

Colorado Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to <u>https://www.healthcare.gov/</u> to find out more about the Health Insurance Marketplace and the options available in your state for health insurance.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door https://www.usaging.org/adrcs https://acl.gov/programs/connecting-people-services/aging-and-disability-resourcecenters-programno-wrong-door

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<u>https://acl.gov/</u>) (including AoA (<u>https://acl.gov/</u>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<u>https://www.cms.gov/</u>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging

and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Colorado Office of Adult, Aging and Disability Services

https://cdhs.colorado.gov/our-services/older-adult-services Department of Human Services 1575 Sherman St Denver, CO 80203 Phone: 303-866-5700, 303-866-5815 Email: <u>CDHS_OAADSGeneral_Inquiries@state.co.us</u>

Colorado State Unit on Aging

https://cdhs.colorado.gov/state-unit-aging Phone: 303-866-2800

Colorado Area Agencies on Aging

http://www.carecolorado.net/list10 co Aging Services senior centers.htm

National Center on Elder Abuse (NCEA)

https://ncea.acl.gov/home#gsc.tab=0 c/o University of Southern California Keck School of Medicine Department of Family Medicine and Geriatrics 1000 South Fremont Avenue, Unit 22, Building A-6 Alhambra, CA 91803 Phone: 855-500-3537 Email: ncea-info@acl.hhs.gov Funded by the Administration for Community Living, the NCEA

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Teller Senior Coalition

http://www.tellerseniorcoalition.org/ Physical Address: 11115 W Hwy 24 Divide, CO 80814 Mailing Address:

PO Box 845 Divide, CO 80814 Phone: 719-687-3330 Email: <u>ed@tellerseniorcoalition.org</u>

The Teller Senior Coalition is a small nonprofit that assists senior citizens living in Teller County, Colorado. Unlike any other organization in Teller County, we offer free transportation and respite care to those aged sixty and over. Over the last 20 years we have also assisted seniors by providing shelf stable meals to those that are homebound, help with utility payments, and home safety repairs-all these services are provided without a fee as most of our clients are low income. We request a donation but no one is ever denied any service.

Arts And Creativity

Access Gallery

https://accessgallery.org/ 909 Santa Fe Dr Denver, CO 80204 Phone: 303-777-0797 Email: info@accessgallery.org

Assistive Technology

University of Colorado Denver: Center for Inclusive Design and Engineering (CIDE)

https://www1.ucdenver.edu/centers/center-for-inclusive-design-and-engineering Auraria Campus, Hub Building

1224 5th Street Suite 130 Denver, CO 80204 Phone: 303-315-1280 Email: <u>cide@ucdenver.edu</u>

Rocky Mountain ADA Center

https://rockymountainada.org

Mailing Address: Gunter Hall 1170, Campus Box 155 Greely, CO 80639 Phone: 800-949-4232 (TTY), 719-358-2460 (ASL/Deaf/HoH)

Caregivers Resources

Caregiver.com

https://caregiver.com/ 1900 West Oakland Park Blvd POB 101147 Oakland Park, FL 33310

Well Spouse Association

www.wellspouse.org 63 West Main Street, Suite H Freehold, NJ 07728 Phone: 732-577-8899 Email: <u>info@wellspouse.org</u> No support groups are currently listed for Colorado, please check with WSA for more Info

Colorado Respite Coalition

www.coloradorespitecoalition.org

393 S Harlan St, #250 Lakewood, CO 80226 Phone: 303-233-1666 x8

As an allied network of community partners, family caregivers and other stakeholders, the CRC strives to provide respite resources and information. They offer an online respite locator, financial support to family caregivers and agencies, training, regional coalitions and more.

Community Health Centers

Colorado Community Health Network

www.cchn.org 600 Grant Street, Suite 800 Denver, CO 80203 Phone: 303-861-5165, ext 100 Email: info@cchn.org

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center

http://findahealthcenter.hrsa.gov/

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Colorado Crime Victim Compensation

https://dcj.colorado.gov/dcj-offices/ovp/crime-victim-compensation https://dcj.colorado.gov/ Phone: 303-239-4442, 720-672-2166 Email: <u>kate.horn-murphy@state.co.us</u>

Colorado Office for Victims Programs

https://dcj.colorado.gov/dcj-offices/ovp/hmpage Phone: 303-239-5719 Email: cdps.ovpconnect@state.co.us

Domestic Violence Help

National Domestic Violence Hotline

https://www.thehotline.org/ Phone: 800-799-7233

National Resource Center on Domestic Violence

https://www.nrcdv.org/ Phone: 717-461-3939 Email: <u>NRCDV@nrcdv.org</u>

Violence Free Colorado

https://www.violencefreecolorado.org/ Email: info@violencefreeco.org Violence Free Colorado is the statewide voice for domestic violence public policy.

