



Mississippi Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door

<https://www.usaging.org/adrcs>

<https://acl.gov/programs/connecting-people-services/aging-and-disability-resource-centers-program-no-wrong-door>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<https://acl.gov/>) (including AoA (<https://acl.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<https://www.cms.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and

assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Mississippi Division of Aging and Adult Services

<https://www.mdhs.ms.gov/services/adult/>

Mississippi Department of Human Services

200 South Lamar St

Jackson, MS 39201

Phone: 601-359-4500, 844-822-4622 (MAC helpline)

Mississippi Area Agencies on Aging

<https://www.mdhs.ms.gov/aging/>

National Center on Elder Abuse (NCEA)

<https://ncea.acl.gov/home#gsc.tab=0>

<https://ncea.usc.edu/>

Department of Family Medicine

University of Southern California Keck School of Medicine

1845 N Soto Street, Suite 203

Los Angeles, CA 90032

Phone: 855-500-3537

Email: ncea-info@acl.hhs.gov

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Arts And Creativity

Art For All Mississippi

<https://artforallms.com/>

Physical Address:

201 E Pascagoula Street

Jackson, MS 39201

Mailing Address:

PO Box 2364

Jackson, MS 39201

Phone: 601-214-4016

Email: admin@artforallmississippi.com

Assistive Technology

Project START: Success Through Assistive Rehabilitative Technology

<https://www.mdrs.ms.gov/assistive-technology/project-start>

Mississippi Department of Rehabilitation Services

Physical Address (appointment only):

1281 Highway 51 North

Madison, MS 39110

Mailing Address:

PO Box 1698

Jackson, MS 39215

Phone: 601-853-5249, 800-852-8328 (Mississippi only), 800-443-1000

Email: projectstart@mdrs.ms.gov

Southeast ADA Center (Covers Mississippi)

<http://www.adasoutheast.org/>

Burton Blatt Institute Lexington

2355 Huguenard Drive, Suite 200

Lexington, KY 40503

Phone: 800-949-4232 (National ADA Hotline, Toll-free), 404-541-9001

Email: adasoutheast@syr.edu

Community Health Centers

Community Health Center Association of Mississippi

<https://chcams.org/>

Physical Address:

6400 Lakeover Road, Suite A

Jackson, MS 39213

Mailing Address:

PO Box 11745

Jackson, MS 39283-1174

Phone: 601-981-1817

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are

pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Mississippi Attorney General's Office: Bureau of Victim Assistance

<https://attorneygenerallynnfitch.com/>

Physical Address:

550 High Street

Jackson, MS 39201

Mailing Address:

PO Box 220

Jackson, MS 39205

Phone: 601-359-3680, 800-829-6766

Email: victimassistance@ago.ms.gov

Domestic Violence Help

National Domestic Violence Hotline

<https://www.thehotline.org/>

Phone: 800-799-7233

Statewide Domestic Violence Hotline: 800-898-3234 (Toll-free), 601-981-9196

Mississippi Coalition Against Domestic Violence

www.mcadv.org/

Mailing Address:

PO Box 4703

Jackson, MS 39296

Phone: 601-981-9196, 800-898-3234 (Toll-free)

Immediate Assistance (After hours): 800-799-7233

Email: support@mcadv.org

Easterseals

Easterseals National Office

www.easterseals.com

141 W Jackson Blvd, Suite 1400A

Chicago, IL 60604

Phone: 800-221-6827 (Toll-free)

Email: info@easterseals.com

Visit website and search by state for an Easterseals in your area

Easterseals offers services to children and adults with disabilities and special needs. The programs Easterseals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Government Offices for Mississippi

Mississippi State Website

<http://www.mississippi.gov>

Mississippi Department of Human Services

<https://www.mdhs.ms.gov/>

200 South Lamar St
Jackson, MS 39201
Phone: 601-359-4500

Mississippi Department of Rehabilitation Services

<https://www.mdrs.ms.gov/>

Physical Address:

1281 Highway 51
Madison, MS 39110

Mailing Address:

PO Box 1698
Jackson, MS 39215
Phone: 800-443-1000

MDRS provides resources to help Mississippians with disabilities find new careers, live more independently, overcome obstacles, and face new challenges.

