



Nevada Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door System

<https://www.usaging.org/adrcs>

<https://acl.gov/programs/connecting-people-services/aging-and-disability-resource-centers-programno-wrong-door>

<https://eldercare.acl.gov/home>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<https://acl.gov/>) (including AoA (<https://acl.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<https://www.cms.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of

options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Nevada Aging and Disability Services Division

<http://adsd.nv.gov/>

Carson City Regional Office

1550 E College Parkway

Carson City, NV 89706

Phone: 775-687-4210

For other office locations, go to https://adsd.nv.gov/Contact/Contact_AgingDisability/.

Nevada Division for Aging Services in Las Vegas, NV

<https://www.agingcare.com/local/Nevada-Division-for-Aging-Services-Las-Vegas-Area-Agency-on-Aging-NV>

1860 E. Sahara Ave.

Las Vegas, NV 89104

Phone: 775-687-4210

National Center on Elder Abuse (NCEA)

<https://ncea.acl.gov/home#gsc.tab=0>

National Center on Elder Abuse

c/o University of Southern California Keck School of Medicine

Department of Family Medicine and Geriatrics

1000 South Fremont Avenue, Unit 22, Building A-6

Alhambra, CA 91803

Phone: 855-500-3537

Email: ncea-info@acl.hhs.gov

Funded by the Administration for Community Living, the NCEA provides the latest information and resources on research, training, policy and best practices on preventing and responding to elder mistreatment.

Arts And Creativity

Arts for All Nevada

<https://www.artsforallnevada.org/>

250 Court St.

Reno, NV 89501

Phone/TTY: 775-826-6100
Email: info@artsforallnevada.org

Note-Able Music Therapy Services

<https://www.nmtsreno.org/>

2590 Orovada Street

Reno, NV 89512

Phone: 775-324-5521

Email: mail@nmtsreno.org

Assistive Technology

Pacific ADA Center

<http://www.adapacific.org/>

PO Box 665

Concord, CA 94522

Phone: 510-831-6714 (Voice/Relay), 800-949-4232 (Voice/Relay)

Email: info@adapacific.org

Serves Nevada.

Community-Based Fitness Programs

DRIVEN Neuro

<https://drivenneuro.org/>

701 E. Bridger Ave., Suite 150

Las Vegas, NV 89101

Phone: 702-463-4874

DRIVEN Neuro Las Vegas is a fully accessible neurorecovery and adaptive fitness center serving the Southern Nevada community.

Community Health Centers

Nevada Primary Care Association

<http://nv pca.org/>

3264 Goni Rd. Suite 152

Carson City, NV 89706

Phone: 775-887-0417

Email: info@nv pca.org

Nevada Primary Care Association (formerly Great Basin Primary Care Association) (NVP CA) is the federally designated Primary Care Association for the State of Nevada. NVP CA is dedicated to assisting health centers and other community health providers with the implementation of solid business practices and community-responsive programs in an effort to improve service delivery effectiveness and efficiency. Our work is based on maximizing resources, developing a strong intersection between medical care and public health at the community level, and using sound business sense in developing the capacity to serve those who do not have access to mainstream health care.

Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Nevada Department of Health and Human Services: Victims of Crime Program

<https://voc.nv.gov/>

Victims of Crime Program

500 E. Warm Springs Road, Suite 100

Las Vegas, NV 89119

Phone: 702-486-2740 (for Southern Nevada) or 775-688-2410 (for Northern Nevada)

Email: VOCP@dcfs.nv.gov

National Center for Victims of Crime

<http://www.victimsofcrime.org/>

Mailing Address:

7400 Buchanan Street

PO Box 2770

Hyattsville, MD 20784

Phone: 855-484-2846 (Call and text)

Safe Horizon's Links for General Crime Victim Resources/Issues

<http://www.safehorizon.org>

Phone: 1-800-621-4673 (HOPE)

Domestic Violence Help

National Domestic Violence Hotline

<http://www.thehotline.org/>

Phone: 800-799-7233 (Toll-free)

National Resource Center on Domestic Violence

<http://www.nrcdv.org/>

Phone: 800-537-2238

E-mail: NRCDV@nrcdv.org

The National Resource Center on Domestic Violence (NRCDV) provides a wide range of free, comprehensive, and individualized technical assistance, training, and specialized resource materials and key initiatives designed to enhance current domestic violence intervention and prevention strategies.

