



Gastroparesis Resources

Gastroparesis, also called delayed gastric emptying, is a disorder that slows or stops the movement of food from the stomach to the small intestine. Normally, the muscles of the stomach, which are controlled by the vagus nerve, contract to break up food and move it through the gastrointestinal (GI) tract. The GI tract is a series of hollow organs joined in a long, twisting tube from the mouth to the anus. The movement of muscles in the GI tract, along with the release of hormones and enzymes, allows for the digestion of food. Gastroparesis can occur when the vagus nerve is damaged by illness or injury and the stomach muscles stop working normally. Food then moves slowly from the stomach to the small intestine or stops moving altogether.

Source: National Institute of Diabetes and Digestive and Kidney

<https://www.niddk.nih.gov/health-information/digestive-diseases/gastroparesis>

Websites

American College of Gastroenterology: Gastroparesis

<https://gi.org/topics/gastroparesis/>

Gastroparesis Patient Association for Cures and Treatments

<http://www.g-pact.org/>

Jackson Siegelbaum Gastroenterology: Gastroparesis

<http://gicare.com/diseases/gastroparesis/>

Mayo Clinic: Gastroparesis

<http://www.mayoclinic.org/diseases-conditions/gastroparesis/basics/definition/con-20023971>

National Digestive Diseases Information Clearinghouse: Gastroparesis

<https://www.niddk.nih.gov/health-information/digestive-diseases/gastroparesis>

National Organization of Rare Diseases (NOR): Gastroparesis

<https://rarediseases.org/rare-diseases/gastroparesis/>

Penn State Hershey Medical Center: Gastroparesis—How Is It Treated? Video

<https://www.youtube.com/watch?v=QzYzjZ4loP4>

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