

SPINAL CORD INJURY:

See What We Can Do, See Where We Can Go!



International Center for Spinal Cord Injury
at Kennedy Krieger Institute



CHRISTOPHER & DANA
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TODAY'S CARE. TOMORROW'S CURE.®

Acknowledgments

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Recommended Reading Age:

3 to 6 years old

This guide has been prepared based on scientific and professional literature. It is presented for educational purposes; it should not be construed as medical diagnosis or treatment advice. Please consult a physician or appropriate healthcare provider for questions specific to your situation.

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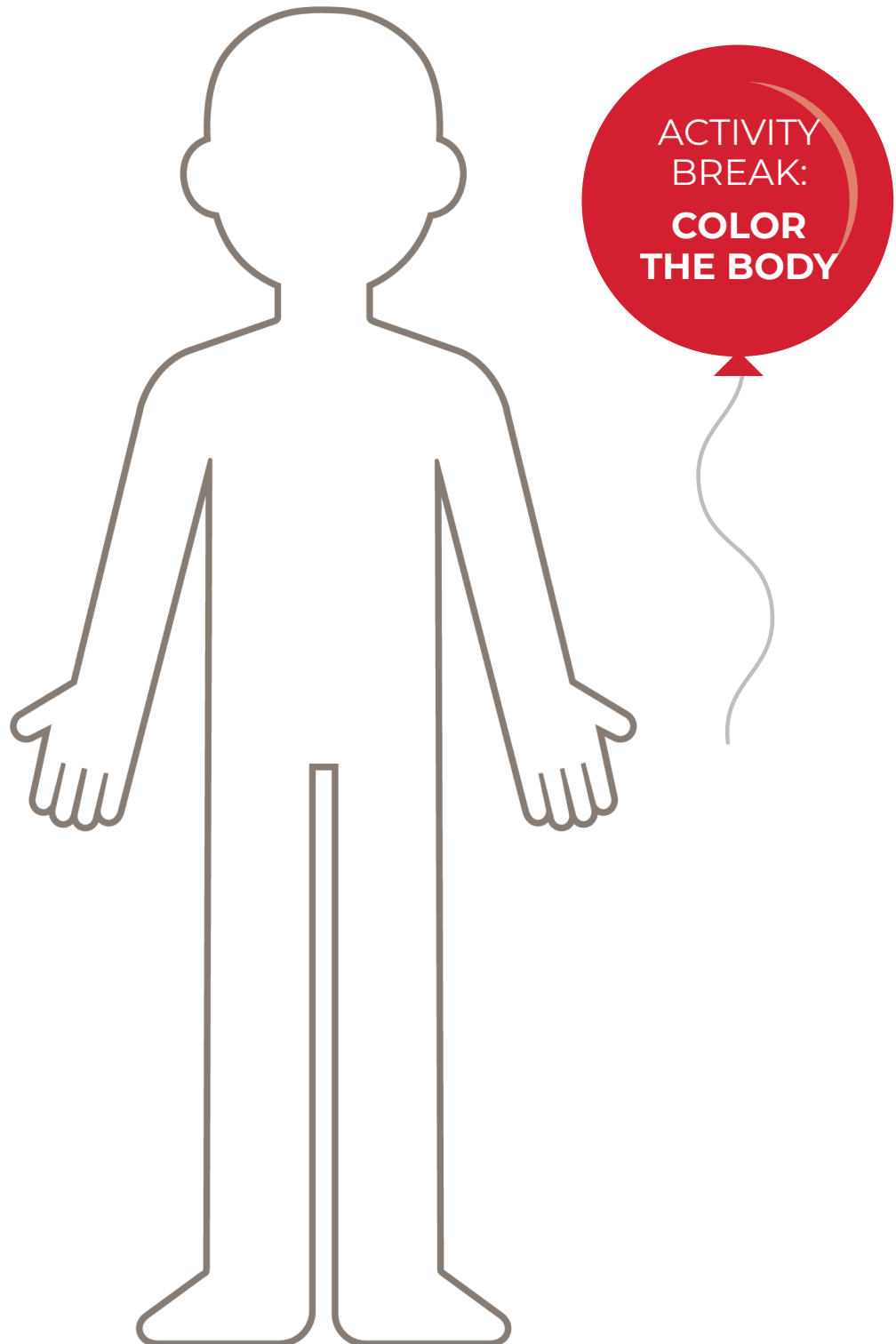
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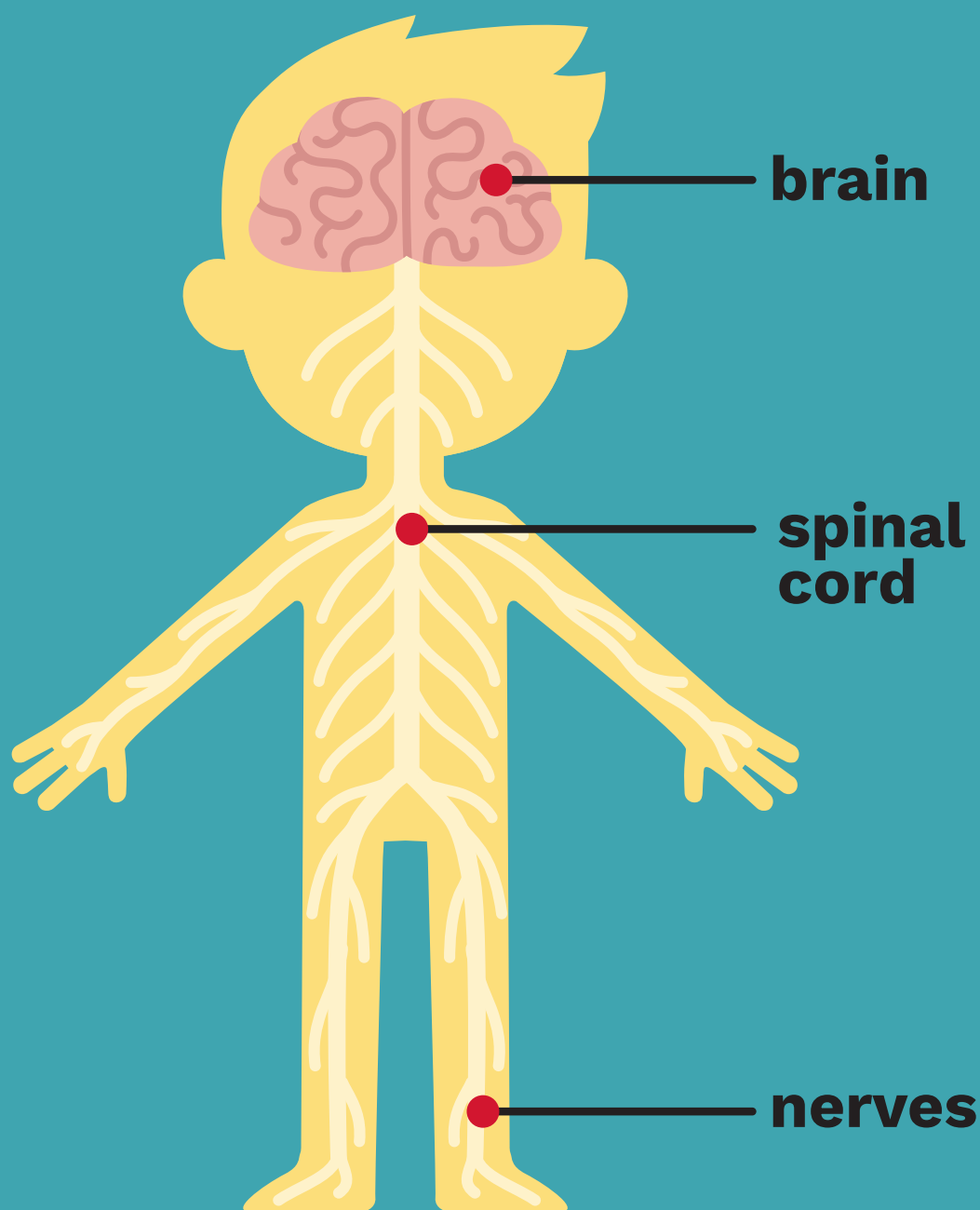
Our body has many different parts that all work together. Some of these parts are our arms, legs, brain, and spinal cord!

Can you name a body part?



Two of the most important parts of the body are the **brain** and **spinal cord**!

The **nerves** help your brain and spinal cord send messages to help your body move and feel.