Nevada Coalition to End Domestic and Sexual Violence

<https://www.ncedsv.org/>

250 South Rock Blvd., Suite 116

Reno, NV 89502

Phone: 775-828-1115

The Nevada Coalition to End Domestic and Sexual Violence is a statewide voice advocating for the prevention and elimination of violence by partnering with communities. It is not an emergency shelter or crisis hotline.

Safe Embrace

<http://www.safeembrace.org/>

220 S. Rock Blvd. Suite 7

Reno, NV 89502

Phone: 775-322-3466 (24-hour Helpline)

Email: info@safeembrace.org

Safe Embrace operates the largest and most inclusive safe house in the Reno-Sparks area. Whether it's emergency shelter, legal advocacy, housing assistance or general support, they walk victims of domestic abuse, sexual assault and human trafficking through any step of the process of getting safe and becoming a survivor.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire those certain needs can be met.

Easterseals Offices

Easterseals

<http://www.easterseals.com>

141 W Jackson Blvd., 1400A

Chicago, IL 60604

Phone: 312-726-6200 (voice), 800-221-6827 (toll-free)

Email: info@easterseals.com

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, medical rehabilitation, employment, veterans services and more. Services may vary by location.

Government Offices

Nevada State Website

www.nv.gov

Nevada Aging and Disability Services Division

<http://adsd.nv.gov/>

Carson City Regional Office

1550 E College Parkway

Carson City, NV 89706

Phone: 775-687-4210

For other office locations, go to https://adsd.nv.gov/Contact/Contact_AgingDisability/

Nevada Vocational Rehabilitation

<https://vrnevada.nv.gov/>

Phone: 775-823-8100 (Northern Nevada), 702-486-5230 (Southern Nevada), 711 (Nevada Relay)

Nevada Check Up: State Children's Health Insurance Program

<https://dwss.nv.gov/Medical/NCUMAIN/>

1000 E. William Street, Suite 118

Carson City, NV 89701

Phone: 775-684-3660

Nevada State Health Insurance Assistance Program (SHIP)

[https://adsd.nv.gov/Programs/Seniors/Medicare Assistance Program \(MAP\)/MAP Program/](https://adsd.nv.gov/Programs/Seniors/Medicare_Assistance_Program_(MAP)/MAP_Program/)

Department of Health and Human Services

Aging and Disability Service Division Administrative Office

1550 College Parkway

Carson City, NV 89706

Phone: 775-687-4210

Email: adsd@adsd.nv.gov

Provides personalized Medicare counseling to empower, educate, and assist individuals in understanding their options and make informed health insurance decisions that optimize their access to medical care and benefits.

Nevada Division of Insurance

<https://doi.nv.gov/>

Carson City Office

1818 E. College Parkway, Suite 103

Carson City, NV 89706

Phone: 775-687-0700, 888-872-3234 (Toll-free)

Las Vegas Office

3300 W. Sahara Ave., Suite 275

Las Vegas, NV 89102

Phone: 702-486-4009, 888-872-3234

Nevada Workers' Compensation

<http://dir.nv.gov/WCS/home/>

Las Vegas Office

Phone: 702-486-9080

Email: WCSHelp@dir.nv.gov

Carson City Office

Phone: 775-684-7270

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most

have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<https://www.house.gov/representatives/find-your-representative>

<http://whoismyrepresentative.com/>

State Long Term Care Ombudsman Program

<http://adsd.nv.gov/Programs/Seniors/LTCOmbudsman/LTCOmbudsProg/>

Nevada Aging and Disability Services Division

1550 E College Parkway

Carson City, NV 89706

Phone: 888-282-1155 (Long Term Care Ombudsman Program Helpline), 775-687-4210 (Aging and Disability Services Office)

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Housing and Urban Development (HUD)

www.hud.gov

U.S. Department of Housing and Urban Development

451 7th Street S.W.

