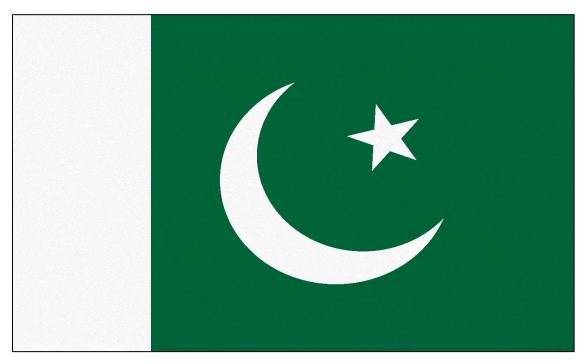


# **Pakistan Disability Resources**



Association of Physically Disabled Persons (Regd) House 2 Street 40 - F

7/1 Islambad, Pakistan

#### **Friends of Paraplegics**

#### https://friendsofparaplegics.org/

Striving for the rights, issues and well-being of people with all kinds of disabilities (PWDs), focusing on post traumatic Paraplegics and Quadriplegics in Khyber Pakhtoonkhwa, Pakistan and rest of the World.

#### **Global Polio Eradication Initiative**

http://polioeradication.org/

Pakistan is one of two countries where polio is still endemic.

### Habib Physiotherapy Complex: Institute of Health and Education

http://www.hpcpk.org/

Sector B-2, Phase- 5, HayatAbad, Peshawar, Pakistan Phone: +92 91 5819128

Email: <u>mahboobhpc@gmail.com</u>

Their aim is not only to improve their present facilities but want to start an orthopedic workshop consisting of walking aids and orthotics for the disabled. Moreover, well equipped operation theater, laboratory and x-ray unit are also needed to facilitate the patients under one roof.

## The Ma Ayesha Memorial Centre for the Care & Control of Neuromuscular Disorders

#### https://maayesha.org/

Karachi Memon Co-operative Housing Society Karachi Memon Society PECHS Karachi, Karachi City, Sindh, Pakistan

Phone: +92 21 34542685

The Ma Ayesha Memorial Centre (MAMC) is a comprehensive outpatient neuromuscular rehabilitation facility.

#### Network of Organizations Working with People with Disabilities, Pakistan

http://www.nowpdp.org/

NOWPDP House Bungalow No.83/1 N I Line Saghir Hussain Shaheed Road Saddar Karachi, Pakistan Phone: +92 (21) 32294527-8 Email: <u>info@nowpdp.org</u>

Their mission is to promote the creation of an inclusive society which values and upholds the rights of people with disabilities through sustainable endeavors and a holistic approach driven by clear social objectives.

#### Pakistan Disabled Cricket Association

http://www.disablecricket.com/ 118-D, Main Rashid Minhas Road, Next to Honda Showroom, Karachi. Tel: (+9221) 4986150, 4838251 Email: <u>pakistan@disablecricket.com</u> PDCA's mission is to create better access for disabled individuals to play cricket.

#### Pakistan Disabled Foundation

http://pdf.org.pk/ Block 14, Naseerabad, F.B Area, Near Soneri Bank, Karachi – Pakistan (25000) Phone: (+92) 21 – 36311086 Email: info@pdf.org.pk

Overview: Pakistan Disabled Foundation is an organization of the crossed disabilities, working actively in all walks of life to the maximum possible extent.

#### Pakistan Society for the Rehabilitation for the Disabled

http://www.psrd.org.pk/

111- Ferozepur Road, Lahore, Pakistan Phone: 042 37427130 Email: <u>info@psrd.org.pk</u>

Mission: Their mission is to improve the quality of life of persons with physical disabilities, to provide preventive, remedial and rehabilitative treatment to the disabled and handicapped, endeavor to integrate the disabled into society as full, productive and useful partners, and to increase awareness about the need of the disabled person.

#### **Real Medicine Foundation**

https://realmedicinefoundation.org/our-work/countries/pakistan/

Real Medicine Foundation provides humanitarian support to people living in disaster and poverty- stricken areas, focusing on the person by providing medical/physical, emotional, economic, and social support. One of their projects was a Spinal Cord Injury Project for Pakistan Earthquake Rehabilitation (SCIPPER).

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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