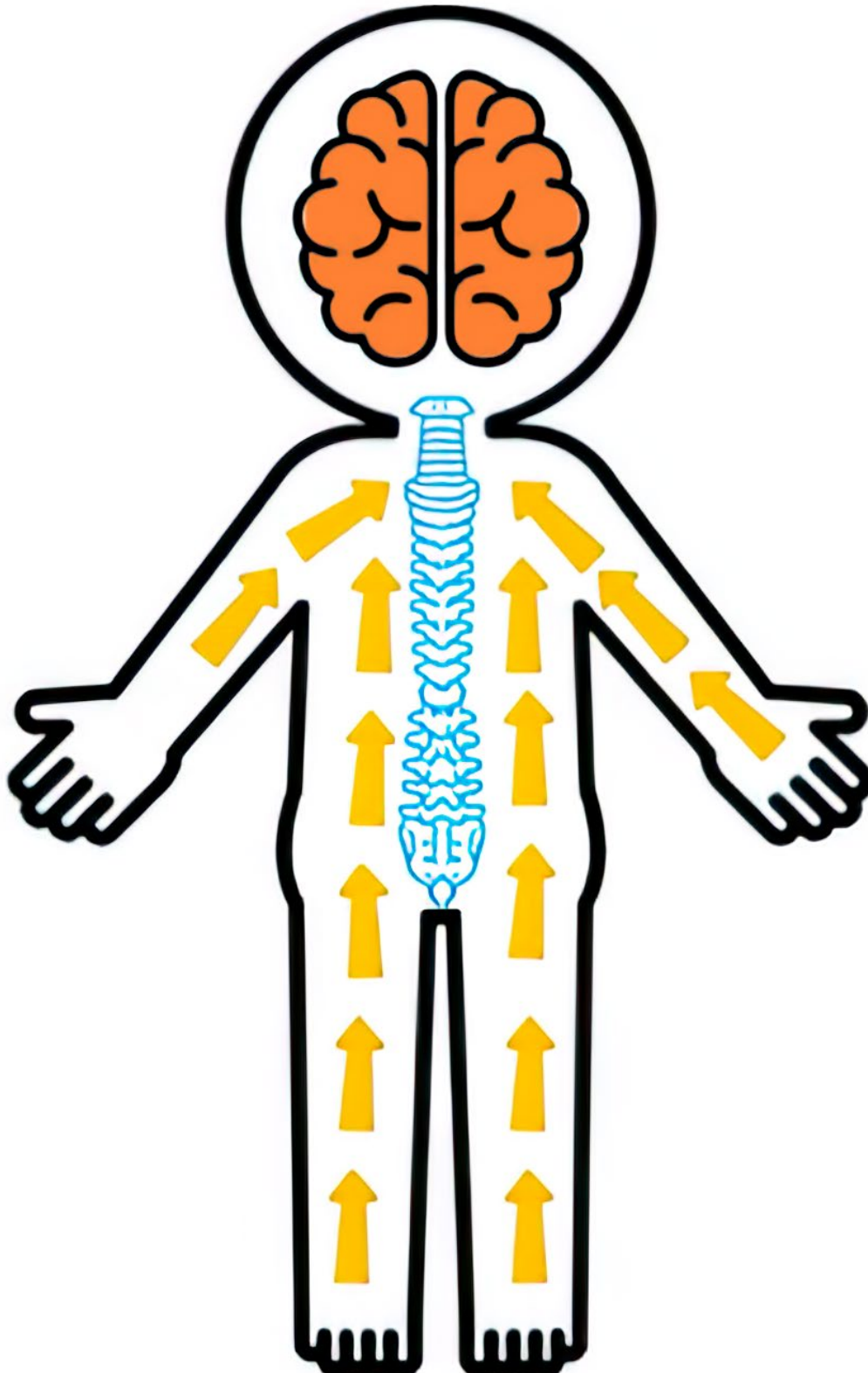
The **brain** is in charge of our body!
It works with the spinal cord.



The **spinal cord** helps you feel and move.



The **spinal cord's** job is to send messages between the brain and the rest of your body. It works very hard to help you do things – like walking, coloring, and even playing!





