

FLORIDA DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to <u>https://www.healthcare.gov/</u> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/No Wrong Door <u>https://www.usaging.org/adrcs</u> <u>https://acl.gov/programs/connecting-people-services/aging-and-disability-resource-</u> centers-programno-wrong-door

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Centers (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Centers Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<u>https://acl.gov/</u>) (including AoA (<u>https://acl.gov/</u>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS)(<u>https://www.cms.gov/</u>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of

options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Florida Department of Elder Affairs

https://elderaffairs.org/ 4040 Esplanade Way Tallahassee, FL 32399-7000 Phone: 850-414-2000, 850-414-2001 (TDD) Email: information@elderaffairs.org

Aging and Disability Resource Centers Locator

https://elderaffairs.org/resource-directory/aging-and-disability-resource-centers-adrcs/

National Center on Elder Abuse (NCEA)

https://ncea.acl.gov/

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

City of Jacksonville: Senior Services Division

https://www.jacksonville.gov/departments/parks-and-recreation/senior-services.aspx City Hall at St. James

117 West Duval St Jacksonville, FL 32202 Phone: 904-255-5400

Email: <u>adultsvcs@coj.net</u>

The Senior Services Division administers community-wide social service programs serving older adults in Jacksonville/Duval County. Services include transportation options as well as independent living services.

Animal-Assisted Therapy

Island Dolphin Care

http://www.islanddolphincare.org 150 Lorelane Place Key Largo, FL 33037 Phone: 305-451-5884 IDC offers dolphin-assisted therapy programs for children and their families who are dealing with developmental and/or physical disabilities, emotional challenges, and critical, chronic or terminal illness.

Dolphin Research Center (DRC)

http://www.dolphins.org Mailing Address: 58901 Overseas Highway Grassy Key, FL 33050 Phone: 305-289-1121 Email: drc@dolphins.org

DRC is a non-profit education and research facility. Its Special Needs Program assists and enables people with various physical or mental challenges, chronic, or life threatening illnesses to participate in any of the public interactive programs they offer.

HorsePlay Therapy Center

https://horseplaytherapy.org/ 1925 SR 207 St Augustine, FL 32086 Phone: 904-315-8525 Email: horseplaytherapycenter@gmail.com This center helps advance development and

This center helps advance development and healing for children with special needs, and for veterans with PTSD and other life-altering injuries, through Hippotherapy and equine therapy.

Assistive Technology

Florida Alliance for Assistive Services & Technology, Inc. (FAAST)

http://faast.org 2145 Delta Blvd, Suite 200 Tallahassee, FL 32303 Phone: 844-353-2278 (Toll-free), 877-506-2723 (TTY) Email: info@FAAST.org

Southeast ADA Center

www.adasoutheast.org Burton Blatt Institute Lexington 2355 Huguenard Drive, Suite 200 Lexington, KY 40503 Phone: 404-541-9001, 800-949-4232 (National Toll-free) Email: <u>ADAsoutheast@syr.edu</u> State ADA Affiliate

Boley Centers, Inc.

http://www.boleycenters.org Paula J Hays Building 445 31st St North St Petersburg, FL 33713 Phone: 727-821-4819, 855-552-6539, 727-490-0002 (TTY) Email: <u>info@boleycenters.org</u>

Clinics Can Help

www.clinicscanhelp.org 2560 Westgate Ave West Palm Beach, FL 33409 Phone: 561-640-2995 Email: <u>hello@clinicscanhelp.org</u>

A non-profit organization that collects and lends out medical equipment like walkers, canes, wheelchairs, etc.

Caregivers Info

Florida Association of Centers for Independent Living (FACIL)

www.FloridaCILs.org 325 John Knox Rd Bldg C, Suite 132 Tallahassee, FL 32303 Phone: 850-575-6004 Email: info@floridacils.org

FACIL administers a program called the James Patrick Memorial Work Incentive Personal Attendants Services and Employment Assistance Program (JP-PAS) which gives up to \$1,320 for personal care attendants for people living with severe disabilities who are employed. Program eligibility, the JP-PAS application, and other information can be found at https://floridacils.org/pca-services-program/

Community-Based Fitness Programs

Brooks Rehabilitation: Neuro Recovery Centers (NRC)

https://brooksrehab.org/settings/community-programs/neuro-recovery-center/ 3599 University Blvd South Jacksonville, FL 32216 Phone: 904-345-6812 Email: <u>NRC@Brooksrehab.org</u> The NRC is a state-of-the-art rehab center featuring advanced equipment and technology

The NRC is a state-of-the-art rehab center featuring advanced equipment and technology to benefit individuals with neurological injuries or illnesses. Available equipment includes body weight supported treadmill, FES bike, Zero G, upper extremity Bioness, and aquatic therapy.

Center of Recovery & Exercise (CORE)

http://www.coreflorida.com/ 1191 Commerce Park Drive Altamonte Springs, FL 32714 Phone: 407-951-8936 CORE provides an activity-based training program to optimize health, function and independence for those living with paralysis.

