



# Hispanic/Latino Disability and Health Resources



## **Acceso Latino**

<https://accesolatino.org>

Acceso Latino provides legal advice and social support for the Hispanic community living in the United States.

## **Christopher & Dana Reeve Foundation: Spanish language microsite**

<https://paralisis.org/>

National Paralysis Resource Center

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 973-379-2690

Toll-free: 1-800-539-7309

Email: [infospecialist@ChristopherReeve.org](mailto:infospecialist@ChristopherReeve.org)

The Christopher & Dana Reeve Foundation is committed to offering its programs to the whole community living with paralysis, which includes Spanish-speaking community members. To this end, the Reeve Foundation and the National Paralysis Resource Center have created and redesigned several of their programs and services in order to disseminate and represent Latin people living with paralysis in the United States and worldwide. The National Paralysis Resource Center offers a great number of information resources about every paralysis-related topic, including this fact sheet, booklets on topics going from medical attention to daily life aspects, handy wallet cards, medical complications, educational videos with subtitles in Spanish and more. Our team of Information Specialists includes a Spanish-speaking specialist who offers information and resources for the Latin community. In addition to this, we have Hispanic peer mentors who live with paralysis and their caregivers, who can give you advice and perspective based on their experiences. In our Spanish language blogs and social networks you can find relevant updated information, news and events. All these media offer news in Spanish and original content for the Hispanic community.

### **Craig Hospital**

<https://craighospital.org/es/spinal-cord-injury-resource-library>

Nurse Advice Line: 1-800-247-0257

Craig Hospital offers a virtual library of paralysis information resources and a nurse advice line in Spanish.

### **HealthCare.gov/CuidadoDeSalud.gov**

<https://www.cuidadodesalud.gov/es/>

Phone number: 1-800-318-2596

HealthCare.gov is the government's website to enroll in a health plan in the United States. Also called the Health Insurance Marketplace, it was started under the Affordable Care Act.

### **Hesperian**

<https://hesperian.org/home-spanish>

Hesperian is a source of community health information and education that supports individuals and communities in their struggles to realize their right to health. We develop easy to read materials that are produced in many languages. All are available through our bookstore and our digital tools center.

### **Illinois Department of Human Services: Service for People with Disabilities Who Are Hispanic/Latino**

<https://www.dhs.state.il.us/page.aspx?item=29976>

Telephone: 800-843-6154

They provide information to individuals with disabilities who are Hispanic/Latino obtain employment, education and training and access a variety of community resources.

They also provide statewide outreach, information, and referrals to customers in the vocation rehabilitation and home services program.

### **Individuals with Disabilities Education Act (IDEA): OSEP Fast Facts Highlight Asian, Hispanic and/ or Latino Children with Disabilities**

<https://sites.ed.gov/idea/osep-fast-facts-hispanic-latino-children-disabilities-20/>

The Office of Special Education Programs (OSEP) released two new OSEP Fast Facts infographics focused on Asian and Hispanic and/or Latino children with disabilities in the U.S.

### **Latin American Association (LAA)**

<https://thelaa.org/what-we-do/family-well-being/aging-and-disability-information-and-referral-program/>

2750 Buford Hwy.

Atlanta, GA 30324

Telephone: 404-638-1800

LAA wants to empower Latinos to adapt, integrate and thrive. They achieve its mission through five focus areas: civic engagement and advocacy, economic empowerment, youth services, family stabilization, and wellbeing, and immigration services. They offer many programs such as aging and disability, financial assistance, victims of violence, and other leadership opportunities.

### **Latinx Project**

<https://www.latinxproject.nyu.edu/intervenxions/national-coalition-for-latinxs-with-disabilities>

20 Cooper Sq, 4<sup>th</sup> FL

New York, NY 10003

Email: [latinxproject@nyu.edu](mailto:latinxproject@nyu.edu)

The Latinx Project at New York University explores and promotes U.S Latinx art, culture, and scholarship through creative and interdisciplinary programs. The link above is an article about the National Coalition for Latinxs with Disabilities.

### **League of United Latin American Citizens (LULAC)**

<https://lulac.org/programs/health/>

LULAC advances the economic condition, educational attainment, political influence, health, and civil rights of the Hispanic population through community-based programs operating at more than 700 LULAC councils nationwide. The organization involves and serves all Hispanic nationality groups.

### **March of Dimes Foundation**

<https://nacersano.marchofdimes.org/>

1550 Crystal Dr, Suite 1300

Arlington, VA 22202

The mission of March of Dimes is to improve the health of babies by preventing congenital disabilities, premature birth and infant mortality. They offer a webpage in Spanish.

### **National Alliance of Mental Illness (NAMI): Hispanic/Latinx**

<https://www.nami.org/Your-Journey/Identity-and-Cultural-Dimensions/Hispanic-Latinx>

4301 Wilson Blvd., Suite 300  
Arlington, VA 22203  
Phone: 703-524-7600

NAMI is a mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. They envision a world where all people affected by mental illness live healthy, fulfilling lives supported by a community that cares. The link above gives more information and resources on mental health for the Hispanic/Latinx community.