Washington, DC 20410

Phone: 202-708-1112, 202 708-1455 (TTY)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here:

https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211

www.211.org

Email: 211@uwww.unitedway.org

211 provides information and referrals to social services and other assistance for any needs, such as housing, food, transportation, and health care.

Independent Living

ILRU: Directory of Statewide Independent Living Councils (SILCs)

Nevada Statewide Independent Living Council

<https://www.ilru.org/silc-directory>

<https://www.nvsilc.com/>

P.O. Box 33386

Las Vegas, NV 89133

Independent Living Research Utilization's Directory of Centers for Independent Living and Associations

<http://www.ilru.org>

National Council on Independent Living (NCIL)

<http://www.ncil.org/>

PO Box 31260

Washington, DC 20030

Phone: 202-207-0334, 844-778-7961 (Toll Free)

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

Nevada Talking Book Services

<https://nsla.nv.gov/ntbs>

Nevada State Library, Archives, and Public Records

100 North Stewart Street

Carson City, NV 89701

Phone: 775-684-3354, 800-922-9334 (Toll Free)

Email: nvtalkingbooks@admin.nv.gov

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: Peer@Reeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality

of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection And Advocacy

Nevada Disability Advocacy and Law Center, Inc.

<http://www.ndalc.org/>

Las Vegas Office

2820 West Charleston Boulevard #11

Las Vegas, NV 89102

Phone: 702-257-8150, 888-349-3843 (Toll-Free), 711 (Nevada Relay)

Email: lasvegas@ndalc.org

Reno Office

1875 Plumas St. #1

Reno, NV 89509

Phone: 775-333-7878, 800-992-5715 (Toll-Free), 711 (Nevada Relay)

Email: reno@ndalc.org

Sports And Recreation

Nevada Outdoorsmen in Wheelchairs (NOW)

<https://nvoutdoorsmen.org/>

PO Box 908

Elko, NV 89803

Phone: 775-397-3340, 775-293-5524

Email: Matt@NevadaOutdoorsmen.org

Center for Adaptive Riding

<https://www.facebook.com/adaptiveriding/>

6505 Bonde Lane

Reno, NV 89511

Phone: 775-329-1839

Email: info@adaptiveriding.org

This center offers an adaptive horseback riding program. Adaptive riding teaches riding and horsemanship skills, aimed to improve physical, cognitive, emotional and social well-being for people of all abilities.

City of Las Vegas: Adaptive Recreation

<https://www.lasvegasnevada.gov/Government/Departments/Parks-Recreation/Adaptive-Recreation>

451 E. Bonanza Road

Las Vegas, NV 89101

Phone: 702-229-PLAY

City of Reno: Adaptive and Inclusion Programs

<http://www.reno.gov/government/departments/parks-recreation-community-services/adaptive-recreation>

Phone: 775-333-7765

Trail Access Project

<http://www.trailaccessproject.org/>

8844 Cortile Drive

Las Vegas, NV 89134

Phone: 702-596-7956

Email: ed@trailaccessproject.org

This non-profit strives to create more meaningful access to nature for people with disabilities.

United Way Offices

United Way

<https://www.unitedway.org/>

United Way Worldwide

701 North Fairfax Street

Alexandria, VA 22314

Phone: 703-836-7112

United Way works with partners to fuel solutions that build stronger, more equitable communities. They improve education, strengthen economic mobility and make communities healthier. For information on local United Way offices, go to <https://www.unitedway.org/local/united-states>.

Veteran Benefits

Department of Veterans Affairs VA Facility Locator

<https://www.va.gov/find-locations/>

Enter your city, state or zip code to find VA facilities in Nevada

Paralyzed Veterans of America: Nevada Chapter

<http://www.nevadapva.org>

704 South Jones Blvd.

Las Vegas, NV 89107

Phone: 702-646-0040, 866-638-3837

Paralyzed Veterans of America

<https://pva.org/>

For information on local National Service Offices, go to <https://pva.org/find-support/national-service-office/>

ALS

The ALS Association

<https://www.als.org/>

National Office

1300 Wilson Boulevard, Suite 600
Arlington, VA 22209
Phone: 800-782-4747
Please contact them for state info.

Brain Injury

Brain Injury Association of America

<http://www.biausa.org>

3057 Nutley Street #805

Fairfax, VA 22031-1931

Phone: 703-761-0750, 800-444-6443 (Brain injury information only)

Email: info@biausa.org

Please contact them for state info.