Central Florida Dreamplex

www.cfldreamplex.com Clermont Location: 2400 S Highway 27, Suite B201 Clermont, FL 34711 Orlando Location: 5165 Adanson Street Orlando, FL 32804 Phone: 352-394-0212 Email: info@cfldreamplex.com

The Central Florida Dreamplex is a center for fitness, recreation, and sports designed specifically for individuals with physical and/or cognitive disabilities. Their programs include traditional and recreational therapies, adaptive sports, and group fitness classes for the whole family. The facility houses an accessible and adaptive fitness center, after-school care and school break camps, and social programming throughout each month. Members, patients, and visitors to the facility represent a diverse list of disabilities, including Autism Spectrum Disorder, Down Syndrome, Sensory Processing Disorder, Cerebral Palsy, muscular dystrophy, spina bifida, spinal cord injury, traumatic brain injury, amputees, visual impairments, and other learning and intellectual disabilities.

NextStep Orlando

http://www.nextstepfitness.org/about-nextstep-orl/ 8701 Maitland Summit Blvd Orlando, FL 32810 Phone: 407-571-9974 Email: <u>liza@nextsteporlando.org</u>

NextStep Orlando exists to provide those living with a spinal cord injury the opportunity to achieve their greatest recovery potential and an overall increased quality of life. This is achieved with an innovative, specialized exercise-based recovery program and dedicated staff in an environment filled with support, hope, and motivation.

Stay In Step Brain and Spinal Cord Injury Recovery Center

www.stayinstep.org 13085 Telecom Pkwy N Temple Terrace, FL 33637 Phone: 813-977-7999 A non-profit organization which runs an SCI recovery center.

Community Health Centers

Florida Association of Community Health Centers

<u>www.fachc.org</u> 2340 Hansen Lane Tallahassee, FL 32301

Phone: 850-942-1822

Email: info@fachc.org

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center http://findahealthcenter.hrsa.gov/

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Florida Office of Attorney General: Crime Victims' Services

https://www.myfloridalegal.com/crime-victims-services/crime-victims-services PL-01, The Capitol Tallahassee, FL 32399-1050 Phone: 850-414-3300, 866-966-7226 (Toll-free), 800-955-8771 (Relay/TDD)

Domestic Violence Help

National Domestic Violence Hotline

http://www.thehotline.org Phone: 800-799-7233 (Toll-free)

Florida Domestic Violence Statewide Hotline

https://www.myflfamilies.com/services/abuse/domestic-violence Phone: 800-500-1119 (Statewide Hotline)

Women in Distress

https://widbroward.org/ PO Box 50187 Lighthouse Point, FL 33074 Phone: 954-760-9800, 954-761-1133 (24-hour Crisis Hotline), 711 (TTY/TDD) Email: info@womenindistress.org

Women in Distress offers a 24-hour crisis line, emergency shelter program, individual counseling, and support groups to women who are victims of domestic abuse. This facility

has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

Florida Dept. of Children and Families: Office of Domestic Violence

https://www.myflfamilies.com/services/abuse/domestic-violence Phone: 800-500-1119, 800-621-4202 (TDD), 800-955-8771 (TTY)

Easterseals Offices

Easterseals Florida

https://www.easterseals.com/florida/ 2010 Crosby Way

Winter Park, FL 32792 Phone: 407-629-7881

Easterseals offers services to children and adults with disabilities and special needs. The programs Easterseals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location. Please see the site for their local offices.

Easterseals Southwest Florida

http://easterseals-swfl.org/

350 Braden Avenue Sarasota, FL 34243

Phone: 941-355-7637

Easterseals Southwest Florida offers the highest quality of care and services to children, youth and adults with special needs so that they can enjoy access, opportunities and increased life choices.

Government Offices

Florida State Website

http://myflorida.com/

The Able Trust

http://www.abletrust.org 2039 Centre Pointe Blvd, Suite 101 Tallahassee, FL 32308 Phone: 850-224-4493 Email: info@abletrust.org

Florida Commission on Human Relations

https://fchr.myflorida.com/ 4075 Esplanade Way, Room 110 Tallahassee, FL 32399 Phone: 850-488-7082, 800-342-8170 (Toll-free) Email: fchrinfo@fchr.myflorida.com

The Commission is the state agency charged with enforcing the state's civil rights laws and serves as a resource on human relations for the people of Florida.

Florida Department of Education: Vocational Rehabilitation

http://www.rehabworks.org/ Headquarters 325 W Gaines St, Suite 1144 Tallahassee, FL 32399-0400 Phone: 850-245-3399, 800-451-4327 (Toll-free)

Florida Medicaid Office

https://ahca.myflorida.com/medicaid Florida Agency for Health Care Administration 2727 Mahan Dr Mail Stop #8 Tallahassee, FL 32308 Phone: 850-412-4000 Email: FLMedicaidManagedCare@ahca.myflorida.com

Florida KidCare

www.floridakidcare.org Mailing Address: PO Box 980 Tallahassee, FL 32302 Phone: 888-540-5437, 800-955-8771 (TTY) Email: <u>contactus@healthykids.org</u> Florida KidCare (the state's CHIP program) offers health insurance to low-income, uninsured children from birth through age 18, even if one or both parents are working.

