567

A ProjectWalk Spinal Cord Injury Recovery Certified Facility

Stroke

American Stroke Association

<http://www.strokeassociation.org/STROKEORG/>

National Center

7272 Greenville Ave

Dallas, TX 75231

Phone: 888-478-7653

Please call for the stroke support group in your area

Adler Aphasia Center

<http://www.adleraphasiacenter.org/>

Maywood Campus

60 West Hunter Avenue

Maywood, NJ 07607

Phone: 201-368-8585

Email: info@AdlerAphasiaCenter.org

Our dynamic activities and quality programs and services offer a unique approach to enhancing communication skills as well as improving the quality of life for those with

aphasia. Caregivers will also find the encouragement, understanding, education and support to help them balance their own needs. Continuing professional education, volunteer opportunities, research and training will attract students, clinicians, and supporters. Education and advocacy within the professional and public community about aphasia will assist in enabling members to re-engage in society and get on with their lives. Staff, instructors, volunteers and members will receive the training they need to enable the center to expand their programs.

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project

<http://www.asap.org>

PO Box 1586

Longview, TX 75606-1586

Phone: 903-236-7079, 800-272-7282 (Toll-free)

Email: info@ASAP.org

Please contact them for info and support groups in your area.

Transverse Myelitis

Siegel Rare Neuroimmune Association

www.wearesrna.org

1787 Sutter Parkway

Powell, OH 43065-8806

Mailing Address:

PO Box 826962

Philadelphia, PA 19182-6962

Phone: 855-380-3330 (EST)

Please contact them for info in your area.

General Disability Resources

New Jersey Yellow Pages for Kids with Disabilities

<http://www.yellowpagesforkids.com/help/nj.htm>

American Physical Therapy Association of New Jersey

<http://www.aptanj.org/>

101 North Broad Street, 2nd Floor

Trenton, NJ 08608

Phone: 609-570-3492

Email: info@aptanj.org

New Jersey Occupational Therapy Association

<https://www.njota.org/>

PO Box 536

Woodbury, NJ 08066

Phone: 732-968-5038

Email: management@njota.org

Association of People Supporting Employment First (ASPE): NJ Chapter

<http://www.apse.org>

<https://apse.org/chapter/new-jersey/>

National Office:

7361 Calhoun Place

Suite 680

Rockville, MD 20855

Phone: 301-279-0060

Email: newjerseyapse@gmail.com

Healthboards.com

<http://www.healthboards.com/boards/index.php>

Message boards on health-related topics. Topics include SCI, CP, stroke, and more.

Abilities of Northwest Jersey Inc.

<http://www.abilitiesnw.com/>

264 Rt. 31 North

Washington, NJ 07882

Phone: 908-689-1118

Email: info@abilitiesnw.com

Abilities is dedicated to improving the employability and quality of life for people with different abilities by providing training and individualized services.

Allies, Inc.

www.alliesnj.org

1262 Whitehorse Hamilton Square Road

Building A, Suite 101

Hamilton Twp, NJ 08690

Phone: 609-689-0136

Provides case management, residential services, employment services to people with disabilities.

CentraState Healthcare Foundation

<http://www.centrastatefoundation.org/>

225 Willow Brook Road, Suite 5

Freehold, NJ 07728

Phone: 732-294-7030

CentraState Healthcare Foundation's mission is to inspire broad based community philanthropic support for advancing exceptional healthcare.

Their Place

<https://theirplace.org/>

Phone: 732-360-8065

Their Place is dedicated to championing the rights and enhancing the quality of life for individuals with Intellectual and Developmental Disabilities (IDD)

Horizons at Allaire Rehab and Nursing

www.allairehc.com

115 Dutch Lane Rd
Freehold, NJ 07728
Phone: 732-431-7420

Horizons Neurological at Allaire is a young adult long term care program that treats people ages 18-59 that have a neurological impairment such as TNI, MS, SCI, seizure disorder, and CP. These diagnoses and injuries can often lead to paralysis. Rehabilitation therapy (OT, PT, ST) is offered up to 5 times per week. A physiatrist and neuropsychologist evaluate and follow each resident. Social workers on staff can assist the resident to return to the community. Specialized activities are offered that address the needs of young adults with neurological impairments. Multiple support groups are offered such as music therapy, art therapy, pet therapy, Tai Chi, Reiki, and CBT.

Opportunity Project, Inc.

<http://www.opportunityproject.org/>

60 East Willow Street
Millburn, NJ 07041
Phone: 973-921-1000

NJ MentalHealthCares

www.Njmentalhealthcares.org

Phone: 866-202-4357(Toll-free), 877-294-4356 (TTY)
Free, confidential mental health information & referral

NJ Transit: Access Link ADA Paratransit

<https://www.njtransit.com/accessibility/access-link-ada-paratransit>

Phone: 973-491-4224
Email: ADAServices@njtransit.com

NJ 211: Transportation Options in New Jersey

<https://nj211.org/transportation-options-in-new-jersey>

An information resource about accessible transportation options available to people with disabilities.

Project Freedom, Inc.

<http://www.projectfreedom.org>

Robbinsville Location
223 Hutchinson Road
Robbinsville, NJ 08691
Phone: 609-448-2998

Develops and operates barrier-free housing to enable individuals with disabilities to live independently.

Rising Treetops at Oakhurst

<https://risingtreetops.org/>

111 Monmouth Rd
Oakhurst, NJ 07755

Phone: 732-531-0215

Email: info@risingtreetops.org

Rising Treetops at Oakhurst is open all year, serving children and adults with special needs through our summer sleep away camp, year-round overnight respite (planned and emergency) and day respite care programs.

**Robert Wood Johnson University Hospital Somerset
Babs Siperstein PROUD Center**

<https://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/babs-siperstein-proud-center/>

128 Rehill Avenue, Suite 1100

Somerville, NJ 08876

Phone: 855-776-8334

Opened in February 2017, RWJ University Hospital Somerset became the first hospital in NJ to offer specialized primary care services for the LGBTQIA community.

SPAN Parent Advocacy Network

<https://spanadvocacy.org/>

570 Broad Street, Suite 702

Newark, NJ 07102

Phone: 973-642-8100, 800-654-7726 (Toll-free in New Jersey)

Email: info@spanadvocacy.org

Rutgers School of Dental Medicine: Delta Dental of New Jersey Special Care Center

http://news.rutgers.edu/feature/providing-dental-care-patients-disabilities/20140323#.VUPOkk3D_ct

<https://sdm.rutgers.edu/patient-care/delta-dental-nj-special-care-center>

110 Bergen Street

Newark, NJ 07103

Phone: 973-972-4242

Provides dental care to individuals with disabilities. The center trains dental school students in delivering care to special needs patients.

NJ 211

<http://www.nj211.org/>

Phone: 211, 877-652-1148

Email: info@nj211.org

211 answers questions about employment programs, utility assistance, legal services, support groups, financial assistance, housing, transportation, emergency preparations, medical assistance, food pantry locations, etc. The call is free and confidential and phone lines are open 24/7.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

Phone: 630-961-1400

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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