### **National Association of Hispanic Nurses (NAHN)**

<https://www.nahnnet.org/>  
201 E. Main St., Suite 810  
Lexington, KY 40507  
Phone: 859-469-5800

Email: [info@thehispanicnurses.org](mailto:info@thehispanicnurses.org)

NAHN celebrates the culture, caring, and spirit of Hispanic Nurses, the leading voice of health in our communities. NAHN members decrease health disparities among Latinos, raise awareness and support, and promote the nursing profession to increase engagement. They offer resources, host events and conferences, and encourage the opportunity to become a member to propel your career in healthcare.

### **National Coalition for Latinx with Disabilities**

[www.latinxdisabilitycoalition.com](http://www.latinxdisabilitycoalition.com)

Nonprofit organization dedicated to advancing equity among disabilities and identities in the Latin community.

### **National Hispanic Medical Association**

<http://www.nhmamd.org>  
1920 L St. NW, Suite 200  
Washington, DC 20036  
Phone: 202-628-5895  
Email: [nhma@nhmamd.org](mailto:nhma@nhmamd.org)

Nonprofit association representing 36,000 Hispanic physicians licensed in the U.S.

### **National Latino Behavioral Health Association (NLBHA)**

<http://www.nlbha.org/index.php/about-us/about-us>  
P.O. Box 1360  
Pena Blanca, NM 87041-1360  
Phone: 505-980-5156

NLBHA provides national leadership on mental health and substance abuse of the Latino community. The services they offer are mental health and substance abuse service deliveries, Latino focused behavioral health research, Latino family focused interventions, and education and workforce tools

### **National Library of Medicine: Health Disparities among Latinas Aging with Disabilities**

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2860282/>

The link above gives information about health disparities among Latinas aging with disabilities.

## **National Rehabilitation Information Center**

[www.naric.com/es](http://www.naric.com/es)

Phone: 800-346-2742

TTY: 301-459-5984

The National Rehabilitation Information Center (NARIC) is the library of the National Institute on Disability, Independent Living and Rehabilitation Research (NIDILRR). They disseminate articles, reports, curricula, guides, and other publications and products of the research projects funded by NIDILRR. NIDILRR funds more than 250 projects each year that conduct research on a wide range of issues including technology, health and abilities, independent living, and capacity building.

## **Office of Minority Health**

<https://minorityhealth.hhs.gov/hispaniclatino-health>

The Tower Building

1101 Wootton Parkway Suite 100

Rockville, MD 20852

Phone: 833-762-4900

The Office of Minority Health is a government agency dedicated to improving the health of racial and ethnic minority populations through the development of health policies and programs that help eliminate health disparities.

## **ONCE Foundation**

<https://fundaciononce.es>

C/ Sebastián Herrera, 15

28012 Madrid

Switchboard number: 91 506 88 88

Phone: 91 506 89 18 / 19

Email: [fundaciononce@fundaciononce.es](mailto:fundaciononce@fundaciononce.es)

The mission of ONCE Foundation is to contribute to the full social inclusion of people with disabilities, helping to realize the principle of equal opportunities and non-discrimination.

## **RespectAbility: Hispanic and Latinx People with Disabilities**

<https://www.respectability.org/hispanic-latinx/>

43 Town & Country Drive

Suite 119-181

Fredericksburg, VA 22405

Phone: 202-517-6272

Email: [info@respectability.org](mailto:info@respectability.org)

RespectAbility is a diverse, disability-led nonprofit that works to create systemic change in how society views and values people with disabilities. RespectAbility organizes their program efforts into four core areas: entertainment and news media, leadership, policy, and faith inclusion.

## **Substance Abuse and Mental Health Services Administration (SAMHSA): The Opioid Crisis and the Hispanic/Latino Population**

<https://library.samhsa.gov/product/opioid-crisis-and-hispaniclatino-population-urgent-issue-spanish-version/pep20-05-02-003>

SAMHSA provides resources on Hispanic/Latino survey reports, agency and federal initiatives, and related behavioral health and Spanish-language resources.

### **Su Familia Helpline**

Phone number: 866-783-2645

A line for Hispanic people with disabilities and their families.

### **UnidosUS**

<https://www.unidosus.org/>

1126 16th St NW #600

Washington, DC 20036

Phone: 202-785-1670

Previously known as National Race Council, Unidos US is the U.S.'s largest Latin civil rights and advocacy organization.

### **USAGov en Español**

<https://www.usa.gov/espanol/>

Phone number: 1-844-872-4681

USAGov en español is part of USA.gov, the official U.S. government portal, which provides you with important reliable updated information when and where you need it.

### **U.S. Dept. of Justice: List of Pro Bono Legal Service Providers**

<https://www.justice.gov/eoir/list-pro-bono-legal-service-providers>

Pro-bono legal services program by state.

This factsheet is also available in Spanish.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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