Florida SHINE (Serving Health Insurance Needs of Elders)

http://www.floridashine.org/ Florida Department of Elder Affairs 4040 Esplanade Way, Suite 270 Tallahassee, FL 32399-7000 Phone: 800-963-5337 (Toll-free), 800-955-8770 (TDD/TTY) Email: information@elderaffairs.org

SHINE is a state health insurance assistance program for elder Floridians. It provides educational materials and free unbiased insurance counseling to help elders understand and receive the health insurance coverage they need through Medicare, Medicaid, prescription assistance, long-term care planning and insurance, and other health care issues.

Florida Agency for Health Care Administration

https://ahca.myflorida.com/ Mailing Address: 2727 Mahan Drive Tallahassee, FL 32308 Phone: 888-419-3456 (Toll-free), 800-955-8771 (TDD) The Agency is responsible for the administration of the Medicaid program, for the licensure and regulation of health facilities and for providing information to Floridians about the quality of the health care they receive in Florida.

Florida Division of Workers' Compensation

http://www.myfloridacfo.com/division/wc/ Department of Financial Services 200 East Gaines Street Tallahassee, FL 32399-4220 Phone: 800-342-1741 Email: <u>Workers.CompService@myfloridacfo.com</u>

Florida Office of Insurance Regulation

https://floir.com/home 200 East Gaines Street Tallahassee, FL 32399 Phone: 850-413-3140 Email: <u>Consumer.Services@Myfloridacfo.com</u>

Florida's Insurance Consumer Advocate

https://www.myfloridacfo.com/division/ica/ 200 East Gaines St Tallahassee, FL 32399 Phone: 850-413-5923, 877-693-5236 (In-State Consumer Helpline) Email: YourFLVoice@MyFloridaCFO.com

Florida Commission for the Transportation Disadvantaged

https://www.fdot.gov/ctd/ctd-home Physical Address: 3185 S Blair Stone Rd Tallahassee, FL 32301 Mailing Address: 605 Suwannee St, MS-49 Tallahassee, FL 32399-0450 Phone: 850-410-5700, 800-983-2435 (Toll-free) Email: <u>CTDOmbudsman@dot.state.fl.us</u> Assists people with disabilities with transportation issues.

SunPass Prepaid Toll Program

https://www.sunpass.com/en/home/index.shtml Physical Location: Boca Raton Walk-In Center 7941 Glades Rd Boca Raton, FL 33434 Mailing Address: Florida Department of Transportation/SunPass PO Box 447

Ocoee, FL 34761

Phone: 888-865-5352

A program that assists the disabled to pay the tolls on Florida highways which accept SunPass. Applications may be obtained from the Florida Commission for the Transportation Disadvantaged.

State Long-Term Care (LTC) Ombudsman Program

https://ombudsman.elderaffairs.org/ 4040 Esplanade Way, Suite 380 Tallahassee, FL 32399-7000 Phone: 850-414-2323, 888-831-0404 (Toll-free) Email: LTCOPinformer@elderaffairs.org

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Find Your Elected Officials

Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

https://www.house.gov/representatives/find-your-representative http://whoismyrepresentative.com/

City of Jacksonville: Disabled Services Division

https://www.jacksonville.gov/departments/parks-and-recreation/disabled-services

117 W Duval St, Suite 205 Jacksonville, FL 32202 Phone: 904-255-5466, 904-255-5475 (TTY)

Email: <u>DisabledServices@coj.net</u>

DSD offers services such as monitoring of the ADA, disabled parking enforcement, and sensitivity training as well as resources and information on local transportation, employment and recreation.

Housing

U.S. Dept. of Housing and Urban Development (HUD)

www.hud.gov 451 7th Street, SW Washington, DC 20410 Phone: 202-708-1112, 202-708-1455 (TTY) HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here: https://www.hud.gov/contactus/public-housing-contacts and choose your state from the drop down box.

FloridaHealthFinder

https://quality.healthfinder.fl.gov/ Florida Nursing Home Guide Facility Search

211

<u>www.211.org</u>

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs) Florida State Independent Living Council

http://www.ilru.org/projects/silc-net/silc-directory http://www.floridasilc.org/ 1882 Capital Circle NE Suite 202 Tallahassee, FL 32308 Phone: 850-488-5624, 877-822-1993 (Toll-free) Email: info@floridasilc.org

Independent Living Research Utilization's Directory of Independent Living Centers http://www.ilru.org

National Council on Independent Living (NCIL)

http://www.ncil.org/ PO Box 31260 Washington, DC 20030 Phone: 202-207-0334, 844-778-7961(Toll-free) Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national crossdisability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Disability Achievement Center

http://www.mydacil.org/ 12552 Belcher Rd S Largo, FL 33773 Phone: 727-539-7550 Email: info@mydacil.org

Since 1992, Disability Achievement Center has been serving people of all ages with disabilities in Pinellas and Pasco Counties. They are a not for profit, non-residential resource center that serves people with all types of disabilities and their families at all stages of life. They provide information & referral, independent living skills, peer mentoring, advocacy and transition services as well as durable medical equipment and home modifications.