The Initiative

https://theinitiativeco.org/ Phone: 303-839-5510 Email: info@theinitiativeco.org

Founded in 1984, The Initiative (formerly known as The Domestic Violence Initiative for Women with Disabilities) is the only Colorado non-profit that focuses their services on the intersection of cross disabilities and advocacy for survivors of abuse. The Initiative is dedicated to the survival and safety of Colorado's people with disabilities and their children who are victims of domestic violence, sexual assault, caregiver abuse, elder abuse and other crimes. The organization provides advocacy, information, support and safety planning. While it does not offer shelter, it can refer people to shelters in Colorado.

SafeHouse Denver

https://safehouse-denver.org/ Mailing Address: 1649 N Downing Street Denver, CO 80218 Phone: 303-318-9959, 303-318-9989 (24-Hour Crisis & Information Line) Email: info@safehouse-denver.org SafeHouse Denver assists adults, children, and youth in reclaiming their right to a life free from domestic violence. SafeHouse Denver works to eliminate domestic violence in our communities by providing shelter and counseling to survivors of abuse, working with public and community agencies to improve the way our systems respond to domestic violence and by offering educational programming to prevent future violence.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire those certain needs can be met.

The Crisis Center

http://thecrisiscenter.org/ Mailing Address: PO Box 631302 Littleton, CO 80163 Phone: 303-688-1094, 888-247-7472 (Toll-free), 303-688-8484 (24-Hour Crisis Line) Email: info@thecrisiscenter.org

The Crisis Center exists to end domestic violence through advocacy, education, and prevention; while helping communities live free of violence.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

Easterseals Offices

Easterseals Colorado

http://www.easterseals.com/co 393 South Harlan Street, Suite 250 Lakewood, CO 80226 Phone: 303-233-1666 Easterseals offers services to children and adults with disabilities and special needs. The programs Easterseals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Government Offices

Colorado State Website http://www.colorado.gov/

Colorado Department of Human Services

https://cdhs.colorado.gov/ 1575 Sherman Street

Denver, CO 80203 Phone: 303-866-5700

Colorado Cross-Disability Coalition

http://www.ccdconline.org/

1385 S Colorado Blvd, Suite 610-A Denver, CO 80222 Phone: 303-839-1775 Email: info@ccdconline.org

Colorado Division of Vocational Rehabilitation

https://dvr.colorado.gov/ Mailing Address: Colorado Department of Labor and Employment 633 17th St, Suite 500 Denver, CO 80202 Phone: 303-318-8571 Email: <u>CDLE_voc.rehab@state.co.us</u>

Centers for Medicare & Medicaid Services (CMS)

https://www.cms.gov/ Email: <u>RODENORA@cms.hhs.gov</u> Region VIII covers CO.

Health First Colorado (Medicaid Program)

https://www.healthfirstcolorado.com/ Colorado Department of Health Care Policy and Financing 303 E 17th Avenue Denver, CO 80203 Phone: 303-866-2993, 800-221-3943 (Toll-free), 711 (Relay)

Colorado Child Health Plan Plus (CHP+)

https://hcpf.colorado.gov/chp Mailing Address: Department of Health Care Policy & Financing PO Box 17548 Denver, CO 80217 Phone: 800-359-1991 Email: hcpf_chpplus@state.co.us

Colorado Senior Health Care & Medicare Assistance (SHIP & SMP)

https://doi.colorado.gov/insurance-products/health-insurance/senior-health-caremedicare Colorado Division of Insurance 1560 Broadway, Suite 850 Denver, CO 80202 Phone: 888-696-7213 (SHIP), 800-503-5190 (SMP) Email: dora_seniormedicarepatrol@state.co.us

Colorado Division of Insurance

https://doi.colorado.gov/ 1560 Broadway, Suite 850 Denver, CO 80202 Phone: 303-894-7499, 800-930-3745 (Toll-free) Email: <u>dora insurance@state.co.us</u>