Cerebral Palsy

United Cerebral Palsy of Nevada

<http://ucpnv.org/>

UCPNV Administration

740 Freeport Blvd.

Sparks, NV 89431

Phone: 775-322-6555

Email: jhemmenway@ucpnv.org

Friedreich's Ataxia

National Ataxia Foundation (NAF)

<http://www.ataxia.org/>

National Office

Physical Address:

1307 2nd Ave N

Minneapolis, MN 55405

Mailing Address:

PO Box 27986

Golden Valley, MN 55427

Phone: 763-553-0020

Email: naf@ataxia.org

Please contact them for local information

Guillain-Barré Syndrome / CIDP

GBS/CIDP Foundation International

<http://gbs-cidp.org/>

375 E. Elm St. Suite 101

Conshohocken, PA 19428

Phone: 866-224-3301

Please contact them for information in your area.

Multiple Sclerosis

National Multiple Sclerosis Society

<https://www.nationalmssociety.org/>

Phone: 800-344-4867

For info on state chapters, go to <https://www.nationalmssociety.org/resources/get-connected/in-your-area>.

Multiple Sclerosis Association of America

<https://mymsaa.org/>

Western Regional Office (covers NV)

Phone: 800-532-7667 (Ext. 155)

Email: western@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association

<https://www.mda.org/>

National Office

1021 W Adams Street 2nd Fl #1073

Chicago, IL 60607

Phone: 800-572-1717

Email: ResourceCenter@mdausa.org

Post-Polio Syndrome

Post-Polio Health International (PHI)

<http://www.post-polio.org>

50 Crestwood Executive Center #440

Saint Louis, MO 63126

Phone: 314-534-0475

<https://post-polio.org/wp-content/uploads/2024/08/PDIR-2024.pdf>

Directory lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

Spina Bifida Association

<http://www.spinabifidaassociation.org>

2000 Duke Street

Suite 300

Alexandria, VA 22314

Phone: 800-621-3141

Email: sbaa@sbaa.org

Please contact them for info in your area

Stroke

American Stroke Association

<https://www.stroke.org/>

National Center

7272 Greenville Avenue

Dallas, TX 75231

Phone: 1-888-478-7653 (Stroke Family Warmline)

To find a stroke support group in your area, go to <https://www.stroke.org/en/stroke-support-group-finder>.

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project (ASAP)

<http://www.asap.org>

PO Box 1586

Longview, TX 75606-1586

Phone: 903-236-7079, 800-ASAP-282

Email: info@ASAP.org

American Syringomyelia & Chiari Alliance Project Online Support Groups

<https://asap.org/find-support/online-support-groups/>

Transverse Myelitis

Siegel Rare Neuroimmune Association

www.wearesrna.org

Physical Address:

1787 Sutter Parkway

Powell, OH 43065-8806

Mailing Address:

SRNA

PO Box 826962

Philadelphia, PA 19182-6962

Phone: 855-380-3330

Please contact them for info in your area.

General Disability Resources

Yellow Pages for Kids with Disabilities: Nevada

<http://www.yellowpagesforkids.com/help/nv.htm>

Nevada Occupational Therapy Association

<https://nota.wildapricot.org/>

NOTA

5605 Maple Brook Court

Midlothian, Virginia 23112

Email: nevadaota@gmail.com

APTA Nevada: Chapter of the American Physical Therapy Association

<https://www.aptanv.org/>

Phone: 406-543-1823

Association of People Supporting Employment First (APSE)

<http://www.apse.org>

7361 Calhoun Place

Suite 680

Rockville, MD 20855

Phone: 301-279-0060

Email: info@apse.org

Please call them for local information

Healthboards.com – message boards on health-related topics. Topics include SCI, CP, stroke, and more.

<http://www.healthboards.com/boards/index.php>

2-1-1

www.211.org

United Way Worldwide

701 N. Fairfax Street

Alexandria, VA 22314

Phone: 703 836-7112, 211

Email: 211@uww.unitedway.org

Provides callers with information about and referrals to social services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Find a Chapter” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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