Self Reliance, Inc. Center for Independent Living

http://self-reliance.org/ 8901 N Armenia Ave Tampa, FL 33604 Phone: 813-375-3965, 813-402-0330 (Videophone) Email: <u>gmartoccio@self-reliance.org</u> Self Reliance, Inc. Center for Independent Living (CIL) is a nonprofit 501(c)(3)

organization established in 1978. Our mission is to promote independence through empowering persons with disabilities and improving the communities in which we live. Self Reliance is a cross disability agency providing services to both children and adults with disabilities (regardless of age and type of disability) to identify and overcome barriers to independence in their lives. Self Reliance is one of 16 Centers for Independent Living (CILs) statewide and is a member of the Florida Association of Centers for Independent Living (FACIL).

Library Services

Florida Division of Blind Services: Braille and Talking Book Library

https://dbs.fldoe.org/index.html

Physical Address: 325 West Gaines Street Turlington Building, Suite 1114 Tallahassee, FL 32399-0400 Mailing Address: 421 Platt Street Daytona Beach, FL 32114-2803 Phone: 800-226-6075 (Toll-free), 386-239-6000 Email: <u>OPAC_librarian@dbs.fldoe.org</u> Materials can be used by those with physical disabilities also.

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

https://www.christopherreeve.org/todays-care/get-support/get-a-peer-mentor/

636 Morris Turnpike, Suite 3A Short Hills, NJ 07078 Phone: 800-539-7309

Email: Peer@Reeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-topeer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: <u>https://www.christopherreeve.org/todays-care/getsupport/grants-for-non-profits/</u> for more info on qualifying and applying.

Protection and Advocacy

Disability Rights Florida

http://www.disabilityrightsflorida.org/

Mailing Address: 2473 Care Drive, Suite 200 Tallahassee, FL 32308 Phone: 850-488-9071, 800-342-0823 (Toll-free), 800-346-4127 (TDD)

Legal Services of North Florida

http://lsnf.org/ 2119 Delta Blvd Tallahassee, FL 32303 Phone: 850-385-9007 LSNF offers direct representation, telephone advice programs, and legal clinics for income-eligible people.

Service Dogs

Canine Companions: Southeast Training Center

https://canine.org/ 8150 Clarcona Ocoee Rd Orlando, FL 32818 Phone: 407-522-3300, 800-572-2275 (Toll-free) Service, Hearing, Social/Therapy Dogs

K9s for Warriors

http://www.k9sforwarriors.org/ 114 Camp K9 Rd Ponte Vedra, FL 32081 Phone: 904-686-1956, 888-819-0112 (Toll-Free) Email: info@k9sforwarriors.org

K9s for Warriors is a non-profit organization dedicated to providing service canines to warriors suffering from Post-Traumatic Stress Disability, traumatic brain injury and/or military sexual trauma as a result of military service post 9/11.

New Horizons Service Dogs, Inc.

http://www.newhorizonsservicedogs.org/ 1590 Laurel Park Ct Orange City, FL 32763 Phone: 386-456-0408 Email: <u>info@nhsdi.org</u> Dogs trained: Service, Mobility Assistance

Sports and Recreation

Access the Sea

https://www.accessthesea.org/ 10231 Hunt Club Lane Palm Beach Gardens, FL 33418 Email: accessthesea2@gmail.com

Access the Sea takes people with disabilities out on the intracoastal waterways in an accessible catamaran for a four-hour boat trip with fishing included.

Active Disabled Americans

https://activedisabledamericans.org/ 81576 Overseas Highway Islamorada, FL 33037 Phone: 305-451-2102 Active Disabled Americans is a charter, tour, and cruise operation that caters to people with disabilities.

Brooks Rehabilitation Adaptive Sports and Recreation Program

https://brooksadaptivesportsandrecreation.com 3599 University Blvd South, #1103 Jacksonville, FL 32216 Phone: 904-345-7314 Email: adaptivesports@brooksrehab.org

The program provides a variety of weekly activities as well as sponsoring educational clinics and sporting event competitions with athletes holding national and world champion titles and Paralympic status. All ages and abilities welcome. Individuals may choose to participate at a recreational or competitive level.

Broward County Parks and Recreation

https://www.broward.org/parks/Pages/default.aspx 950 NW 38th St Oakland Park, FL 33309 Phone: 954-357-8100 ext 0, 954-357-8170, 954-537-2844 (TTY) Email: <u>SpecialPopulations@Broward.org</u> See the Special Populations Section.

SportsAbility Alliance (Formerly Florida Disabled Outdoors Association)

http://www.fdoa.org/

3035 Eliza Road Tallahassee, FL 32308 Phone: 850-201-2944 SportsAbility Alliance is a non-profit organization whose mission is to enrich lives through accessible inclusive recreation for all.

Lee County Parks and Recreation

https://www.leegov.com/parks Terry Park 3410 Palm Beach Blvd Fort Myers, FL 33916 Phone: 239-533-7275, 239-267-2181 Email: <u>leeparks@leegov.com</u> Click on Programs, then ADA Accessibility or Special Needs Camps

Miracle League of Palm Beach County

http://miracleleaguepalmbeachcounty.com/ Mailing Address: PO Box 7211 Delray Beach, FL 33482 Phone: 561-414-4441 Email: coachkadel@gmail.com

The Miracle League's mission is to provide opportunities for all children to play baseball regardless of their ability. For over 10 years, the Miracle League Association has made it possible for children all over the country with physical and mental disabilities to achieve the same dream as their healthy peers - to play ball.