Colorado Division of Workers' Compensation

https://cdle.colorado.gov/dwc 633 17th Street, Suite 400 Denver, CO 80202 Phone: 303-318-8700, 888-390-7936 (Toll-Free) Email: <u>cdle_wccustomer_service@state.co.us</u>

Find Your Elected Officials

Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

https://www.house.gov/representatives/find-your-representative http://whoismyrepresentative.com/

Colorado Long-Term Care Ombudsman Program

https://www.coombudsman.org/ 1575 Sherman St Denver, CO 80203 Phone: 303-862-3524 Email: <u>cdhs_ltcombudsman@state.co.us</u>

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Colorado HUD: Housing and Urban Development Office

www.hud.gov https://www.hud.gov/states/colorado 1670 Broadway, Floor 25 Denver, CO 80202 Phone: 303-672-5152, 303-672-5440 Email: regionaladministratorregion8@hud.gov

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here:

<u>https://www.hud.gov/program_offices/public_indian_housing/pha/contacts</u> and choose your state from the drop down box.

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs) Colorado Statewide Independent Living Council

http://www.ilru.org/projects/silc-net/silc-directory 633 17th Street Suite 1501 Denver, CO 80202-3615 Phone: 303-902-5897

Independent Living Research Utilization's Directory of Independent Living Centers

http://www.ilru.org

Adeo

https://www.adeoco.org/ 2780 28th Ave Greeley, CO 80634 Phone: 970-339-2444 Email: adeo@adeoco.org

Center for People with Disabilities

http://www.cpwd.org/ 1675 Range Street Boulder, CO 80301 Phone: 303-442-8662 (V/TTY), 888-929-5519 Email: <u>INFO@CPWD.ORG</u> Provides resources, information, and advocacy to assist people with disabilities in overcoming barriers to independent living.

National Council on Independent Living (NCIL)

http://www.ncil.org/ Mailing Address: PO Box 31260 Washington, DC 20030 Phone: 202-207-0334, 844-778-7961 (Toll-free) Email: ncil@ncil.org The National Council on Independent Living is the longest-running national crossdisability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

NorthWest Colorado Center for Independence

http://www.nwcci.org/ 3001 S Lincoln Ave, Suite C8 Steamboat Springs, CO 80487 Phone: 970-871-4838

Library Services

Colorado Talking Book Library

https://myctbl.cde.state.co.us/ 180 Sheridan Blvd Denver, CO 80226-8101 Phone: 303-727-9277 (Metro Denver), 800-685-2136 (Toll Free) Email: <u>ctbl.info@cde.state.co.us</u>

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

https://www.christopherreeve.org/todays-care/get-support/get-a-peer-mentor/

636 Morris Turnpike, Suite 3A Short Hills, NJ 07078 Phone: 800-539-7309 Email: Peer@Reeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-topeer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: <u>https://www.christopherreeve.org/todays-care/getsupport/grants-for-non-profits/</u> for more info on qualifying and applying.

No Barriers USA

https://nobarriersusa.org/

605 South College Ave, Suite 101 Fort Collins, CO 80524 Phone: 970-484-3633 Email: info@nobarriersusa.org

This organization creates opportunities and experiences for people with disabilities to fight barriers and connect with peers. No Barriers holds an annual summit with accessible

activities and a lineup of speakers. They also provide programs for Veterans with disabilities, caregivers, and youth.

Protection And Advocacy

Disability Law Colorado

www.disabilitylawco.org 455 Sherman Street, Suite 130 Denver, CO 80203 Phone: 303-722-0300, 800-288-1376 (Toll-free) Email: <u>dlcmail@disabilitylawco.org</u> Disability Law Colorado provides free or low-cost legal services to people with disabilities whose civil rights have been violated.

Service Dogs

Freedom Service Dogs of America

www.freedomservicedogs.org 7193 S Dillon Court Englewood, CO 80112 Phone: 303-922-6231 Email: info@freedomservicedogs.org

Canine Companions: Southwest Training Center

https://canine.org/ The Dean, Gerda and Trixie Koontz Campus 124 Rancho del Oro Drive Oceanside, CA 92057 Phone: 760-901-4300 (Voice), 800-572-2275 (Toll-free) Serves Colorado.

