

Wheelchair Transfers



The information below pertains to how to safely transfer a person out of or into a wheelchair. Proper technique is important for the safety of both the person being transferred and the caregiver or health care professional.

Websites

MedlinePlus: Moving a Patient from Bed to Wheelchair

<https://medlineplus.gov/ency/patientinstructions/000428.htm>

Model Systems Knowledge Translation Center (MSKTC): Safe Transfer Technique

<http://www.msktc.org/sci/factsheets/Safe-Transfer-Technique>

MSKTC is a national center that works to put research into practice to serve the needs of people with traumatic brain injuries, spinal cord injuries, and burn injuries. The Safe Transfer Technique fact sheet provides information on conducting safe transfers to preserve function and avoid injury.

National Institute of Dental and Craniofacial Research (NIDCR): Wheelchair Transfer: A Healthcare Provider's Guide

https://www.nidcr.nih.gov/sites/default/files/2017-09/wheelchair-transfer-provider-guide.pdf?_ga=2.72001235.1107903647.1554312356-1743149653.1507148963

Northwest Regional Spinal Cord Injury System (University of Washington)

<http://sci.washington.edu/empowerment/videos.asp#wc>

Offers a series of videos on transfer techniques:

Video 17: Introduction to Wheelchair Transfers (<https://youtu.be/S547kQSPZH8>)

Video 18: Bed, Chair and Couch Transfers (<https://youtu.be/CfvLWeoytdw>)

Video 19: Bathroom Transfers (https://youtu.be/NWqQ_gC-Trw)

Video 20: Car Transfers (<https://youtu.be/hRrxmC9NcKU>)

Video 21: Floor Transfers (<https://youtu.be/fBuRe3qrA68>)

Shepherd Center: Pivot Transfer: Wheelchair to Bed

<http://www.myshepherdconnection.org/sci/transfers/pivot-bed>

Shepherd Center: Pivot Transfer: Wheelchair to Toilet

<http://www.myshepherdconnection.org/sci/transfers/pivot-toilet>

Shepherd Center: Pivot Transfer: Wheelchair to Tub

<http://www.myshepherdconnection.org/sci/transfers/pivot-tub>

Shepherd Center: Pivot Transfer: Wheelchair to Car

<http://www.myshepherdconnection.org/sci/transfers/pivot-car>

Shepherd Center: Lift Transfer Equipment and Positioning

<http://www.myshepherdconnection.org/sci/transfers/lift-transfer>

Shepherd Center: Lift Transfer: Bed to Wheelchair

<http://www.myshepherdconnection.org/sci/transfers/lift-bed-wheelchair>

Shepherd Center: Lift Transfer: Wheelchair to Car

<http://www.myshepherdconnection.org/sci/transfers/wheelchair-car>

Shepherd Center: Lift Transfer: To and From Floor

<http://www.myshepherdconnection.org/sci/transfers/lift-floor>

Shepherd Center: Sliding Board Transfer

<http://www.myshepherdconnection.org/sci/transfers/sliding-board>

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$10,000,000 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.