Hillsborough County Parks & Recreation

https://hcfl.gov/departments/parks

HC Adaptive Sports Program Miller Park and Life Center 6105 E Sligh Ave Tampa, FL 33617 Phone: 813-744-5595, 813-744-5978 Email: recreation admin@hcfl.gov

HC Adaptive Sports provides year-round sports and recreation programs that promote physical activity, healthy lifestyles, and recreational and competitive sports opportunities for area children and adults with physical disabilities.

Sabrina Cohen Foundation (SCF)

https://sabrinacohenfoundation.org/

Phone: 305-968-8024

Email: Sabrina@sabrinacohenfoundation.org

Today, SCF's mission revolves around the foundation's largest undertaking to date – a partnership with the City of Miami Beach that includes multiple initiatives to provide disabled individuals, veterans, children with special needs and the elderly the same perks of living in South Florida as everyone else – Access to the beach and ocean.

Shake-A-Leg Miami

www.shakealegmiami.org 2620 South Bayshore Drive Coconut Grove, FL Phone: 305-858-5550 Shake-A-Leg Miami's mission is to use the marine environment to improve the health, education, independence and quality of life for all with an emphasis on individuals with physical, developmental and economic challenges.

ThumbsUp International

www.ThumbsUpIntl.org Email: <u>thumbsupintl@gmail.com</u> ThumbsUp pairs able bodied volunteers with wheelchair racers so that they can participate in races.

UCanSki 2

http://ucanski2.com/ A water skiing program for people with disabilities.

Walk on Water Ministries

http://walkonwaterhorses.com 3330 Perkinson Lane Merritt Island, FL 32953 Phone: 321-412-8057 Email: praisedancer.bryan426@gmail.com

Our mission is to provide a place where individuals with special needs, at risk individuals, veterans, and their families can come to gain the health benefits of interacting with horses and other animals, develop responsibilities through encouragement, and heal through serving.

USA Adaptive Water Ski & Wake Sports, Inc.

https://www.usaadaptivewaterski.org/ Phone: 863-324-4341 Email: memberservices@usawaterski.org

W.A.V.E.S. (Wheelchairs and Veterans Enjoying Summer, Inc)

http://www.kipsboat.org Phone: 631-495-6105 Email: kipsboat@msn.com Offers free fishing and boating to children and adults with physical and mental challenges. They operate in in Stuart, FL from November to May.

United Way Offices

United Way Worldwide

http://www.unitedway.org 701 North Fairfax Street Alexandria, VA 22314

Phone: 703-836-7112

Enter postal code for a United Way office in your area

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

U.S. Department of Veterans Affairs: Facility Locator

https://www.va.gov/directory/guide/home.asp For information on local VA medical centers, click on state of Florida.

Wounded Warriors Abilities Ranch

https://woundedwarriorsabilitiesranch.org/ PO Box 1035 Pinellas Park, FL 33780 Phone: 727-234-5709 Email: wwaranch@gmail.com

This non-profit provides veterans a safe and accessible environment for various recreational activities. Some of these activities include fishing, basketball, softball, rugby, music events, and more.

PVA National Service Offices

Paralyzed Veterans of America

https://pva.org National Headquarters Mailing Address: 1875 Eye St NW, Suite 1100 Washington, DC 20006 Phone: 800-424-8200, 800-795-4327 (TTY) Email: info@pva.org For information on local chapters, please go to https://pva.org/find-support/nationalservice-office/

ALS

ALS Association: Florida Chapter

https://www.als.org/support/states/florida Phone: 813-637-9000 Email: infofl@als.org Contact for Support Groups in your area

ALS Recovery Fund

www.alsrecovery.org Mailing Address: One Grove Isle Drive, #1602 Coconut Grove, FL 33133 Email: info@alsrecovery.org

The ALS Recovery Fund is a 501(c)(3) non-profit charitable organization that is committed to creating public awareness, promoting research and education, and raising funds for patient care and research in order to find a cure for this life threatening disease. The ALS Recovery Fund seeks to aid families impacted by ALS by providing financial assistance to those in need of equipment and/or supplies. The Patient Care Fund is available to all residents of Miami-Dade, Broward, Monroe and Palm Beach County diagnosed with ALS.

ALS Center at the University of Miami

http://miami-als.org/ Desai Sethi Medical Center Medical Campus 1150 NW 14th Street, Suite 609 Miami, FL 33136 Phone: 800-690-2571 (Toll-free), 305-243-3100 Email: <u>ALSClinic@med.miami.edu</u>

Brain Injury

Brain Injury Florida

https://www.braininjuryfl.org/ Mailing Address: 19321 US HWY 19 North, Suite 307 Clearwater, FL 33764 Phone: 800-444-6443 (Brain Injury Info Line) Email: info@braininjuryfl.org

Miami Jewish Health

https://www.miamijewishhealth.org/ 5200 NE 2nd Ave Miami, FL 33137 Phone: 305-751-8626

MJHH has been designated by the state of Florida as its first brain and spinal cord injury ventilator dependent rehabilitation program. The Brucker Biofeedback Center treats patients with damage to their central nervous system including people with spinal cord injury, brain injury and stroke.