Mississippi Division of Medicaid

<http://www.medicaid.ms.gov/>

Mailing Address:

PO Box 2222
Jackson, MS 39225
Phone: 601-359-6050, 800-421-2408 (Toll-free)

Mississippi Children's Health Insurance Program (CHIP)

<https://medicaid.ms.gov/>

Mailing Address:

PO Box 23078
Jackson, MS 39225
Phone: 800-884-3222

Mississippi Insurance Department

<https://www.mid.ms.gov/>

Physical Address:

1001 Woolfolk State Office Building
501 North West Street
Jackson, MS 39201

Mailing Address:

PO Box 79
Jackson, MS 39205-0079
Phone: 601-359-3569, 800-562-2957 (Toll-free)

Email: info@mid.ms.gov

Mississippi Workers' Compensation Commission

<https://www.mwcc.ms.gov/#/home>

301 N Lamar St

Jackson, MS 39201

Phone: 601-987-4200, 866-473-6922

Find Your Elected Officials

Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<https://www.house.gov/representatives/find-your-representative>

<http://whoismyrepresentative.com/>

State Long-Term Care Ombudsman

<https://www.mdhs.ms.gov/>

Mississippi Department of Human Services

200 South Lamar Street

Jackson, MS 39201

Phone: 601-359-4500, 888-844-0041 (Toll-free, Help line)

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Fannie Mae

www.fanniemae.com

Phone: 800-232-6643

U.S. Department of Housing and Urban Development (HUD)

www.hud.gov

451 7th Street, SW

Washington, DC 20410

Phone: 800-225-5342, 800-877-8339 (TTY)

Email: answers@hud.gov

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on "Find State Resources" in the "Helping Americans" dropdown, then click on your state, and then click on "Your Local Office." If

you want info on public housing, click here: <https://www.hud.gov/contactus/public-housing-contacts> and choose your state from the drop down box.

211

www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: Statewide Independent Living Councils (SILCs)

Mississippi Statewide Independent Living Council

<https://www.ilru.org/projects/silc-net/silc-directory>

<https://www.ilru.org/projects/silc-net/silc-directory-results/MS>

1281 Highway 51

Madison, MS 39110

Phone: 662-574-8885

Independent Living Research Utilization's Directory of Independent Living Centers

<http://www.ilru.org>

National Council on Independent Living (NCIL)

<http://www.ncil.org/>

PO Box 31260

Washington, DC 20030

Phone: 202-207-0334, 844-778-7961 (Toll-free)

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

Mississippi Library Commission: Talking Book Services

<http://mlc.lib.ms.us/tbs/>

Mailing Address:

3881 Eastwood Drive

Jackson, MS 39211-6473

Phone: 800-446-0892 (Toll-free), 601-432-4151

Email: talkingbooks@mlc.lib.ms.us

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

<https://www.christopherreeve.org/todays-care/get-support/get-a-peer-mentor/>

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: Peer@Reeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: <https://www.christopherreeve.org/todays-care/get-support/grants-for-non-profits/> for more info on qualifying and applying.

