

# Wheelchair Transfers



The information below pertains to how to safely transfer a person out of or into a wheelchair. Proper technique is important for the safety of both the person being transferred and the caregiver or health care professional.

## Websites

**MedlinePlus: Moving a Patient from Bed to Wheelchair**

<https://medlineplus.gov/ency/patientinstructions/000428.htm>

**Model Systems Knowledge Translation Center (MSKTC): Safe Transfer Technique**

<http://www.msktc.org/sci/factsheets/Safe-Transfer-Technique>

## **Model Systems Knowledge Translation Center (MSKTC): Safe and Independent Manual Wheelchair Transfers**

<https://msktc.org/sci/infographics/safe-and-independent-manual-wheelchair-transfers>

MSKTC is a national center that works to put research into practice to serve the needs of people with traumatic brain injuries, spinal cord injuries, and burn injuries. The Safe Transfer Technique fact sheet provides information on conducting safe transfers to preserve function and avoid injury.

## **Northwest Regional Spinal Cord Injury System (University of Washington)**

<http://sci.washington.edu/empowerment/videos.asp#wc>

Offers a series of videos on transfer techniques:

Video 17: Introduction to Wheelchair Transfers (<https://youtu.be/S547kQSPZH8>)

Video 18: Bed, Chair and Couch Transfers (<https://youtu.be/CfvLWeoytdw>)

Video 19: Bathroom Transfers ([https://youtu.be/NWqQ\\_gC-Trw](https://youtu.be/NWqQ_gC-Trw))

Video 20: Car Transfers (<https://youtu.be/hRrxmC9NcKU>)

Video 21: Floor Transfers (<https://youtu.be/fBuRe3qrA68>)

## **Shepherd Center: Transfer Techniques**

<https://myshepherdconnection.org/living-with-injury/positioning-mobility/transfer-techniques/>

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