WellFlorida Council

http://www.wellflorida.org 1785 NW 80th Blvd Gainesville, FL 32606 Phone: 352-313-6500 Email: <u>info@WellFlorida.org</u> Has a state-wide project on traumatic brain injury.

Cerebral Palsy

United Cerebral Palsy

http://www.ucp.org/ 8401 Old Courthouse Rd Vienna, VA 22182 Phone: 800-872-5827, 866-827-1692 (Resources) Email: info@ucp.org

UCP chapters in Florida

UCP of Central Florida

https://www.ucpcfl.org 4780 Data Court Orlando, FL 32817 Phone: 407-852-3300 Email: info@ucpcfl.com

United Community Options of South Florida

http://www.unitedcommunityoptionssfl.org/

2700 W 81st Street Hialeah, FL 33016 Phone: 844-827-5023 Email: <u>ucoinfo@uco-ucpsfl.org</u>

Florida Birth-Related Neurological Injury Compensation Association (NICA)

http://www.nica.com/ Mailing Address: PO Box 14567 Tallahassee, FL 32317-4567 Phone: 850-488-8191, 800-398-2129 (Toll-free) Email: info@nica.com

NICA was created by the Florida Legislature in 1988. NICA is a statutory organization that manages the Florida Birth Related Neurological Injury Compensation Plan ("Plan") used to pay for the care of infants born with certain neurological injuries. This Plan is available to eligible families statewide without litigation. Cerebral palsy is among one of the conditions that NICA may cover.

Friedreich's Ataxia

National Ataxia Foundation (NAF)

http://www.ataxia.org/ Physical Address: 600 Hwy 169 S, Ste 1725 Minneapolis, MN 55426 Mailing Address: PO Box 27986 Golden Valley, MN 55427 Phone: 763-553-0020 Email: <u>naf@ataxia.org</u> For information on local support groups, please go to <u>https://www.ataxia.org/support-groups/</u>.

Guillain-Barré Syndrome/CIDP

Guillain-Barré Syndrome/CIDP Foundation International

http://gbs-cidp.org/ Mailing Address: 375 East Elm St, Suite 101 Conshohocken, PA 19428 Phone: 610-667-0131, 866-224-3301 (Toll-free North America) Call for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society Chapters

Mid-South Florida National MS Society Chapter

https://www.nationalmssociety.org/resources/get-connected/in-your-area/fls Physical Address: 3250 W Commercial Blvd Suite 340 Fort Lauderdale, FL 33309 Mailing Address: PO Box 289 Canton, MA 02021 Phone: 800-344-4867 (Toll-Free)

North Florida National MS Society Chapter

https://www.nationalmssociety.org/resources/get-connected/in-your-area/fln Mailing Address: PO Box 289 Canton, MA 02021 Phone: 800-344-4867 (Toll-Free)

Multiple Sclerosis Association of America

http://www.mymsaa.org/ National Headquarters 375 Kings Highway North, Suite B Cherry Hill, NJ 08034 Phone: 800-532-7667 Email: msaa@mymsaa.org

MSAA Southeast Regional Office

https://mymsaa.org/publications/improving-lives/offices/

Phone: 800-532-7667, ext 160 Email: southeast@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association

https://www.mda.org 1016 W Jackson Blvd, #1073 Chicago, IL 60607 Phone: 800-572-1717 Email: <u>resourcecenter@mdausa.org</u> Enter your postal code in the "Find your local MDA" section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)

www.post-polio.org 50 Crestwood Executive Center, Suite 440 Saint Louis, MO 63126 Phone: 314-534-0475 Email: <u>info@post-polio.org</u> Directory lists Health Professionals, Clinics, and Support Groups by state: <u>https://post-polio.org/wp-content/uploads/2024/08/PDIR-2024.pdf</u>

Spina Bifida

Spina Bifida Association

http://www.spinabifidaassociation.org 200 Duke Street, Suite 300 Alexandria, VA 22314 Phone: 800-621-3141 Email: <u>sbaa@sbaa.org</u> Please contact them for info in your area For information on local clinics, please go to https://www.spinabifidaassociation.org/clinics/

Spina Bifida of Jacksonville

http://spinabifidajax.org 2970 Mercury Road Jacksonville, FL 32207 Phone: 904-699-9886

Spinal Cord Injury

Brain and Spinal Cord Injury Program Resource Center

http://bscipresourcecenter.org/ Mailing Address: 3491 Gandy Blvd, Suite 209 Pinellas Park, FL 33781 Phone: 866-313-2940 (Toll-Free) Email: <u>BSCIPResourceCenter@flhealth.gov</u>

Miami Project to Cure Paralysis

https://www.themiamiproject.org/ 1095 NW 14th Terrace Lois Pope LIFE Center Miami, FL 33136 Phone: 305-243-6001, 800-782-6387 Email: miamiproject@miami.edu

The Miami Project is the world's largest comprehensive spinal cord injury research center, dedicated to finding more effective treatments and a cure for paralysis.