**ACTIVITY
BREAK:
COLOR
THE SPINE**

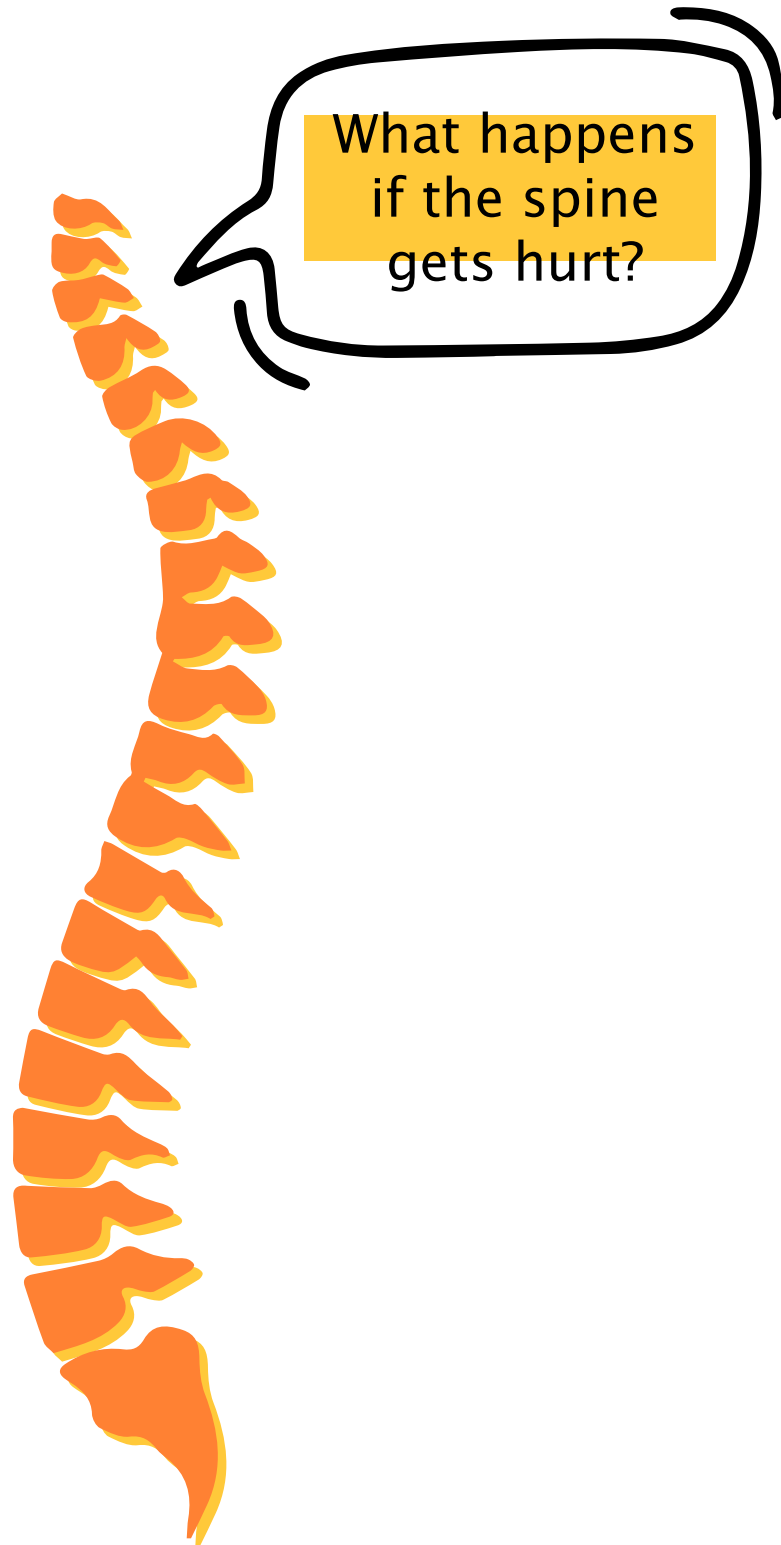
Credit: Miguel Najarro

Did you know?
Giraffes and humans have the **SAME** number
of bones in their neck!



7
bones!!





There are different reasons the spinal cord gets hurt.
When it gets hurt, it is called a spinal cord injury.
It may be hard to move parts of the body,
like arms or legs.

Many people with spinal cord injuries go to **therapy** to learn new ways to move their body and get stronger.



Let's meet some kids and grown-ups with spinal cord injury.



My sister has a spinal cord injury!



Mine too!





My Mom and I both have a spinal cord injury!



Selfies with my mom!

My dad has a spinal cord injury.



My brother has a spinal cord injury.



We are so silly!



Our teacher's service dog helps her in the classroom.



Making friends at the library.

We have a spinal cord injury and we still do things we love!