Sports And Recreation

Adaptive Adventures

http://www.adaptiveadventures.org/ 9053 Harlan Street, Suite 34 Westminster, CO 80031 Phone: 303-679-2770 Email: <u>info@adaptiveadventures.org</u> Provides outdoor activities for adults, children, and veterans with physical disabilities.

Adaptive Sports Center

http://www.adaptivesports.org/ Physical Address: Kelsey Wright Building 19 Emmons Road Mt Crested Butte, CO 81225 Mailing Address: PO Box 1639 Crested Butte, CO 81224 Phone: 970-349-2296

Breckenridge Outdoor Education Center

www.boec.org Physical Address: Administration Headquarters & Logistics Center 524 Wellington Rd Breckenridge, CO 80424 Mailing Address: PO Box 697 Breckenridge, CO 80424 Phone: 970-453-6422, 800-383-2632 (Toll-free) Email: boec@boec.org

Challenge Aspen Military Opportunities (CAMO)

https://challengeaspen.org/ Mailing Address: PO Box 6639 Snowmass Village, CO 81615 Phone: 970-923-0578 Email: camo@challengeaspen.org

CAMO (Challenge Aspen Military Opportunities) provides recreational and cultural experiences for veterans with cognitive or physical disabilities.

Challenge Aspen

https://challengeaspen.org/

Mailing Address: PO Box 6639 Snowmass Village, CO 81615 Phone: 970-923-0578 Email: info@challengeaspen.org

Challenge Aspen provides year-round recreational, educational and cultural experiences for people with disabilities. Programs include skiing, snowboarding, fly fishing, rafting, horseback riding, hiking and climbing. Challenge Aspen Military Opportunities (C.A.M.O.) provides experiences for injured military.

Colorado Parks and Wildlife: Disability Programs

https://cpw.state.co.us/park-visitors-experiencing-disabilities Headquarters 6060 Broadway Denver, CO 80216 Phone: 303-291-7235, 303-291-7485 (ADA Accessibility) Email: <u>disability.apps@state.co.us</u> Information on accessible fishing and hunting in the state

Colorado Discover Ability

https://cdagi.org/ 601 Struthers Ave Grand Junction, CO 81501 Phone: 970-257-1222 Email: office@cdagi.org

National Sports Center for the Disabled

http://www.nscd.org/ Mailing Addresses: PO Box 18889 Golden, CO 80402 PO Box 1290 Winter Park, CO 80482 Phone: 970-726-1518 Email: info@nscd.org

National Wheelchair Basketball Association

http://nwba.org/ 1130 Elkton St, Suite A Colorado Springs, CO 80907 Phone: 719-266-4082 Email: <u>info@nwba.org</u> The NWBA provides qualified individuals with physical disabilities the opportunity to play, learn and compete in the sport of wheelchair basketball.

Paradox Sports

www.paradoxsports.org PO Box 19044 Boulder, CO 80308 Phone: 720-638-5593 Email: info@paradoxsports.org

Paradox Sports revolutionizes lives through adaptive climbing opportunities that defy convention.

Professional Association of Therapeutic Horsemanship International (PATH Intl.)

www.pathintl.org Mailing Address: PO Box 33150 Denver, CO 80233 Phone: 800-369-7433 A national organization that certifies instructors and programs in therapeutic riding.

Denver Divers & The Swim School of Denver: Denver Adaptive Divers

https://www.denverdivers.com/denver-adaptive-divers.htm 557 Milwaukee Street Denver, CO 80206

Phone: 303-399-2877

Email: scuba@denverdivers.com

This organization provides support, education, specialized training, and dive travel to qualified individuals with physical disabilities. They provide SCUBA diving training to provide Open Water Diver certifications to people with various disabilities.

Steamboat Adaptive Recreational Sports

http://steamboatstars.com/ Physical Address: 35465 US Hwy 40 Steamboat Springs, CO 80487 Mailing Address: PO Box 770208 Steamboat Springs, CO 80477 Phone: 970-870-1950 Email: info@steamboatstars.com STARS' mission is to empower and enrich lives through adaptive recreational activities.

Wilderness on Wheels

http://www.wildernessonwheels.org/ Physical Address: 45924 US HWY 285 Grant, CO 80448 Phone: 303-403-1110 Email: wildernessonwheels@gmail.com

United Way Offices

United Way Worldwide

http://www.unitedway.org/ 701 North Fairfax Street Alexandria, VA 22314 Phone: 703-836-7112

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities. Enter postal code for a United Way office in your area.