South Florida Spinal Cord Injury Model System

https://med.miami.edu/programs/sfscims South Florida SCI Model Systems

Florida Department of Health: Brain and Spinal Cord Injury Program

https://www.floridahealth.gov/provider-and-partner-resources/brain-and-spinal-cordinjury-program/index.html Mailing Address: 4052 Bald Cypress Way, Bin C25 Tallahassee, FL 32399 Phone: 850-245-4045, 800-342-0778 (Toll-Free) Email: <u>DEMO.BSCIP@flhealth.gov</u>

United Spinal Association: Chapter Finder

https://unitedspinal.org/support/chapter-network/

United Spinal Association: Greater Orlando Chapter

https://unitedspinal.org/chapter/greater-orlando-chapter-of-united-spinal-association/ https://goscin.org/ Mailing Address: 1070 Montgomery Rd, #2116 Altamonte Springs, FL 32714 Phone: 888-265-4890

Email: info@goscin.org

Other Regional Support Groups

Greater Orlando Spinal Cord Injury Network

https://goscin.org/ Mailing Address: 1070 Montgomery Road, #2116 Altamonte Springs, FL 32714

Phone: 888-265-4890

Email: info@goscin.org

Meetings are held at different locations. GOSCIN is a group for persons with SCI in the Orlando area. Their mission is to serve the needs of people with SCIs in employment, adaptive sports, recreation, social functions, networking, outreach, SCI prevention, and guest speakers for the group.

WellFlorida Council

http://www.wellflorida.org/ 1785 NW 80th Blvd Gainesville, FL 32606 Phone: 352-313-6500 Email: info@WellFlorida.org

New Perspective Foundation

https://newperspective.org 12850 Highway 9 Suite 600-239 Alpharetta, GA 30004 Email: <u>support@newperspective.org</u>

New Perspective Foundation is a registered 501 (c) (3) non-profit organization that helps individuals in Georgia, Ohio and Florida who are currently hospitalized due to a spinal cord injury. They accomplish this by assisting their family and friends with airfare, gasoline, and or lodging expenses, so they can travel to support them in their time of need.

Memorial Rehabilitation Institute

https://www.mhs.net/services/rehabilitation/conditions-treatments-services/spinal-cord 3600 Washington St

Hollywood, FL 33021 Phone: 954-518-5725

Memorial Rehabilitation Institute offers a world-class, comprehensive inpatient rehabilitation program close to home and under one roof at Memorial Regional Hospital South. For adult and pediatric patients who need therapy but don't require hospitalization, there are several outpatient rehabilitation locations.

Spinal Cord Injury Support Group of South Florida: Broward Chapter

http://www.scisg.org/broward-chapter Encompass Health Rehabilitation Hospital

Encompass Health Rehabilitation Hospita 4399 Nob Hill Road Sunrise, FL 33351 Contact: Ryan Gebauer Phone: 954-696-7204

Spinal Cord Injury Support Group of South Florida: Miami Chapter

http://www.scisg.org/miami-chapter Christine E Lynn Rehabilitation Center 1611 NW 12th Ave Miami, FL 33136 Contact: Anson James Phone: 407-637-7774

Spinal Cord Injury Support Group of South Florida: Palm Beach Chapter

https://scisg.org/palm-beach-chapter/ St Mary's Medical Center 901 NW 45th St West Palm Beach, FL 33407 Contact: Peggy Domitz Phone: 561-247-4504

West Florida SCI Support Group

https://unitedspinal.org/group/west-florida-sci-support-group/

West Florida Rehab Institute 8383 N Davis Highway Pensacola, FL 32514 Contact: Rinda Gray-Astley Phone: 850-494-6195 Email: <u>rinda.grayastley@hcahealthcare.com</u> Spinal cord injury support group in Pensacola, FL. The group meets every second Tuesday of the month from 2:30–3:30 PM in Community Rooms A&B.

Stroke

Florida Dept of Health's Info on Stroke https://www.floridahealth.gov/diseases-and-conditions/stroke/index.html

American Stroke Association

https://www.stroke.org/ National Center 7272 Greenville Avenue Dallas, TX 75231 Telephone: 888-478-7653 Call for the stroke support group in your area

Stroke Support Group: St Augustine

65 Silver Lane St Augustine, FL 32084 Contact: Meg Foster, DPT Phone: 904-640-2072 Email: <u>meg.foster@encompasshealth.com</u> Meetings are held 2nd Tuesday of every month from 4:00 PM to 5:00 PM Eastern Time for caregivers and survivors.

Transverse Myelitis

Siegel Rare Neuroimmune Association

www.wearesrna.org Physical Address: 1787 Sutter Parkway Powell, OH 43065-8806 Mailing Address: PO Box 826962 Philadelphia, PA 19182-6962 Phone: 855-380-3330 (EST) Please contact them for local info.

General Disability Resources

Association of People Supporting Employment First: Florida chapter

www.apse.org https://apse.org/chapter/florida/ Email: flapse@apse.org

Ability1st

https://ability1st.org 1823 Buford Court Tallahassee, FL 32308 Phone: 850-575-9621 Email: <u>contact@ability1st.info</u> Provides independent living, information and referral, etc.

The Able Trust

http://www.abletrust.org 2039 Centre Pointe Blvd, Suite 101 Tallahassee, FL 32308 Phone: 850-224-4493 Email: info@abletrust.org

The Able Trust, also known as the Florida Endowment Foundation for Vocational Rehabilitation, is a 501(c)(3) public-private partnership foundation established by the Florida legislature in 1990. Its programs provide vocational rehabilitation to enable people with disabilities prepare for employment.

