



Cauda Equina Syndrome Resources

The collection of nerves at the end of the spinal cord is thought to resemble a horse's tail or cauda equina. In CES, the nerves become compressed which may lead to pain, weakness and loss of feeling in the legs. CES may be considered a type of spinal cord injury.

American Academy of Orthopaedic Surgeons: Cauda Equina Syndrome

<https://orthoinfo.org/en/diseases--conditions/cauda-equina-syndrome/>

American Association of Neurological Surgeons: Cauda Equina Syndrome

<https://www.aans.org/patients/conditions-treatments/cauda-equina-syndrome/>

Cauda Equina Foundation

<https://www.ceslife.org/>

Christopher & Dana Reeve Foundation: Spinal Syndromes booklet

https://www.christopherreeve.org/wp-content/uploads/2024/05/Spinal-Syndrome-Booklet-4-2024-online_MA_Final.pdf

Cauda equina is one of the spinal syndromes covered in this booklet.

eMedicine: Cauda Equina and Conus Medullaris Syndromes

<http://emedicine.medscape.com/article/1148690-overview>

Merck Manual Home Health Handbook: Cauda Equina Syndrome

<https://www.merckmanuals.com/home/brain-spinal-cord-and-nerve-disorders/spinal-cord-disorders/cauda-equina-syndrome?query=cauda%20equina%20syndrome>

WebMD: Cauda Equina Syndrome Overview

<https://www.webmd.com/back-pain/cauda-equina-syndrome-overview>

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$10,000,000 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.