Veteran Benefits

U.S. Department of Veterans Affairs: Facility Locator https://www.va.gov/directory/guide/home.asp

VA Rocky Mountain Network (VISN 19) https://department.va.gov/integrated-service-networks/visn-19/ 4100 E Mississippi Ave, Suite 1100 Glendale, CO 80246 Phone: 303-202-8165

VA Eastern Colorado Healthcare System

https://www.va.gov/eastern-colorado-health-care/ Mailing Address: Rocky Mountain Regional VA Medical Center 1700 North Wheeling Street Aurora, CO 80045 Phone: 303-399-8020, 888-336-8262 (Toll-free, ext. 0), 711 (TTY)

VA Western Colorado Healthcare System

https://www.va.gov/western-colorado-health-care/ Mailing Address: 2121 North Avenue Grand Junction, CO 81501 Phone: 970-242-0731, 866-206-6415 (Toll-free, select 2), 711 (TDD)

Paralyzed Veterans of America

www.pva.org Mailing Adress: 1875 Eye St NW, Suite 1100 Washington, DC 20006 Phone: 800-424-8200, 800-795-4327 (TTY) Email: info@pva.org

Mountain States Chapter of the PVA

http://www.mscpva.org 12200 East Iliff Avenue, Suite 107 Aurora, CO 80014 Phone: 303-597-0038, 800-833-9400 Email: info@mscpva.org

Qualified Listeners Corp.

https://www.qualifiedlisteners.org/

Phone: 720-600-0860

This is a Veteran and family resource hub that provides a variety of services and connections to veterans and their families through outreach, listening, resource vetting and referrals.

ALS

ALS United Rocky Mountain

https://alsrockymountain.org/ 10855 Dover St, Suite 500 Westminster, CO 80021 Phone: 303-832-2322 Email: info@alsrockymountain.org

Colorado ALS Certified Centers & Clinics

https://www.als.org/support/certified-centers-clinics

Brain Injury

Brain Injury Association of Colorado

http://www.biacolorado.org 7900 E Colfax Ave, Ste B Denver, CO 80220 Phone: 303-355-9969, 800-955-2443 (Toll-free) Email: info@BIAColorado.org Through guidance, resources, support and education, we seek to facilitate lifelong growth of Coloradans affected by an injury to the brain.

Rocky Mountain Regional Brain Injury System (TBI Model System)

https://msktc.org/tbi/model-system-centers/rocky-mountain-regional-brain-injury-system Craig Hospital Englewood, CO Phone: 303-789-8251 Email: <u>ctefertiller@craighospital.org</u>

Colorado RSVP Clinic

https://coloradorsvpclinic.org/ Mailing Address: PO Box 31421 Aurora, CO 80041 Phone: 720-772-7787

Recognizing that uninsured individuals with disabilities in the Colorado community lacked access to rehabilitation services, a group of rehabilitation professionals joined together in early 2015 with the hope to create a clinic where they could volunteer their time and skills to provide care to these patients. RSVP strives to improve the lives of individuals in the Denver area who are uninsured. The RSVP Clinic provides outpatient rehabilitation services to those with brain injury, stroke, spinal cord or amputation injuries. Clinics are by appointment only and take place at Craig Hospital in Englewood, CO.

Cerebral Palsy

United Cerebral Palsy http://www.ucp.org 8401 Old Courthouse Rd Vienna, VA 22182 Phone: 800-872-5827 (Toll-free), 866-827-1692 (Resources) Email: info@ucp.org

Friedreich's Ataxia

National Ataxia Foundation (NAF)

http://www.ataxia.org/

Physical Address: 600 Hwy 169 S, Ste 1725 Minneapolis, MN 55426 Mailing Address: PO Box 27986 Golden Valley, MN 55427 Phone: 763-553-0020 Email: naf@ataxia.org

Guillain-Barré Syndrome/CIDP

Guillain-Barré Syndrome/CIDP Foundation International

http://gbs-cidp.org/ Mailing Address: 375 E Elm St, Suite 101 Conshohocken, PA 19428 Phone: 610-667-0131, 866-224-3301 (Toll-free) Call for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society: Colorado-Wyoming Chapter

https://www.nationalmssociety.org/resources/get-connected/in-your-area/coc Physical Address: 900 S Broadway, Suite 350 Denver, CO 80209 Mailing Address: PO Box 54879 Los Angeles, CA 90054 Phone: 800-344-4867 (Toll-free)