Protection And Advocacy

Mississippi Society for Disabilities: Client Assistance Program

<http://www.msdisabilities.com/client-assistance-program/>

PO Box 4958

Jackson, MS 39296

Phone: 601-982-7051, 800-962-2400 (Toll-free), 601-362-2585

Email: CONTACT@MSDisabilities.org

Disability Rights Mississippi

<http://www.drms.ms/>

5 Old River Place, Suite 101

Jackson, MS 39202

Phone: 601-968-0600, 800-772-4057 (Toll-free)

Email: info@drms.ms

Sports And Recreation

Mississippi Wheelcats

<https://www.facebook.com/mswheelcats>

Youth wheelchair basketball team

Phone: 601-460-9396

Email: Mswheelcatsrep@gmail.com

United Way Offices

United Way Worldwide

<https://www.unitedway.org/>

701 North Fairfax Street

Alexandria, VA 22314

Phone: 703-836-7112

Enter your postal code for a United Way Office in your area. United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

Jackson Regional Office

<https://www.benefits.va.gov/ROJACKSON/index.asp>

U.S. Department of Veterans Affairs
1600 East Woodrow Wilson Avenue
Jackson, MS 39216
Phone: 800-827-1000 (Toll-free)

Jackson Vet Center

<https://www.va.gov/jackson-vet-center/>

15 River Bend Place, Suite 15A
Flowood, MS 39232
Phone: 601-985-2560, 877-927-8387 (Call center)

VA Gulf Coast Healthcare System

<https://www.va.gov/gulf-coast-health-care/>

Biloxi VA Medical Center
Mailing Address:
400 Veterans Avenue
Biloxi, MS 39531-2410
Phone: 228-523-5000, 800-296-8872 (Toll-free)

Paralyzed Veterans of America: Bayou Gulf States Chapter

<https://www.bayougulfstatespva.org/>

400 Veterans Ave, Bldg 1 Room 1B-114
Biloxi VA, MS 39531
Phone: 228-206-1515, 228-832-6864
Email: bayougulfstatespva@gmail.com

ALS

ALS Association

<https://www.als.org/>

1300 Wilson Boulevard, Suite 600
Arlington, VA 22209
Phone: 800-782-4747
Email: alsinfo@als.org
Call for support group locations

ALSA's Mississippi Chapter

<https://www.als.org/support/states/mississippi>

Phone: 225-343-9880
Email: infoMS@als.org

Brain Injury

Brain Injury Association of Mississippi

<https://www.msbraininjury.org/>

Phone: 601-981-1021, 800-444-6443 (Helpline)

Email: info@msbraininjury.org

Methodist Rehabilitation Center (A TBI Model Center)

www.methodistonline.org

1350 East Woodrow Wilson

Jackson, MS 39216

Phone: 601-981-2611, 800-223-6672

Email: admin@mnrcrehab.org

Office of Special Disability Programs: TBI/SCI Trust Fund Program

<https://www.mdrs.ms.gov/>

Mississippi Department of Rehabilitation Services

Physical Address:

1281 Highway 51

Madison, MS 39110

Mailing Address:

PO Box 1698

Jackson, MS 39215

Phone: 800-443-1000

Cerebral Palsy

United Cerebral Palsy (UCP)

<http://www.ucp.org/>

8401 Old Courthouse Rd

Vienna, VA 22182

Phone: 800-872-5827

Email: info@ucp.org

Please call for chapter info

Friedreich's Ataxia

National Ataxia Foundation (NAF)

www.ataxia.org

Physical Address:

1307 2nd Ave N

Minneapolis, MN 55405

Mailing Address:

PO Box 27986

Golden Valley, MN 55427

Phone: 763-553-0020
Email: naf@ataxia.org

Mississippi Support Group

<https://ataxia.org/support-groups/>

Camille Daglio
Hattiesburg, MS

Email: daglio1@bellsouth.net

Guillain-Barré Syndrome/CIDP

Guillain-Barré Syndrome/CIDP Foundation International

<http://gbs-cidp.org/>

Mailing Address:

375 E Elm St, Suite 101

Conshohocken, PA 19428

Phone: 610-667-0131, 866-224-3301 (Toll-free)

Email: info@gbs-cidp.org

Please call for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society's Alabama-Louisiana-Mississippi Chapter

<https://www.nationalmssociety.org/resources/get-connected/in-your-area/alc>

Physical Address:

2200 Woodcrest Place

Suite 230

Birmingham, AL 35209

Mailing Address:

