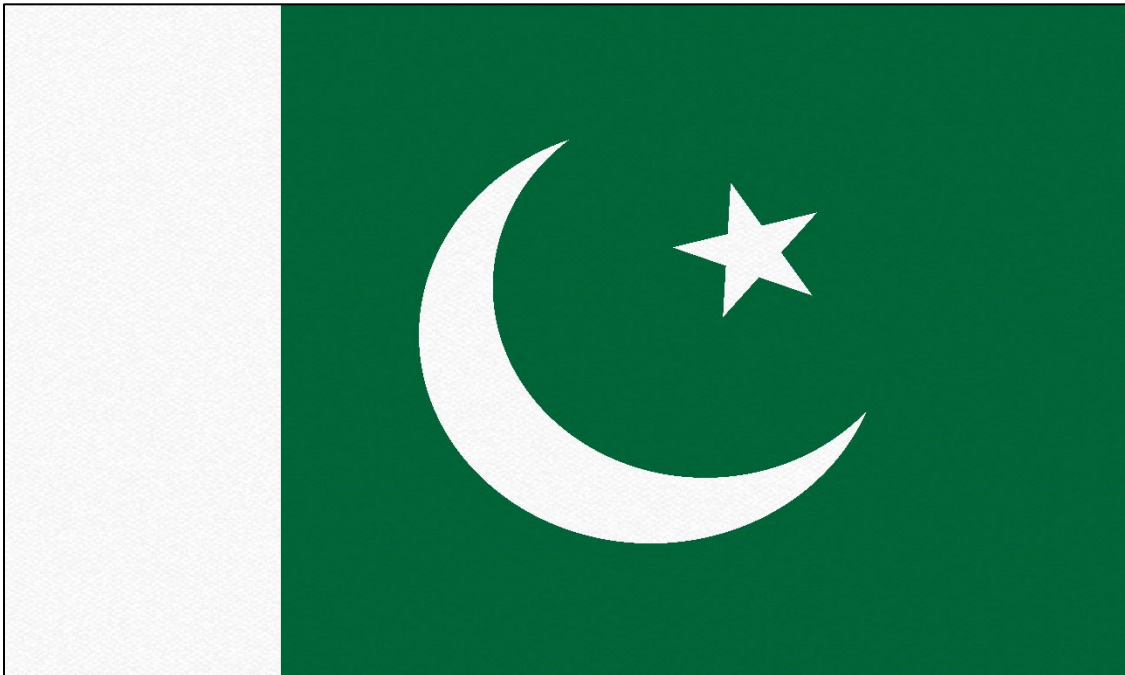




Pakistan Disability Resources



Association of Physically Disabled Persons (Regd)

House 2 Street 40 - F
7/1 Islambad, Pakistan

Friends of Paraplegics

<https://friendsofparaplegics.org/>

Address: Sector P1, Phase 4, Hayatabad, Peshawar

Phone 92(0)91-7513430

Email: fopdpo@gmail.com

Striving for the rights, issues, and well-being of people with all kinds of disabilities (PWDs), focusing on post-traumatic Paraplegics and Quadriplegics in Khyber Pakhtunkhwa, Pakistan, and the rest of the World.

Global Polio Eradication Initiative

<http://polioeradication.org/>

Pakistan is one of two countries where polio is still endemic.

Habib Physiotherapy Complex: Institute of Health and Education

<http://www.hpcpk.org/>

Sector B-2, Phase- 5, HayatAbad, Peshawar, Pakistan

Phone: +92 91 5819128

Email: info@hpcp.org

Their aim is not only to improve their current facilities but also to establish an orthopedic workshop offering walking aids and orthotics for the disabled. Moreover, a well-equipped operation theater, laboratory, and x-ray unit are also needed to provide patients with care under one roof.

The Ma Ayesha Memorial Centre for the Care & Control of Neuromuscular Disorders

<https://www.facebook.com/p/Ma-Ayesha-Memorial-Centre-100064660512992/>

Karachi Memon Co-operative Housing Society Karachi Memon Society PECHS

Karachi, Karachi City, Sindh, Pakistan

Phone: +92 21 34542685

The Ma Ayesha Memorial Centre (MAMC) is a comprehensive outpatient neuromuscular rehabilitation facility.

Network of Organizations Working with People with Disabilities, Pakistan

<http://www.nowpdp.org/>

NOWPDP House Bungalow

No.83/1 N I Line Saghir Hussain Shaheed Road

Saddar Karachi, Pakistan

Phone: 111-NOWPDP (111-669-737)

Email: info@nowpdp.org

Their mission is to promote the creation of an inclusive society that values and upholds the rights of people with disabilities through sustainable endeavors and a holistic approach driven by clear social objectives.

Pakistan Disabled Cricket Association

<https://ppdca.com.pk/>

118-D,RJ Mall Main Rashid Minhas Road,

Next to Honda Showroom, Karachi.

Tel: (+9221) 4986150, 4838251

Email: info@ppdca.com.pk

PDCA's mission is to create better access for disabled individuals to play cricket.

Pakistan Disabled Foundation

<http://pdf.org.pk/>

W3MF+5GV, Block 14, Naseerabad, F.B Area,

Near Soneri Bank, Karachi – Pakistan (25000)

Phone: (+92) 21 – 36311086

Email: info@pdf.org.pk

Overview: Pakistan Disabled Foundation is an organization of the crossed disabilities, working actively in all walks of life to the maximum possible extent.

Pakistan Society for the Rehabilitation for the Disabled

<https://psrd.org.pk/>

111- Ferozpur Road,

Lahore, Pakistan

Phone: 042 37427130

Email: info@psrd.org.pk

Mission: Their mission is to improve the quality of life of persons with physical disabilities, to provide preventive, remedial, and rehabilitative treatment to the disabled and handicapped, to endeavor to integrate the disabled into society as full, productive, and useful partners, and to increase awareness about the needs of the disabled person.

Real Medicine Foundation

<https://realmedicinefoundation.org/our-work/countries/pakistan/>

Real Medicine Foundation provides humanitarian support to people living in disaster and poverty- stricken areas, focusing on the person by providing medical/physical, emotional, economic, and social support. One of their projects was a Spinal Cord Injury Project for Pakistan Earthquake Rehabilitation (SCIPPER).

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$10,000,000 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.