Multiple Sclerosis Association of America: South-Central Regional Office

https://mymsaa.org/publications/improving-lives/offices/ Phone: 800-532-7667 ext. 137 Email: southcentral@mymsaa.org

Can Do Multiple Sclerosis

http://www.mscando.org/ Physical Address: 100 W Beaver Creek Blvd, Suite 200 Avon, CO 81620 Mailing Address: PO Box 5860 Avon, CO 81620 Phone: 970-926-1290, 800-367-3101 Can Do Multiple Sclerosis, formerly The Jimmie Heuga Center for Multiple Sclerosis, is a national nonprofit organization that provides innovative lifestyle empowerment programs for people living with MS and their support partners.

Rocky Mountain MS Center

https://mscenter.org/ Mailing Address: 8845 Wagner St Westminster, CO 80031 Phone: 303-788-4030, 866-557-7030 (Toll-free) This center is committed to improving the lives of individuals and families living with MS and other neurological diseases through care, support, education, and research.

Muscular Dystrophy

Muscular Dystrophy Association

https://www.mda.org/ National Office 1016 W Jackson Blvd, #1073 Chicago, IL 60607 Phone: 800-572-1717 Email: <u>ResourceCenter@mdausa.org</u>

Enter your postal code in the "Find your local MDA" section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)

https://post-polio.org/ 50 Crestwood Executive Center, Suite 440 Saint Louis, MO 63126 Phone: 314-534-0475 Email: info@post-polio.org https://post-polio.org/wp-content/uploads/2024/08/PDIR-2024.pdf Their Post-Polio Directory lists health professionals, clinics, and support groups.

Spina Bifida

Spina Bifida Association

http://www.spinabifidaassociation.org 1600 Wilson Blvd, Suite 800 Arlington, VA 22209 Phone: 800-621-3141 Email: <u>sbaa@sbaa.org</u> Please contact them for info in your area

Spina Bifida Association of Colorado

https://www.spinabifidaco.org PO Box 22994 Denver, CO 80222 Phone: 866-543-6837 Email: admin@spinabifidaco.org

SBA Colorado Clinics

http://spinabifidaassociation.org/clinics/ Children's Hospital Colorado Pediatric Rehabilitation Department 13123 E 16th Ave Aurora, CO 80045 Phone: 720-777-2806

Spinal Cord Injury

Rocky Mountain Regional Spinal Injury System (SCI Model System)

https://msktc.org/sci/model-system-centers/rocky-mountain-regional-spinal-injurysystem Craig Hospital 3425 S. Clarkson Street Englewood, CO 80113 Phone: 303-789-8306 Email: <u>scharlifue@craighospital.org</u>

Colorado RSVP Clinic

https://coloradorsvpclinic.org/ Mailing Address:

PO Box 31421 Aurora, CO 80041 Phone: 720-772-7787

Recognizing that uninsured individuals with disabilities in the Colorado community lacked access to rehabilitation services, a group of rehabilitation professionals joined together in early 2015 with the hope to create a clinic where they could volunteer their time and skills to provide care to these patients. RSVP strives to improve the lives of individuals in the Denver area who are uninsured. The RSVP Clinic provides outpatient rehabilitation services to those with brain injury, stroke, spinal cord or amputation injuries. Clinics are by appointment only and take place at Craig Hospital in Englewood, CO.

Stroke

CDC's Interactive Atlas of Heart Disease and Stroke

http://nccd.cdc.gov/DHDSPAtlas/ Choose Colorado

American Stroke Association

https://www.stroke.org/ National Center 7272 Greenville Avenue Dallas, TX 75231 Phone: 888-478-7653 Call them for the stroke support group in your area

HCA HealthOne Swedish: Advanced Comprehensive Stroke Center

https://www.healthonecares.com/locations/swedish 501 E Hampden Ave Englewood, CO 80113 Phone: 303-788-5000

SAN Stroke Support Group

https://www.stroke.org/en/stroke-groups/sanhc-stroke-support-group Phone: 720-627-3754 Email: <u>donelle.morse@commonspirit.org</u> Stroke support group open to all stroke survivors and caregivers.