PO Box 88540

Carol Stream, IL 60188

Phone: 800-344-4867

Multiple Sclerosis Association of America

<http://mymsaa.org/>

National Headquarters

375 Kings Highway North, Suite B

Cherry Hill, NJ 08034

Phone: 800-532-7667

Email: msaa@mymsaa.org

MSAA Southeast Regional Office (Covers Mississippi)

<http://www.mymsaa.org/publications/improving-lives/offices>

Phone: 800-532-7667, ext 160

Email: southeast@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association

<https://www.mda.org/>

National Headquarters

1016 W Jackson Blvd, #1073

Chicago, IL 60607

Phone: 800-572-1717

Email: ResourceCenter@mdausa.org

Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

Post-Polio Syndrome

Post-Polio Health International

<https://post-polio.org/>

50 Crestwood Executive Center, Suite 440

St Louis, MO 63126

Phone: 314-534-0475

Email: info@post-polio.org

<https://post-polio.org/wp-content/uploads/2024/08/PDIR-2024.pdf>

Directory lists support groups by state.

Spina Bifida

Spina Bifida Association

<http://www.spinabifidaassociation.org>

2000 Duke Street, Suite 300

Alexandria, VA 22314

Phone: 800-621-3141

Email: sbaa@sbaa.org

Please contact them for info in your area

Spinal Cord Injury

Office of Special Disability Programs: TBI/SCI Trust Fund Program

<https://www.mdrs.ms.gov/>

Mississippi Department of Rehabilitation Services

Physical Address:

1281 Highway 51

Madison, MS 39110

Mailing Address:

PO Box 1698

Jackson, MS 39215

Phone: 800-443-1000

United Spinal Association: Spinal Cord Help Desk

<https://askus-resource-center.unitedspinal.org/>

Phone: 800-962-9629

Stroke

American Stroke Association

<https://www.stroke.org/>

National Center

Mailing Address:

7272 Greenville Avenue

Dallas, TX 75231

Phone: 888-478-7653

Contact for local support group information

Transverse Myelitis

Siegel Rare Neuroimmune Association

www.wearesrna.org

Physical Address:

1787 Sutter Parkway

Powell, OH 43065-8806

Mailing Address:

PO Box 826962

Philadelphia, PA 19182-6962

Phone: 855-380-3330 (EST)

Please contact them for info in your area.

General Disability Resources

Mississippi Yellow Pages for Kids with Disabilities

www.yellowpagesforkids.com/help/ms.htm

Mississippi Occupational Therapy Association

<http://mississippiota.org/>

PO Box 2188

Brandon, MS 39043

Phone: 601-853-9564

Email: mississippiota@gmail.com

APTA Mississippi: A Chapter of the American Physical Therapy Association

www.apta.org

<https://apta-ms.org/>

Physical Address:

43 Town Center Square

Hattiesburg, MS 39402-5011

Mailing Address:

PO Box 15011

Hattiesburg, MS 39404-5011

Phone: 601-602-7050

Embrace Abilities

<https://embraceabilitiesms.org/>

Mailing Address:

PO Box 1594

Ocean Springs, MS 39566

Phone: 228-400-8081

Email: info@embraceabilitiesms.org

Embrace Abilities is a non-profit organization which offers programming to children with disabilities and their families.

LIFE of Mississippi

www.lifeofms.com

1304 Vine Street

Jackson, MS 39202

Phone: 601-969-4009, 800-748-9398 (V/TDD)

Email: info@lifeofms.com

LIFE provides information and referral, peer support, advocacy, skills training and community transition services.

Mississippi Coalition for Citizens with Disabilities

<http://www.msccd.org/>

2 Old River Place, Suite M

Jackson, MS 39202-3435

Phone: 601-969-0601

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

2206 N Main Street, #277

Wheaton, IL 60187

Phone: 630-961-1400, Ext 1

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the "Chapter Site" tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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