I like to play music.

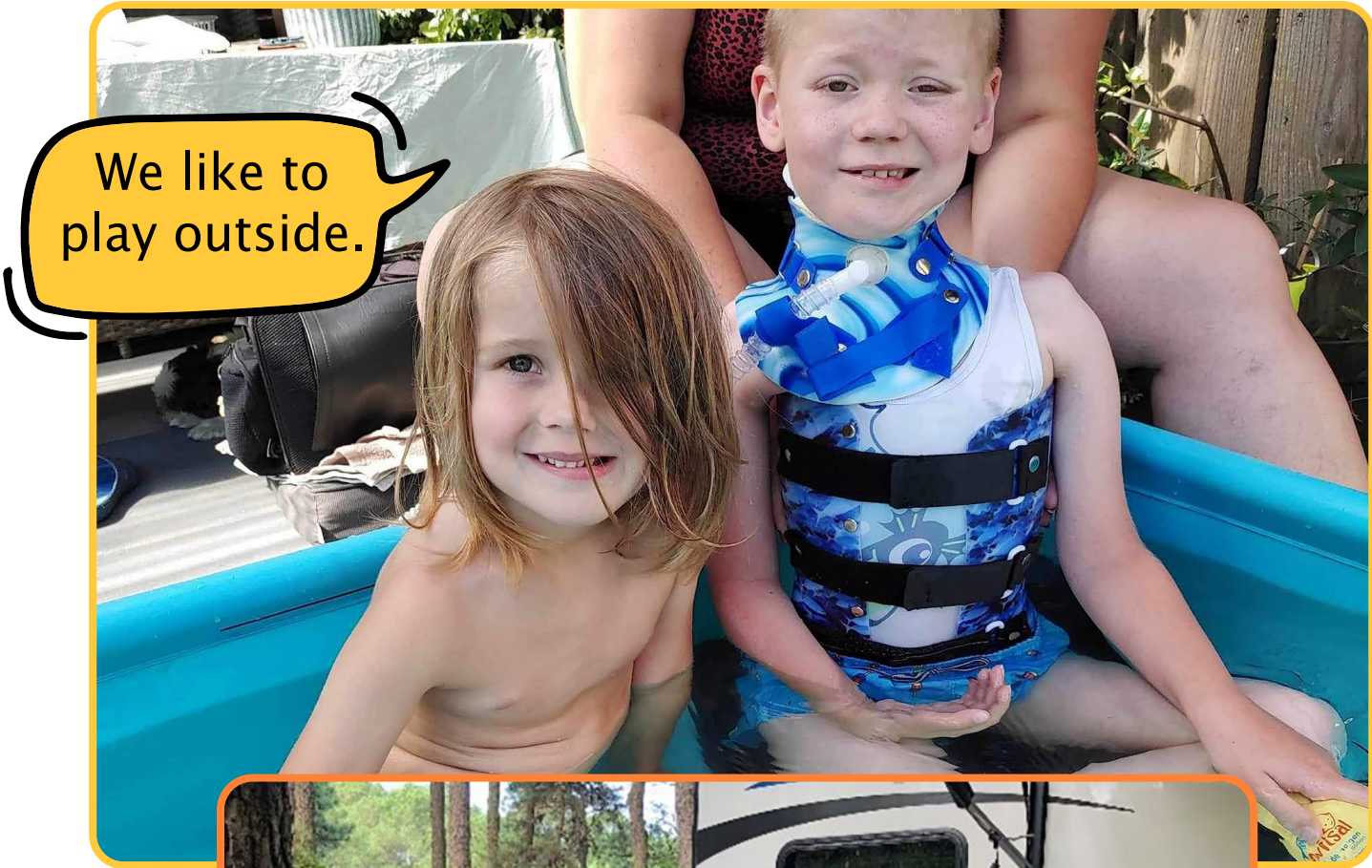


My brother and I like to play games together.

We like to play basketball.



We like flying kites!



We like to play outside.



Camping is our favorite.

I like to paint.



Petting my chicken with my mouth stick.



My dad's a farmer.



My dad is so fast!



We like to snuggle up on the couch.



Fun in the sun!



Maybe I'll
be a pilot
someday!

What do you want to do when you grow up?
The sky is the limit!

ACTIVITY
BREAK:
DRAW
YOURSELF!

Draw what you want to be when you grow up.



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We're here to help.
Learn more today!

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