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project

<u>www.asap.org</u> PO Box 1586 Longview, TX 75606-1586 Phone: 903-236-7079, 800-272-7282 (Toll-free) Email: <u>info@ASAP.org</u>

Transverse Myelitis

Siegel Rare Neuroimmune Association

www.wearesrna.org Physical Address: 1787 Sutter Parkway Powell, OH 43065-8806 Mailing Address: PO Box 826962 Philadelphia, PA 19182-6962 Phone: 855-380-3330 (EST) Please contact them for info in your area.

General Disability Resources

Colorado Yellow Pages for Kids with Disabilities

http://www.yellowpagesforkids.com/help/co.htm

Colorado Developmental Disabilities Council http://www.coddc.org/ Phone: 720-772-9396 Email: ColoradoDDCouncil@gmail.com

Occupational Therapy Association of Colorado

http://www.otacco.org 9200 East Mineral Avenue Suite 100 Centennial, CO 80112 Email: info@otacco.org

Colorado Chapter of the American Physical Therapy Association

www.coloradophysicaltherapists.org

Mailing Address: PO Box 3406 Englewood, CO 80155 Physical Address: 2851 S. Parker Road Suite 1210 Aurora, CO 80014 Phone: 303-351-5397 Email: info@coloradophysicaltherapists.org

Colorado Association of People Supporting Employment First (APSE)

www.apse.org http://apse.org/chapter/colorado/ One Research Place Suite 450 Rockville, MD 20850 Phone: 301-279-0060 Email: coapse@apse.org

Healthboards.com

<u>http://www.healthboards.com/boards/index.php</u> Message boards on health-related topics. Topics include SCI, CP, Stroke, and more.

Camp Paha

https://www.lakewood.org/Government/Departments/Community-Resources/Programsand-Activities/Therapeutic-Recreation/Camp-Paha

Phone: 303-987-4867

Email: paha@lakewood.org

The R.I.S.E. program offers two summer day program options for individuals with disabilities: Camp Paha for youth ages 6 to 17 and Paha Adults in Transition (PAT) for young adults ages 18 to 25.

Chanda Center for Health

https://chandacenter.org/ 1630 Carr St Lakewood, CO 80214 Phone: 800-766-4255

Email: info@chandacenter.org

The mission of the Chanda Plan Foundation is to provide access to integrative therapy, primary care, and other complementary services to improve health outcomes and reduce healthcare costs for persons with physical disabilities.

Early Connections Learning Centers

http://www.earlyconnections.org 104 E Rio Grande St Colorado Springs, CO 80903 Phone: 719-632-1754 Email: info@earlyconnections.org

Colorado's system of services and supports for families who have infants or toddlers, from birth to age three, with disabilities or a condition associated with delays in their development.

Family Voices Colorado

http://www.familyvoicesco.org/ Phone: 303-877-1747, 855-877-1747 Email: info@familyvoicesco.org

Family Voices gives parents the information and strength they need to navigate complex health care systems to get things like wheelchairs, oxygen, or surgery for their children.

Ability Connection Colorado: Parent to Parent of Colorado

https://www.abilityconnectioncolorado.org/p2p-co/ 801 Yosemite St Denver, CO 80230 Phone: 877-472-7201 Email: infop2p@abilityconnectioncolorado.org Connecting families of sons and daughters with d

Connecting families of sons and daughters with disabilities or special healthcare needs in communities across Colorado.

PEAK Parent Center

http://www.peakparent.org/ 917 East Moreno Avenue, Suite 140 Colorado Springs, CO 80903 Phone: 719-531-9400 Email: info@peakparent.org

PEAK's mission is to ensure that individuals with disabilities lead rich, active lives and participate as full members of their schools and communities.

211 Colorado

https://www.211colorado.org/

Phone: 211, 866-760-6489 (Toll-free)

Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location,

hours of operation, and any other relevant information for the inquiry. All calls are confidential.

Special Kids Special Families

http://sksfcolorado.org/ 1915 Aerotech Drive Suite 100 Colorado Springs, CO 80916 Phone: 719-447-8983 Email: sksf@sksfcolorado.org

Special Kids Special Families is a Colorado non-profit 501(c)3 organization. SKSF was founded in 1998 to provide respite and care for children and adults with disabilities. Programs offer community support services to families that are designed to meet the needs of individuals with disabilities throughout their life span.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org 2206 N Main Street, #277 Wheaton, IL 60187 Phone: 630-961-1400, ext. 1 Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the "Chapter Site" tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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