Brooks Rehabilitation Hospital

http://www.brooksrehab.org/ 3599 University Blvd S Jacksonville, FL 32216 Phone: 904-345-7600 Provides the most advanced therapy and medical care, along with the compassion, motivation, and hope to help people reach their highest level of recovery.

Division of Children's Medical Services (CMS)

https://www.floridahealth.gov/programs-and-services/childrens-health/childrensmedical-services/ Mailing Address: 4052 Bald Cypress Way, Bin A06 Tallahassee, FL 32399 Phone: 850-245-4200 CMS has various programs and services for eligible children with special needs. Offices are located throughout the state.

Inform Florida (Formally Florida Alliance of Information and Referral Services)

https://informfl.org/ Mailing Address: PO Box 1321 Tallahassee, FL 32302 Phone: 211 Inform Florida's mission is to strengthen the health and human service information and referral provider network in the state of Florida through advocacy, coordination and education.

Florida Association of Rehabilitation Facilities, Inc.

www.floridaarf.org 1113 East Tennessee Street, Suite 100 Tallahassee, FL 32308 Phone: 850-877-4816 Email: info@floridaarf.org

Florida Occupational Therapy Association

https://www.flota.org Mailing Address: 449 West Silver Star Road PO Box 915 Ocoee, FL 34761

Florida Physical Therapy Association

http://www.fpta.org/ 800 N Calhoun St, #1A Tallahassee, FL 32303 Phone: 850-222-1243 Email: info@fpta.org

Florida Self-Advocates Network'D (FL SAND)

www.flsand.org Email: contactflsand@gmail.com

FL SAND is a statewide association of self-advocates led by self-advocates that exists to support advocacy efforts at the local, grassroots level and to provide a united voice for

statewide issues and topics that are important to self-advocates and all persons with disabilities in Florida.

Florida Yellow Pages for Kids with Disabilities

http://www.yellowpagesforkids.com/help/fl.htm

Holy Cross Health

https://www.holy-cross.com

4725 N Federal Hwy Fort Lauderdale, FL 33308

Phone: 954-771-8000

The hospital's Outpatient Rehabilitation Center has various unique rehab equipment such as a balance and gait treadmill, a mobility trainer, a balance system, FES bike, and a robotic exoskeleton.

Leeds Foundation

https://leedsfoundation.org/ 435 Southern Boulevard West Palm Beach, FL 33405 Phone: 561-596-7666 Email: info@leedsfoundation.org

The Leeds Foundation is a non-profit organization dedicated to improving the lives of the disabled in Palm Beach County, FL. They assist people with disabilities with money for service dogs, wheelchairs, medical equipment, and other items at no cost to the person with disability.

Lift Disability Network

https://liftdisability.net/ 611 Business Park Blvd, Suite 105 Winter Garden, FL 34787 Phone: 407-228-8343 The Lift Disability Network aids the disability family with a suite of programs that include camps, social services, mentoring, mental health & family counseling, social events, and spiritual development.

Stand Among Friends

www.standamongfriends.org 777 Glades Road Building AZ-79, Rooms 111 and 112

Boca Raton, FL 33431 Phone: 561-297-4400 Email: info@standamongfriends.org

Stand Among Friends is a 501(c)3 nonprofit organization that helps college students and adults with disabilities prepare for, seek and secure employment.

Wheelchair Accessible Taxicabs Available In Miami-Dade County

https://www.miamidade.gov/global/service.page?Mduid_service=ser1572618493969359

Central Cab

740 Alton Road Miami Beach, FL 33139 Phone: 305-532-5555

Crown Taxi

4141 N Miami Avenue, #201 Miami, FL 33127 Phone: 305-445-5555

Super Yellow Cab

3109 NW 27th Avenue Miami, FL 33142 Phone: 305-888-7777

Transportation Sunshine

4218 SW 9th Street Miami, FL 33134 Phone: 305-445-3333

Yellow Cab

3775 NW 36th Street Miami, FL 33142 Phone: 305-444-4444 For additional information, to file a complaint or to record a compliment, call 305-891-3131.

Wheelchairs 4 Kids

www.wheelchairs4kids.org 1200 S Pinellas Ave, Suite 3 Tarpon Springs, FL 34689 Phone: 727-946-0963 Email: info@wheelchairs4kids.org

Wheelchairs 4 Kids is a non-profit that assists children in getting wheelchairs, home modifications, assistive devices, and vehicle modifications at no charge to them.

Wheels of Success

https://www.wheelsofsuccess.org/ Hillsborough County Address: 13116 N Florida Ave Tampa, Fl 33612 Phone: 813-995-5040, 813-417-1090 Email: info@wheelsofsuccess.org

Wheels of Success is Tampa Bay's only 501(c)3 nonprofit organization providing a full range of transportation solutions, including vehicle replacement; car repair; and licensing, car payment and down payment assistance to low- and moderate-income working families.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org 2206 N Main Street, #277 Wheaton, IL 60187 Phone: 630-961-1400, ext 1 Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the "Chapter Site" tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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